Redox Deposition of Nanoscale Metal Oxides on Carbon for Next-Generation Electrochemical Capacitors

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CONSPECTUS

Transition metal oxides that mix electronic and ionic conductivity are essential active components of many electrochemical charge-storage devices, ranging from primary alkaline cells to more advanced rechargeable Li-ion batteries. In these devices, charge storage occurs via cation-insertion/deinsertion mechanisms in conjunction with the reduction/oxidation of metal sites in the oxide. Batteries that incorporate such metal oxides are typically designed for high specific energy, but not necessarily for high specific power. Electrochemical capacitors (ECs), which are typically composed of symmetric high-surface-area carbon electrodes that store charge via double-layer capacitance, deliver their energy in time scales of seconds, but at much lower specific energy than batteries. The fast, reversible faradaic reactions (typically described as "pseudocapacitance") of particular nanoscale metal oxides (e.g., ruthenium and manganese oxides) provide a strategy for bridging the power/energy performance gap between batteries and conventional ECs. These processes enhance charge-storage capacity to boost specific energy, while maintaining the few-second timescale of the charge–discharge response of carbon-based ECs.

In this Account, we describe three examples of redox-based deposition of EC-relevant metal oxides (MnO₂, FeOₓ, and RuO₂) and discuss their potential deployment in next-generation ECs that use aqueous electrolytes. To extract the maximum pseudocapacitance functionality of metal oxides, one must carefully consider how they are synthesized and subsequently integrated into practical electrode structures. Expressing the metal oxide in a nanoscale form often enhances electrochemical utilization (maximizing specific capacitance) and facilitates high-rate operation for both charge and discharge. The "wiring" of the metal oxide, in terms of both electron and ion transport, when fabricated into a practical electrode architecture, is also a critical design parameter for achieving characteristic EC charge–discharge timescales. For example, conductive carbon must often be combined with the poorly conductive metal oxides to provide long-range electron pathways through the electrode. However, the ad hoc mixing of discrete carbon and oxide powders into composite electrodes may not support optimal utilization or rate performance. As an alternative, nanoscale metal oxides of interest for ECs can be synthesized directly on the surfaces of nanostructured carbons, with the carbon surface acting as a sacrificial reductant when exposed to a solution-phase, oxidizing precursor of the desired metal oxide (e.g., MnO₄⁻ for MnO₂). These redox deposition methods can be applied to advanced carbon nanoarchitectures with well-designed pore structures. These architectures promote effective electrolyte infiltration and ion transport to the nanoscale metal oxide domains within the electrode architecture, which further enhances high-rate operation.

Introduction

When a burst of energy must be delivered on the time scale of seconds (10⁻¹ – 10² s), batteries miss the power delivery window while electrostatic capacitors expend their energy in microseconds to milliseconds and have nothing left to give. Electrochemical capacitors (ECs, also denoted as "ultracapacitors" and "supercapacitors") fill a temporal performance void that is critical for recapturing waste energy (e.g., from braking in an electric or gas/electric hybrid vehicle) or providing energy bursts for portable communication...
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The few-seconds time scale over which energy is released from ECs serves as one performance criterion; another is the magnitude of the energy released during the desired pulse of power. Many present and foreseen applications require more energy to be delivered in seconds than can be achieved with EDLCs (electric double-layer capacitors), which store charge in the electric double-layer (Figure 1) and are characterized by relatively low specific energy ($\leq 100 \text{ W h kg}^{-1}$ for Li-ion batteries), even using high-surface-area carbon electrodes.$^3,4$

To increase the specific energy released by ECs, researchers are turning to an additional charge-storage mechanism—pseudocapacitance, or a double insertion of an electron and cation (either protons or supporting electrolyte cations, such as $\text{Na}^+$ or $\text{K}^+$) into a mixed electron/ion conductive material (Figure 1).$^5-7$ Transition metal oxides, such as $\text{RuO}_2$ and $\text{MnO}_2$, are prime candidates as the pseudocapacitive phase, particularly when used in aqueous-electrolyte ECs.$^8-12$ The main drawback to the use of most metal oxides is that their limited electronic conductivity restricts power delivery on the few-seconds time scale. The traditional workaround is to mix the active oxide with carbon powder into a composite electrode, not unlike the approach used to form electrodes for batteries, but the ad-hoc nature of the powder-composite electrode structure potentially precludes a high-rate response.

A more design-rich strategy is to move toward advanced composites and architectures,$^{13}$ particularly those in which the pseudocapacitive metal oxide is more intimately associated with nanostructured carbon substrates. The electrochemical utilization of such rewired metal oxides can be significantly enhanced when expressed as nanoscale films, as shown for ultrathin $\text{MnO}_2$ (tens to hundreds of nm), with specific capacitances approaching the theoretical value of 1370 F g$^{-1}$ for storing one electron per Mn center,$^{14,15}$ as compared to conventional powder-composite electrodes of $\text{MnO}_2$, where the capacitance rarely exceeds 200 F g$^{-1}$. The properties of thin-film metal oxides can be translated to more practical electrode and device size regimes by incorporating the metal oxide as a nanoscale coating on conductive carbon supports. Many protocols, including electrodeposition,$^{17}$ vapor deposition,$^{18}$ impregnation/decomposition,$^{19}$ and sol–gel chemistry$^{20}$ have been used to synthesize such metal oxide–carbon nanomaterials, but not all methods yield conformal coatings on nanostructured surfaces, and optimized contact between metal oxide and carbon is not necessarily achieved.

Redox deposition of metal oxides, as achieved by reacting the corresponding strong-oxidant precursor ($\text{MnO}_4^-$, $\text{FeO}_4^{2-}$, $\text{RuO}_4^2-$; Table 1) at the surface of carbon (acting as reductant), offers an attractive alternative in terms of scalability, cost, and manufacturability.$^{21}$ Although a seemingly simple deposition protocol (exposing the desired carbon substrate to a solution of the oxidant), it is often necessary to tune reaction conditions in order to promote maximum metal-oxide loading while also maintaining conformality of the deposit. We find that when conditions that ensure self-limiting deposition are attained, we preserve the complex pore structures of mesoporous (2–50 nm pores) and macroporous (>50 nm pores) carbon substrates (Figure 2), thereby enabling facile electrolyte infiltration and high-rate electrochemical performance.$^{22-24}$ In the following sections, we describe specific examples of redox deposition of $\text{MnO}_2$, $\text{FeO}_x$, and $\text{RuO}_2$ on a variety of nanostructured carbon substrates and the implications of composition and architecture when the resulting metal oxide–carbon electrode structures are used as charge-storing architectures for aqueous ECs.

### Table 1. Oxidation Potentials of Select Metal-Oxide Precursors

<table>
<thead>
<tr>
<th>Oxidant</th>
<th>Oxidation Potential, Acidic</th>
<th>Oxidation Potential, Alkaline</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\text{MnO}_4^-$</td>
<td>1.67</td>
<td>0.56</td>
</tr>
<tr>
<td>$\text{FeO}_4^{2-}$</td>
<td>2.20</td>
<td>0.72</td>
</tr>
<tr>
<td>$\text{RuO}_4^2-$</td>
<td>-0.22</td>
<td>-</td>
</tr>
<tr>
<td>$\text{RuO}_2$</td>
<td>0.59</td>
<td>1.0</td>
</tr>
</tbody>
</table>

FIGURE 1. Schematic of charge storage via electrochemical double-layer capacitance and pseudocapacitance.
Redox Deposition Approaches to Nanoscale Coatings of Metal Oxides

Manganese Oxides. Permanganate ($\text{MnO}_4^-$) is a versatile, readily available, and water-soluble oxidizing agent commonly used in organic synthesis, wastewater treatment, and can serve as a precursor to MnO$_2$ upon reaction with an appropriate reducing agent (e.g., Mn$^{2+}$, sugars, alcohols, unsaturated organic acids). While permanganate has long been used to oxidize carbon surfaces to enhance electrochemical performance, Chen and co-workers were the first to recognize the simplicity and scalability of the permanganate–carbon redox reaction for generating MnO$_x$ coatings that store charge. The initial study performed on planar graphite had limited utility for real-world ECs because of the small quantity of charge stored, but as the authors predicted, redox deposition can be extended to more EC-relevant high-surface-area and 3D carbon substrates, including carbon blacks, templated mesoporous carbon, nanotubes, graphene, and nanofoams.

Ma and co-workers posited that the reaction of permanganate with acetylene black (AB) begins as protons adsorb at the carbon surface from the aqueous permanganate solution ($\text{pH} \sim 5$), evidenced by a sharp increase in solution pH and a decrease in solution potential (Figure 3). The interfacial localization of protons from solution and electrons from the carbon substrate favors the reduction of permanganate to a mixed-valent manganese (III/IV) oxide, designated as MnO$_2$, according to the equation

$$\text{MnO}_4^- + 4\text{H}^+ + 3\text{e}^- \rightarrow \text{MnO}_2 + 2\text{H}_2\text{O} \quad (1)$$

Later studies showed that CO$_2$ is generated as a byproduct, confirming a direct reaction between permanganate and AB.

$$4\text{MnO}_4^- + 3\text{C} + 2\text{H}_2\text{O} \rightarrow 4\text{MnO}_2 + 3\text{CO}_2 + 4\text{OH}^- \quad (2)$$

A more complex reaction scheme is proposed for multi-walled carbon nanotubes (CNTs) with oxidation occurring primarily at edge-plane sites or other defects; MnO$_2$ deposition initiates at these defects and then propagates to other surface sites, coupled to electron transport through the nanotubes (Figure 4).

Permanganate reduction at carbon is influenced by such factors as temperature, pH, concentration, and the functionality of the carbon surface. Acidic solutions are used to accelerate the reaction or to modify carbon surfaces that are more resistant to oxidation (e.g., the basal-plane surface predominant in CNTs). Faster MnO$_2$-deposition rates

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**FIGURE 2.** Schematic of redox deposition under “poorly controlled” (left) versus “self-limiting” (right) conditions.

**FIGURE 3.** Electrode potential and pH versus time for reaction of KMnO$_4$ with acetylene black. Reprinted with permission from ref 29. Copyright 2006 The Electrochemical Society.
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Acidic conditions not only enhance the permanganate–carbon reaction rate, but also the competing autocatalytic decomposition of permanganate (via oxidation of H₂O). Fischer and co-workers demonstrated the importance of avoiding acidic deposition conditions when modifying prefabricated, macroscale forms of an ultraporous carbon substrate (e.g., 170 μm thick carbon nanofoam papers), as opposed to dispersions of carbon powders. Under acidic conditions, micrometers-thick MnO₂ coatings form at the exterior of carbon nanofoam paper (Figure 6a,b), occluding the pore structure and frustrating MnO₂ deposition within the interior void volume. These thick crusts of poorly conductive MnO₂ also impose an undesirable charge-transfer resistance to the resulting electrode structure (Figure 7a), markedly limiting EC performance. Under neutral-pH conditions, autocatalytic permanganate decomposition is suppressed and the permanganate–carbon reaction self-limits, resulting in nanoscale (~10 nm thick) MnO₂ coatings that conform to the carbon walls throughout the nanofoam paper (Figure 6c,d), enhance electrode capacitance, and maintain the frequency response of the native carbon nanofoam (Figure 7b).

The thickness, conformality, distribution, and weight loading of the MnO₂ coating depend not only on the deposition conditions but also on the nature of the nanosstructured carbon substrate; the interplay of these design features ultimately determines the electrochemical performance of the resulting MnO₂-modified carbon. Dong et al. showed that reaction at short times between dilute permanganate and templated mesoporous carbons (ordered 3 nm pores) yields nanoscopic MnO₂ embedded into the carbon walls. When cycled in aqueous 2 M KCl, the resulting MnO₂-modified carbons demonstrated enhanced total electrode capacitance (173 versus 105 F g⁻¹ for the native carbon) and high MnO₂ utilization (628 F g⁻¹ MnO₂) at a relatively low weight loading (13 wt % MnO₂); with this protocol, diminishing returns in utilization were observed as the weight loading increased to a maximum of 26 wt % MnO₂. Peng et al. used a hierarchical pore structure comprising distinct, but interconnected, networks of mesopores (6–8 nm) and macropores (70–100 nm) to improve on the limited MnO₂ uptake of templated carbons that are strictly mesoporous. Oxide loadings as high as 83 wt % were achieved, but at the expense of clogging the mesopore channels, which in turn, inhibited electrolyte infiltration, and resulted in lower total specific capacitance (166 F g⁻¹ with 80% with 80 % active MnO₂–carbon material) than observed at much lower MnO₂ loadings with the mesoporous carbon substrates.
Yan et al. achieved similarly high MnO₂ weight loadings (78 wt %) on graphene, but with better electrochemical utilization, as evidenced by a specific capacitance of 310 F g⁻¹ (normalized to MnO₂–graphene). The enhanced capacitance on graphene substrates may arise from their higher electronic conductivity, which also supports performance at high charge–discharge rates.⁴¹ The effect of the carbon substrate was also explored by Chu et al., who demonstrated higher specific capacitance (208 F g⁻¹) and lower electrode resistance (19 Ω) when MnO₂ was deposited onto CNTs versus an AB substrate with similar MnO₂ loading (63 wt % versus 69 wt % for the CNT), but which provided only 158 F g⁻¹ and higher resistance (28 Ω).³⁷

The earliest examples of MnO₂-based electrodes for ECs were fabricated by mixing MnO₂ powders with carbon powders and polymer binder to form a composite electrode,¹⁶ which, although simple and scalable, hinders high-rate performance due to limited electronic contact between conductive carbon and micrometer-sized particles of the poorly conductive MnO₂ (Figure 8, top). The permanganate–carbon reaction promotes intimate contact between the MnO₂ and carbon components that improves electrochemical performance, but the full benefits of such MnO₂–carbon materials are not realized when processed into conventional powder-composite electrodes (Figure 8, middle), due to the following complications: (i) active MnO₂ sites may become obscured when mixed with binder and other additives; (ii) long-range electron-conducting pathways (the carbon component) may be disrupted in the ad hoc mixture of powdered components; and (iii) poorly interconnected void volume may frustrate electrolyte infiltration. A more desirable design would begin with a macroscale, preformed carbon scaffold onto which nanoscale coatings of MnO₂ are deposited (Figure 8, bottom). The proposed electrode design would be device-ready, provide control over pore–solid architecture via the choice of carbon substrate, maintain uninterrupted electron-conducting pathways throughout the macroscale carbon scaffold, and establish a desired frequency response.

In one such example, CNTs are first applied to the fibers comprising a carbon fiber paper (CFP) to create a free-standing architecture with micrometer-sized voids; subsequent reaction with permanganate deposits nanoscale MnO₂ at the CNTs.³⁹ The free-standing MnO₂–CNT–CFP electrode exhibited 322 F g⁻¹(MnO₂) in 0.65 M K₂SO₄ at 1 mV s⁻¹ that decreased to 219 F g⁻¹(MnO₂) at 5 mV s⁻¹. The voltammograms were rectangular in shape and did not exhibit significant resistance even at 200 mV s⁻¹, which is not surprising considering the large open void network of the CFP and the relatively low loading of MnO₂ (0.15 mg cm⁻²).
geometric area). Although the rate capabilities of this composite are impressive, the low MnO₂ loading and high fraction of void volume (in the large spaces between carbon fibers) limits the mass- and volume-normalized capacitance that can be achieved.³⁹

The high fraction of void volume in CFP can be more optimally used by filling with a sol–gel-derived polymer precursor (resorcinol–formaldehyde, RF) followed by carbonization to yield a device-ready carbon nanofoam paper that exhibits high specific surface area (200–600 m² g⁻¹), electronic conductivity (10–200 S cm⁻¹), a through-connected network of size-tunable pores (10 nm to a few μm), and scalability in both thickness (70–300 μm) and geometric footprint (∼100 cm²).⁴⁴,⁴⁵ The resulting pyrolytic carbon readily reacts with permanganate at room temperature to produce nanoscale conformal MnO₂ coatings throughout the thickness of the nanofoam.²²,²³ These first examples, using a commercially available carbon nanofoam paper, demonstrated a MnO₂ weight uptake of 37 wt % and a concomitant enhancement in total electrode capacitance from 53 to 140 F g⁻¹, with a MnO₂-normalized capacitance of 350 F g⁻¹. While the increase in specific capacitance is promising, even greater enhancements in volumetric and geometric capacitance (factor of 10) are achieved because the conformal, nanoscale MnO₂ coating does not increase the electrode volume or footprint.

The MnO₂ weight loadings and corresponding electrochemical performance metrics can be further enhanced by fine-tuning the pore structure and macroscale thickness of the carbon nanofoam electrode structure.⁴⁵ By selecting an RF formulation that yields higher specific surface area, one can increase the MnO₂ loading and improve mass-volume-normalized capacitance (up to 200 F cm⁻³). The geometric capacitance (electrode footprint normalized) for MnO₂-modified nanofoams scales from 2.5 F cm⁻² for a 70 μm thick nanofoam to 5.0 and 7.5 F cm⁻² for 120 and 230 μm thick nanofoams, respectively (Figure 9), confirming
that MnO₂ not only deposits throughout the full thickness of the paper but is electrochemically accessible.⁴⁵

**Iron Oxide.** Ferrate (FeO₄²⁻) is a close relative of permanganate and has been used for similar applications, such as wastewater treatment.⁴⁶ Mao et al. demonstrated that reaction with ferrate introduces oxygen functionalities on the surfaces of graphite, which enhances reversible capacity and cycling stability when used as a negative electrode for Li-ion batteries, although the resulting FeOₓ deposit was removed prior to use.⁴⁷ Less frequently studied than other transition metal oxides, FeOₓ can also serve as an active material for electrochemical charge storage, for example as a negative electrode material for aqueous asymmetric ECs.⁴⁸ We were the first to report that reaction of ferrate with carbon substrates (e.g., carbon nanofoam papers) generates electrochemically active FeOₓ coatings.²⁴

Although ferrate–carbon and permanganate–carbon reactions are similar in mechanism, ferrate-based depositions are more challenging because ferrate solutions are only stable in a narrow alkaline-pH range (~7–10 M KOH), have limited shelf life (hours to days), and their high viscosity impedes infiltration into the void volume of the carbon substrate. With appropriate deposition conditions (e.g., using 25 mM K₂FeO₄ in 9 M KOH), self-limiting, nanoscale FeOₓ coatings are generated at the inner and outer surfaces of carbon nanofoam papers while retaining the through-connected pore structure of the native nanofoam (Figures 10 and 11). The weight loading of FeOₓ is primarily controlled by the pore structure of the native carbon nanofoam (Table 2 and Figure 11), where smaller mesopores (<20 nm) limit FeOₓ incorporation despite higher specific surface area compared to nanofoams with larger mesopores (20–50 nm) and/or small macropores (50–100 nm). This trend reflects the fact that more facile infusion of the viscous ferrate solution into the architecture occurs as pore size increases.

When FeOₓ–carbon nanofoams are electrochemically cycled in mild aqueous electrolytes, they exhibit enhanced charge storage via faradaic pseudocapacitance that is proportional to the FeOₓ loading (Table 2 and Figure 11).²⁴ The FeOₓ-normalized capacitances of such electrode architectures (>300 F g⁻¹) exceed those previously reported (typically <120 F g⁻¹) for both thin-films and powder-composites,⁴⁹,⁵⁰ demonstrating greater electrochemical utilization when the FeOₓ is intimately associated with a well-designed carbon substrate (Figure 10c,d). The FeOₓ pseudocapacitance arises from reversibly toggling the average Fe oxidation state between 3.0 and 2.7, as verified by X-ray absorption spectroscopy analysis of the FeOₓ–carbon nanofoam under electrochemical control.²⁴

The electrochemical stability of the FeOₓ coating is highly dependent on electrolyte pH; when cycled in unbuffered aqueous Li₂SO₄ (pH ~ 3.5) the pseudocapacitance fades into the double-layer capacitance background over the first 100 cycles, whereas stable cycling (tested to 1000 cycles) is observed when a borate-based buffer is added to the electrolyte to bring the pH to ~8.5.²⁴

**Ruthenium Oxide.** Ruthenium dioxide (RuO₂) is the performance champion among the pseudocapacitive metal oxides used for ECs. The specific capacitance of RuO₂ is structure-dependent and maximizes in hydrous forms (RuO₂·xH₂O) that possess a nanocomposite structure of electronically conductive rutile networks interpenetrated within a disordered, proton-inserting hydrous phase.⁵¹ Unlike MnO₂ and FeOₓ, RuO₂ is an excellent electronic conductor and even disordered RuO₂·xH₂O has sufficient electronic conductivity (~1 S cm⁻¹) to support high pseudocapacitance (up to ~720 F g⁻¹ for RuO₂·0.5H₂O) without the need for conductive carbon.⁸ For practical applications, the high cost of RuO₂ can be mitigated by dispersing the oxide on high-surface-area carbons (via sol–gel, impregnation, CVD, or electrodeposition methods), a strategy that can enhance electrochemical utilization.¹⁸,⁵²–⁵⁴ Redox deposition is another viable approach to generate RuO₂ coatings on carbon, as first demonstrated by Pickup and co-workers, who used perruthenate (RuO₄³⁻) and ruthenate (RuO₄²⁻) aqueous precursors to modify carbon fiber mats and CNTs.⁵⁵,⁵⁶ When cycled in 1 M H₂SO₄, the RuO₂–CNT composites yield a maximum electrode-mass normalized specific capacitance of 231 F g⁻¹ at 30 wt %

FIGURE 9. Geometric capacitance versus potential of 1-ply (red), 2-ply (blue), and 3-ply (green) MnO₂–carbon nanofoam electrodes in 2.5 M Li₂SO₄ at 5 mVs⁻¹. Adapted with permission from ref 45. Copyright 2011 Royal Society of Chemistry.
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RuO$_2$, with up to 704 F g$^{-1}$ but only at lower oxide loadings (25 wt %).

Ruthenium tetroxide (RuO$_4$) is a related RuO$_2$ precursor that is better known as a staining agent for organic and biological samples in electron microscopy. This precursor is commercially available as a dilute aqueous solution (0.1 wt %) with a relatively long shelf life and can be readily synthesized by oxidation of lower-valent ruthenium compounds. Ruthenium oxide deposition onto carbon substrates can be performed from either aqueous or nonaqueous RuO$_4$ solutions, but we find that the best results are achieved when using nonaqueous solvents. In the latter case, aqueous RuO$_4$ is first extracted into a hydrocarbon solvent that is cooled to dry ice–acetone bath temperatures.

TABLE 2. Summary of Physicochemical and Electrochemical Properties of Native and FeO$_x$-Coated Carbon Nanofoams

<table>
<thead>
<tr>
<th>carbon nanofoam$^a$</th>
<th>BET surface area (m$^2$ g$^{-1}$)$^b$</th>
<th>mean pore size (nm)$^c$</th>
<th>FeO$_x$ wt loading (%)$^d$</th>
<th>specific capacitance (F g$^{-1}$)$^e$</th>
<th>geometric capacitance (F cm$^{-2}$)$^f$</th>
<th>volumetric capacitance (F cm$^{-3}$)$^g$</th>
</tr>
</thead>
<tbody>
<tr>
<td>50/500</td>
<td>533</td>
<td>9</td>
<td>25</td>
<td>54</td>
<td>0.28</td>
<td>40</td>
</tr>
<tr>
<td>50/1500</td>
<td>486</td>
<td>20</td>
<td>38</td>
<td>75</td>
<td>0.71</td>
<td>71</td>
</tr>
<tr>
<td>40/1500</td>
<td>332</td>
<td>50</td>
<td>38</td>
<td>77</td>
<td>0.61</td>
<td>61</td>
</tr>
</tbody>
</table>

$^a$Nanofoam designations taken from the polymer nanofoam precursor formulation: e.g., “50/500” denotes a carbon nanofoam derived from 50 wt % total resorcinol–formaldehyde concentration and a resorcinol-to-catalyst (Na$_2$CO$_3$) molar ratio of 500:1. $^b$Derived from N$_2$-sorption porosimetry for native carbon nanofoam (prior to FeO$_x$ deposition). $^c$Determined gravimetrically. $^d$Derived from cyclic voltammetric measurements at 5 mV s$^{-1}$ in 2.5 M Li$_2$SO$_4$. 

FIGURE 10. (a) Photograph, (b) scanning electron micrograph, and (c,d) transmission electron micrographs of an FeO$_x$–carbon nanofoam; (d) adapted from ref 24. Copyright 2010 American Chemical Society.

FIGURE 11. (Left) Micrographs of native carbon nanofoams (top row) and the corresponding FeO$_x$–carbon nanofoams (middle row) with Fe elemental maps (bottom row). (Right) Specific capacitance versus potential for FeO$_x$ coatings on 50/500 (black), 50/1500 (blue), and 40/1500 (red) carbon nanofoams in 2.5 M Li$_2$SO$_4$ at 5 mV s$^{-1}$.
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(−78 °C)58–60 prior to introducing the desired carbon substrate; RuO₂ forms spontaneously at the carbon surfaces as the solution warms to room temperature (Figure 12a–c).

The weight loading of RuO₂ depends not only on the RuO₄ concentration and deposition time, but also on the pore structure of the nanofoam; for example, a predominantly mesoporous nanofoam paper (designated 50/1500) with specific surface area of ∼450 m² g⁻¹ supports 29 wt % RuO₂, while a macroporous nanofoam paper (designated 40/1500) of lower surface area (350 m² g⁻¹) incorporates 16 wt % RuO₂. Alternatively, RuO₂ deposition can be performed directly from aqueous RuO₄, but the deposition is less well-controlled. Although similar RuO₂ weight loadings are achieved (30 wt %), the oxide is localized as a micrometer-thick crust at the outer boundary of the nanofoam paper (Figure 12d). The more uniform RuO₂ deposition observed using a nonaqueous solution is assisted by infiltration into the pore structure of the hydrophobic carbon nanofoam.

The pseudocapacitance of the RuO₂ coating provides a >4-fold increase in specific capacitance relative to the native nanofoam when cycled in an acidic electrolyte (Figure 13). The enhancement in capacitance tracks the RuO₂ loading, with total electrode-mass-normalized capacitances of 250 and 140 F g⁻¹ for 29 wt % and 16 wt % RuO₂—nanofoam composites, respectively. The oxide-normalized capacitances (860 and 940 F g⁻¹ RuO₂; Figure 13b) exceed that previously reported for unsupported RuO₂·0.5H₂O (720 F g⁻¹).8 Although derived from a nominally anhydrous synthesis, these RuO₂ coatings exhibit pseudocapacitance on par with the best hydrous ruthenium oxide, as was previously noted when using the same deposition protocol to coat silica fiber-paper substrates.59,60 The amplification of electrode capacitance is lower when RuO₂ is expressed as a >1 μm thick crust on the nanofoam paper: capacitance decreases to 400 F g⁻¹ RuO₂ (corresponding to 120 F g⁻¹ total electrode), indicating poorer electrochemical utilization (Figure 13b).

Applying Metal Oxide—Carbon Electrode Architectures to High-Performance Electrochemical Capacitors

The metal oxide–carbon electrode materials described above express pseudocapacitance-enhanced charge-storage functionality in nanostructured forms that, when used in asymmetric EC devices, yield attractive combinations of energy and power in conjunction with the cost and safety advantages of aqueous electrolytes.9,12 Asymmetric

FIGURE 12. Scanning electron micrographs of a 50/1500 nanofoam: (a) before modification, (b) after RuO₂ deposition out of RuO₄—petroleum ether with (c) corresponding Ru elemental map; (d) RuO₂ crust that formed at surface of carbon nanofoam paper out of aqueous RuO₄.
ECs comprising a MnO₂-based positive electrode and an activated carbon negative electrode support extended operating voltages (>1.8 V) in aqueous electrolytes, but the specific energy of this EC configuration is ultimately limited by the modest double-layer capacitance of carbon electrodes in mild-pH electrolytes (typically <120 F g⁻¹).
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To circumvent this limitation, one may exploit pseudocapacitance at the negative electrode to enhance specific energy using materials (e.g., poly(3,4-ethylenedioxythiophene),\(^6\)) whose redox-active potential window complements that of \(\text{MnO}_2\) (see Figure 14a).

We target higher specific energy by fabricating asymmetric ECs comprising \(\text{MnO}_2\) and FeOx-modified carbon nanofoams serving as positive and negative electrodes, respectively, both synthesized via the redox deposition process. The serial pairing of two pseudocapacitive electrodes yields a capacitor-like voltammetric response for the full cell (Figure 14b), but over a range of wider voltage (0–1.8 V) than obtainable by the individual electrodes. Asymmetric ECs are more complicated to design than symmetric EDLCs because care must be taken to balance the capacitance and active potential range of the opposing electrodes to realize the widest voltage window and best cycle life.\(^6\) When using nanofoam papers, thickness can be increased as necessary (Figure 9) to offset lower capacitance in one of the two electrodes in order to achieve a capacity-balanced cell. For example, we compensate for the lower oxide loadings and correspondingly lower capacitance of FeOx–carbon nanofoams relative to their MnO2–carbon counterparts, by using 2-ply (120 \(\mu\)m) versus 1-ply (70 \(\mu\)m) papers, respectively, when assembling the EC cell.

Even at modest oxide loadings (50 wt % \(\text{MnO}_2\) and 20 wt % FeOx) and imperfect balance of positive and negative electrode capacitance (Figure 14a), cell-level performance metrics are promising, with electrode mass-, volume-, and footprint-normalized capacitances of 30 F g\(^{-1}\), 30 F cm\(^{-3}\), and 0.74 F cm\(^{-2}\), respectively (not accounting for electrolyte, separator, or current collectors). Separate galvanostatic charge–discharge experiments (Figure 14c) yield 33 F g\(^{-1}\) at an imposed current of 500 mA g\(^{-1}\) (12.5 mA cm\(^{-2}\)), corresponding to a cell specific energy of 13 W h kg\(^{-1}\) at a specific power of 490 W kg\(^{-1}\). For comparison, Brousse et al. report 8.2 W h kg\(^{-1}\) at a similar current density (450 mA g\(^{-1}\)) for a \((\pm)\text{MnO}_2\)\(\mid\)FeO\(_2\text{O}_4\)(–) asymmetric EC assembled from composite electrodes comprising discrete oxide (at higher oxide loadings of 65–70 wt %) and carbon powders cemented together with polymer binder.\(^4\)

The enhanced specific energy for ECs fabricated with nanofoam-based electrodes is deliverable within the few seconds charge–discharge response times (a 9 s time constant in the example presented; see Figure 14d) that are critical for many of the proposed applications of ECs. To further underscore the ability of these design principles to amplify specific energy without compromising specific power, we contrasted the effect of pairing a \(\text{MnO}_2\)–carbon nanofoam paper with either an EDLC negative electrode (unmodified carbon nanofoam paper) or FeOx-painted carbon nanofoam paper. Adding the pseudocapacitive FeOx coating to the negative-electrode nanofoam more than doubles the specific energy while retaining specific power at \(\sim 0.5\text{ kW kg}^{-1}\) at 0.5 mA g\(^{-1}\).

**Future Opportunities**

The pieces are now in place to design ECs with the desired specific energy, specific power, and frequency response to meet the particular performance requirements of the power/energy-demanding application. The performance of our lab-scale aqueous asymmetric ECs are already competitive with commercial nonaqueous EDLCs, and the low-cost and scalability of redox-based deposition of EC-relevant metal oxides should move these materials and structures from laboratory curiosity to real-world applications. We anticipate further advances in electrochemical performance as the metal-oxide composition, quality of contact of nanoscale metal oxide to its carbon scaffold, and micro/macroscale architecture of the electrode are fine-tuned to fully exploit the benefits of pseudocapacitance in technologically relevant form factors. Metal oxide-decorated carbon nanofoams provide important insights into the design and fabrication of EC electrode architectures, but represent only one possible device-ready electrode structure. The lessons learned with these scalable, manufacturable, benchtop-fabricated nanofoam papers can be extended to alternative free-standing carbon architectures (e.g., vertically aligned CNT assemblies)\(^1\) that are readily adaptable to EC configurations.

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FOOTNOTES
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