LEPTOSPIRAL AGGLUTINATING ANTIBODIES IN SERA OF PATIENTS WITH HEPATITIS IN CAIRO HOSPITALS (EGYPT)

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By

I.S. Barsoum, R.W. Moch and Boulos A.H. Botros

U.S. NAVAL MEDICAL RESEARCH UNIT No. 3
(CAIRO, THE ARAB REPUBLIC OF EGYPT)
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Four hundred-eighty sera from patients with hepatitis were tested for leptospiral agglutinins by Microscopic Agglutination (MA) test. Twenty-one sera (4.6%) were positive at a significant titer of 1:128 or greater. The most predominant reacting serotypes were L. icterohemorrhagiae, L. canicola and L. grippotyphosa. The importance of considering leptospirosis among other infectious diseases in jaundiced patients is stressed.
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LEPTOSPIAL AGGLUTINATING ANTIBODIES IN SERA OF PATIENTS WITH HEPATITIS IN CAIRO HOSPITALS (EGYPT).*

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* The opinions and assertions in this scientific report are those of the authors and do not necessarily reflect the official views of the Navy Department or the naval service at large. This research has been supported by the Bureau of Medicine and Surgery work unit no. MF12,334, 009,5021B.

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One of the several diseases that may cause jaundice in humans is leptospirosis (Turner, 1969). In Egypt, jaundiced patients usually are checked for infectious and serum hepatitis but not for leptospirosis. In this study, the presence of leptospiral agglutinins in sera from patients from six hospitals in Cairo in 1970 diagnosed as having clinical hepatitis is reported.

MATERIALS AND METHODS

Four-hundred-eighty sera from patients in Abbassia Fever Hospital, Embaba Fever Hospital, Mounira Hospital, Shoubra Hospital, Azhar and Agouza Hospitals were tested for leptospiral agglutinins by the Microscopic Agglutination (MA) test (Gochenour, et al., 1953). These sera were from jaundiced patients and were tested primarily for hepatitis-associated Australia antigen.

Sera were first screened at a final dilution of 1:128 against the following leptospira serotypes: ballum, canicola, icterohemorrhagiae, bataviae, grippotyphosa, pyrogenes, autumnalis, pomona, woffii, australis, hebdomadis, tarassovi, javanica, butembo, pulex and endanana. (These serotypes were originally supplied by the Pathological Department of the U.S. Naval Medical Research Unit No. 2, Taipei, Taiwan). Sera which agglutinated one or more leptospira serotypes were titrated against each agglutinating serotype. The procedure for this test has been described previously (Barsoum & Jamison, 1971).

RESULTS

Twenty-one (4.4%) of the 480 human sera tested showed leptospiral agglutinins at a titer of 1:128 or greater. This titer constitutes presumptive evidence of infection with the organism dating back from the preceding week to several years.
(Alexander et al., 1970). MA test results for different hospital patient are given in Table 1. Patients from the Abbassia Fever Hospital showed the highest incidence of leptospiral seropositivity (10/198). Seven sera were found to have agglutinins that reacted with *L. icterohemorrhagiae*, seven with *L. canicola*, four with *L. grippotyphosa*, two with *L. australis* and one with *L. tarassovi* (Figure 1). Sixteen of the twenty-one positive sera for leptospirosis were negative for hepatitis-associated Australia antigen. The remaining sera were positive at different titers by complement fixation test against Australia antigen.

Table 1: Leptospiral Microscopic Agglutination (MA) test results on 80 sera from jaundiced patients in six hospitals in Cairo, Egypt, 1970.

<table>
<thead>
<tr>
<th>Source of samples</th>
<th>Number of sera tested</th>
<th>Number positive at 1:128 titer or greater</th>
<th>Positive serotype(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abbassia Fever Hospital</td>
<td>198</td>
<td>10</td>
<td>icterohemorrhagiae (4)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>grippotyphosa (3)</td>
</tr>
<tr>
<td></td>
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<td></td>
<td>australis (2)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>canicola (1)</td>
</tr>
<tr>
<td>Embaba Fever Hospital</td>
<td>83</td>
<td>4</td>
<td>icterohemorrhagiae (1)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>canicola (1)</td>
</tr>
<tr>
<td></td>
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<td></td>
<td>grippotyphosa (1)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>tarassovi (1)</td>
</tr>
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<td>Mounira Hospital</td>
<td>77</td>
<td>2</td>
<td>icterohemorrhagias (1)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>canicola (1)</td>
</tr>
<tr>
<td>Agouza Hospital</td>
<td>70</td>
<td>3</td>
<td>canicola (3)</td>
</tr>
<tr>
<td>Shoubra Hospital</td>
<td>27</td>
<td>1</td>
<td>icterohemorrhagias (1)</td>
</tr>
<tr>
<td>Azhar Hospital</td>
<td>25</td>
<td>1</td>
<td>canicola (1)</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>480</strong></td>
<td><strong>21 (4.37%)</strong></td>
<td></td>
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</table>
Fig. 1. Histogram of the frequency of leptospiral serotypes reacting with 480 sera from jaundiced patients.

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**Discussion**

The frequency of leptospiral seropositivity of all patients with hepatitis (21/480) was not significantly different from that of apparently healthy persons (3/80) or abattoir workers (2/101) (Maronpot & Barsoum, 1972). The seropositivity among these patients was also less than that found in Tanta Hospital patients (23/270) (Barsoum & Jamison, 1971). Sixty-three sera taken from patients with different diseases from the Abbassia Fever Hospital in 1970 were 100% seronegative for leptospirosis. However, from the same hospital, ten of 198
patients with hepatitis showed leptospiral agglutinins at significant titers of 1:128 or greater. It should be noted that:

1. *L. icterohemorragiae* and *L. canicola* were the predominant serotypes in this group of patients, and 2. that *L. icterohemorragiae* often causes severe illness characterized by jaundice and renal failure. Occasionally, however, other serotypes may produce an identical clinical picture of equal severity (Galton et al., 1962). In previous serologic surveys in Egypt, *L. grippotyphosa* was the predominant serotype in a random selection of normal and hospital populations (McGuire & Myers, 1957; Annad, 1969; Barsoum & Jamison, 1971). The most common probable sources of human leptospirosis are various species of domesticated and wild animals; infection results from direct or indirect contact with urine of infected animals (Galton et al., 1962). Agglutinins to *L. icterohemorragiae* were previously detected in sera of pigs, dogs, buffalo and sheep; *L. grippotyphosa* antibodies were found in mice, buffalo and cow sera; *L. canicola* antibodies in sera of dogs and pigs, and *L. icterohemorragiae* in cow sera (Maronpot and Barsoum, 1972). Moreover, *L. canicola* was isolated in Egypt from dog kidneys and urine (Maronpot et al., 1971). *L. icterohemorragiae* was isolated from mongoose and *L. grippotyphosa* from mice (Barsoum & Kaiser, 1972, unpublished results).

Leptospirosis recently has been reported to be a significant cause of jaundice in South Sumatra (Fresh et al., 1971). In Egypt, leptospirosis in addition to other infectious diseases must also be considered in the differential diagnosis of jaundiced patients.

**SUMMARY**

Four hundred-eighty sera from patients with hepatitis were tested for leptospiral agglutinins by microscopic Agglutination
Twenty-one sera (4.4%) were positive at a significant titer of 1:128 or greater. The most predominant reacting serotypes were *L. interrogans serovar*, *L. canicola* and *L. grippotyphosa*. The importance of considering leptospirosis among other infectious diseases in jaundiced patients is stressed.

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REFERENCES


