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TITLE: A Model for Predicting Cognitive and Emotional Health from Structural and Functional Neurocircuitry Following Traumatic Brain Injury

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Belmont, MA, 02478

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# A Model for Predicting Cognitive and Emotional Health from Structural and Functional Neurocircuitry Following Traumatic Brain Injury

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**Distribution / Availability Statement**
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**Abstract**
Mild traumatic brain injury (mTBI) is one of the major health problems facing military servicemembers returning from deployments. White matter axonal damage, as measured by neuroimaging techniques like Diffusion Weighted Imaging (DWI), is one of the hypothesized mechanisms contributing to the cognitive and affective sequelae of mTBI. Presently, many of the findings in the literature examining the association between DWI and neuropsychological outcome are contradictory, possibly due to differences in stage of recovery at the time of assessment. This study will address this problem by collecting measures of white matter integrity and concomitant neuropsychological status at five time points in the first year following an mTBI. Study preparations, including ethical approval, hiring and training of new staff, purchasing of equipment and materials, and validation of neuroimaging protocols, were completed ahead of schedule. Data collection is currently underway, but was recently slowed due to some technical issues with the scanner, but these have been resolved and we now have completed collection of 10 participants. The data are entered in a database, and data quality is monitored closely. The small sample size does not permit a meaningful data analysis yet. Overall, the study is progressing within expected limits.
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INTRODUCTION

Mild traumatic brain injury (TBI) represents a major health concern and economic burden in the United States [1]. A significant proportion of individuals with mild TBI will present with prolonged recovery and persistent symptoms, and it is yet unclear why some individuals will show a good injury outcome, whereas other will not [2-5]. Structural damage to white matter axonal tracts has been suggested to underlie these persistent behavioral changes [6-10]. Yet due to differences in brain imaging methods, neuropsychological testing approaches, and sample characteristics, this has not been consistently demonstrated at different recovery stages. Furthermore, the relationship between structural connectivity, functional connectivity and neuropsychological performance remain unclear.

The proposed study will be the first to systematically assess structural connectivity, functional connectivity and neuropsychological functioning at five recovery stages (i.e., two weeks, one month, three months, six months and 12 months) following mild TBI relative to healthy controls. We hypothesize that structural white matter tract disintegrity will underlie abnormalities in functional connectivity, neurocognitive performance and post-concussion symptom severity, but that these metrics will vary with time since injury. The primary aim of the proposed study is therefore to investigate whether measures of white matter disintegrity following mild TBI would explain abnormalities in functional connectivity of the brain, cognition and emotional disturbance, and whether white matter integrity (or lack thereof) could serve as a reliable biomarker of mild TBI. This will allow conclusions on the utility of measures of white matter integrity in the diagnosis of mild TBI. As the study incorporates five time points of measurement to represent different recovery stages of mild TBI, this will allow conclusions on the natural recovery course of mild TBI and the utility of white matter integrity measures in the prediction of injury outcome.

BODY

Accomplishments According to Statement of Work (SOW)

The study is progressing as planned. Consistent with the Statement of Work Year 1, the following tasks have been accomplished:

SOW 1: Study preparation, staff hiring and materials acquisition.

Accomplishments:

- The PI hired one research assistant and one post-doctoral fellow to work on the project. New study staff has been trained extensively in study procedures, administration of assessment tasks, magnetic resonance imaging data collection, data input, data storage and data quality checks.
- All materials necessary to initiate data collection were purchased, including computers, neuropsychological tests, and software.
- The PI hired an expert neuroimaging consultant from the A.A. Martinos Center for Biomedical Imaging, Massachusetts General Hospital, Harvard Medical School, Boston, MA to optimize the diffusion-weighted imaging protocol for the purpose of this study. The diffusion-weighted sequences underwent extensive testing and optimization prior to data collection.
• All other neuroimaging sequences (i.e., to collect anatomical and functional connectivity data) also underwent extensive testing prior to data collection.

SOW 2: Human subjects approval.

Accomplishments:
• The PI obtained local IRB approval on 5 SET 2012.
• The PI obtained approval through USAMRMC on 15 OCT 2012.

SOW 3: Advertisement and subject recruitment.

Accomplishments:
• Starting 1 MAR 2013, recruitment flyers were placed around the Boston metropolitan area. Additionally, emails were sent to Massachusetts’s sport teams at all playing levels including coaches, athletic trainers, and team captains at all major universities and community colleges. Recruitment ads were also placed on internet platforms such as Craigslist and on internet radio stations such as Pandora.
• As of 1 OCT 2013, 51 subjects were screened via phone, of which 19 were deemed eligible for the study and scheduled for an intake assessment session. Of those volunteers, thus far 11 were consented and 10 have completed the study (2 healthy controls; 8 subjects with a history of mild TBI; two weeks post-injury: n=0, 1 month post-injury: n=0, 3 months post-injury: n=1, 6 months post-injury: n=5, 12 months post-injury: n=2). In addition, 4 subjects are scheduled for scanning sessions in the coming weeks.

SOW 4: Data collection.

Accomplishments:
• 10 participants have completed all aspects of the study (2 healthy controls, 0 at two weeks post-injury, 0 at one month post-injury, 1 at three months post-injury, 5 at six months post-injury, 2 at 12 months post-injury), yielding 10 complete data sets of neuroimaging and neuropsychological data.
• Neuroimaging data were transferred to local lab computers and checked for data quality (i.e., visual inspection for acquisition errors). All behavioral data were entered in excel spreadsheets by two different technicians and cross-validated for errors. As an example of the data that are being collected, Figure 1 shows the diffusion tensors (indicative of white matter tracks directionality) for a single subject at 6 months post-injury (axial view). Figure 2 visualizes diffusion tensors of a single subject at 3 months post-injury (coronal view).
Figure 1: Visualization of diffusions tensors of a single subject at 6 months post-injury (axial view)
Preliminary findings:

- The following descriptives illustrate the range of post-injury deficits and cognitive problems present in the current sample. Ten right-handed subjects aged 20 to 26 (mean age: 21.8, SD 1.93; 7 females, 3 males) participated in the study. All subjects with a history of mild TBI were assessed within 3 days of their respective post-injury date. Using the semi-structured Ohio State University TBI Interview, 50% present with multiple mild TBIs. Whereas all but one subject with a history of mild TBI reported good functional recovery from the injury in terms of work, school and social commitments, 37.5% of all subjects self-reported clinically relevant excessive daytime sleepiness on the Epworth Sleepiness Scale (ESS; mean 7.2, SD 4.02, range 2-14); 62.5% reported subjectively reduced sleep quality in the Pittsburgh Sleep Quality Index (PSQI; mean 6.3, SD 5.25, range 0-16); 12.5% presented with clinically minimal depression of the Beck Depression Inventory II (BDI-II, mean 2.1, SD 4.28, range 0-14); and 12.5% self-reported problematic drinking habits in the Alcohol Use Disorder Identification Test (AUDIT; mean 3.0, SD 2.82, range 0-
9).  

• A meaningful analysis of these subjective problems or neuropsychological tests data in relation neuroimaging data is not yet possible due to the small sample size.

Challenges:
• After getting underway with recruitment and running of our first few participants, the MRI scanner had some technical difficulties. We opted to halt further recruitment and data collection until the scanner issues were resolved and we were assured of the quality of the neuroimaging scans. These issues have been resolved and recruitment is once again underway.

KEY RESEARCH ACCOMPLISHMENTS

• Human subject approval was obtained early in the course of the study.  
• Study preparations are completed.  
• Advertisement, study recruitment and data collection started early and are ongoing.  
• Data quality checks are ongoing.  
• 10 complete data sets have been collected, with 4 subjects scheduled to take part in the study. Subjects are assessed within 3 days of their respective post-injury date.

REPORTABLE OUTCOMES

As of 1 OCT 2013, the study sample is yet too small to conduct meaningful statistical analyses. This is particularly true for group comparisons.

CONCLUSION

The study is progressing as planned. Of note, study preparations were completed ahead of schedule, meaning that advertisement, study recruitment, and data collection were started sooner than anticipated. As of 1 OCT 2013, data collection is actively underway but the sample is currently too small to conduct meaningful data analysis of the behavioral data in relation to neuroimaging data or time since injury. At present, the sample descriptive data suggest that our projected sample will be well matched to the published literature in terms of level of functional recovery. However, despite good overall functional recovery, our subjects with a history of TBI present with a wide range of subjective deficits including sleep problems, depression, and problematic alcohol use. Additional data collection is needed to relate these behavioral data to neuroimaging (i.e., diffusion-weighted imaging, resting-state functional connectivity) and time since injury (i.e., comparing the 5 different post-injury intervals and healthy controls). Given the early successes in study preparations and data collection, this study has a high likelihood of yielding conclusions on the relationships between time since injury, subjective problems, and structural and functional brain connectivity.

REFERENCES


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Study Tasks and Assessments

California Verbal Learning Test (CVLT)
Brief Visual Memory Test-Revised (BVMT-R)
Delis-Kaplan Executive Function System (D-KEFS)
Glasgow Outcome Scale – Extended (GOS-E)
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
Automated Neuropsychological Assessment Metrics (ANAM)
Psychomotor Vigilance Test (PVT)
Go/No Go
Connor- Davidson Resilience Scale (CD-RISC)
Beck Depression Inventory (BDI-II)
Snaith Hamilton Pleasure Scale (SHAPS)
State Trait Anxiety Inventory (STAI)
Personality Assessment Inventory (PAI)
Craig Handicap Assessment and Reporting Technique Short Form (CHART-SF)
MINI International Psychiatric Interview (MINI)
Wechsler Abbreviated Scale of Intelligence (WASI II)
TBI Interview
Rivermead Post Concussion Symptoms Questionnaire (RPCSQ)
Satisfaction With Life Scale (SWLS)
Alcohol Use Disorder Identification Test (AUDIT)
Day of Scan Questionnaire
Epworth Sleepiness Scale (ESS)
Pittsburgh Sleep Quality Index (PSQI)
Buss Perry Aggression
A Model for Predicting Cognitive and Emotional Health from Structural and Functional Neurocircuitry following Traumatic Brain Injury

PT110814
W81XWH-12-1-0386
PI: William D. Killgore, Ph.D.  Org: McLean Hospital  Award Amount: $2,272,098

**Study/Product Aim(s)**
- Demonstrate the extent to which structural white matter damage explains abnormalities in cognition and emotion at different recovery stages following mild traumatic brain injury (TBI).
- Demonstrate the extent to which structural white matter damage explains abnormalities in functional connectivity at different recovery stages following mild TBI.
- Determine whether white matter disintegrity could serve as an objective marker for mild TBI.

**Approach**
Cross-sectional study involves comprehensive neuropsychiatric and neuropsychological assessment of 30 healthy controls and 150 individuals with mild TBI, of which 30 each will assessed at 2 weeks, 1 month, 3 months, 6 months, and 12 month post-TBI. All participants undergo diffusion-weighted imaging and resting-state functional connectivity imaging.

The study investigates whether and how white matter damage at 5 different natural recovery stages contributes to functional connectivity, cognition and emotion.

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**Timeline and Cost**

<table>
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<th>CY 14</th>
<th>CY 15</th>
<th>CY 16</th>
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<td>Study preparations</td>
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<td>Data collection</td>
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<td>Data quality check</td>
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<td>$601K</td>
<td>$603K</td>
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Updated: 11 OCT 2013

**Goals/Milestones (Example)**

**CY13 Goal** – Study preparations, human subjects approval, start study recruitment and data collection
- Completed study preparations early, started data collection early

**CY14 Goals** – Data collection, quality checks
- Test approximately 60 subjects per CY

**CY15 Goal** – Data collection
- Test approximately 60 subjects per CY

**CY16 Goal** – Data analysis and dissemination
- Conduct final data analyses and prepare data for publication

**Comments/Challenges/Issues/Concerns**
- MRI scanner repeatedly down, required postponing of study participation of several subjects
- Data collection expected to increase in coming year

**Budget Expenditure to Date**
Projected Expenditure: $531,783
Actual Expenditure: $188,303

Author(s): Dean C. Delis, Joel H. Kramer, Edith Kaplan, Beth A. Ober

Obtain a detailed and comprehensive assessment of verbal learning and memory

At a Glance:
- **Administration:** Standard and Alternate Forms: 30 minutes testing plus 30 minutes of delay. Short Form: 15 minutes testing plus 15 minutes of delay.
- **Software Available:** Yes
- **Qualification level:** C-Level
- **Publication Date:** 2000
- **Ages / Grades:** 16 to 89 years
- **Norms:** Nationally normed on a representative sample
- **Forms:** Short Form, Standard Form, Alternate Form

**Product Summary**

**Overview**
Obtain the most comprehensive and detailed assessment of verbal learning and memory available for older adolescents and adults.

A revision of the classic test of verbal learning and memory, the *California Verbal Learning Test—Second Edition* (CVLT–II) includes:

- More comprehensive information provided by new items
- Flexible administration with new Short and Alternate Forms
- Expanded age range for broader usage
- Correlation with the *Wechsler Abbreviated Scale of Intelligence™* (WASI™) for valuable comparative data
- Technologically advanced scoring system

**More Comprehensive Information**
New items provide more comprehensive information than ever before. Examinees are read a list of words, selected after careful study of their frequency of use across multiple demographic variables, and asked to recall them across a series of trials. In addition to recall and recognition scores, CVLT–II measures encoding strategies, learning rates, error types, and other process data. CVLT–II includes forced-choice items useful for detecting malingering, thereby helping to reduce false results.

**Flexible Administration**
New options provide flexibility in test administration. You can use the Short Form when exam time is limited or when you need less detailed test information. The Short Form is also helpful when examinee fatigue is a concern, or severe memory or cognitive deficits make the Standard or Alternate Forms impractical. The Short Form features lists of nine words in three categories and takes only 15 minutes to administer (plus two delay periods totaling 15 minutes). The new Alternate Form prevents artificially inflated scores when re-testing is necessary. The Standard and Alternate Forms can be administered in 30 minutes, with an additional 30-minute delay.

**Expanded Sample**
Extensive clinical data are available. New norms are available on a national sample of adults selected to represent the U.S. population. Norms are provided for individuals from ages 16 to 89, increasing the use of the new edition.

**Correlated with Wechsler Abbreviated™**
CVLT–II is correlated with the *Wechsler Abbreviated Scale of Intelligence™* (WASI™), providing valuable comparison information about the effect of cognitive ability on verbal learning and memory.

**Technologically Advanced Scoring System**
The CVLT–II Comprehensive Scoring System provides rich information not available through typical hand scoring. The most technologically advanced scoring software yet, it offers multiple scoring options, varying from brief to highly detailed information.

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**Details & Pricing**

**Products**

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**Accessories**

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Approved McLean IRB
2012p001515 08/31/2012 through 08/30/2013
### CVLT–II Record Forms

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### Software

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<td>015-8035-801</td>
<td>Software package, CD-ROM Package</td>
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### Contact Us

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Copyright © 2012 Pearson Education, Inc. or its affiliate(s). All rights reserved.
Validity studies were conducted with patients who had HIV-1 associated cognitive dysfunction, primary progressive dementia, and focal amnesia.

**Brief Visuospatial Memory Test-Revised (BVMT-R™)**  
Ralph H. B. Benedict, PhD, ABCN

**Purpose:** Measure visuospatial memory

**Age range:** 18 to 79 years

**Admin:** Individual

**Admin time:** 45 minutes timed (includes 25-minute delay)

**Scoring time:** 25 minutes

**Qualification level:** C

A measure of visuospatial memory, the BVMT-R can be used as part of a large neuropsychological battery, as a screening measure, and as a repeat measure to document changes over time.

**Designed for easy administration in clinical settings or at the bedside**

- Six equivalent, alternate stimulus forms consist of six geometric figures printed in a 2 x 3 array on separate pages.

- In three Learning Trials, the respondent views the stimulus page for 10 seconds and is asked to draw as many of the figures as possible in their correct location on a page in the response booklet. A Delayed Recall Trial is administered after a 25-minute delay.

Last, a Recognition Trial, in which the respondent is asked to identify which of 12 figures were included among the original geometric figures, is administered.

- An optional Copy Trial may be administered to screen for severe visuoconstructive deficits and to help in scoring recall responses.

- Reliability coefficients range from .96 to .97 for the three Learning trials, .97 for Total Recall, and .97 for Delayed Recall. Test-retest reliability coefficients range from .60 for Trial 1 to .84 for Trial 3. The BVMT-R correlates most strongly with other tests of visual memory and less strongly with tests of verbal memory.

**Note:** Stopwatch is required for administration.

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WW-3607-KT  
**BVMT-R Introductory Kit**  
$336.00

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### Manuals, Books, and Equipment

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<td>WW-3608-TM</td>
<td>BVMT-R Professional Manual</td>
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<td>WW-3609-TC</td>
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### Forms and Booklets

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### Related Products

- **Hopkins Verbal Learning Test–Revised™ (HVLT-R™)**
- **Continuous Visual Memory Test (CVMT)**
- **Hopkins Verbal Learning Test–Revised™/Brief Visuospatial Memory Test–Revised™ Software Portfolio (HVLT-R™/BVMT-R™ SP)**

Click here to send us your comments about this product.
### Glasgow Outcome Scale - Extended

Patient's name: ________________________________  Date of interview: ____________

Date of Birth: ____________  Date of injury ____________  Gender: M / F

Age at injury: ____________  Interval post-injury: ____________

Respondent: Patient alone ___  Relative/ friend/ carer alone ___  Patient + relative/ friend/ carer ___

Interviewer: ________________________________

#### CONSCIOUSNESS

1. Is the head injured person able to obey simple commands, or say any words?  
   - 1 = No (VS)  
   - 2 = Yes

   Anyone who shows ability to obey even simple commands, or utter any word or communicate specifically in any other way is no longer considered to be in the vegetative state. Eye movements are not reliable evidence of meaningful responsiveness. Corroborate with nursing staff. Confirmation of VS requires full assessment as in the Royal College of Physician Guidelines.

#### INDEPENDENCE IN THE HOME

2a Is the assistance of another person at home essential every day for some activities of daily living?  
   - 1 = No  
   - 2 = Yes

   For a ‘No’ answer they should be able to look after themselves at home for 24 hours if necessary, though they need not actually look after themselves. Independence includes the ability to plan for and carry out the following activities: getting washed, putting on clean clothes without prompting, preparing food for themselves, dealing with callers, and handling minor domestic crises. The person should be able to carry out activities without needing prompting or reminding, and should be capable of being left alone overnight.

2b Do they need frequent help or someone to be around at home most of the time?  
   - 1 = No (Upper SD)  
   - 2 = Yes (Lower SD)

   For a ‘No’ answer they should be able to look after themselves at home for up to 8 hours during the day if necessary, though they need not actually look after themselves.

2c Was assistance at home essential before the injury?  
   - 1 = No  
   - 2 = Yes

#### INDEPENDENCE OUTSIDE THE HOME

3a Are they able to shop without assistance?  
   - 1 = No (Upper SD)  
   - 2 = Yes

   This includes being able to plan what to buy, take care of money themselves, and behave appropriately in public. They need not normally shop, but must be able to do so.

4a Are they able to travel locally without assistance?  
   - 1 = No (Upper SD)  
   - 2 = Yes

   They may drive or use public transport to get around. Ability to use a taxi is sufficient, provided the person can phone for it themselves and instruct the driver.
### WORK

5a Are they currently able to work to their previous capacity?  

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<th></th>
<th>1 = No</th>
<th>2 = Yes</th>
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If they were working before, then their current capacity for work should be at the same level. If they were seeking work before, then the injury should not have adversely affected their chances of obtaining work or the level of work for which they are eligible. If the patient was a student before injury then their capacity for study should not have been adversely affected.

5b How restricted are they?  

<table>
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<tr>
<th></th>
<th>1 = a (Upper MD)</th>
<th>2 = b (Lower MD)</th>
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</table>

- a) Reduced work capacity.
- b) Able to work only in a sheltered workshop or non-competitive job, or currently unable to work.

5c Were they either working or seeking employment before the injury (answer 'yes') or were they doing neither (answer 'no')?  

<table>
<thead>
<tr>
<th></th>
<th>1 = No</th>
<th>2 = Yes</th>
</tr>
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### SOCIAL & LEISURE ACTIVITIES

6a Are they able to resume regular social and leisure activities outside home?  

<table>
<thead>
<tr>
<th></th>
<th>1 = No</th>
<th>2 = Yes</th>
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</table>

They need not have resumed all their previous leisure activities, but should not be prevented by physical or mental impairment. If they have stopped the majority of activities because of loss of interest or motivation then this is also considered a disability.

6b What is the extent of restriction on their social and leisure activities?  

<table>
<thead>
<tr>
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<th>1 = a (Lower GR)</th>
<th>2 = b (Upper MD)</th>
<th>3 = c (Lower MD)</th>
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</thead>
</table>

- a) Participate a bit less: at least half as often as before injury.
- b) Participate much less: less than half as often.
- c) Unable to participate: rarely, if ever, take part.

6c Did they engage in regular social and leisure activities outside home before the injury?  

<table>
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<tr>
<th></th>
<th>1 = No</th>
<th>2 = Yes</th>
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### FAMILY & FRIENDSHIPS

7a Have there been psychological problems which have resulted in ongoing family disruption or disruption to friendships?  

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<th>1 = No</th>
<th>2 = Yes</th>
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Typical post-traumatic personality changes: quick temper, irritability, anxiety, insensitivity to others, mood swings, depression, and unreasonable or childish behaviour.

7b What has been the extent of disruption or strain?  

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<tr>
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<th>1 = a (Lower GR)</th>
<th>2 = b (Upper MD)</th>
<th>3 = c (Lower MD)</th>
</tr>
</thead>
</table>

- a) Occasional - less than weekly
- b) Frequent - once a week or more, but tolerable.
- c) Constant - daily and intolerable.

7c Were there problems with family or friends before the injury?  

<table>
<thead>
<tr>
<th></th>
<th>1 = No</th>
<th>2 = Yes</th>
</tr>
</thead>
</table>

If there were some problems before injury, but these have become markedly worse since injury then answer 'No' to Q7c.

### RETURN TO NORMAL LIFE

8a Are there any other current problems relating to the injury which affect daily life?  

<table>
<thead>
<tr>
<th></th>
<th>1 = No (Upper GR)</th>
<th>2 = Yes (Lower GR)</th>
</tr>
</thead>
</table>

Other typical problems reported after head injury: headaches, dizziness, tiredness, sensitivity to noise or light, slowness, memory failures, and concentration problems.

8b Were similar problems present before the injury?  

<table>
<thead>
<tr>
<th></th>
<th>1 = No</th>
<th>2 = Yes</th>
</tr>
</thead>
</table>

If there were some problems before injury, but these have become markedly worse since injury then answer 'No' to Q8b.
STRUCTURED INTERVIEWS FOR THE GOS AND GOSE

Epilepsy:
Since the injury has the head injured person had any epileptic fits? No / Yes
Have they been told that they are currently at risk of developing epilepsy? No / Yes

What is the most important factor in outcome?
Effects of head injury ___ Effects of illness or injury to another part of the body ___ A mixture of these ___

Scoring: The patient’s overall rating is based on the lowest outcome category indicated on the scale. Refer to Guidelines for further information concerning administration and scoring.

<table>
<thead>
<tr>
<th>Rank</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Dead</td>
</tr>
<tr>
<td>2</td>
<td>Vegetative State (VS)</td>
</tr>
<tr>
<td>3</td>
<td>Lower Severe Disability (Lower SD)</td>
</tr>
<tr>
<td>4</td>
<td>Upper Severe Disability (Upper SD)</td>
</tr>
<tr>
<td>5</td>
<td>Lower Moderate Disability (Lower MD)</td>
</tr>
<tr>
<td>6</td>
<td>Upper Moderate Disability (Upper MD)</td>
</tr>
<tr>
<td>7</td>
<td>Lower Good Recovery (Lower GR)</td>
</tr>
<tr>
<td>8</td>
<td>Upper Good Recovery (Upper GR)</td>
</tr>
</tbody>
</table>

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Record Form A

Name ________________________ Age ____ Sex ____ Education Level ____________

Examiner ______________________ Date of Testing ____________ Ethnicity ____________

Observations: __________________

<table>
<thead>
<tr>
<th>Immediate Memory</th>
<th>Visuospatial/Constructional</th>
<th>Language</th>
<th>Attention</th>
<th>Delayed Memory</th>
<th>Total Scale</th>
</tr>
</thead>
<tbody>
<tr>
<td>Index Score</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Confidence Interval</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Percentile</td>
<td></td>
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</tr>
<tr>
<td>Index Score</td>
<td></td>
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<tr>
<td>160</td>
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<tr>
<td>155</td>
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<td>150</td>
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<td>145</td>
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<tr>
<td>140</td>
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<td>135</td>
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<td>130</td>
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<td>125</td>
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<td>120</td>
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<td>115</td>
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<td>110</td>
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<td>105</td>
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<td>100</td>
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<td>95</td>
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<td>90</td>
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<td>85</td>
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<td>80</td>
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<tr>
<td>75</td>
<td></td>
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<tr>
<td>70</td>
<td></td>
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<tr>
<td>65</td>
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<tr>
<td>60</td>
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<td>55</td>
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<td>50</td>
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<tr>
<td>45</td>
<td></td>
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</tr>
<tr>
<td>40</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

Percentile Rank: >99.9, >99.9, >99.9, 99.9, 99.6, 99, 98, 95, 91, 84, 75, 63, 50, 37, 25, 16, 9, 5, 2, 1, 0.4, 0.1, <0.1, <0.1, <0.1

Total Scale Index Score: 160, 155, 150, 145, 140, 135, 130, 125, 120, 115, 110, 105, 100, 95, 90, 85, 80, 75, 70, 65, 60, 55, 50, 45, 40
## List Learning

**Trial 1**
Say *I am going to read you a list of words. I want you to listen carefully and, when I finish, repeat back as many words as you can. You don't have to say them in the same order that I do—just repeat back as many words as you can remember, in any order. Okay?*

**Trials 2–4**
Say *I am going to read the list again. When I finish, repeat back as many words as you can, even if you have already said them before. Okay?*

Record responses in order.
Scoring: 1 point for each word correctly recalled on each trial.

<table>
<thead>
<tr>
<th>List</th>
<th>Trial 1</th>
<th>Trial 2</th>
<th>Trial 3</th>
<th>Trial 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Market</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Package</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Elbow</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Apple</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Story</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Carpet</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bubble</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Highway</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Saddle</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Powder</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Number Correct</th>
<th>Total Trial 1</th>
<th>Total Trial 2</th>
<th>Total Trial 3</th>
<th>Total Trial 4</th>
<th>Total Score Range=0–40</th>
</tr>
</thead>
</table>

Approved McLean IRB
2012p001515 08/31/2012 through 08/30/2013
# Story Memory

**Trial 1**
- Say *I am going to read you a short story. I'd like you to listen carefully and, when I finish, repeat back as much of the story as you can remember. Try and use the same wording, if you can. Okay?*
- Read the story below, then say *Now repeat back as much of that story as you can.*

**Trial 2**
- Say *I am going to read that same story again. When I finish, I want you to again repeat back as much of the story as you can remember. Try to repeat it as exactly as you can.*
- Read the story below, then say *Now repeat back as much of that story as you can.*

**Scoring:** 1 point for verbatim recall of bold, italic words or alternatives, shown below in color within parentheses. Record intrusions or variations in the Responses column.

<table>
<thead>
<tr>
<th>Story</th>
<th>Responses</th>
<th>Trial 1 Score (0 or 1)</th>
<th>Trial 2 Score (0 or 1)</th>
<th>Item Score (0-2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. On <strong>Tuesday,</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. <strong>May</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. <strong>Fourth,</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. in <strong>Cleveland, Ohio,</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. a <strong>3 alarm</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. <strong>fire</strong> broke out.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. <strong>Two</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. <strong>hotels</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. and a <strong>restaurant</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. were <strong>destroyed</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. before the <strong>firefighters (firemen)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. were able to <strong>extinguish it (put it out).</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total Score (Trial 1 + Trial 2)**
Range=0–24
Fold this page back and present the Figure Copy Drawing Page along with the stimulus. Ask the examinee to make an exact copy of the figure. Tell the examinee that he or she is being timed, but that the score is based only on the exactness of his or her copy.

Scoring: 1 point for correctness and completeness (drawing), and 1 point for proper placement. See Appendix 1 in Stimulus Booklet A for complete scoring criteria and scoring examples.

<table>
<thead>
<tr>
<th>Item</th>
<th>Drawing (0 or 1)</th>
<th>Placement (0 or 1)</th>
<th>Score (0, 1, or 2)</th>
<th>Scoring Criteria</th>
</tr>
</thead>
</table>
| 1. rectangle |                  |                   |                   | **Drawing:** lines are unbroken and straight; angles 90 degrees; top/bottom lines 25% longer than sides  
**Placement:** not rotated more than 15 degrees                                                |
| 2. diagonal cross |               |                   |                   | **Drawing:** lines are unbroken and straight and should approximately bisect each other  
**Placement:** ends of lines should meet corners of the rectangle without significant overlap or measurable distance between the ends of the lines and the corners |
| 3. horizontal line |               |                   |                   | **Drawing:** line is unbroken and straight; should not exceed 1/2 the length of the rectangle  
**Placement:** should bisect left side of the rectangle at approximately a right angle and intersect the diagonal cross                                     |
| 4. circle |                 |                   |                   | **Drawing:** round, unbroken and closed; diameter should be approximately 1/4–1/3 height of rectangle  
**Placement:** placed in appropriate segment; not touching any other part of figure                        |
| 5. 3 small circles |               |                   |                   | **Drawing:** round, unbroken and closed; equal size; triangular arrangement; not touching each other  
**Placement:** in appropriate segment; not touching figure; triangle formed not rotated more than 15 degrees | |
| 6. square |                  |                   |                   | **Drawing:** must be closed; 90 degree angles; lines straight and unbroken; height is 1/4–1/3 height of rectangle  
**Placement:** in appropriate segment; not touching any other part of figure; not rotated more than 15 degrees |
| 7. curving line |                  |                   |                   | **Drawing:** 2 curved segments are approximately equal in length and symmetrical; correct direction of curves  
**Placement:** ends of line touch diagonal; do not touch corner of rectangle or intersection of diagonal lines |
| 8. outside cross |                 |                   |                   | **Drawing:** vertical line of the outside cross is parallel to side of rectangle; >1/2 the height of rectangle; horizontal line crosses vertical at 90 degree angle and is between 20–50% of length of vertical line  
**Placement:** horizontal line of outside cross touches rectangle higher than 2/3 the height of rectangle, but below top; does not penetrate the rectangle |
| 9. triangle |                  |                   |                   | **Drawing:** angle formed by 2 sides of triangle is between 60–100 degrees; sides are straight, unbroken and meet in a point; distance on vertical side of rectangle subsumed by triangle is approximately 50% of the height of vertical side  
**Placement:** roughly centered on the left vertical side of the rectangle |
| 10. arrow |                  |                   |                   | **Drawing:** straight and unbroken; lines forming arrow are approximately equal in length and not more than 1/3 length of staff  
**Placement:** must protrude from appropriate corner of rectangle such that staff appears to be continuation of diagonal cross |
### 4 Line Orientation

Present the sample item, and say *These two lines down here (indicate) match two of the lines on top. Can you tell me the numbers, or point to the lines that they match?* Correct any errors and make sure the examinee understands the task. Continue with Items 1–10.

**Scoring:** 1 point for each line correctly identified.

<table>
<thead>
<tr>
<th>Item</th>
<th>Responses</th>
<th>Correct Responses</th>
<th>Score (0, 1, or 2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample</td>
<td></td>
<td>1, 7</td>
<td></td>
</tr>
<tr>
<td>1.</td>
<td></td>
<td>10, 12</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td>4, 11</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td>6, 9</td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td>8, 13</td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td></td>
<td>2, 4</td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td></td>
<td></td>
<td>1, 6</td>
</tr>
<tr>
<td>7.</td>
<td></td>
<td></td>
<td>3, 10</td>
</tr>
<tr>
<td>8.</td>
<td></td>
<td></td>
<td>5, 8</td>
</tr>
<tr>
<td>9.</td>
<td></td>
<td></td>
<td>1, 3</td>
</tr>
<tr>
<td>10.</td>
<td></td>
<td></td>
<td>11, 13</td>
</tr>
</tbody>
</table>

**Total Score**

**Range=0–20**

### 5 Picture Naming

Ask the examinee to name each picture. Give the semantic cue only if the picture is obviously misperceived.

**Scoring:** 1 point for each item that is correctly named spontaneously or following semantic cue.

<table>
<thead>
<tr>
<th>Item</th>
<th>Semantic Cue</th>
<th>Correct Responses</th>
<th>Score (0 or 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. chair</td>
<td>a piece of furniture</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. pencil</td>
<td>used for writing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. well</td>
<td>you get water from it</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. giraffe</td>
<td>an animal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. sailboat</td>
<td>used on the water (if “boat,” query “what kind”)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. cannon</td>
<td>a weapon, used in war</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. pliers</td>
<td>a tool</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. trumpet</td>
<td>a musical instrument (“cornet” okay)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. clothespin</td>
<td>used to hold laundry on a line</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. kite</td>
<td>it's flown in the air</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total Score**

**Range=0–10**
### Semantic Fluency

**Say**  *Now I'd like you to tell me the names of all of the different kinds of fruits and vegetables that you can think of. I'll give you one minute to come up with as many as you can. Ready?*

**Scoring:** 1 point for each correct response.

1. 
2. 
3. 
4. 
5. 
6. 
7. 
8. 
9. 
10. 
11. 
12. 
13. 
14. 
15. 
16. 
17. 
18. 
19. 
20. 
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32. 
33. 
34. 
35. 
36. 
37. 
38. 
39. 
40. 

**Total Score**

*Range=0–40*

### Digit Span

**Say**  *I am going to say some numbers, and I want you to repeat them after me. Okay?*

*Read the numbers at the rate of 1 per second. Only read the second string in each set if the first string was failed. Discontinue after failure of both strings in any set.*

**Scoring:** 2 points for the first string correct, 1 point for the second string correct, and 0 points for both strings failed.

<table>
<thead>
<tr>
<th>Item</th>
<th>First String</th>
<th>String Score (0 or 2)</th>
<th>Second String</th>
<th>String Score (0 or 1)</th>
<th>Item Score (0–2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>4–9</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td>8–3–5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td>7–2–4–6</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td>5–3–9–2–4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td>6–4–2–9–3–5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td>2–8–5–1–9–3–7</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7.</td>
<td>8–3–7–9–5–2–4–1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8.</td>
<td>1–5–9–2–3–8–7–4–6</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total Score**

*Range=0–16*
8 Coding

Say *Look at these boxes* (indicate key). *For each one of these marks there is a number that goes with it. Down here there are marks, but no numbers. I want you to fill in the number that goes with each mark.*

Demonstrate the first three. Say *Now I would like you to fill in the rest of these boxes up to the double lines* (indicate) *for practice.* Correct any errors as they are made. Make sure that the examinee understands the task and has correctly completed the sample items before you begin timing.

Say *Now I would like you to continue to fill in the numbers that match the marks. Go as quickly as you can without skipping any. When you reach the end of the line, go on to the next one. Ready? Go ahead.*

Redirect the examinee to the task if he or she becomes distracted. If the examinee is unable to comprehend the task, the subtest score is 0.

Scoring: 1 point for each item correctly coded within 90 seconds (do not score the sample items).

Note: Familiarize yourself with these instructions before administering this subtest.

Total Score
Range=0-89
**9 List Recall**

Say *Do you remember the list of words that I read to you in the beginning? Tell me as many of those words as you can remember now.*

Scoring: 1 point for each word correctly recalled.

<table>
<thead>
<tr>
<th>List (Do not read)</th>
<th>Response</th>
<th>Score (0 or 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Market</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Package</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Elbow</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Apple</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Story</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Carpet</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bubble</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Highway</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Saddle</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Powder</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Score
Range=0–10

---

**10 List Recognition**

Say *I'm going to read you some words. Some of these words were on that list, and some of them weren't. I want you to tell me which words were on the list.* For each word, ask *Was ________ on the list?*

Scoring: 1 point for each word correctly identified. Circle the letter corresponding to examinee's response (y = yes, n = no); bold, capitalized (Y, N) letter indicates correct response.

<table>
<thead>
<tr>
<th>List</th>
<th>Circle One</th>
<th>List</th>
<th>Circle One</th>
<th>List</th>
<th>Circle One</th>
<th>List</th>
<th>Circle One</th>
</tr>
</thead>
<tbody>
<tr>
<td>honey</td>
<td>y</td>
<td>7. velvet</td>
<td>Y</td>
<td>12. prairie</td>
<td>y</td>
<td>17. Powder</td>
<td>Y</td>
</tr>
<tr>
<td>fabric</td>
<td>y</td>
<td>10. Elbow</td>
<td>Y</td>
<td>15. student</td>
<td>y</td>
<td>20. meadow</td>
<td>y</td>
</tr>
</tbody>
</table>

Total Score
Range=0–20
## Story Recall

Say: *Do you remember that story about a fire that I read to you earlier? Tell me as many details from the story as you can remember now.*

Scoring: 1 point for each verbatim recall of bold, italic words or alternatives, shown below in color within parentheses. Record intrusions or variations in the Responses column.

<table>
<thead>
<tr>
<th>Story (Do not read.)</th>
<th>Responses</th>
<th>Item Score (0 or 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. On Tuesday,</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. <em>May</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. <em>Fourth,</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. in <em>Cleveland</em>, Ohio,</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. <em>a 3 alarm</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. <em>fire</em> broke out.*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. <em>Two</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. <em>hotels</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. and a <em>restaurant</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. <em>were destroyed</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. before the <em>firefighters (firemen)</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. <em>were able to extinguish it (put it out).</em></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Score
Range=0–12
Figure Recall

Say  *Do you remember that figure that I had you copy? I want you to draw as much of it as you can remember now. If you remember a part, but you’re not sure where it goes, put it anywhere. Try to draw as much of it as you can.*

Now, present the Figure Recall Drawing Page.

Scoring: 1 point for correctness and completeness (drawing), and 1 point for proper placement. See Appendix 1 in Stimulus Booklet A for complete scoring criteria and scoring examples.

<table>
<thead>
<tr>
<th>Item</th>
<th>Drawing (0 or 1)</th>
<th>Placement (0 or 1)</th>
<th>Score (0, 1, or 2)</th>
<th>Scoring Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. rectangle</td>
<td></td>
<td></td>
<td></td>
<td>Drawing: lines are unbroken and straight; angles 90 degrees; top/bottom lines 25% longer than sides</td>
</tr>
<tr>
<td>2. diagonal cross</td>
<td></td>
<td></td>
<td></td>
<td>Placement: not rotated more than 15 degrees</td>
</tr>
<tr>
<td>3. horizontal line</td>
<td></td>
<td></td>
<td></td>
<td>Drawing: lines are unbroken and straight and should approximately bisect each other</td>
</tr>
<tr>
<td>4. circle</td>
<td></td>
<td></td>
<td></td>
<td>Placement: ends of lines should meet corners of the rectangle without significant overlap or measurable distance between the ends of the lines and the corners</td>
</tr>
<tr>
<td>5. 3 small circles</td>
<td></td>
<td></td>
<td></td>
<td>Drawing: lines are unbroken and straight and should approximately bisect each other</td>
</tr>
<tr>
<td>6. square</td>
<td></td>
<td></td>
<td></td>
<td>Placement: should bisect left side of the rectangle at approximately a right angle and intersect the diagonal cross</td>
</tr>
<tr>
<td>7. curving line</td>
<td></td>
<td></td>
<td></td>
<td>Drawing: round, unbroken and closed; diameter should be approximately 1/4–1/3 height of rectangle</td>
</tr>
<tr>
<td>8. outside cross</td>
<td></td>
<td></td>
<td></td>
<td>Placement: placed in appropriate segment; not touching any other part of figure</td>
</tr>
<tr>
<td>9. triangle</td>
<td></td>
<td></td>
<td></td>
<td>Drawing: round, unbroken and closed; equal size; triangular arrangement; not touching each other</td>
</tr>
<tr>
<td>10. arrow</td>
<td></td>
<td></td>
<td></td>
<td>Placement: in appropriate segment; not touching figure; triangle formed not rotated more than 15 degrees</td>
</tr>
</tbody>
</table>

Figure Recall Criteria

(Fold back for use.)

Total Score: Range = 0–20
ANAM4™

Automated Neuropsychological Assessment Metrics

Quick Start Guide
Psychomotor Vigilance Test

Press the spacebar every time an “x” appears on the screen.
Go/No-Go Task

Go

Go

Go

No Go
CD-RISC

Subject: ____________________  Date: ____________________  Time: __________

Think about how you have been feeling over the past month. Using the scale below, please rate each of the following statements for how well they describe you DURING THE PAST MONTH.

<table>
<thead>
<tr>
<th>Rating</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>True nearly all the time</td>
</tr>
<tr>
<td>3</td>
<td>Often true</td>
</tr>
<tr>
<td>2</td>
<td>Sometimes true</td>
</tr>
<tr>
<td>1</td>
<td>Rarely true</td>
</tr>
<tr>
<td>0</td>
<td>Not true at all</td>
</tr>
</tbody>
</table>

1. _____ Able to adapt to change
2. _____ Close and secure relationships
3. _____ Sometimes fate or God can help
4. _____ Can deal with whatever comes
5. _____ Past success gives confidence for new challenge
6. _____ See the humorous side of things
7. _____ Coping with stress strengthens
8. _____ Tend to bounce back after illness or hardship
9. _____ Things happen for a reason
10. _____ Best effort no matter what
11. _____ You can achieve your goals
12. _____ When things look hopeless, I don’t give up
13. _____ Know where to turn for help
14. _____ Under pressure, focus and think clearly
15. _____ Prefer to take the lead in problem solving
16. _____ Not easily discouraged by failure
17. _____ Think of self as strong person
18. _____ Make unpopular or difficult decisions
19. _____ Can handle unpleasant feelings
20. _____ Have to act on a hunch
21. _____ Strong sense of purpose
22. _____ In control of your life
23. _____ I like challenges
24. _____ You work to attain your goals
25. _____ Pride in your achievements

Approved McLean IRB
2012p001515 08/31/2012 through 08/30/2013
Participant #:____________
Date:____________

**BDI - II**

This questionnaire consists of 21 groups of statements. Please read each group of statements carefully, and then pick out the **ONE STATEMENT** in each group that best describes the way you have been feeling during the **PAST TWO WEEKS, INCLUDING TODAY**. Circle the number beside the statement you have picked. If several statements in the group seem to apply equally well, circle the highest number for that group. Be sure that you do not choose more than one statement for any group, including Item 16 (Changes in sleeping pattern) or Item 18 (Changes in Appetite).
1. Sadness
   0 I do not feel sad.
   1 I feel sad much of the time.
   2 I am sad all the time
   3 I am so sad or unhappy that I can't stand it.

2. Pessimism
   0 I am not discouraged about my future.
   1 I feel more discouraged about my future than I used to be.
   2 I do not expect things to work out for me.
   3 I feel that my future is hopeless and will only get worse.

3. Past Failure
   0 I do not feel like a failure.
   1 I have failed more than I should have.
   2 As I look back, I see a lot of failures.
   3 I feel I am a total failure as a person.

4. Loss of Pleasure
   0 I get as much pleasure as I ever did from the things I enjoy.
   1 I don't enjoy things as much as I used to.
   2 I get very little pleasure from the things I used to enjoy.
   3 I can't get any pleasure from the things I used to enjoy.

5. Guilty Feelings
   0 I don't feel particularly guilty.
   1 I feel guilty over many things I have done or should have done.
   2 I feel quite guilty most of the time.
   3 I feel guilty all of the time.
6. Punishment Feelings
   0  I don't feel I am being punished.
   1  I feel I may be punished.
   2  I expect to be punished.
   3  I feel I am being punished.

7. Self-Dislike
   0  I feel the same about myself as ever.
   1  I have lost confidence in myself.
   2  I am disappointed in myself.
   3  I dislike myself.

8. Self-Criticalness
   0  I don't criticize or blame myself more than usual.
   1  I am more critical of myself than I used to be.
   2  I criticize myself for all of my faults.
   3  I blame myself for everything bad that happens.

9. Suicidal Thoughts or Wishes
   0  I don't have any thoughts of killing myself.
   1  I have thoughts of killing myself, but I would not carry them out.
   2  I would like to kill myself.
   3  I would kill myself if I had the chance.

10. Crying
    0  I don't cry any more than I used to.
    1  I cry more than I used to
    2  I cry over every little thing.
    3  I feel like crying, but I can't.
11. Agitation
0  I am no more restless or wound up than usual.
1  I feel more restless or wound up than usual.
2  I am so restless or agitated that it's hard to stay still.
3  I am so restless or agitated that I have to keep moving or doing something.

12. Loss of Interest
0  I have not lost interest in other people or activities
1  I am less interested in other people or things than before.
2  I have lost most of my interest in other people or things
3  It's hard to get interested in anything.

13. Indecisiveness
0  I make decisions about as well as ever.
1  I find it more difficult to make decisions than usual.
2  I have much greater difficulty in making decisions than I used to.
3  I have trouble making any decisions.

14. Worthlessness
0  I don't feel I am worthless.
1  I do not consider myself as worthwhile and useful as I used to.
2  I feel more worthless as compared to other people.
3  I feel utterly worthless.

15. Loss of Energy
0  I have as much energy as ever.
1  I have less energy than I used to have.
2  I don't have enough energy to do very much.
3  I don't have enough energy to do anything.
16. Changes in Sleeping Pattern  
0   I have not experienced any change in my sleeping pattern.  
--------------------------------------  
1a   I sleep somewhat more than usual.  
1b   I sleep somewhat less than usual.  
--------------------------------------  
2a   I sleep a lot more than usual.  
2b   I sleep a lot less than usual.  
--------------------------------------  
3a   I sleep most of the day.  
3b   I wake up 1-2 hours early and can't get back to sleep. 

17. Irritability  
0   I am no more irritable than usual.  
1   I am more irritable than usual.  
2   I am much more irritable than usual.  
3   I am irritable all the time.  

18. Changes in Appetite  
0   I have not experienced any change in my appetite  
--------------------------------------  
1a   My appetite is somewhat less than usual.  
1b   My appetite is somewhat greater than usual.  
--------------------------------------  
2a   My appetite is much less than before.  
2b   My appetite is much greater than usual.  
--------------------------------------  
3a   I have no appetite at all.  
3b   I crave food all the time.  

19. Concentration Difficulty  
0   I can concentrate as well as ever.  
1   I can't concentrate as well as usual.  
2   It's hard to keep my mind on anything for very long.  
3   I find I can't concentrate on anything.
20. **Tiredness or Fatigue**

0. I am no more tired or fatigued than usual.

1. I get more tired or fatigued more easily than usual.

2. I am too tired or fatigued to do a lot of the things I used to do.

3. I am too tired or fatigued to do most of the things I used to do.

21. **Loss of interest in Sex**

0. I have not noticed any recent change in my interest in sex.

1. I am less interested in sex than I used to be.

2. I am much less interested in sex now.

3. I have lost interest in sex completely.
**Snaith-Hamilton Pleasure Scale**

This questionnaire is designed to measure your ability to experience pleasure in the last few days. It is important to read each statement very carefully. Circle the answer that corresponds to how much you agree or disagree with each statement.

1. I would enjoy my favorite television or radio program. .................Strongly Disagree
   | Disagree | Agree | Strongly Agree
2. I would enjoy being with my family or close friends. ..............Definitely Agree
   | Agree | Disagree | Strongly Disagree
3. I would find pleasure in my hobbies and past-times. .................Strongly Disagree
   | Disagree | Agree | Strongly Agree
4. I would be able to enjoy my favorite meal. .........................Definitely Agree
   | Agree | Disagree | Strongly Disagree
5. I would enjoy a warm bath or refreshing shower. .....................Definitely Agree
   | Agree | Disagree | Strongly Disagree
6. I would find pleasure in the scent of flowers or the smell of a fresh sea breeze or freshly baked bread. ..................Strongly Disagree
   | Disagree | Agree | Strongly Agree
7. I would enjoy seeing other people’s smiling faces. .................Definitely Agree
   | Agree | Disagree | Strongly Disagree
8. I would enjoy looking smart when I have made an effort with my appearance. ..........................................................Strongly Disagree
   | Disagree | Agree | Strongly Agree
9. I would enjoy reading a book, magazine, or newspaper. ..............Definitely Agree
   | Agree | Disagree | Strongly Disagree
10. I would enjoy a cup of tea or coffee or my favorite drink. ..........Strongly Disagree
    | Disagree | Agree | Strongly Agree
11. I would find pleasure in small things, e.g. bright sunny day, a telephone call from a friend. ..........................................................Strongly Disagree
    | Disagree | Agree | Strongly Agree
12. I would be able to enjoy a beautiful landscape or view. ..............Definitely Agree
    | Agree | Disagree | Strongly Disagree
13. I would get pleasure from helping others. ................................Strongly Disagree
    | Disagree | Agree | Strongly Agree
14. I would feel pleasure when I receive praise from other people. ....Definitely Agree
    | Agree | Disagree | Strongly Disagree
DIRECTIONS: A number of statements which people have used to describe themselves are given below. Read each statement and then circle the appropriate number to the right of the statement to indicate how you feel right now, THAT IS, at this moment.

There are no right or wrong answers. Do not spend too much time on any one statement but give the answer which seems to describe your present feelings best.

1. I feel calm. ........................................ 1  2  3  4
2. I feel secure. ........................................ 1  2  3  4
3. I am tense ........................................... 1  2  3  4
4. I feel regretful ...................................... 1  2  3  4
5. I feel at ease ........................................ 1  2  3  4
6. I feel upset .......................................... 1  2  3  4
7. I am presently worrying over possible misfortunes ........................................ 1  2  3  4
8. I feel rested ......................................... 1  2  3  4
9. I feel anxious ....................................... 1  2  3  4
10. I feel comfortable ................................. 1  2  3  4
11. I feel self-confident .............................. 1  2  3  4
12. I feel nervous ...................................... 1  2  3  4
13. I am jittery ......................................... 1  2  3  4
14. I feel "high strung" ............................... 1  2  3  4
15. I am relaxed ....................................... 1  2  3  4
16. I feel content ...................................... 1  2  3  4
17. I am worried ...................................... 1  2  3  4
18. I feel over-excited and "rattled" .................. 1  2  3  4
19. I feel joyful ...................................... 1  2  3  4
20. I feel pleasant .................................... 1  2  3  4
STAI Form T

NAME ___________________________ DATE ________________

RECTIONS: A number of statements which people have used to describe themselves are given below. Read each statement and then circle the appropriate number to the right of the statement to indicate how you generally feel.

Do not spend too much time on any one statement but give the answer which seems to describe how you generally feel.

21. I feel pleasant. ......................... 1 2 3 4
22. I tire quickly ............................. 1 2 3 4
23. I feel like crying ....................... 1 2 3 4
24. I wish I could be as happy as others seem to be . .... 1 2 3 4
25. I am losing out on things because I can't make up my mind soon enough . .......... 1 2 3 4
26. I feel rested. ............................ 1 2 3 4
27. I am "calm, cool, and collected" .... 1 2 3 4
28. I feel that difficulties are piling up so that I cannot overcome them .......... 1 2 3 4
29. I worry too much over something that really doesn't matter ......................... 1 2 3 4
30. I am happy .............................. 1 2 3 4
31. I am inclined to take things hard ........................................ 1 2 3 4
32. I lack self-confidence .................. 1 2 3 4
33. I feel secure ............................. 1 2 3 4
34. I try to avoid facing a crises or difficulty .......... 1 2 3 4
35. I feel blue ................................ 1 2 3 4
36. I am content ............................ 1 2 3 4
37. Some unimportant thought runs through my mind and bothers me ............... 1 2 3 4
38. I take disappointments so keenly that I can't put them out of my mind .......... 1 2 3 4
39. I am a steady person ................... 1 2 3 4
40. I get in a state of tension or turmoil as I think over my recent concerns and interests .......... 1 2 3 4
Personality Assessment Inventory™ (PAI®)
Leslie C. Morey, PhD

**Purpose:** 22 nonoverlapping full scales provide a comprehensive assessment of adult psychopathology in ages 18 years and older

**Age Range:** Adult, Elder Adult

**Admin:** Individual or group

**Time:** 50-60 minutes to administer; 15-20 minutes to score

**Qualification:** C

**Sample Reports:** N/A

**Related Products:**
- PAI® Professional Report Service
- PAI® Software Portfolio
- Personality Assessment Inventory™-Adolescent

Revised and updated materials help increase the accuracy of personality assessment.

With its newly revised Professional Manual, Profile Form Adults-Revised, and Critical Items Form-Revised, the PAI® continues to raise the standard for the assessment of adult psychopathology. This objective inventory of adult personality assesses psychopathological syndromes and provides information relevant for clinical diagnosis, treatment planning, and screening for psychopathology. Since its introduction, the PAI has been heralded as one of the most important innovations in the field of clinical assessment.

**PAI® Scales and Subscales**

The 344 PAI items constitute 22 nonoverlapping scales covering the constructs most relevant to a broad-based assessment of mental disorders: 4 validity scales, 11 clinical scales, 5 treatment scales, and 2 interpersonal scales. To facilitate interpretation and to cover the full range of complex clinical constructs, 10 scales contain conceptually derived subscales.

The PAI Clinical scales were developed to provide information about critical diagnostic features of 11 important clinical constructs. These 11 scales may be divided into three broad classes of disorders: those within the neurotic spectrum, those within the psychotic spectrum, and those associated with behavior disorder or impulse control problems.

The Treatment scales were developed to provide indicators of potential complications in treatment that would not necessarily be apparent from diagnostic information. These five scales include two indicators of potential for harm to self or others, two measures of the respondent's environmental circumstances, and one indicator of the respondent's motivation for treatment.

The Interpersonal scales were developed to provide an assessment of the respondent's interpersonal style along two dimensions: a warmly affiliative versus a cold rejecting style, and a dominating/controlling versus a meekly submissive style. These axes provide a useful way of conceptualizing many different mental disorders: persons at the extremes of these dimensions may present with a variety of disorders. A number of studies provide evidence that diagnostic groups differ on these dimensions.

The PAI includes a Borderline Features scale and an Antisocial Features scale. Both of these scales specifically assess character pathology. The Borderline Features scale is the only PAI scale that has four subscales, reflecting the factorial complexity of the construct. The Antisocial Features scale includes a total of three facets: one assessing antisocial behaviors, and the other two assessing antisocial traits.

Customer Comments:

"The speed with which you fill your orders is to be commended! This is very helpful for your customers. Thank you!"

Laura Liljequist, PhD
Murray, KY
Rating Form

WHAT ASSISTANCE DO YOU NEED?

People with disabilities often need assistance. We would like to differentiate between personal care for physical disabilities and supervision for cognitive problems. First, focus on physical "hands on" assistance. This includes help with eating, grooming, bathing, dressing, management of a ventilator or other equipment, transfers etc. Keeping in mind these daily activities...

1. How many hours in a typical 24-hour day do you have someone with you to provide physical assistance for personal care activities such as eating, bathing, dressing, toileting and mobility?

   _______ hours paid assistance
   _______ hours unpaid (family, others)

Now, focus on supervision for cognitive problems instead of physical assistance. This includes remembering, decision making, judgment, etc..

2. How much time is someone with you in your home to assist you with activities that require remembering, decision making, or judgment?

   [1] _____ Someone else is always with me to observe or supervise.
   [2] _____ Someone else is always around, but they only check on me now and then.
   [3] _____ Sometimes I am left alone for an hour or two.
   [4] _____ Sometimes I am left alone for most of the day
   [5] _____ I have been left alone all day and all night, but someone checks in on me.
   [6] _____ I am left alone without anyone checking on me.

3. How much of the time is someone with you to help you with remembering, decision making, or judgment when you go away from your home?

   [1] _____ I am restricted from leaving, even with someone else.
   [2] _____ Someone is always with me to help with remembering, decision making or judgment when I go anywhere.
   [3] _____ I go to places on my own as long as they are familiar.

Now, I have a series of questions about your typical activities.

ARE YOU UP AND ABOUT REGULARLY?

4. On a typical day, how many hours are you out of bed? _____ hours

5. In a typical week, how many days do you get out of your house and go somewhere? ____ days

6. In the last year, how many nights have you spent away from your home (excluding hospitalizations?)

   [0]_______ none    [1]_______ 1-2    [3]_______ 3-4    [5]_______ 5 or more

HOW DO YOU SPEND YOUR TIME?

7. How many hours per week do you spend working in a job for which you get paid? hours _______

   (occupation: ____________________________)

8. How many hours per week do you spend in school working toward a degree or in an accredited technical training program (including hours in class and studying)? _______ Hours

9. How many hours per week do you spend in active homemaking including parenting, housekeeping, and food preparation? _______ Hours
10. How many hours per week do you spend in home maintenance activities such as gardening, house repairs or home improvement? _________ Hours

11. How many hours per week do you spend in recreational activities such as sports, exercise, playing cards, or going to movies? Please do not include time spent watching TV or listening to the radio. _______ Hours

**WITH WHOM DO YOU SPEND TIME?**

12. How many people do you live with? ____

13. Is one of them your spouse or significant other? [1] Yes [0] No [9] Not applicable (subject lives alone)

14. Of the people you live with how many are relatives? ____

15. How many business or organizational associates do you visit, phone, or write to at least once a month? _________ associates

16. How many friends (non-relatives contacted outside business or organizational settings) do you visit, phone, or write to at least once a month? _________ friends

17. With how many strangers have you initiated a conversation in the last month (for example, to ask information or place an order)?

[0] ____ none [1]____ 1-2 [3]____ 3-5 [6]____ 6 or more

**WHAT FINANCIAL RESOURCES DO YOU HAVE?**

18. Approximately what was the combined annual income, in the last year, of all family members in your household? (consider all sources including wages and earnings, disability benefits, pensions and retirement income, income from court settlements, investments and trust funds, child support and alimony, contributions from relatives, and any other source.)

   a. Less than 25,000 - If no ask e; if yes ask b
   b. Less than 20,000 - If no code 22500; if yes ask c
   c. Less than 15,000 - If no code 17500; if yes ask d
   d. Less than 10,000 - If no code 12500; if yes code 5000
   e. Less than 35,000 - If no ask f; if yes code 30000
   f. Less than 50,000 - If no ask g; if yes code 42500
   g. Less than 75,000 - If no code h; if yes code 62500
   h. 75,000 or more code 80000

19. Approximately how much did you pay last year for medical care expenses? (Consider any amounts paid by yourself or the family members in your household and not reimbursed by insurance or benefits.)

"Would you say your unreimbursed medical expenses are...."

   a. Less than 1000 if "no" ask b if "yes" code 500.
   b. Less than 2500 if "no" ask c if "yes" code 1750.
   c. Less than 5000 if "no" ask d if "yes" code 3750.
   d. Less than 10000 if "no" code e if "yes" code 7500.
   e. 10000 or more code 15000
MINI INTERNATIONAL NEUROPSYCHIATRIC INTERVIEW

English Version 6.0.0
DSM-IV

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DISCLAIMER

Our aim is to assist in the assessment and tracking of patients with greater efficiency and accuracy. Before action is taken on any data collected and processed by this program, it should be reviewed and interpreted by a licensed clinician.

This program is not designed or intended to be used in the place of a full medical and psychiatric evaluation by a qualified licensed physician – psychiatrist. It is intended only as a tool to facilitate accurate data collection and processing of symptoms elicited by trained personnel.

M.I.N.I. 6.0.0 (January 1, 2009)

Approved McLean IRB
2012p001515 08/31/2012 through 08/30/2013
<table>
<thead>
<tr>
<th>MODULES</th>
<th>TIME FRAME</th>
<th>MEETS CRITERIA</th>
<th>DSM-IV-TR</th>
<th>ICD-10</th>
<th>PRIMARY DIAGNOSIS</th>
</tr>
</thead>
<tbody>
<tr>
<td>A MAJOR DEPRESSIVE EPISODE</td>
<td>Current (2 weeks)</td>
<td>☐</td>
<td>296.20-296.26 Single</td>
<td>F32.x</td>
<td>☐</td>
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<tr>
<td></td>
<td>Past</td>
<td>☐</td>
<td>296.20-296.26 Single</td>
<td>F32.x</td>
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<tr>
<td></td>
<td>Recurrent</td>
<td>☐</td>
<td>296.30-296.36 Recurrent</td>
<td>F33.x</td>
<td>☐</td>
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<tr>
<td>B SUICIDALITY</td>
<td>Current (Past Month)</td>
<td>☐</td>
<td></td>
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<tr>
<td></td>
<td>Low</td>
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<td>Moderate</td>
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<td></td>
<td>High</td>
<td>☐</td>
<td></td>
<td></td>
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<tr>
<td>C MANIC EPISODE</td>
<td>Current</td>
<td>☐</td>
<td>296.00-296.06</td>
<td>F30.x-F31.9</td>
<td>☐</td>
</tr>
<tr>
<td></td>
<td>Past</td>
<td>☐</td>
<td>296.80-296.89</td>
<td>F31.8-F31.9/F34.0</td>
<td>☐</td>
</tr>
<tr>
<td>D PANIC DISORDER</td>
<td>Current (Past Month)</td>
<td>☐</td>
<td>300.01/300.21</td>
<td>F40.01-F41.0</td>
<td>☐</td>
</tr>
<tr>
<td></td>
<td>Lifetime</td>
<td>☐</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>E AGORAPHOBIA</td>
<td>Current</td>
<td>☐</td>
<td>300.22</td>
<td>F40.00</td>
<td>☐</td>
</tr>
<tr>
<td>F SOCIAL PHOBIA (Social Anxiety Disorder)</td>
<td>Current (Past Month)</td>
<td>☐</td>
<td>300.23</td>
<td>F40.1</td>
<td>☐</td>
</tr>
<tr>
<td></td>
<td>Generalized</td>
<td>☐</td>
<td>300.23</td>
<td>F40.1</td>
<td>☐</td>
</tr>
<tr>
<td></td>
<td>Non-Generalized</td>
<td>☐</td>
<td>300.23</td>
<td>F40.1</td>
<td>☐</td>
</tr>
<tr>
<td>G OBSESSIVE-COMPULSIVE DISORDER</td>
<td>Current (Past Month)</td>
<td>☐</td>
<td>300.3</td>
<td>F42.8</td>
<td>☐</td>
</tr>
<tr>
<td>H POSTTRAUMATIC STRESS DISORDER</td>
<td>Current (Past Month)</td>
<td>☐</td>
<td>309.81</td>
<td>F43.1</td>
<td>☐</td>
</tr>
<tr>
<td>I ALCOHOL DEPENDENCE</td>
<td>Past 12 Months</td>
<td>☐</td>
<td>303.2</td>
<td>F10.2x</td>
<td>☐</td>
</tr>
<tr>
<td></td>
<td>Past 12 Months</td>
<td>☐</td>
<td>305.00</td>
<td>F10.1</td>
<td>☐</td>
</tr>
<tr>
<td>J SUBSTANCE DEPENDENCE (Non-alcohol)</td>
<td>Past 12 Months</td>
<td>☐</td>
<td>304.00-90</td>
<td>F11.1-F19.1</td>
<td>☐</td>
</tr>
<tr>
<td></td>
<td>Past 12 Months</td>
<td>☐</td>
<td>304.00-90</td>
<td>F11.1-F19.1</td>
<td>☐</td>
</tr>
<tr>
<td>K PSYCHOTIC DISORDERS</td>
<td>Lifetime</td>
<td>☐</td>
<td>295.10-295.90/297.1</td>
<td>F20.xx-F29</td>
<td>☐</td>
</tr>
<tr>
<td></td>
<td>Current</td>
<td>☐</td>
<td>297.3/293.81/293.82/293.89/298.8/298.9</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>M ANOREXIA NERVOSA</td>
<td>Current (Past 3 Months)</td>
<td>☐</td>
<td>307.1</td>
<td>F50.0</td>
<td>☐</td>
</tr>
<tr>
<td>N GENERALIZED ANXIETY DISORDER</td>
<td>Current (Past 6 Months)</td>
<td>☐</td>
<td>300.02</td>
<td>F41.1</td>
<td>☐</td>
</tr>
<tr>
<td>O MEDICAL, ORGANIC, DRUG CAUSE RULED OUT</td>
<td>☐ No</td>
<td>☐</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>☐ Yes</td>
<td>☐</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>☐ Uncertain</td>
<td>☐</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>P ANTISOCIAL PERSONALITY DISORDER</td>
<td>Lifetime</td>
<td>☐</td>
<td>301.7</td>
<td>F60.2</td>
<td>☐</td>
</tr>
</tbody>
</table>

IDENTIFY THE PRIMARY DIAGNOSIS BY CHECKING THE APPROPRIATE CHECK BOX.
(Which problem troubles you the most or dominates the others or came first in the natural history?)

The translation from DSM-IV-TR to ICD-10 coding is not always exact. For more information on this topic see Schulte-Markwort: Crosswalks ICD-10/DSM-IV-TR. Hogrefe & Huber Publishers 2006.
GENERAL INSTRUCTIONS

The M.I.N.I. was designed as a brief structured interview for the major Axis I psychiatric disorders in DSM-IV and ICD-10. Validation and reliability studies have been done comparing the M.I.N.I. to the SCID-P for DSM-III-R and the CIDI (a structured interview developed by the World Health Organization). The results of these studies show that the M.I.N.I. has similar reliability and validity properties, but can be administered in a much shorter period of time (mean 18.7 ± 11.6 minutes, median 15 minutes) than the above referenced instruments. It can be used by clinicians, after a brief training session. Lay interviewers require more extensive training.

INTERVIEW:
In order to keep the interview as brief as possible, inform the patient that you will conduct a clinical interview that is more structured than usual, with very precise questions about psychological problems which require a yes or no answer.

GENERAL FORMAT:
The M.I.N.I. is divided into modules identified by letters, each corresponding to a diagnostic category.
• At the beginning of each diagnostic module (except for psychotic disorders module), screening question(s) corresponding to the main criteria of the disorder are presented in a gray box.
• At the end of each module, diagnostic box(es) permit the clinician to indicate whether diagnostic criteria are met.

CONVENTIONS:
Sentences written in « normal font » should be read exactly as written to the patient in order to standardize the assessment of diagnostic criteria.

Sentences written in « CAPITALS » should not be read to the patient. They are instructions for the interviewer to assist in the scoring of the diagnostic algorithms.

Sentences written in « bold » indicate the time frame being investigated. The interviewer should read them as often as necessary. Only symptoms occurring during the time frame indicated should be considered in scoring the responses.

Answers with an arrow above them (►) indicate that one of the criteria necessary for the diagnosis(es) is not met. In this case, the interviewer should go to the end of the module, circle « NO » in all the diagnostic boxes and move to the next module.

When terms are separated by a slash (/) the interviewer should read only those symptoms known to be present in the patient (for example, question G6).

Phrases in (parentheses) are clinical examples of the symptom. These may be read to the patient to clarify the question.

RATING INSTRUCTIONS:
All questions must be rated. The rating is done at the right of each question by circling either Yes or No. Clinical judgment by the rater should be used in coding the responses. Interviewers need to be sensitive to the diversity of cultural beliefs in their administration of questions and rating of responses. The rater should ask for examples when necessary, to ensure accurate coding. The patient should be encouraged to ask for clarification on any question that is not absolutely clear. The clinician should be sure that each dimension of the question is taken into account by the patient (for example, time frame, frequency, severity, and/or alternatives). Symptoms better accounted for by an organic cause or by the use of alcohol or drugs should not be coded positive in the M.I.N.I. The M.I.N.I. Plus has questions that investigate these issues.

For any questions, suggestions, need for a training session or information about updates of the M.I.N.I., please contact:
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## A. MAJOR DEPRESSIVE EPISODE

(⇔ MEANS: GO TO THE DIAGNOSTIC BOXES, CIRCLE NO IN ALL DIAGNOSTIC BOXES, AND MOVE TO THE NEXT MODULE)

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>A1</td>
<td>a</td>
<td>Were you ever depressed or down, most of the day, nearly every day, for two weeks? NO YES</td>
</tr>
<tr>
<td></td>
<td>IF NO, CODE NO TO A1b: IF YES ASK:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>b</td>
<td>For the past two weeks, were you depressed or down, most of the day, nearly every day? NO YES</td>
</tr>
<tr>
<td>A2</td>
<td>a</td>
<td>Were you ever much less interested in most things or much less able to enjoy the things you used to enjoy most of the time, for two weeks? NO YES</td>
</tr>
<tr>
<td></td>
<td>IF NO, CODE NO TO A2b: IF YES ASK:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>b</td>
<td>In the past two weeks, were you much less interested in most things or much less able to enjoy the things you used to enjoy, most of the time? NO YES</td>
</tr>
<tr>
<td>IS A1a OR A2a CODED YES?</td>
<td></td>
<td>NO YES</td>
</tr>
</tbody>
</table>

### A3

**IF A1b OR A2b = YES:** EXPLORE THE CURRENT AND THE MOST SYMPTOMATIC PAST EPISODE, OTHERWISE
**IF A1b AND A2b = NO:** EXPLORE ONLY THE MOST SYMPTOMATIC PAST EPISODE

#### Over that two week period, when you felt depressed or uninterested:

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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<tbody>
<tr>
<td>a</td>
<td>Was your appetite decreased or increased nearly every day? Did your weight decrease or increase without trying intentionally (i.e., by ±5% of body weight or ±8 lbs. or ±3.5 kgs., for a 160 lb./70 kg. person in a month)? NO YES</td>
<td>NO YES</td>
</tr>
<tr>
<td></td>
<td>IF YES TO EITHER, CODE YES.</td>
<td></td>
</tr>
<tr>
<td>b</td>
<td>Did you have trouble sleeping nearly every night (difficulty falling asleep, waking up in the middle of the night, early morning wakening or sleeping excessively)? NO YES</td>
<td>NO YES</td>
</tr>
<tr>
<td>c</td>
<td>Did you talk or move more slowly than normal or were you fidgety, restless or having trouble sitting still almost every day? NO YES</td>
<td>NO YES</td>
</tr>
<tr>
<td>d</td>
<td>Did you feel tired or without energy almost every day? NO YES</td>
<td>NO YES</td>
</tr>
<tr>
<td>e</td>
<td>Did you feel worthless or guilty almost every day? NO YES</td>
<td>NO YES</td>
</tr>
</tbody>
</table>

**IF YES, ASK FOR EXAMPLES.**
**THE EXAMPLES ARE CONSISTENT WITH A DELUSIONAL IDEA.**

<p>| | | |</p>
<table>
<thead>
<tr>
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<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>f</td>
<td>Did you have difficulty concentrating or making decisions almost every day? NO YES</td>
<td>NO YES</td>
</tr>
<tr>
<td>g</td>
<td>Did you repeatedly consider hurting yourself, feel suicidal, or wish that you were dead? Did you attempt suicide or plan a suicide? NO YES</td>
<td>NO YES</td>
</tr>
</tbody>
</table>

**IF YES TO EITHER, CODE YES.**

| A4 | Did these symptoms cause significant problems at home, at work, socially, at school or in some other important way? NO YES | NO YES |

| A5 | In between 2 episodes of depression, did you ever have an interval of at least 2 months, without any significant depression or any significant loss of interest? NO YES |   |
ARE 5 OR MORE ANSWERS (A1-A3) CODED YES AND IS A4 CODED YES FOR THAT TIME FRAME?

SPECIFY IF THE EPISODE IS CURRENT AND / OR PAST.

IF A5 IS CODED YES, CODE YES FOR RECURRENT.

A6 a How many episodes of depression did you have in your lifetime? _____

Between each episode there must be at least 2 months without any significant depression.
# B. SUICIDALITY

In the past month did you:

<table>
<thead>
<tr>
<th></th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1</td>
<td>Suffer any accident?</td>
</tr>
<tr>
<td>B1a</td>
<td>Plan or intend to hurt yourself in that accident either actively or passively (e.g. not avoiding a risk)?</td>
</tr>
<tr>
<td>B1b</td>
<td>Intend to die as a result of this accident?</td>
</tr>
<tr>
<td>B2</td>
<td>Feel hopeless?</td>
</tr>
<tr>
<td>B3</td>
<td>Think that you would be better off dead or wish you were dead?</td>
</tr>
<tr>
<td>B4</td>
<td>Want to harm yourself or to hurt or to injure yourself or have mental images of harming yourself?</td>
</tr>
<tr>
<td>B5</td>
<td>Think about suicide?</td>
</tr>
<tr>
<td></td>
<td>IF NO TO B5, SKIP TO B7. OTHERWISE ASK:</td>
</tr>
<tr>
<td></td>
<td><strong>Frequency</strong></td>
</tr>
<tr>
<td>Occasionally</td>
<td></td>
</tr>
<tr>
<td>Often</td>
<td></td>
</tr>
<tr>
<td>Very often</td>
<td></td>
</tr>
<tr>
<td>Can you state that you will not act on these impulses during this treatment program?</td>
<td>NO YES</td>
</tr>
<tr>
<td>B6</td>
<td>Feel unable to control these impulses?</td>
</tr>
<tr>
<td>B7</td>
<td>Have a suicide plan?</td>
</tr>
<tr>
<td>B8</td>
<td>Take any active steps to prepare to injure yourself or to prepare for a suicide attempt in which you expected or intended to die?</td>
</tr>
<tr>
<td>B9</td>
<td>Deliberately injure yourself without intending to kill yourself?</td>
</tr>
<tr>
<td>B10</td>
<td>Attempt suicide?</td>
</tr>
<tr>
<td></td>
<td>IF NO SKIP TO B11:</td>
</tr>
<tr>
<td></td>
<td>Hope to be rescued / survive</td>
</tr>
<tr>
<td></td>
<td>Expected / intended to die</td>
</tr>
<tr>
<td>In your lifetime:</td>
<td></td>
</tr>
<tr>
<td>B11</td>
<td>Did you ever make a suicide attempt?</td>
</tr>
</tbody>
</table>
IS AT LEAST 1 OF THE ABOVE (EXCEPT B1) CODED YES?

IF YES, ADD THE TOTAL POINTS FOR THE ANSWERS (B1-B11) CHECKED 'YES' AND SPECIFY THE SUICIDALITY SCORE AS INDICATED IN THE DIAGNOSTIC BOX:

MAKE ANY ADDITIONAL COMMENTS ABOUT YOUR ASSESSMENT OF THIS PATIENT’S CURRENT AND NEAR FUTURE SUICIDALITY IN THE SPACE BELOW:

<table>
<thead>
<tr>
<th>SUICIDALITY CURRENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-8 points</td>
</tr>
<tr>
<td>9-16 points</td>
</tr>
<tr>
<td>≥ 17 points</td>
</tr>
</tbody>
</table>
C. MANIC AND HYPOMANIC EPISODES

(⇒ MEANS : GO TO THE DIAGNOSTIC BOXES, CIRCLE NO IN MANIC AND HYPOMANIC DIAGNOSTIC BOXES, AND MOVE TO NEXT MODULE)

Do you have any family history of manic depressive illness or bipolar disorder, or any family member who had mood swings treated with a medication like lithium, sodium valproate (Depakote) or lamotrigine (Lamictal)?

THIS QUESTION IS NOT A CRITERION FOR BIPOLAR DISORDER, BUT IS ASKED TO INCREASE THE CLINICIAN'S VIGILANCE ABOUT THE RISK FOR BIPOLAR DISORDER.

IF YES, PLEASE SPECIFY WHO:________________________________________

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>C1</td>
<td></td>
</tr>
<tr>
<td>a</td>
<td>Have you ever had a period of time when you were feeling 'up' or 'high' or 'hyper' or so full of energy or full of yourself that you got into trouble, - or that other people thought you were not your usual self? (Do not consider times when you were intoxicated on drugs or alcohol.)</td>
</tr>
<tr>
<td>b</td>
<td>Are you currently feeling 'up' or 'high' or 'hyper' or full of energy?</td>
</tr>
</tbody>
</table>

IF PATIENT IS PUZZLED OR UNCLEAR ABOUT WHAT YOU MEAN BY 'UP' OR 'HIGH' OR 'HYPER', CLARIFY AS FOLLOWS: By 'up' or 'high' or 'hyper' I mean: having elated mood; increased energy; needing less sleep; having rapid thoughts; being full of ideas; having an increase in productivity, motivation, creativity, or impulsive behavior; phoning or working excessively or spending more money.

IF NO, CODE NO TO C1b: IF YES ASK:

<p>| | |</p>
<table>
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<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>C2</td>
<td></td>
</tr>
</tbody>
</table>
| a  | Have you ever been persistently irritable, for several days, so that you had arguments or verbal or physical fights, or shouted at people outside your family? Have you or others noticed that you have been more irritable or over reacted, compared to other people, even in situations that you felt were justified?
| b  | Are you currently feeling persistently irritable? |

IS C1a OR C2a CODED YES?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>C3</td>
<td></td>
</tr>
</tbody>
</table>
|   | IF C1b OR C2b = YES: EXPLORE THE CURRENT AND THE MOST SYMPTOMATIC PAST EPISODE, OTHERWISE IF C1b AND C2b = NO: EXPLORE ONLY THE MOST SYMPTOMATIC PAST EPISODE

During the times when you felt high, full of energy, or irritable did you:

<table>
<thead>
<tr>
<th></th>
<th>Current Episode</th>
<th>Past Episode</th>
</tr>
</thead>
<tbody>
<tr>
<td>a</td>
<td>Feel that you could do things others couldn’t do, or that you were an especially important person? IF YES, ASK FOR EXAMPLES, THE EXAMPLES ARE CONSISTENT WITH A DELUSIONAL IDEA.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>NO YES</td>
<td>NO YES</td>
</tr>
<tr>
<td>b</td>
<td>Need less sleep (for example, feel rested after only a few hours sleep)?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>NO YES</td>
<td>NO YES</td>
</tr>
<tr>
<td>c</td>
<td>Talk too much without stopping, or so fast that people had difficulty understanding?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>NO YES</td>
<td>NO YES</td>
</tr>
<tr>
<td>d</td>
<td>Have racing thoughts?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>NO YES</td>
<td>NO YES</td>
</tr>
</tbody>
</table>

M.I.N.I. 6.0.0 (January 1, 2009)
### Current Episode

<table>
<thead>
<tr>
<th></th>
<th>Current Episode</th>
<th>Past Episode</th>
</tr>
</thead>
<tbody>
<tr>
<td>e</td>
<td>Become easily distracted so that any little interruption could distract you?</td>
<td>NO</td>
</tr>
<tr>
<td>f</td>
<td>Have a significant increase in your activity or drive, at work, at school, socially or sexually or did you become physically or mentally restless?</td>
<td>NO</td>
</tr>
<tr>
<td>g</td>
<td>Want so much to engage in pleasurable activities that you ignored the risks or consequences (for example, spending sprees, reckless driving, or sexual indiscretions)?</td>
<td>NO</td>
</tr>
</tbody>
</table>

### C3 SUMMARY: WHEN RATING CURRENT EPISODE:

<table>
<thead>
<tr>
<th></th>
<th>NO</th>
<th>YES</th>
</tr>
</thead>
<tbody>
<tr>
<td>if C1b is NO, ARE 4 OR MORE C3 ANSWERS CODED YES?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>if C1b is YES, ARE 3 OR MORE C3 ANSWERS CODED YES?</td>
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</tbody>
</table>

### WHEN RATING PAST EPISODE:

<table>
<thead>
<tr>
<th></th>
<th>NO</th>
<th>YES</th>
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</thead>
<tbody>
<tr>
<td>if C1a is NO, ARE 4 OR MORE C3 ANSWERS CODED YES?</td>
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<tr>
<td>if C1a is YES, ARE 3 OR MORE C3 ANSWERS CODED YES?</td>
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</tbody>
</table>

CODE YES ONLY IF THE ABOVE 3 OR 4 SYMPTOMS OCCURRED DURING THE SAME TIME PERIOD.

### RULE: Elation/Expansiveness requires only three C3 symptoms, while Irritable Mood alone requires 4 of the C3 symptoms.

### C4 What is the longest time these symptoms lasted?

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<td>a) 3 days or less</td>
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<td>b) 4 to 6 days</td>
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<tr>
<td>c) 7 days or more</td>
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</table>

### C5 Were you hospitalized for these problems?

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<tr>
<th></th>
<th>NO</th>
<th>YES</th>
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</table>

IF YES, STOP HERE AND CIRCLE YES IN MANIC EPISODE FOR THAT TIME FRAME.

### C6 Did these symptoms cause significant problems at home, at work, socially in your relationships with others, at school or in some other important way?

<table>
<thead>
<tr>
<th></th>
<th>NO</th>
<th>YES</th>
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</thead>
</table>

ARE C3 SUMMARY AND C5 AND C6 CODED YES AND EITHER C4a or b or c CODED YES?

OR

ARE C3 SUMMARY AND C4c AND C6 CODED YES AND IS C5 CODED NO?

SPECIFY IF THE EPISODE IS CURRENT AND / OR PAST.

ARE C3 SUMMARY AND C5 AND C6 CODED NO AND EITHER C4b OR C4c CODED YES?

OR

ARE C3 SUMMARY AND C4b AND C6 CODED YES AND IS C5 CODED NO?

SPECIFY IF THE EPISODE IS CURRENT AND / OR PAST.

---

**MANIC EPISODE**

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<tbody>
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<td>CURRENT</td>
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<tr>
<td>PAST</td>
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</table>

**HYPOMANIC EPISODE**

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<tbody>
<tr>
<td>CURRENT</td>
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<td></td>
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<tr>
<td>PAST</td>
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</tr>
</tbody>
</table>
ARE C3 SUMMARY AND C4a CODED YES AND IS C5 CODED NO?

NO       YES

SPECIFY IF THE EPISODE IS CURRENT AND / OR PAST.

CURRENT  PAST

C7

a) IF MANIC EPISODE IS POSITIVE FOR EITHER CURRENT OR PAST ASK:
   Did you have 2 or more manic episodes (C4c) in your lifetime (including the current episode if present)? NO YES

b) IF HYPOMANIC EPISODE IS POSITIVE FOR EITHER CURRENT OR PAST ASK:
   Did you have 2 or more hypomanic EPISODES (C4b) in your lifetime (including the current episode)? NO YES

c) IF PAST “HYPOMANIC SYMPTOMS” IS CODED POSITIVE ASK:
   Did you have 2 or more episodes of hypomanic SYMPTOMS (C4a) in your lifetime (including the current episode if present)? NO YES
## D. PANIC DISORDER

(⇒ MEANS: CIRCLE NO IN D5, D6 AND D7 AND SKIP TO E1)

<table>
<thead>
<tr>
<th></th>
<th>Question</th>
<th>NO</th>
<th>YES</th>
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</thead>
<tbody>
<tr>
<td>D1</td>
<td>a Have you, on more than one occasion, had spells or attacks when you <strong>suddenly</strong> felt anxious, frightened, uncomfortable or uneasy, even in situations where most people would not feel that way?</td>
<td></td>
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<tr>
<td></td>
<td>b Did the spells surge to a peak within 10 minutes of starting?</td>
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<tr>
<td>D2</td>
<td>At any time in the past, did any of those spells or attacks come on unexpectedly or occur in an unpredictable or unprovoked manner?</td>
<td></td>
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</tr>
<tr>
<td>D3</td>
<td>Have you ever had one such attack followed by a month or more of persistent concern about having another attack, or worries about the consequences of the attack - or did you make a significant change in your behavior because of the attacks (e.g., shopping only with a companion, not wanting to leave your house, visiting the emergency room repeatedly, or seeing your doctor more frequently because of the symptoms)?</td>
<td></td>
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</tr>
<tr>
<td>D4</td>
<td><strong>During the worst attack that you can remember:</strong></td>
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<tr>
<td></td>
<td>a Did you have skipping, racing or pounding of your heart?</td>
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<td></td>
<td>b Did you have sweating or clammy hands?</td>
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<td></td>
<td>c Were you trembling or shaking?</td>
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<td></td>
<td>d Did you have shortness of breath or difficulty breathing?</td>
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<tr>
<td></td>
<td>e Did you have a choking sensation or a lump in your throat?</td>
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<tr>
<td></td>
<td>f Did you have chest pain, pressure or discomfort?</td>
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<tr>
<td></td>
<td>g Did you have nausea, stomach problems or sudden diarrhea?</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>h Did you feel dizzy, unsteady, lightheaded or faint?</td>
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<tr>
<td></td>
<td>i Did things around you feel strange, unreal, detached or unfamiliar, or did you feel outside of or detached from part or all of your body?</td>
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<tr>
<td></td>
<td>j Did you fear that you were losing control or going crazy?</td>
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</tr>
<tr>
<td></td>
<td>k Did you fear that you were dying?</td>
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<tr>
<td></td>
<td>l Did you have tingling or numbness in parts of your body?</td>
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<tr>
<td></td>
<td>m Did you have hot flushes or chills?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>D5</td>
<td><strong>ARE BOTH D3, AND 4 OR MORE D4 ANSWERS, CODED YES?</strong></td>
<td></td>
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</tr>
<tr>
<td></td>
<td>IF YES TO D5, SKIP TO D7.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>D6</td>
<td><strong>IF D5 = NO, ARE ANY D4 ANSWERS CODED YES?</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>THEN SKIP TO E1.</td>
<td></td>
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</tbody>
</table>

M.I.N.I. 6.0.0 (January 1, 2009)
In the past month, did you have such attacks repeatedly (2 or more), and did you have persistent concern about having another attack, or worry about the consequences of the attacks, or did you change your behavior in any way because of the attacks?  

**E. AGORAPHOBIA**

**E1**  
Do you feel anxious or uneasy in places or situations where help might not be available or escape might be difficult, like being in a crowd, standing in a line (queue), when you are alone away from home or alone at home, or when crossing a bridge, or traveling in a bus, train or car or where you might have a panic attack or the panic-like symptoms we just spoke about?  

If **E1 = NO**, circle **NO** in **E2**.  

**E2**  
Do you fear these situations so much that you avoid them, or suffer through them, or need a companion to face them?  

If **E2 = NO**, circle **NO** in **E2**.  

**IS E2 (CURRENT AGORAPHOBIA) CODED YES?**  

and  

**IS D7 (CURRENT PANIC DISORDER) CODED YES?**  

**IS E2 (CURRENT AGORAPHOBIA) CODED NO?**  

and  

**IS D7 (CURRENT PANIC DISORDER) CODED YES?**  

**IS E2 (CURRENT AGORAPHOBIA) CODED YES?**  

and  

**IS D5 (PANIC DISORDER LIFETIME) CODED NO?**  

---

Approved McLean IRB  
2012p001515 08/31/2012 through 08/30/2013
### F. SOCIAL PHOBIA (Social Anxiety Disorder)

(► MEANS: GO TO THE DIAGNOSTIC BOX, CIRCLE NO AND MOVE TO THE NEXT MODULE)

<p>| | | | |</p>
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td><strong>F1</strong></td>
<td>In the past month, did you have persistent fear and significant anxiety at being watched, being the focus of attention, or of being humiliated or embarrassed? This includes things like speaking in public, eating in public or with others, writing while someone watches, or being in social situations.</td>
<td>NO</td>
<td>YES</td>
</tr>
<tr>
<td><strong>F2</strong></td>
<td>Is this social fear excessive or unreasonable and does it almost always make you anxious?</td>
<td>NO</td>
<td>YES</td>
</tr>
<tr>
<td><strong>F3</strong></td>
<td>Do you fear these social situations so much that you avoid them or suffer through them most of the time?</td>
<td>NO</td>
<td>YES</td>
</tr>
<tr>
<td><strong>F4</strong></td>
<td>Do these social fears disrupt your normal work, school or social functioning or cause you significant distress?</td>
<td>NO</td>
<td>YES</td>
</tr>
</tbody>
</table>

**SUBTYPES**

Do you fear and avoid 4 or more social situations?

- If YES  Generalized social phobia (social anxiety disorder)
- If NO  Non-generalized social phobia (social anxiety disorder)

**EXAMPLES OF SUCH SOCIAL SITUATIONS TYPICALLY INCLUDE**

- Initiating or maintaining a conversation,
- Participating in small groups,
- Dating,
- Speaking to authority figures,
- Attending parties,
- Public speaking,
- Eating in front of others,
- Urinating in a public washroom, etc.

**NOTE TO INTERVIEWER:** PLEASE ASSESS WHETHER THE SUBJECT’S FEARS ARE RESTRICTED TO NON-GENERALIZED (“ONLY 1 OR SEVERAL”) SOCIAL SITUATIONS OR EXTEND TO GENERALIZED (“MOST”) SOCIAL SITUATIONS. “MOST” SOCIAL SITUATIONS IS USUALLY OPERATIONALIZED TO MEAN 4 OR MORE SOCIAL SITUATIONS, ALTHOUGH THE DSM-IV DOES NOT EXPLICITLY STATE THIS.
## G. OBSESSIVE-COMPULSIVE DISORDER

(➔ MEANS: GO TO THE DIAGNOSTIC BOX, CIRCLE NO AND MOVE TO THE NEXT MODULE)

<table>
<thead>
<tr>
<th>Question</th>
<th>NO</th>
<th>YES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>G1</strong> In the past month, have you been bothered by recurrent thoughts, impulses, or images that were unwanted, distasteful, inappropriate, intrusive, or distressing? - (For example, the idea that you were dirty, contaminated or had germs, or fear of contaminating others, or fear of harming someone even though it disturbs or distresses you, or fear you would act on some impulse, or fear or superstitions that you would be responsible for things going wrong, or obsessions with sexual thoughts, images or impulses, or hoarding, collecting, or religious obsessions.) (DO NOT INCLUDE SIMPLY EXCESSIVE WORRIES ABOUT REAL LIFE PROBLEMS. DO NOT INCLUDE OBSESSIONS DIRECTLY RELATED TO EATING DISORDERS, SEXUAL DEVIATIONS, PATHOLOGICAL GAMBLING, OR ALCOHOL OR DRUG ABUSE BECAUSE THE PATIENT MAY DERIVE PLEASURE FROM THE ACTIVITY AND MAY WANT TO RESIST IT ONLY BECAUSE OF ITS NEGATIVE CONSEQUENCES.)</td>
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</tbody>
</table>

**IS G3 OR G4 CODED YES?**

<table>
<thead>
<tr>
<th>Question</th>
<th>NO</th>
<th>YES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>G2</strong> Did they keep coming back into your mind even when you tried to ignore or get rid of them?</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>G3</strong> Do you think that these obsessions are the product of your own mind and that they are not imposed from the outside?</td>
<td></td>
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<tr>
<td><strong>G4</strong> In the past month, did you do something repeatedly without being able to resist doing it, like washing or cleaning excessively, counting or checking things over and over, or repeating, collecting, arranging things, or other superstitious rituals?</td>
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</tbody>
</table>

**IS G3 OR G4 CODED YES?**

<table>
<thead>
<tr>
<th>Question</th>
<th>NO</th>
<th>YES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>G5</strong> At any point, did you recognize that either these obsessive thoughts or these compulsive behaviors were excessive or unreasonable?</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>G6</strong> In the past month, did these obsessive thoughts and/or compulsive behaviors significantly interfere with your normal routine, your work or school, your usual social activities, or relationships, or did they take more than one hour a day?</td>
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</table>

**O.C.D. CURRENT**
## H. POSTTRAUMATIC STRESS DISORDER

(⇒ MEANS: GO TO THE DIAGNOSTIC BOX, CIRCLE NO, AND MOVE TO THE NEXT MODULE)

<table>
<thead>
<tr>
<th>Question</th>
<th>NO</th>
<th>YES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>H1</strong> Have you ever experienced or witnessed or had to deal with an extremely traumatic event that included actual or threatened death or serious injury to you or someone else?</td>
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<tr>
<td>EXAMPLES OF TRAUMATIC EVENTS INCLUDE: SERIOUS ACCIDENTS, SEXUAL OR PHYSICAL ASSAULT, A TERRORIST ATTACK, BEING HELD HOSTAGE, KIDNAPPING, FIRE, DISCOVERING A BODY, WAR, OR NATURAL DISASTER, WITNESSING THE VIOLENT OR SUDDEN DEATH OF SOMEONE CLOSE TO YOU, OR A LIFE THREATENING ILLNESS.</td>
<td></td>
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<tr>
<td><strong>H2</strong> Did you respond with intense fear, helplessness or horror?</td>
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<tr>
<td><strong>H3</strong> During the past month, have you re-experienced the event in a distressing way (such as in dreams, intense recollections, flashbacks or physical reactions) or did you have intense distress when you were reminded about the event or exposed to a similar event?</td>
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<tr>
<td><strong>H4</strong> In the past month:</td>
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</tr>
<tr>
<td>a. Have you avoided thinking about or talking about the event?</td>
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<tr>
<td>b. Have you avoided activities, places or people that remind you of the event?</td>
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<tr>
<td>c. Have you had trouble recalling some important part of what happened?</td>
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<tr>
<td>d. Have you become much less interested in hobbies or social activities?</td>
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<tr>
<td>e. Have you felt detached or estranged from others?</td>
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<tr>
<td>f. Have you noticed that your feelings are numbed?</td>
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<tr>
<td>g. Have you felt that your life will be shortened or that you will die sooner than other people?</td>
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</tr>
<tr>
<td>ARE 3 OR MORE H4 ANSWERS CODED YES?</td>
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<tr>
<td><strong>H5</strong> In the past month:</td>
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</tr>
<tr>
<td>a. Have you had difficulty sleeping?</td>
<td></td>
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<tr>
<td>b. Were you especially irritable or did you have outbursts of anger?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Have you had difficulty concentrating?</td>
<td></td>
<td></td>
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<tr>
<td>d. Were you nervous or constantly on your guard?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Were you easily startled?</td>
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<td></td>
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<tr>
<td>ARE 2 OR MORE H5 ANSWERS CODED YES?</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>H6</strong> During the past month, have these problems significantly interfered with your work, school or social activities, or caused significant distress?</td>
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</table>
## I. ALCOHOL DEPENDENCE / ABUSE

(⇒ MEANS: GO TO DIAGNOSTIC BOXES, CIRCLE NO IN BOTH AND MOVE TO THE NEXT MODULE)

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<table>
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<tr>
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<tbody>
<tr>
<td><strong>I1</strong></td>
<td>In the past 12 months, have you had 3 or more alcoholic drinks, within a 3 hour period, on 3 or more occasions?</td>
<td>NO YES</td>
</tr>
<tr>
<td><strong>I2</strong></td>
<td>In the past 12 months:</td>
<td></td>
</tr>
<tr>
<td>a</td>
<td>Did you need to drink a lot more in order to get the same effect that you got when you first started drinking or did you get much less effect with continued use of the same amount?</td>
<td>NO YES</td>
</tr>
<tr>
<td>b</td>
<td>When you cut down on drinking did your hands shake, did you sweat or feel agitated? Did you drink to avoid these symptoms (for example, &quot;the shakes&quot;, sweating or agitation) or to avoid being hungover? IF YES TO ANY, CODE YES.</td>
<td>NO YES</td>
</tr>
<tr>
<td>c</td>
<td>During the times when you drank alcohol, did you end up drinking more than you planned when you started?</td>
<td>NO YES</td>
</tr>
<tr>
<td>d</td>
<td>Have you tried to reduce or stop drinking alcohol but failed?</td>
<td>NO YES</td>
</tr>
<tr>
<td>e</td>
<td>On the days that you drank, did you spend substantial time in obtaining alcohol, drinking, or in recovering from the effects of alcohol?</td>
<td>NO YES</td>
</tr>
<tr>
<td>f</td>
<td>Did you spend less time working, enjoying hobbies, or being with others because of your drinking?</td>
<td>NO YES</td>
</tr>
<tr>
<td>g</td>
<td>If your drinking caused you health or mental problems, did you still keep on drinking?</td>
<td>NO YES</td>
</tr>
</tbody>
</table>

**ARE 3 OR MORE I2 ANSWERS CODED YES?**

* IF YES, SKIP I3 QUESTIONS AND GO TO NEXT MODULE. “DEPENDENCE PREEMPTS ABUSE” IN DSM IV TR.

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<tbody>
<tr>
<td><strong>I3</strong></td>
<td>In the past 12 months:</td>
<td></td>
</tr>
<tr>
<td>a</td>
<td>Have you been intoxicated, high, or hungover more than once when you had other responsibilities at school, at work, or at home? Did this cause any problems? (CODE YES ONLY IF THIS CAUSED PROBLEMS.)</td>
<td>NO YES</td>
</tr>
<tr>
<td>b</td>
<td>Were you intoxicated more than once in any situation where you were physically at risk, for example, driving a car, riding a motorbike, using machinery, boating, etc.?</td>
<td>NO YES</td>
</tr>
<tr>
<td>c</td>
<td>Did you have legal problems more than once because of your drinking, for example, an arrest or disorderly conduct?</td>
<td>NO YES</td>
</tr>
<tr>
<td>d</td>
<td>If your drinking caused problems with your family or other people, did you still keep on drinking?</td>
<td>NO YES</td>
</tr>
</tbody>
</table>
ARE 1 OR MORE 13 ANSWERS CODED YES?

ALCOHOL ABUSE CURRENT

NO    YES
J. SUBSTANCE DEPENDENCE / ABUSE (NON-ALCOHOL)

(⇒ MEANS: GO TO THE DIAGNOSTIC BOXES, CIRCLE NO IN ALL DIAGNOSTIC BOXES, AND MOVE TO THE NEXT MODULE)

Now I am going to show you / read to you a list of street drugs or medicines.

<table>
<thead>
<tr>
<th>J1</th>
<th>In the past 12 months, did you take any of these drugs more than once, to get high, to feel elated, to get &quot;a buzz&quot; or to change your mood?</th>
<th>NO</th>
<th>YES</th>
</tr>
</thead>
<tbody>
<tr>
<td>a</td>
<td></td>
<td></td>
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</tbody>
</table>

CIRCLE EACH DRUG TAKEN:

**Stimulants:** amphetamines, "speed", crystal meth, "crank", "rush", Dexamphetamine, Ritalin, diet pills.

**Cocaine:** snorting, IV, freebase, crack, "speedball".

**Narcotics:** heroin, morphine, Dilaudid, opium, Demerol, methadone, Darvon, codeine, Percodan, Vicodin, OxyContin.

**Hallucinogens:** LSD ("acid"), mescaline, peyote, psilocybin, STP, "mushrooms", "ecstasy", MDA, MDMA.

**Phencyclidine:** PCP ("Angel Dust", "Pea Ce Pill", "Tranq", "Hog"), or ketamine ("special K").

**Inhalants:** "glue", ethyl chloride, "rush", nitrous oxide ("laughing gas"), amyl or butyl nitrate ("poppers").

**Cannabis:** marijuana, hashish ("hash"), THC, "pot", "grass", "weed", "reefer".

**Tranquilizers:** Quaalude, Seconal ("reds"), Valium, Xanax, Librium, Ativan, Dalmane, Halcion, barbiturates, Miltown, GHB, Roofinol, "Roofies".

**Miscellaneous:** steroids, nonprescription sleep or diet pills. Cough Medicine? Any others?

**SPECIFY THE MOST USED DRUG(S):**

**WHICH DRUG(S) CAUSE THE BIGGEST PROBLEMS?:**

FIRST EXPLORE THE DRUG CAUSING THE BIGGEST PROBLEMS AND MOST LIKELY TO MEET DEPENDENCE / ABUSE CRITERIA.

IF MEETS CRITERIA FOR ABUSE OR DEPENDENCE, SKIP TO THE NEXT MODULE. OTHERWISE, EXPLORE THE NEXT MOST PROBLEMATIC DRUG.

J2 Considering your use of (NAME THE DRUG / DRUG CLASS SELECTED), in the past 12 months:

a Have you found that you needed to use much more (NAME OF DRUG / DRUG CLASS SELECTED) to get the same effect that you did when you first started taking it? NO YES

b When you reduced or stopped using (NAME OF DRUG / DRUG CLASS SELECTED), did you have withdrawal symptoms (aches, shaking, fever, weakness, diarrhea, nausea, sweating, heart pounding, difficulty sleeping, or feeling agitated, anxious, irritable, or depressed)? Did you use any drug(s) to keep yourself from getting sick (withdrawal symptoms) or so that you would feel better? IF YES TO EITHER, CODE YES.

c Have you often found that when you used (NAME OF DRUG / DRUG CLASS SELECTED), you ended up taking more than you thought you would? NO YES
d Have you tried to reduce or stop taking (NAME OF DRUG / DRUG CLASS SELECTED) but failed? NO YES
e On the days that you used (NAME OF DRUG / DRUG CLASS SELECTED), did you spend substantial time (>2 HOURS), obtaining, using or in recovering from the drug, or thinking about the drug? NO YES
f Did you spend less time working, enjoying hobbies, or being with family or friends because of your drug use? NO YES
g If (NAME OF DRUG / DRUG CLASS SELECTED) caused you health or mental problems, did you still keep on using it? NO YES

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ARE 3 OR MORE J2 ANSWERS CODED YES?

SPECIFY DRUG(S): ____________________________________

* IF YES, SKIP J3 QUESTIONS, MOVE TO NEXT DISORDER.
“DEPENDENCE PREEMPTS ABUSE” IN DSM IV TR.

**SUBSTANCE DEPENDENCE CURRENT**

Considering your use of (NAME THE DRUG CLASS SELECTED), in the past 12 months:

J3  a  Have you been intoxicated, high, or hungover from (NAME OF DRUG / DRUG CLASS SELECTED) more than once, when you had other responsibilities at school, at work, or at home? Did this cause any problem?

(CODE YES ONLY IF THIS CAUSED PROBLEMS.)

b  Have you been high or intoxicated from (NAME OF DRUG / DRUG CLASS SELECTED) more than once in any situation where you were physically at risk (for example, driving a car, riding a motorbike, using machinery, boating, etc.)?

c  Did you have legal problems more than once because of your drug use, for example, an arrest or disorderly conduct?

d  If (NAME OF DRUG / DRUG CLASS SELECTED) caused problems with your family or other people, did you still keep on using it?

**SUBSTANCE ABUSE CURRENT**

ARE 1 OR MORE J3 ANSWERS CODED YES?

SPECIFY DRUG(S): ____________________________________
**K. PSYCHOTIC DISORDERS AND MOOD DISORDER WITH PSYCHOTIC FEATURES**

ASK FOR AN EXAMPLE OF EACH QUESTION ANSWERED POSITIVELY. CODE YES ONLY IF THE EXAMPLES CLEARLY SHOW A DISTORTION OF THOUGHT OR OF PERCEPTION OR IF THEY ARE NOT CULTURALLY APPROPRIATE. BEFORE CODING, INVESTIGATE WHETHER DELUSIONS QUALIFY AS "BIZARRE".

DELUSIONS ARE "BIZARRE" IF: CLEARLY IMPLAUSIBLE, ABSURD, NOT UNDERSTANDABLE, AND CANNOT DERIVE FROM ORDINARY LIFE EXPERIENCE.

HALLUCINATIONS ARE SCORED "BIZARRE" IF: A VOICE COMMENTS ON THE PERSON'S THOUGHTS OR BEHAVIOR, OR WHEN TWO OR MORE VOICES ARE CONVERSING WITH EACH OTHER.

THE PURPOSE OF THIS MODULE IS TO EXCLUDE PATIENTS WITH PSYCHOTIC DISORDERS. THIS MODULE NEEDS EXPERIENCE.

Now I am going to ask you about unusual experiences that some people have.

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<tr>
<td>K1</td>
<td>a</td>
<td>Have you ever believed that people were spying on you, or that someone was plotting against you, or trying to hurt you?</td>
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<td></td>
<td>NOTE: ASK FOR EXAMPLES TO RULE OUT ACTUAL STALKING.</td>
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<td></td>
<td>b</td>
<td>IF YES OR YES BIZARRE: do you currently believe these things?</td>
</tr>
<tr>
<td>K2</td>
<td>a</td>
<td>Have you ever believed that someone was reading your mind or could hear your thoughts, or that you could actually read someone's mind or hear what another person was thinking?</td>
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<td></td>
<td>b</td>
<td>IF YES OR YES BIZARRE: do you currently believe these things?</td>
</tr>
<tr>
<td>K3</td>
<td>a</td>
<td>Have you ever believed that someone or some force outside of yourself put thoughts in your mind that were not your own, or made you act in a way that was not your usual self? Have you ever felt that you were possessed?</td>
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<tr>
<td></td>
<td>CLINICIAN: ASK FOR EXAMPLES AND DISCOUNT ANY THAT ARE NOT PSYCHOTIC.</td>
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<td>b</td>
<td>IF YES OR YES BIZARRE: do you currently believe these things?</td>
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<tr>
<td>K4</td>
<td>a</td>
<td>Have you ever believed that you were being sent special messages through the TV, radio, newspapers, books or magazines or that a person you did not personally know was particularly interested in you?</td>
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<td></td>
<td>b</td>
<td>IF YES OR YES BIZARRE: do you currently believe these things?</td>
</tr>
<tr>
<td>K5</td>
<td>a</td>
<td>Have your relatives or friends ever considered any of your beliefs odd or unusual?</td>
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<td>INTERVIEWER: ASK FOR EXAMPLES. ONLY CODE YES IF THE EXAMPLES ARE CLEARLY DELUSIONAL IDEAS NOT EXPLORED IN QUESTIONS K1 TO K4, FOR EXAMPLE, SOMATIC OR RELIGIOUS DELUSIONS OR DELUSIONS OF GRANDIOSITY, JEALOUSY, GUILT, RUIN OR DESTITUTION, ETC.</td>
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<tr>
<td></td>
<td>b</td>
<td>IF YES OR YES BIZARRE: do they currently consider your beliefs strange?</td>
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<tr>
<td>K6</td>
<td>a</td>
<td>Have you ever heard things other people couldn’t hear, such as voices?</td>
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<td>IF YES TO VOICE HALLUCINATION: Was the voice commenting on your thoughts or behavior or did you hear two or more voices talking to each other?</td>
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<td></td>
<td>b</td>
<td>IF YES OR YES BIZARRE TO K6a: have you heard sounds / voices in the past month?</td>
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<td></td>
<td>IF YES TO VOICE HALLUCINATION: Was the voice commenting on your thoughts or behavior or did you hear two or more voices talking to each other?</td>
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</table>
K7  a Have you ever had visions when you were awake or have you ever seen things other people couldn’t see?
CLINICIAN: CHECK TO SEE IF THESE ARE CULTURALLY INAPPROPRIATE.

b IF YES: have you seen these things in the past month?

CLINICIAN’S JUDGMENT

K8  b IS THE PATIENT CURRENTLY EXHIBITING INCOHERENCE, DISORGANIZED SPEECH, OR MARKED LOOSENING OF ASSOCIATIONS?

K9  b IS THE PATIENT CURRENTLY EXHIBITING DISORGANIZED OR CATATONIC BEHAVIOR?

K10 b ARE NEGATIVE SYMPTOMS OF SCHIZOPHRENIA, E.G. SIGNIFICANT AFFECTIVE FLATTENING, POVERTY OF SPEECH (ALOGIA) OR AN INABILITY TO INITIATE OR PERSIST IN GOAL-DIRECTED ACTIVITIES (AVOLITION), PROMINENT DURING THE INTERVIEW?

K11 a ARE 1 OR MORE « a » QUESTIONS FROM K1a TO K7a CODED YES OR YES BIZARRE AND IS EITHER:

MAJOR DEPRESSIVE EPISODE, (CURRENT, RECURRENT OR PAST)
OR
MANIC OR HYPOMANIC EPISODE, (CURRENT OR PAST) CODED YES?

IF NO TO K11 a, CIRCLE NO IN BOTH 'MOOD DISORDER WITH PSYCHOTIC FEATURES' DIAGNOSTIC BOXES AND MOVE TO K13.

b You told me earlier that you had period(s) when you felt (depressed/high/persistently irritable).

Were the beliefs and experiences you just described (SYMPTOMS CODED YES FROM K1a TO K7a) restricted exclusively to times when you were feeling depressed/high/irritable?

IF THE PATIENT EVER HAD A PERIOD OF AT LEAST 2 WEEKS OF HAVING THESE BELIEFS OR EXPERIENCES (PSYCHOTIC SYMPTOMS) WHEN THEY WERE NOT DEPRESSED/HIGH/IRRITABLE, CODE NO TO THIS DISORDER.

IF THE ANSWER IS NO TO THIS DISORDER, ALSO CIRCLE NO TO K12 AND MOVE TO K13

K12 a ARE 1 OR MORE « b » QUESTIONS FROM K1b TO K7b CODED YES OR YES BIZARRE AND IS EITHER:

MAJOR DEPRESSIVE EPISODE, (CURRENT)
OR
MANIC OR HYPOMANIC EPISODE, (CURRENT) CODED YES?

IF THE ANSWER IS YES TO THIS DISORDER (LIFETIME OR CURRENT), CIRCLE NO TO K13 AND K14 AND MOVE TO THE NEXT MODULE.
K13  ARE 1 OR MORE « b » QUESTIONS FROM K1b TO K6b, CODED YES BIZARRE?

OR

ARE 2 OR MORE « b » QUESTIONS FROM K1b TO K10b, CODED YES (RATHER THAN YES BIZARRE)?

AND DID AT LEAST TWO OF THE PSYCHOTIC SYMPTOMS OCCUR DURING THE SAME 1 MONTH PERIOD?

K14  IS K13 CODED YES

OR

ARE 1 OR MORE « a » QUESTIONS FROM K1a TO K6a, CODED YES BIZARRE?

OR

ARE 2 OR MORE « a » QUESTIONS FROM K1a TO K7a, CODED YES (RATHER THAN YES BIZARRE)

AND DID AT LEAST TWO OF THE PSYCHOTIC SYMPTOMS OCCUR DURING THE SAME 1 MONTH PERIOD?
L. ANOREXIA NERVOSA

(⇒ MEANS: GO TO THE DIAGNOSTIC BOX, CIRCLE NO, AND MOVE TO THE NEXT MODULE)

L1

a. How tall are you?
  ft. in.
  cm.

b. What was your lowest weight in the past 3 months?
  lbs.
  kgs.

c. Is patient's weight equal to or below the threshold corresponding to his/her height? (See table below)
  NO
  YES

In the past 3 months:

L2

In spite of this low weight, have you tried not to gain weight?
  NO
  YES

L3

Have you intensely feared gaining weight or becoming fat, even though you were underweight?
  NO
  YES

L4

a. Have you considered yourself too big / fat or that part of your body was too big / fat?
  NO
  YES

b. Has your body weight or shape greatly influenced how you felt about yourself?
  NO
  YES

c. Have you thought that your current low body weight was normal or excessive?
  NO
  YES

L5

Are 1 or more items from L4 coded YES?
  NO
  YES

L6

For women only: During the last 3 months, did you miss all your menstrual periods when they were expected to occur (when you were not pregnant)?
  NO
  YES

For women: Are L5 and L6 coded YES?
For men: Is L5 coded YES?

HEIGHT / WEIGHT TABLE CORRESPONDING TO A BMI THRESHOLD OF 17.5 KG/M²

| Height/Weight | ft/in  | 4'9  | 4'10 | 4'11 | 5'0  | 5'1  | 5'2  | 5'3  | 5'4  | 5'5  | 5'6  | 5'7  | 5'8  | 5'9  | 5'10 |
|--------------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| lbs.         | 81    | 84   | 87   | 89   | 92   | 96   | 99   | 102  | 105  | 108  | 112  | 115  | 118  | 122  |
| cm           | 145   | 147  | 150  | 152  | 155  | 158  | 160  | 163  | 165  | 168  | 170  | 173  | 175  | 178  |
| kgs          | 37    | 38   | 39   | 41   | 42   | 43   | 45   | 46   | 48   | 49   | 51   | 52   | 54   | 55   |

| Height/Weight | ft/in  | 5'11 | 6'0  | 6'1  | 6'2  | 6'3  |
|--------------|-------|------|------|------|------|
| lbs.         | 125   | 129  | 132  | 136  | 140  |
| cm           | 180   | 183  | 185  | 188  | 191  |
| kgs          | 57    | 59   | 60   | 62   | 64   |

The weight thresholds above are calculated using a body mass index (BMI) equal to or below 17.5 kg/m² for the patient's height. This is the threshold guideline below which a person is deemed underweight by the DSM-IV and the ICD-10 Diagnostic Criteria for Research for Anorexia Nervosa.
M. BULIMIA NERVOSA

(⇒ MEANS: GO TO THE DIAGNOSTIC BOXES, CIRCLE NO IN ALL DIAGNOSTIC BOXES, AND MOVE TO THE NEXT MODULE)

| M1 | In the past three months, did you have eating binges or times when you ate a very large amount of food within a 2-hour period? | NO | YES |
| M2 | In the last 3 months, did you have eating binges as often as twice a week? | NO | YES |

| M3 | During these binges, did you feel that your eating was out of control? | NO | YES |
| M4 | Did you do anything to compensate for, or to prevent a weight gain from these binges, like vomiting, fasting, exercising or taking laxatives, enemas, diuretics (fluid pills), or other medications? | NO | YES |
| M5 | Does your body weight or shape greatly influence how you feel about yourself? | NO | YES |
| M6 | DO THE PATIENT'S SYMPTOMS MEET CRITERIA FOR ANOREXIA NERVOSA? | NO | YES ↓ | Skip to M8 |

| M7 | Do these binges occur only when you are under ( ___ lbs./kgs.)? | NO | YES |

INTERVIEWER: WRITE IN THE ABOVE PARENTHESIS THE THRESHOLD WEIGHT FOR THIS PATIENT'S HEIGHT FROM THE HEIGHT/WEIGHT TABLE IN THE ANOREXIA NERVOSA MODULE.

M8 IS M5 CODED YES AND IS EITHER M6 OR M7 CODED NO?

| NO | YES |

BULIMIA NERVOSA CURRENT

IS M7 CODED YES?

| NO | YES |

ANOREXIA NERVOSA Binge Eating/Purging Type CURRENT
N. GENERALIZED ANXIETY DISORDER

(● MEANS: GO TO THE DIAGNOSTIC BOX, CIRCLE NO, AND MOVE TO THE NEXT MODULE)

N1  a  Were you excessively anxious or worried about several routine things, over the past 6 months?
IN ENGLISH, IF THE PATIENT IS UNCLEAR ABOUT WHAT YOU MEAN, PROBE BY ASKING (Do others think that you are a “worry wart”) AND GET EXAMPLES.

b  Are these anxieties and worries present most days?

ARE THE PATIENT’S ANXIETY AND WORRIES RESTRICTED EXCLUSIVELY TO, OR BETTER EXPLAINED BY, ANY DISORDER PRIOR TO THIS POINT?

N2  Do you find it difficult to control the worries?

N3  FOR THE FOLLOWING, CODE NO IF THE SYMPTOMS ARE CONFINED TO FEATURES OF ANY DISORDER EXPLORED PRIOR TO THIS POINT.

When you were anxious over the past 6 months, did you, most of the time:

a  Feel restless, keyed up or on edge?

b  Have muscle tension?

c  Feel tired, weak or exhausted easily?

d  Have difficulty concentrating or find your mind going blank?

e  Feel irritable?

f  Have difficulty sleeping (difficulty falling asleep, waking up in the middle of the night, early morning wakening or sleeping excessively)?

ARE 3 OR MORE N3 ANSWERS CODED YES?

N4  Do these anxieties and worries disrupt your normal work, school or social functioning or cause you significant distress?

O. RULE OUT MEDICAL, ORGANIC OR DRUG CAUSES FOR ALL DISORDERS

IF THE PATIENT CODES POSITIVE FOR ANY CURRENT DISORDER ASK:

Just before these symptoms began:

O1a  Were you taking any drugs or medicines?

O1b  Did you have any medical illness?

IN THE CLINICIAN’S JUDGMENT: ARE EITHER OF THESE LIKELY TO BE DIRECT CAUSES OF THE PATIENT’S DISORDER?
IF NECESSARY ASK ADDITIONAL OPEN-ENDED QUESTIONS.

O2  SUMMARY: HAS AN ORGANIC CAUSE BEEN RULED OUT?

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P. ANTISOCIAL PERSONALITY DISORDER

(↷ MEANS: GO TO THE DIAGNOSTIC BOX AND CIRCLE NO)

P1  Before you were 15 years old, did you:

a  repeatedly skip school or run away from home overnight?  NO YES
b  repeatedly lie, cheat, "con" others, or steal?  NO YES
c  start fights or bully, threaten, or intimidate others?  NO YES
d  deliberately destroy things or start fires?  NO YES
e  deliberately hurt animals or people?  NO YES
f  force someone to have sex with you?  NO YES

ARE 2 OR MORE P1 ANSWERS CODED YES?  NO YES

DO NOT CODE YES TO THE BEHAVIORS BELOW IF THEY ARE EXCLUSIVELY POLITICALLY OR RELIGIOUSLY MOTIVATED.

P2  Since you were 15 years old, have you:

a  repeatedly behaved in a way that others would consider irresponsible, like failing to pay for things you owed, deliberately being impulsive or deliberately not working to support yourself?  NO YES
b  done things that are illegal even if you didn't get caught (for example, destroying property, shoplifting, stealing, selling drugs, or committing a felony)?  NO YES
c  been in physical fights repeatedly (including physical fights with your spouse or children)?  NO YES
d  often lied or "conned" other people to get money or pleasure, or lied just for fun?  NO YES
e  exposed others to danger without caring?  NO YES
f  felt no guilt after hurting, mistreating, lying to, or stealing from others, or after damaging property?  NO YES

ARE 3 OR MORE P2 QUESTIONS CODED YES?  NO YES

ANTISOCIAL PERSONALITY DISORDER LIFETIME

THIS CONCLUDES THE INTERVIEW
REFERENCES


Scientific committee for the MINI 6.0.0:
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Siegfried Kasper, Vienna, Austria
Thomas Schlaepfer, Bonn, Germany

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<td>P. Kittirattanapaiboon, S. Mahatnirunkul, P. Udomrat, P. Silpakit., M. Khamwongpin, S. Srikosai.</td>
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<td>Urdu</td>
<td>T. Örnek, A. Keskiner, A. Engelander</td>
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<td>Yiddish</td>
<td>S. Gambhir, J. Goldman, Chana Pollack, Myrna Mniewski</td>
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A validation study of this instrument was made possible, in part, by grants from SmithKline Beecham and the European Commission. The authors are grateful to Dr. Pauline Powers for her advice on the modules on Anorexia Nervosa and Bulimia.
MOOD DISORDERS: DIAGNOSTIC ALGORITHM

Consult Modules:  
A  Major Depressive Episode  
C  (Hypo) manic Episode  
K  Psychotic Disorders

MODULE K:

1a  IS K11b CODED YES?  
    NO  YES
1b  IS K12a CODED YES?  
    NO  YES

MODULES A and C:  

2a  CIRCLE YES IF A DELUSIONAL IDEA IS IDENTIFIED IN A3e?  YES  YES
2b  CIRCLE YES IF A DELUSIONAL IDEA IS IDENTIFIED IN C3a?  YES  YES

c  Is a Major Depressive Episode coded YES (current or past)?  
    and
    is Manic Episode coded NO (current and past)?  
    and
    is Hypomanic Episode coded NO (current and past)?  
    and
    is “Hypomanic Symptoms” coded NO (current and past)?

Specify:
- If the depressive episode is current or past or both
- With Psychotic Features Current: If 1b or 2a (current) = YES
  With Psychotic Features Past: If 1a or 2a (past) = YES

w  Is a Manic Episode coded YES (current or past)?

Specify:
- If the Bipolar I Disorder is current or past or both
- With Single Manic Episode: If Manic episode (current or past) = YES
  and MDE (current and past) = NO
- With Psychotic Features Current: If 1b or 2a (current) or 2b (current) = YES
  With Psychotic Features Past: If 1a or 2a (past) or 2b (past) = YES
- If the most recent episode is manic, depressed, mixed or hypomanic or unspecified (all mutually exclusive)
- Unspecified if the Past Manic Episode is coded YES AND
  Current (C3 Summary AND C4a AND C6 AND O2) are coded YES

MAJOR DEPRESSIVE DISORDER

current  past
MDD

With Psychotic Features

BIPOLAR I DISORDER

current  past
Bipolar I Disorder
Single Manic Episode

With Psychotic Features

Most Recent Episode

Manic
Depressed
Mixed
Hypomanic
Unspecified

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e  Is Major Depressive Episode coded YES (current or past)?
   and
   Is Hypomanic Episode coded YES (current or past)?
   and
   Is Manic Episode coded NO (current and past)?

Specify:

• If the Bipolar Disorder is current or past or both
• If the most recent mood episode is hypomanic or depressed (mutually exclusive)

f  Is MDE coded NO (current and past)
   and
   Is Manic Episode coded NO (current and past)?
   and is either:

1) C7b coded YES for the appropriate time frame?
   or

2) C3 Summary coded YES for the appropriate time frame?
   and
   C4a coded YES for the appropriate time frame?
   and
   C7c coded YES for the appropriate time frame?

Specify if the Bipolar Disorder NOS is current or past or both
M.I.N.I. PLUS

The shaded modules below are additional modules available in the MINI PLUS beyond what is available in the standard MINI. The un-shaded modules below are in the standard MINI.

These MINI PLUS modules can be inserted into or used in place of the standard MINI modules, as dictated by the specific needs of any study.

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<th>MODULES</th>
<th>TIME FRAME</th>
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<td>A MAJOR DEPRESSIVE EPISODE</td>
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<td>MDE WITH MELANCHOLIC FEATURES</td>
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<td>MDE WITH ATYPICAL FEATURES</td>
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<td>MDE WITH CATATONIC FEATURES</td>
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<td>C SUICIDALITY</td>
<td>Current (Past Month) Risk: Low / Medium / High</td>
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<td>D MANIC EPISODE</td>
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<td>BIPOLAR II DISORDER</td>
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<td>ANOREXIA NERVOSA, Restricting Type</td>
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Record Form

Name ___________________________ ID ___________________________

Address/School ___________________________ Grade/ ___________________________

Highest Education ___________________________

Examiner ___________________________

Subtest Scores

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<td>Similarities</td>
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Sums of T Scores

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Profile of IQ Scores

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160 | 155 | 150 |
155 | 150 | 145 |
150 | 145 | 140 |
145 | 140 | 135 |
140 | 135 | 130 |
135 | 130 | 125 |
130 | 125 | 120 |
125 | 120 | 115 |
120 | 115 | 110 |
115 | 110 | 105 |
110 | 105 | 100 |
105 | 100 | 95 |
100 | 95  | 90 |
95  | 90  | 85 |
90  | 85  | 80 |
85  | 80  | 75 |
80  | 75  | 70 |
75  | 70  | 65 |
70  | 65  | 60 |
65  | 60  | 55 |
60  | 55  | 50 |
55  | 50  | 45 |
50  | 45  | 40 |
45  | 40  | 35 |
40  | 35  | 30 |
35  | 30  | 25 |
30  | 25  | 20 |
25  | 20  |     |
20  |     |     |

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Printed in the United States of America
0154981532

Approved McLean IRB
2012p001515 08/31/2012 through 08/30/2013
## 1. Vocabulary

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<td>2. Shovel</td>
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<td>3. Map</td>
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<td>4. Shell</td>
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<td>5. Shirt</td>
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<td>6. Shoe</td>
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<td>8. Car</td>
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<td>9. Bird</td>
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Maximum Raw Score
- Ages 6-8: 56
- Ages 9-11: 64
- Ages 12-16: 72
- Ages 17-89: 80

Total Raw Score
2. Block Design

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Maximum Raw Score
All Ages: 71

Total Raw Score
### 3. Similarities

<table>
<thead>
<tr>
<th>Item</th>
<th>Response</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Four-Wheeled</td>
<td>Ship</td>
<td>BUS</td>
</tr>
<tr>
<td>2. Dining Items</td>
<td>SPOON</td>
<td>Pan</td>
</tr>
<tr>
<td>3. Clothing</td>
<td>Jump Rope</td>
<td>Ball</td>
</tr>
<tr>
<td>4. Fruits</td>
<td>BANANA</td>
<td>Bean</td>
</tr>
<tr>
<td>5. Red–Blue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Circle–Square</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Grapes–Strawberries</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Cow–Bear</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Plane–Bus</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Shirt–Jacket</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. Pen–Pencil</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. Bowl–Plate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13. Love–Hate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14. TV–Newspaper</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15. Smooth–Rough</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16. Shoulder–Ankle</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17. Sit–Run</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18. Child–Adult</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19. Steam–Cloud</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20. Bird–Flower</td>
<td></td>
<td></td>
</tr>
<tr>
<td>21. More–Less</td>
<td></td>
<td></td>
</tr>
<tr>
<td>22. Photograph–Song</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
3. Similarities (Continued)

<table>
<thead>
<tr>
<th>Item</th>
<th>Response</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>23. Peace–War</td>
<td></td>
<td></td>
</tr>
<tr>
<td>24. Capitalism–Socialism</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25. Tradition–Habit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26. Freedom–Law</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Maximum Raw Score
Ages 6–8: 36
Ages 9–11: 44
Ages 12–89: 48

4. Matrix Reasoning

**Start Point**
Administer Sample Items A and B first.
Ages 6–8: Item 1
Ages 9–11: Item 5
Ages 12–44: Item 7
Ages 45–79: Item 5
Ages 80–89: Item 1

**Reverse Rule**
Ages 9–11 and Ages 45–79: Administer Items 1–4 in reverse sequence if score of 0 on Item 5 or 6.
Ages 12–44: Administer Items 1–6 in reverse sequence if score of 0 on Item 7 or 8.

**Discontinue Rule**
After 4 consecutive scores of 0 or after 4 scores of 0 on 5 consecutive items

**Stop Point**
Ages 6–8: After Item 28
Ages 9–11: After Item 32
Ages 12–44: No stop point
Ages 45–79: After Item 32
Ages 80–89: After Item 28

**Scoring Rule**
Items 1–35: 0 or 1

<table>
<thead>
<tr>
<th>Item</th>
<th>Response Options (Circle One)</th>
<th>Score (0 or 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>B.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>6-8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>80-89</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12-44</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17-11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12-44</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>19.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>20.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>21.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>22.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>23.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>24.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>25.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>26.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>27.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>28.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>29.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>30.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>31.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>32.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>33.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>34.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
<tr>
<td>35.</td>
<td>1 2 3 4 5 DK</td>
<td></td>
</tr>
</tbody>
</table>

Maximum Raw Score
Ages 6–8: 28
Ages 9–11: 32
Ages 12–44: 35
Ages 45–79: 32

Total Raw Score
I would like to ask you about injuries to your head or neck that you may have had at anytime in your life.**

*Interviewer instruction*: Record cause and any details provided spontaneously in the box at the bottom of the page. DO NOT query further about LOC or other details at this stage.

1. Have you ever been hospitalized or treated in an emergency room following an injury to your head or neck? Think about any childhood injuries you remember or were told about.
   - Yes—Record cause(s) in table below
   - No

2. Have you ever injured your head or neck in a car accident or from some other moving vehicle accident (e.g. motorcycle, ATV)?
   - Yes—Record cause(s) in table below
   - No

3. Have you ever injured your head or neck in a fall or from being hit by something (e.g. falling from a bike, horse, or rollerblades, falling on ice, being hit by a rock)? Have you ever injured your head or neck playing sports or on the playground?
   - Yes—Record cause(s) in table below
   - No

4. Have you ever injured your head or neck in a fight, from being hit by someone, or from being shaken violently? Have you ever been shot in the head?
   - Yes—Record cause(s) in table below
   - No

5. Have you ever been nearby when an explosion or a blast occurred? If you served in the military, think about any combat- or training-related incidents.
   - Yes—Record cause(s) in table below
   - No

6. If all above are “no” then proceed to question 7. If answered “yes” to any of the questions above, ask the following for each injury: Were you knocked or did you lose consciousness (LOC)? If yes, how long? If no, were you dazed or did you have a gap in your memory from the injury? How old were you? (age is only needed if there was LOC)

<table>
<thead>
<tr>
<th>Cause</th>
<th>Loss of consciousness (LOC)/knocked out</th>
<th>Dazed/Memory Gap</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No LOC</td>
<td>&lt; 30 min</td>
<td>30 min-24 hrs</td>
</tr>
</tbody>
</table>

*If more injuries with LOC*: How many more? ____ Longest knocked out? ____ How many ≥ 30 mins.? ____ Youngest age? ____

7. Have you ever lost consciousness from a drug overdose or being choked? ____# overdose ____# choked

---

SCORING

_____ # TBI-LOC (number of TBI’s with loss of consciousness from #6a)
_____ # TBI-LOC ≥ 30 (number of TBI’s with loss of consciousness ≥ 30 minutes from #6a)
_____ age at first TBI-LOC (youngest age from #6a)
_____ TBI-LOC before age 15 (if youngest age from #7B < 15 then =1, if ≥ 15 then = 0)
_____ Worst Injury (1-5):
     If responses to #1-5 are “no” classify as 1 “improbable TBI”.
     If in response to #6a and 6b reports never having LOC, being dazed or having memory lapses classify as 1 “improbable TBI”.
     If in response to #6b reports being dazed or having a memory lapse classify as 2 “possible TBI”.
     If in response to #6a loss of consciousness (LOC) does not exceed 30 minutes for any injury classify as 3 “mild TBI”.
     If in response to #6a LOC for any one injury is between 30 minutes and 24 hours classify as 4 “moderate TBI”.
     If in response to #6a LOC for any one injury exceeds 24 hours classify as 5 “severe TBI”.
_____ # anoxic injuries (sum of incidents reported in #7)
After a head injury or accident some people experience symptoms that can cause worry or nuisance. We would like to know if you now suffer any of the symptoms given below. Because many of these symptoms occur normally, we would like you to compare yourself now with before the accident. For each symptom listed below please circle the number that most closely represents your answer.

0 = not experienced at all  
1 = no more of a problem  
2 = a mild problem  
3 = a moderate problem  
4 = a severe problem

Compared with **before** the accident, do you now (i.e., over the last 24 hours) suffer from:

<table>
<thead>
<tr>
<th>Symptom</th>
<th>not experienced</th>
<th>no more of a problem</th>
<th>mild problem</th>
<th>moderate problem</th>
<th>severe problem</th>
</tr>
</thead>
<tbody>
<tr>
<td>Headaches</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Feelings of dizziness</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Nausea and/or vomiting</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Noise sensitivity (easily upset by loud noise)</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Sleep disturbance</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Fatigue, tiring more easily</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Being irritable, easily angered</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Feeling depressed or tearful</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Feeling frustrated or impatient</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Forgetfulness, poor memory</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Poor concentration</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Taking longer to think</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Blurred vision</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Light sensitivity (easily upset by bright light)</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Double vision</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Restlessness</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

Are you experiencing any other difficulties? Please specify, and rate as above.

1.  
2.  

**Administration only:**

<table>
<thead>
<tr>
<th>RPQ-3 (total for first three items)</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>RPQ-13 (total for next 13 items)</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
</table>
Administration only

Individual item scores reflect the presence and severity of post concussive symptoms. Post concussive symptoms, as measured by the RPQ, may arise for different reasons subsequent to (although not necessarily directly because of) a traumatic brain injury. The symptoms overlap with broader conditions, such as pain, fatigue and mental health conditions such as depression.

The questionnaire can be repeated to monitor a patient’s progress over time. There may be changes in the severity of symptoms, or the range of symptoms. Typical recovery is reflected in a reduction of symptoms and their severity within three months.

Scoring

The scoring system has been modified from Eyres, 2005.

The items are scored in two groups. The first group (RPQ-3) consists of the first three items (headaches, feelings of dizziness and nausea) and the second group (RPQ-13) comprises the next 13 items. The total score for RPQ-3 items is potentially 0–12 and is associated with early symptom clusters of post concussive symptoms. If there is a higher score on the RPQ-3, earlier reassessment and closer monitoring is recommended.

The RPQ-13 score is potentially 0–52, where higher scores reflect greater severity of post concussive symptoms. The RPQ-13 items are associated with a later cluster of symptoms, although the RPQ-3 symptoms of headaches, dizziness and nausea may also be present. The later cluster of symptoms is associated with having a greater impact on participation, psychosocial functioning and lifestyle. Symptoms are likely to resolve within three months. A gradual resumption of usual activities is recommended during this period, appropriate to symptoms. If the symptoms do not resolve within three months, consideration of referral for specialist assessment or treatment services is recommended.

References:


Satisfaction with Life Scale

Below are five statements with which you may agree or disagree. Indicate your agreement with each item by placing the appropriate number on the line preceding that item.

Please be open and honest in your responding.

The 7-point scale is as follows:

1 = strongly disagree
2 = disagree
3 = slightly disagree
4 = neither agree nor disagree
5 = slightly agree
6 = agree
7 = strongly agree

__ 1. In most ways my life is close to my ideal.
__ 2. The conditions of my life are excellent.
__ 3. I am satisfied with my life.
__ 4. So far I have gotten the important things I want in life.
__ 5. If I could live my life over, I would change almost nothing.
The Alcohol Use Disorders Identification Test: Self-Report Version

PATIENT: Because alcohol use can affect your health and can interfere with certain medications and treatments, it is important that we ask some questions about your use of alcohol. Your answers will remain confidential so please be honest.
Place an X in one box that best describes your answer to each question.

<table>
<thead>
<tr>
<th>Questions</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. How often do you have a drink containing alcohol?</td>
<td>Never</td>
<td>Monthly or less</td>
<td>2-4 times a month</td>
<td>2-3 times a week</td>
<td>4 or more times a week</td>
</tr>
<tr>
<td>2. How many drinks containing alcohol do you have on a typical day when you are drinking?</td>
<td>1 or 2</td>
<td>3 or 4</td>
<td>5 or 6</td>
<td>7 to 9</td>
<td>10 or more</td>
</tr>
<tr>
<td>3. How often do you have six or more drinks on one occasion?</td>
<td>Never</td>
<td>Less than monthly</td>
<td>Monthly</td>
<td>Weekly</td>
<td>Daily or almost daily</td>
</tr>
<tr>
<td>4. How often during the last year have you found that you were not able to stop drinking once you had started?</td>
<td>Never</td>
<td>Less than monthly</td>
<td>Monthly</td>
<td>Weekly</td>
<td>Daily or almost daily</td>
</tr>
<tr>
<td>5. How often during the last year have you failed to do what was normally expected of you because of drinking?</td>
<td>Never</td>
<td>Less than monthly</td>
<td>Monthly</td>
<td>Weekly</td>
<td>Daily or almost daily</td>
</tr>
<tr>
<td>6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?</td>
<td>Never</td>
<td>Less than monthly</td>
<td>Monthly</td>
<td>Weekly</td>
<td>Daily or almost daily</td>
</tr>
<tr>
<td>7. How often during the last year have you had a feeling of guilt or remorse after drinking?</td>
<td>Never</td>
<td>Less than monthly</td>
<td>Monthly</td>
<td>Weekly</td>
<td>Daily or almost daily</td>
</tr>
<tr>
<td>8. How often during the last year have you been unable to remember what happened the night before because of your drinking?</td>
<td>Never</td>
<td>Less than monthly</td>
<td>Monthly</td>
<td>Weekly</td>
<td>Daily or almost daily</td>
</tr>
<tr>
<td>9. Have you or someone else been injured because of your drinking?</td>
<td>No</td>
<td>Yes, but not in the last year</td>
<td>Yes, during the last year</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?</td>
<td>No</td>
<td>Yes, but not in the last year</td>
<td>Yes, during the last year</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total
DAY OF SCAN INFORMATION QUESTIONNAIRE

SUBJECT #:______     DATE: ____/____/_____

DATE OF BIRTH   ________/________/________
day        month         year

AGE     ___________ years

HEIGHT     ___________ ft/inches

WEIGHT     ___________ lbs

SEX     □ MALE     □ FEMALE
For females only:
When was the start of your last menstrual period?
Be as precise as possible.
Date of period:_____________________________
or about _________days ago.

RIGHT or LEFT-HANDED?  □ RIGHT
□ LEFT
□ BOTH/NEITHER

Do you have any problems with reading?  □ NO     □ YES
**EDUCATION:** What is the highest grade or level of school you have completed or the highest degree you have obtained? *Please choose one:*

- □ 9th Grade
- □ 10th Grade
- □ 11th Grade
- □ 12th Grade, no diploma
- □ High school graduate
- □ GED or equivalent
- □ Some college, no degree
- □ Associate degree: occupational, technical, or vocational program
- □ Associate degree: academic program
- □ Bachelor's degree (e.g., BA, AB, BS, BBA)
- □ Master's degree (e.g., MA, MS, MEng, MEd, MBA)
- □ Professional school degree (e.g., MD, DDS, DVM, JD)
- □ Doctoral degree (e.g., PhD, EdD)
- □ Unknown

Are you currently doing shift work (e.g., working early morning, evening, or night shifts)?

- □ NO    □ YES

Do you engage in regular exercise?

- □ NO    □ YES

Which sport? ____________________________________________________________

How many days per week? ________________________________________________

How many minutes per exercise session (on average)? ________________________
CAFFEINE USE

Did you have any caffeine containing products today?
☐ NO  ☐ YES  How much? ________________________________

On average, how many cups (=8oz) of caffeinated coffee do you drink per day? _________________
On average, how many cups (=8oz) of caffeinated tea do you drink per day? _________________
On average, how many cans of caffeinated soda do you drink per day? _________________
On average, how many caffeinated sports drinks do you drink per day? ________________ (brand)

Do you use any other caffeinated products (e.g. Vivarin)?
☐ NO  ☐ YES  Brand? ________________________________

How much? ________________________________
How often? ________________________________
NICOTINE AND OTHER SUBSTANCE USE

Do you currently smoke cigarettes?
☐ NO  ☐ YES
How many? __________________ daily / weekly / monthly / yearly (circle one)
For how long? _______________ years _______________ months
Have you tried to quit?  ☐ NO  ☐ YES
How many times? _______________

Have you ever smoked cigarettes in the past?
☐ NO  ☐ YES
How many? __________________ daily / weekly / monthly / yearly (circle one)
For how long? _______________ years _______________ months
When did you quit? __________________ (approximate date)

Do you currently smoke large cigars?
☐ NO  ☐ YES
How many? __________________ daily / weekly / monthly / yearly (circle one)
For how long? _______________ years _______________ months
Have you tried to quit?  ☐ NO  ☐ YES
How many times? _______________

Have you ever smoked large cigars in the past?
☐ NO  ☐ YES
How many? __________________ daily / weekly / monthly / yearly (circle one)
For how long? _______________ years _______________ months
When did you quit? __________________ (approximate date)

Do you currently smoke small cigars?
☐ NO  ☐ YES
How many? __________________ daily / weekly / monthly / yearly (circle one)
For how long? _______________ years _______________ months
Have you tried to quit?  ☐ NO  ☐ YES
How many times? _______________
Have you ever smoked small cigars in the past?

☐ NO  ☐ YES

How many? _________________ daily / weekly / monthly / yearly (\textit{circle one})

For how long? _________________ years ________________ months

When did you quit? ________________________________ (approximate date)

Do you currently smoke cigarillos?

☐ NO  ☐ YES

How many? _________________ daily / weekly / monthly/ yearly (\textit{circle one})

For how long? _________________ years ________________ months

Have you tried to quit?  ☐ NO  ☐ YES

How many times? _________________

Have you ever smoked cigarillos in the past?

☐ NO  ☐ YES

How many? _________________ daily / weekly / monthly / yearly (\textit{circle one})

For how long? _________________ years ________________ months

When did you quit? ________________________________ (approximate date)

Do you currently use smokeless tobacco, such as dip or chew?

☐ NO  ☐ YES

About how much/ many? _______daily / weekly / monthly / yearly (\textit{circle one})

For how long? _________________ years ________________ months

Have you tried to quit?  ☐ NO  ☐ YES

How many times? _________________

Have you ever used smokeless tobacco in the past?

☐ NO  ☐ YES

About how much/ many? _______ daily / weekly / monthly / yearly (\textit{circle one})

For how long? _________________ years ________________ months

When did you quit? ________________________________ (approximate date)

Do you currently use any other nicotine-containing products?

☐ NO  ☐ YES
Which kind? ______________________________________________________

For how long? _________________ years ________________ months

How often? _______________________________________________________

Have you tried to quit?  □ NO  □ YES
  How many times? _________________

Have you ever used any other kind of nicotine containing products?

□ NO  □ YES

Which kind? ______________________________________________________

For how long? _________________ years ________________ months

How often? _______________________________________________________

Have you tried to quit?  □ NO  □ YES
  How many times? _________________

Are you currently taking diet pills?

□ NO  □ YES

What brand? _____________________________________________________

For how long? ___________ years ___________ months ___________ days

How much? ______________________________________________________

How often? _________________ daily / weekly / monthly / yearly (circle one)

Are you currently taking any medications, vitamins, or supplements?

□ NO  □ YES

Please list:

Name: ___________________  Dosage: ____________________

Name: ___________________  Dosage: ____________________

Name: ___________________  Dosage: ____________________

Name: ___________________  Dosage: ____________________

Have you ever used marijuana?

□ NO  □ YES

At what age did you start? _________________________________________

On approximately how many occasions have you used marijuana? _________

At what age did you quit? _________________________________________

Approved McLean IRB
2012p001515 08/31/2012 through 08/30/2013
In the past year, did you use marijuana?

☐ NO  ☐ YES

How often? ____________________ daily / weekly / monthly / yearly (circle one)

Do you currently use marijuana?

☐ NO  ☐ YES

How often? ____________________ daily / weekly / monthly / yearly (circle one)

Have you tried to quit?  ☐ NO  ☐ YES

How many times? _________________

Have you ever used any other street drugs?

☐ NO  ☐ YES

What? __________________________________________________________

How much? ______________________________________________________

How often? ______________________________________________________

In the past year, did you use any other street drugs?

☐ NO  ☐ YES

What? __________________________________________________________

How much? ______________________________________________________

How often? ______________________________________________________

Do you currently use any other street drugs?

☐ NO  ☐ YES

What? __________________________________________________________

How much? ______________________________________________________

How often? ______________________________________________________

Do you drink alcohol?

☐ NO  ☐ YES

How many times per month? ________________________________

Using the below chart, what is the average number of drinks you consume on these occasions? ________________________________

Using the chart, what is the largest number of drinks you consume? __________
One drink equals:

<table>
<thead>
<tr>
<th>Description</th>
<th>Alcohol Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 fl oz of regular beer</td>
<td>About 5%</td>
</tr>
<tr>
<td>8-9 fl oz of malt liquor</td>
<td>About 7%</td>
</tr>
<tr>
<td>5 fl oz of table wine</td>
<td>About 12%</td>
</tr>
<tr>
<td>3-4 fl oz of fortified wine</td>
<td>About 17%</td>
</tr>
<tr>
<td>2-3 fl oz of cordial, liqueur, or</td>
<td>About 24%</td>
</tr>
<tr>
<td>aperitif</td>
<td></td>
</tr>
<tr>
<td>1.5 fl oz of brandy (a single</td>
<td>About 40%</td>
</tr>
<tr>
<td>jigger or shot)</td>
<td></td>
</tr>
<tr>
<td>1.5 fl oz shot of 80-proof spirits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(&quot;hard liquor&quot;)</td>
</tr>
</tbody>
</table>
INFORMATION ON THE MOST RECENT DOCUMENTED INJURY

Injury date and time: __ __ /__ __/ __ __ __ __:__ __ (24 hour clock) (day /month/ year)

What happened? _____________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________

Did you experience any symptoms or changes after the injury?
☐ NO
☐ YES, IMMEDIATELY AFTER THE INJURY
☐ YES, NOT IMMEDIATELY AFTER THE INJURY

Which symptoms or changes did you experience?
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________

At the time of the injury, were you under the influence of alcohol, medication or drugs at that time?
☐ NO
☐ YES, ALCOHOL
☐ YES, MEDICATION (which?) ________________________________________________
☐ YES, DRUGS (which?) _____________________________________________________

Were medical services received after injury?
☐ NO
☐ DO NOT KNOW
☐ YES

Did you “see stars” during your last concussion?
☐ NO
☐ DO NOT KNOW
☐ YES

Did you experience loss of consciousness?
☐ NO
☐ DO NOT KNOW
☐ YES

Duration of loss of consciousness:
How was the loss of consciousness verified?
☑️ Self-report  ☐ Witness  ☐ Medical chart

Do you have a PERSONAL memory of the event/ incident itself?
☐ YES, I FULLY REMEMBER  ☐ YES, BUT THERE ARE GAPS IN MY MEMORY  ☒ NO, I DO NOT REMEMBER AT ALL

How much do you NOT remember after the injury?
☑️ <1 minute  ☐ 1-29 minutes  ☐ 30-59 minutes  ☐ 1-24 hours  ☐ 1-7 days  ☐ > 7 days  ☐ Unknown

How was the memory loss verified?
☐ Self-report  ☐ Witness  ☐ Medical chart

After the injury, when did you feel back to yourself or 100%?

________________________________________________________

________________________________________________________
SLEEP HABITS

How much sleep did you get last night? _____________ HRS

Before your injury, what time did you typically awaken on:
- Weekdays (Mon-Fri)? ________ AM    PM (midnight = 12 AM; noon = 12 PM)
- Weekends (Sat-Sun)? ________ AM    PM

Before your injury, how long did it typically take you to fall asleep at night?
- Week nights (Sun-Thur) ________ MIN    HRS (midnight = 12 AM; noon = 12 PM)
- Weekends (Fri-Sat) ________ MIN    HRS

Before your injury, at what time did you normally go to bed at night on:
- Week nights (Sun-Thur)? ________ AM    PM (midnight = 12 AM; noon = 12 PM)
- Weekends (Fri-Sat)? ________ AM    PM

Before the injury, did you experience sleep problems?

☐ NO

☐ YES, I had trouble falling asleep.
How often? ________ times per WEEK MONTH YEAR

☐ YES, I had trouble staying asleep.
How often? ________ times per WEEK MONTH YEAR

Since the injury, did you notice that your sleep became worse?

☐ NO

☐ YES

What sleep problems became more noticeable to you? (check all that apply)
- I get sleepier during the day.
- I get drowsier than I used to when trying to concentrate or work.
- I fall asleep when I should not.
- It is harder to stay alert during the day.
- It is harder to fall asleep at night.
  How often? ________ times per WEEK MONTH YEAR
- I fall asleep much later than I used to.
☐ I fall asleep much earlier than I used to.
☐ I sleep later in the morning than I used to.
☐ I have trouble staying asleep.
   How often? _______ times per WEEK MONTH YEAR
☐ I wake up much earlier in the morning than I used to.
☐ When I do sleep, it is fitful or less restful than it used to be.
☐ I wake up off and on throughout the night more than I used to.
☐ I have more nightmares than I used to.

Since your injury, how much do you typically sleep on weeknights (Sun-Thur)? ______ HRS

Since your injury, how much do you typically sleep on weekend nights (Fri-Sat)? _____ HRS

Since your injury, at what time do you normally go to bed at night on:
   Week nights (Sun-Thur)? ______ AM PM (midnight = 12 AM; noon = 12 PM)
   Weekends (Fri-Sat)? _______ AM PM

Since your injury, what time do you typically awaken on:
   Weekdays (Mon-Fri)? _______ AM PM
   Weekends (Sat-Sun)? _______ AM PM

Since your Injury, how long does it typically take you to fall asleep at night?
   Week nights (Sun-Thur)? ______ MIN HRS
   Weekends (Fri-Sat)? _______ MIN HRS

Since your injury,
   at what time of day do you feel sleepiest? _______ AM PM
   at what time of day do you feel most alert? _______ AM PM
   how many hours do you need to sleep to feel your best? _________
   if you get less than ______ hours of sleep, you notice impairment in your ability to function at work.
   if you get more than ______ hours of sleep, you notice impairment in your ability to function at work.
Since your injury, do you take more than two daytime naps per month?

☐ NO  ☐ YES

How many times per week do you nap? _________

At what time? _____:_____ AM/PM to _____:____AM/PM

Do you consider yourself a light, normal, or heavy sleeper?

☐ LIGHT  ☐ NORMAL  ☐ HEAVY

Have you been told or do you think that you snore excessively?

☐ NO  ☐ YES

Have you ever been diagnosed or treated for sleep apnea or sleep disordered breathing?

☐ NO  ☐ YES

Is daytime sleepiness currently a problem for you?

☐ NO  ☐ YES
**Epworth Sleepiness Scale**

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired? This refers to your **usual way of life in recent times**. Even if you have not done some of these things recently try to work out how they would have affected you. Use the following scale to choose the most appropriate number for each situation:

0 = would never doze  
1 = slight chance of dozing  
2 = moderate chance of dozing  
3 = high chance of dozing

<table>
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<td>0 1 2 3</td>
</tr>
<tr>
<td>Watching TV</td>
<td>0 1 2 3</td>
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<td>Sitting, inactive in a public place (e.g. a theater or meeting)</td>
<td>0 1 2 3</td>
</tr>
<tr>
<td>As a passenger in a car for an hour without a break</td>
<td>0 1 2 3</td>
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<td>Lying down to rest in the afternoon when circumstances permit</td>
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<td>0 1 2 3</td>
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<td>Sitting quietly after a lunch without alcohol</td>
<td>0 1 2 3</td>
</tr>
<tr>
<td>In a car, while stopped for a few minutes in the traffic</td>
<td>0 1 2 3</td>
</tr>
</tbody>
</table>
DAY OF SCAN INFORMATION QUESTIONNAIRE

SUBJECT #:______     DATE: ____/____/_____

DATE OF BIRTH    ________/________/________
day        month         year

AGE     ___________ years

HEIGHT     ___________ ft/inches

WEIGHT     ___________ lbs

SEX

☐ MALE     ☐ FEMALE
For females only:
When was the start of your last menstrual period?
Be as precise as possible.
Date of period:_________________________
or about _________days ago.

RIGHT or LEFT-HANDED?

☐ RIGHT
☐ LEFT
☐ BOTH/NEITHER

Do you have any problems with reading?

☐ NO       ☐ YES
**EDUCATION:** What is the highest grade or level of school you have completed or the highest degree you have obtained? *Please choose one:*

- [ ] 9th Grade
- [ ] 10th Grade
- [ ] 11th Grade
- [ ] 12th Grade, no diploma
- [ ] High school graduate
- [ ] GED or equivalent
- [ ] Some college, no degree
- [ ] Associate degree: occupational, technical, or vocational program
- [ ] Associate degree: academic program
- [ ] Bachelor's degree (e.g., BA, AB, BS, BBA)
- [ ] Master's degree (e.g., MA, MS, MEng, MEd, MBA)
- [ ] Professional school degree (e.g., MD, DDS, DVM, JD)
- [ ] Doctoral degree (e.g., PhD, EdD)
- [ ] Unknown

Are you currently doing shift work (e.g., working early morning, evening, or night shifts)?

- [ ] NO
- [ ] YES

Do you engage in regular exercise?

- [ ] NO
- [ ] YES

Which sport? __________________________________________________________

How many days per week? ______________________________________________

How many minutes per exercise session (on average)? _______________________
CAFFEINE USE

Did you have any caffeine containing products today?

☐ NO  ☐ YES  How much? ________________________________

On average, how many cups (=8oz) of caffeinated coffee do you drink per day? __________
On average, how many cups (=8oz) of caffeinated tea do you drink per day? ___________
On average, how many cans of caffeinated soda do you drink per day? ______________
On average, how many caffeinated sports drinks do you drink per day? __________ (brand)

Do you use any other caffeinated products (e.g. Vivarin)?

☐ NO  ☐ YES  Brand? ________________________________

How much? ________________________________
How often? ________________________________
**NICOTINE AND OTHER SUBSTANCE USE**

Do you currently smoke cigarettes?

☐ NO  ☐ YES

How many? _______________ daily / weekly / monthly / yearly (circle one)

For how long? _______________ years _______________ months

Have you tried to quit?  ☐ NO  ☐ YES

How many times? _______________

Have you ever smoked cigarettes in the past?

☐ NO  ☐ YES

How many? _______________ daily / weekly / monthly / yearly (circle one)

For how long? _______________ years _______________ months

When did you quit? __________________________ (approximate date)

Do you currently smoke large cigars?

☐ NO  ☐ YES

How many? _______________ daily / weekly / monthly/ yearly (circle one)

For how long? _______________ years _______________ months

Have you tried to quit?  ☐ NO  ☐ YES

How many times? _______________

Have you ever smoked large cigars in the past?

☐ NO  ☐ YES

How many? _______________ daily / weekly / monthly / yearly (circle one)

For how long? _______________ years _______________ months

When did you quit? __________________________ (approximate date)

Do you currently smoke small cigars?

☐ NO  ☐ YES

How many? _______________ daily / weekly / monthly/ yearly (circle one)

For how long? _______________ years _______________ months

Have you tried to quit?  ☐ NO  ☐ YES

How many times? _______________
Have you ever smoked small cigars in the past?
☐ NO  ☐ YES
How many? ___________________ daily / weekly / monthly / yearly (circle one)
For how long? ________________ years ________________ months
When did you quit? ____________________________ (approximate date)

Do you currently smoke cigarillos?
☐ NO  ☐ YES
How many? ___________________ daily / weekly / monthly / yearly (circle one)
For how long? ________________ years ________________ months
Have you tried to quit?  ☐ NO  ☐ YES
How many times? ________________

Have you ever smoked cigarillos in the past?
☐ NO  ☐ YES
How many? ___________________ daily / weekly / monthly / yearly (circle one)
For how long? ________________ years ________________ months
When did you quit? ____________________________ (approximate date)

Do you currently use smokeless tobacco, such as dip or chew?
☐ NO  ☐ YES
About how much/ many? __________ daily / weekly / monthly / yearly (circle one)
For how long? ________________ years ________________ months
Have you tried to quit?  ☐ NO  ☐ YES
How many times? ________________

Have you ever used smokeless tobacco in the past?
☐ NO  ☐ YES
About how much/ many? __________ daily / weekly / monthly / yearly (circle one)
For how long? ________________ years ________________ months
When did you quit? ____________________________ (approximate date)

Do you currently use any other nicotine-containing products?
☐ NO  ☐ YES
Which kind? ______________________________________________________

For how long? ________________ years ________________ months

How often? _______________________________________________________

Have you tried to quit? □ NO □ YES

How many times? ________________

Have you ever used any other kind of nicotine containing products?

□ NO □ YES

Which kind? ______________________________________________________

For how long? ________________ years ________________ months

How often? _______________________________________________________

Have you tried to quit? □ NO □ YES

How many times? ________________

Are you currently taking diet pills?

□ NO □ YES

What brand? ______________________________________________________

For how long? ___________ years ___________ months ___________ days

How much? _______________________________________________________

How often? __________________ daily / weekly / monthly / yearly (circle one)

Are you currently taking any medications, vitamins, or supplements?

□ NO □ YES

Please list:

Name: ___________________  Dosage: ____________________
Name: ___________________  Dosage: ____________________
Name: ___________________  Dosage: ____________________
Name: ___________________  Dosage: ____________________

Have you ever used marijuana?

□ NO □ YES

At what age did you start? ________________________________

On approximately how many occasions have you used marijuana? __________

At what age did you quit? ________________________________
In the past year, did you use marijuana?

☐ NO  ☐ YES  
How often? __________________________ daily / weekly / monthly / yearly (circle one)

Do you currently use marijuana?

☐ NO  ☐ YES  
How often? __________________________ daily / weekly / monthly / yearly (circle one)

Have you tried to quit?  ☐ NO  ☐ YES  
How many times? _________________

Have you ever used any other street drugs?

☐ NO  ☐ YES  
What? ________________________________________________
How much? ________________________________________________
How often? ________________________________________________

In the past year, did you use any other street drugs?

☐ NO  ☐ YES  
What? ________________________________________________
How much? ________________________________________________
How often? ________________________________________________

Do you currently use any other street drugs?

☐ NO  ☐ YES  
What? ________________________________________________
How much? ________________________________________________
How often? ________________________________________________

Do you drink alcohol?

☐ NO  ☐ YES  
How many times per month? ________________________________
Using the below chart, what is the average number of drinks you consume on these occasions? ________________________________
Using the chart, what is the largest number of drinks you consume? __________

One drink equals:

- 12 fl oz of regular beer
- 8-9 fl oz of malt liquor (shown in a 12-oz glass)
- 5 fl oz of table wine
- 3-4 oz of fortified wine (such as sherry or port; 3.5 oz shown)
- 2-3 oz of cordial, liqueur, or aperitif (2.5 oz shown)
- 1.5 oz of brandy (a single jigger or shot)
- 1.5 fl oz shot of 80-proof spirits ("hard liquor")

About 5% alcohol
About 7% alcohol
About 12% alcohol
About 17% alcohol
About 24% alcohol
About 40% alcohol
About 40% alcohol
SLEEP HABITS

How much sleep did you get last night? _____________ HRS

What time do you typically awaken on:
   Weekdays (Mon-Fri)? ________ AM    PM (midnight = 12 AM; noon = 12 PM)
   Weekends (Sat-Sun)? ________ AM    PM

How long does it typically take you to fall asleep at night?
   Week nights (Sun-Thur) ________ MIN    HRS (midnight = 12 AM; noon = 12 PM)
   Weekends (Fri-Sat) ________ MIN    HRS

At what time do you normally go to bed at night on:
   Week nights (Sun-Thur)? ________ AM    PM (midnight = 12 AM; noon = 12 PM)
   Weekends (Fri-Sat)? ________ AM    PM

Did you ever experience sleep problems?

[ ] NO [ ] YES, I have trouble falling asleep.
   How often? ________ times per WEEK MONTH YEAR

[ ] YES, I have trouble staying asleep.
   How often? ________ times per WEEK MONTH YEAR

At what time of day do you feel sleepiest? ________ AM    PM
At what time of day do you feel most alert? ________ AM    PM
How many hours do you need to sleep to feel your best? __________
If you get less than ______ hours of sleep, you notice impairment in your ability to function at work.
If you get more than ______ hours of sleep, you notice impairment in your ability to function at work.

Do you take more than two daytime naps per month?

[ ] NO [ ] YES
   How many times per week do you nap? __________
   At what time? _____:____ AM/PM to _____:____ AM/PM
Do you consider yourself a light, normal, or heavy sleeper?

☐ LIGHT ☐ NORMAL ☐ HEAVY

Have you been told or do you think that you snore excessively?

☐ NO ☐ YES

Have you ever been diagnosed or treated for sleep apnea or sleep disordered breathing?

☐ NO ☐ YES

Is daytime sleepiness currently a problem for you?

☐ NO ☐ YES
**Epworth Sleepiness Scale**

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired? This refers to your **usual way of life in recent times**. Even if you have not done some of these things recently try to work out how they would have affected you. Use the following scale to choose the most appropriate number for each situation:

0 = would never doze  
1 = slight chance of dozing  
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PITTSBURGH SLEEP QUALITY INDEX

INSTRUCTIONS:
The following questions relate to your usual sleep habits during the past month only. Your answers should indicate the most accurate reply for the majority of days and nights in the past month. Please answer all questions.

1. During the past month, what time have you usually gone to bed at night?
   BED TIME ____________

2. During the past month, how long (in minutes) has it usually taken you to fall asleep each night?
   NUMBER OF MINUTES ____________

3. During the past month, what time have you usually gotten up in the morning?
   GETTING UP TIME ____________

4. During the past month, how many hours of actual sleep did you get at night? (This may be different than the number of hours you spent in bed.)
   HOURS OF SLEEP PER NIGHT ____________

For each of the remaining questions, check the one best response. Please answer all questions.

5. During the past month, how often have you had trouble sleeping because you . . .
   a) Cannot get to sleep within 30 minutes
      Not during the past month _____ Less than once a week _____ Once or twice a week _____ Three or more times a week _____
   b) Wake up in the middle of the night or early morning
      Not during the past month _____ Less than once a week _____ Once or twice a week _____ Three or more times a week _____
   c) Have to get up to use the bathroom
      Not during the past month _____ Less than once a week _____ Once or twice a week _____ Three or more times a week _____
d) Cannot breathe comfortably

Not during the past month_______ Less than once a week_______ Once or twice a week_______ Three or more times a week_______

e) Cough or snore loudly

Not during the past month_______ Less than once a week_______ Once or twice a week_______ Three or more times a week_______

f) Feel too cold

Not during the past month_______ Less than once a week_______ Once or twice a week_______ Three or more times a week_______

g) Feel too hot

Not during the past month_______ Less than once a week_______ Once or twice a week_______ Three or more times a week_______

h) Had bad dreams

Not during the past month_______ Less than once a week_______ Once or twice a week_______ Three or more times a week_______

i) Have pain

Not during the past month_______ Less than once a week_______ Once or twice a week_______ Three or more times a week_______

j) Other reason(s), please describe__________________________

__________________________________________________________________

How often during the past month have you had trouble sleeping because of this?

Not during the past month_______ Less than once a week_______ Once or twice a week_______ Three or more times a week_______

6. During the past month, how would you rate your sleep quality overall?

Very good _____________

Fairly good _____________

Fairly bad _____________

Very bad _____________
7. During the past month, how often have you taken medicine to help you sleep (prescribed or "over the counter")?

- Not during the past month
- Less than once a week
- Once or twice a week
- Three or more times a week

8. During the past month, how often have you had trouble staying awake while driving, eating meals, or engaging in social activity?

- Not during the past month
- Less than once a week
- Once or twice a week
- Three or more times a week

9. During the past month, how much of a problem has it been for you to keep up enough enthusiasm to get things done?

- No problem at all
- Only a very slight problem
- Somewhat of a problem
- A very big problem

10. Do you have a bed partner or room mate?

- No bed partner or room mate
- Partner/room mate in other room
- Partner in same room, but not same bed
- Partner in same bed

If you have a room mate or bed partner, ask him/her how often in the past month you have had . . .

a) Loud snoring

- Not during the past month
- Less than once a week
- Once or twice a week
- Three or more times a week

b) Long pauses between breaths while asleep

- Not during the past month
- Less than once a week
- Once or twice a week
- Three or more times a week

c) Legs twitching or jerking while you sleep

- Not during the past month
- Less than once a week
- Once or twice a week
- Three or more times a week
<table>
<thead>
<tr>
<th></th>
<th>Not during the past month</th>
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<tr>
<td>d)</td>
<td>Episodes of disorientation or confusion during sleep</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e)</td>
<td>Other restlessness while you sleep; please describe</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Please rate each of the following items in terms of how characteristic they are of you. Use the following scale for answering these items.

<table>
<thead>
<tr>
<th>1 extremely uncharacteristic of me</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5 extremely characteristic of me</th>
</tr>
</thead>
<tbody>
<tr>
<td>Once in a while I can’t control the urge to strike another person.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Given enough provocation, I may hit another person.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>If somebody hits me, I hit back.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I get into fights a little more than the average person.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>If I have to resort to violence to protect my rights, I will.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>There are people who pushed me so far that we came to blows.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I can think of no good reason for ever hitting a person.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I have threatened people I know.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I have become so mad that I have broken things.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I tell my friends openly when I disagree with them.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I often find myself disagreeing with people.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>When people annoy me, I may tell them what I think of them.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I can’t help getting into arguments when people disagree with me.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>My friends say that I’m somewhat argumentative.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I flare up quickly but get over it quickly.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>When frustrated, I let my irritation show.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I sometimes feel like a powder keg ready to explode.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I am an even-tempered person.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Some of my friends think I’m a hothead.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Sometimes I fly off the handle for no good reason.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I have trouble controlling my temper.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I am sometimes eaten up with jealousy.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>At times I feel I have gotten a raw deal out of life.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Other people always seem to get the breaks.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I wonder why sometimes I feel so bitter about things.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I know that “friends” talk about me behind my back.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>I am suspicious of overly friendly strangers.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>
Curriculum Vitae

Date Prepared: October 4, 2013

Name: WILLIAM DALE (SCOTT) KILLGORE

Office Address: Neuroimaging Center
McLean Hospital
115 Mill Street
Belmont, MA 02478 United States

Home Address: 

Work Phone: (617) 855-3166

Work Email: killgore@mclean.harvard.edu

Work FAX: (617) 855-2770

Place of Birth: 

Education
1985 A.A. (Liberal Arts), San Antonio College
1985 A.A.S (Radio-TV-Film), San Antonio College
1990 B.A. (Psychology), Summa cum laude with Distinction, University of New Mexico
1992 M.A. (Clinical Psychology), Texas Tech University
1996 PH.D. (Clinical Psychology), Texas Tech University

Postdoctoral Training
08/95-07/96 Predoctoral Fellow, Clinical Psychology, Yale School of Medicine
08/96-07/97 Postdoctoral Fellow, Clinical Neuropsychology, University of OK Health Sciences Center
08/97-07/99 Postdoctoral Fellow, Clinical Neuropsychology, University of Pennsylvania Medical School
07/99-09/00 Research Fellow, Neuroimaging, McLean Hospital/ Harvard Medical School

Faculty Academic Appointments
10/00-08/02 Instructor in Psychology in the Department of Psychiatry
Harvard Medical School, Boston, MA
09/02-07/07 Clinical Instructor in Psychology in the Department of Psychiatry
Harvard Medical School, Boston, MA
08/07-10/10 Instructor in Psychology in the Department of Psychiatry
Harvard Medical School, Boston, MA
04/08- Faculty Affiliate, Division of Sleep Medicine
Harvard Medical School, Boston, MA
10/10-12 Assistant Professor of Psychology in the Department of Psychiatry
Harvard Medical School, Boston, MA
10/12- Associate Professor of Psychology in the Department of Psychiatry
Harvard Medical School

**Appointments at Hospitals/Affiliated Institutions**

10/00-08/02 Assistant Research Psychologist, McLean Hospital, Belmont, MA
08/02-07/04 Research Psychologist, Department of Behavioral Biology, Walter Reed Army Institute of Research, Silver Spring, MD
09/02-04/05 Special Volunteer, National Institute on Deafness and Other Communication Disorders (NIDCD), National Institutes of Health (NIH), Bethesda, MD
09/02-07/07 Consultant in Psychology, McLean Hospital, Belmont, MA
08/07- Research Psychologist, McLean Hospital, Belmont, MA

**Other Professional Positions**

11/01-08/02 First Lieutenant, Medical Service Corps, United States Army Reserve (USAR)
08/02-07/05 Captain, Medical Service Corps, United States Army
08/05-10/07 Major, Medical Service Corps, United States Army Reserve (USAR)
10/07-12/12 Major, Medical Service Corps, United States Army Reserve (USAR)
08/08- Consulting Psychologist, The Brain Institute, University of Utah
07/12- Lieutenant Colonel, Medical Service Corps, United States Army Reserve (USAR)

**Major Administrative Leadership Positions**

**Local**

1988-1989 Undergraduate Teaching Assistant-Introduction to Psychology 102, University of New Mexico
1990-1991 Graduate Teaching Assistant-General Psychology 1300, Texas Tech University
1991-1992 Graduate Teaching Assistant-Psychology of Learning Laboratory 3317, Texas Tech University
2004-2007 Chief, Neurocognitive Performance Branch, Walter Reed Army Institute of Research, Silver Spring, MD
2005-2006 Neuropsychology Postdoctoral Program Training Supervisor, Walter Reed Hospital, Washington, DC
2011- Co-Director, Social, Cognitive, and Affective Neuroscience Laboratory, McLean Hospital, Belmont, MA

**Committee Service**

**Local**

2003 Scientific Review Committee, Walter Reed Army Institute of Research (WRAIR), Silver Spring, MD
2005 Scientific Review Committee, Walter Reed Army Institute of Research (WRAIR), Silver Spring, MD

Regional
2005-2006 Undergraduate Honors Thesis Committee, Jessica Richards [Chairperson], University of Maryland, Baltimore County
2011 Scientific Review Committee, U.S. Army Institute of Environmental Medicine (USARIEM), Natick, MA

National
2011- National Network of Depression Centers, Military Task Group

International
2005-2006 Doctoral Thesis Committee, Belinda J. Liddell, University of Sydney, Australia

Professional Societies
1995-1997 American Psychological Association, Member
1998-2000 National Academy of Neuropsychology, Member
2012- American Academy of Sleep Medicine, Member

Grant Review Activities
National
2004 University of Alabama, Clinical Nutrition Research Center (UAB CNRC) Pilot/Feasibility Study Program Review Committee
2006 U.S. Small Business Administration, Small Business Technology Transfer (STTR) Program Review Committee
2006 Cognitive Performance Assessment Program Area Steering Committee, U.S. Army Military Operational Medicine Research Program Funding Panel
2007 Cognitive Performance Assessment Program Area Steering Committee, U.S. Army Military Operational Medicine Research Program Funding Panel
2008 United States Army Medical Research and Materiel Command (USAMRMC) Congressionally Directed Medical Research Programs (CDMRP) Extramural Grant Review Panel
2009 NIH-CSR Brain Disorders and Clinical Neuroscience N02 Member Study Conflict Section Review Panel
2009 Sleep Physiology and Fatigue Interventions Program Area Steering Committee, U.S. Army Military Operational Medicine Research Program
2011 National Science Foundation (NSF) Grant Reviewer
2012 National Science Foundation (NSF) Grant Reviewer

International
2009 Scotland, UK, Biomedical and Therapeutic Research Committee, Grant Reviewer
2010 Canada, Social Sciences and Humanities Research Council of Canada, Grant Reviewer
2011 Israel, Israel Science Foundation (ISF), Grant Reviewer
2013 Israel, Israel Science Foundation (ISF), Grant Reviewer


**Editorial Activities**

2001-2012     Reviewer, Psychological Reports
2001-2012     Reviewer, Perceptual and Motor Skills
2002          Reviewer, American Journal of Psychiatry
2002-2013     Reviewer, Biological Psychiatry
2003          Reviewer, Clinical Neurology and Neurosurgery
2004, 2013    Reviewer, NeuroImage
2004-2006     Reviewer, Neuropsychologia
2004          Reviewer, Journal of Neuroscience
2004          Reviewer, Consciousness and Cognition
2005          Reviewer, Experimental Brain Research
2005          Reviewer, Schizophrenia Research
2005-2012     Reviewer, Archives of General Psychiatry
2005          Reviewer, Behavioral Brain Research
2005-2009     Reviewer, Human Brain Mapping
2005-2006     Reviewer, Psychiatry Research: Neuroimaging
2006          Reviewer, Journal of Abnormal Psychology
2006          Reviewer, Psychopharmacology
2006          Reviewer, Developmental Science
2006          Reviewer, Acta Psychologica
2006          Reviewer, Neuroscience Letters
2006-2013     Reviewer, Journal of Sleep Research
2006-2013     Reviewer, Physiology and Behavior
2006-2011     Reviewer, SLEEP
2007          Reviewer, Journal of Clinical and Experimental Neuropsychology
2008          Reviewer, European Journal of Child and Adolescent Psychiatry
2008          Reviewer, Judgment and Decision Making
2008-2010     Reviewer, Aviation, Space, & Environmental Medicine
2008          Reviewer, Journal of Psychophysiology
2008          Reviewer, Brazilian Journal of Medical and Biological Research
2008          Reviewer, The Harvard Undergraduate Research Journal
2008          Reviewer, Bipolar Disorders
2008-2013     Reviewer, Chronobiology International
2008          Reviewer, International Journal of Obesity
2009          Reviewer, European Journal of Neuroscience
2009-2013     Reviewer, International Journal of Eating Disorders
2009          Reviewer, Psychophysiology
2009          Reviewer, Traumatology
2009          Reviewer, Clinical Medicine: Therapeutics
2009          Reviewer, Acta Pharmacologica Sinica
2009          Reviewer, Collegium Antropologicum
2009          Reviewer, Journal of Psychopharmacology
2009-2010     Reviewer, Obesity
2009          Reviewer, Scientific Research and Essays
2009          Reviewer, Child Development Perspectives
2009-2010     Reviewer, Personality and Individual Differences
2009-2010     Reviewer, Noise and Health
2009-2010     Reviewer, Sleep Medicine
Reviewer, Nature and Science of Sleep 2010
Reviewer, Psychiatry and Clinical Neurosciences 2010
Reviewer, Learning and Individual Differences 2010
Reviewer, Cognitive, Affective, and Behavioral Neuroscience 2010
Reviewer, BMC Medical Research Methodology 2010
Reviewer, Journal of Adolescence 2010-2011
Reviewer, Brain Research 2010-2012
Reviewer, Brain 2011
Reviewer, Social Cognitive and Affective Neuroscience 2011
Reviewer, Journal of Traumatic Stress 2011
Reviewer, Social Neuroscience 2011
Reviewer, Brain and Cognition 2011
Reviewer, Frontiers in Neuroscience 2011
Reviewer, Sleep Medicine Reviews 2011-2012
Reviewer, Journal of Experimental Psychology: General 2012
Reviewer, Ergonomics 2012
Reviewer, Behavioral Sleep Medicine 2012
Reviewer, Neuropsychology 2012
Reviewer, Emotion 2012
Reviewer, JAMA 2012
Reviewer, BMC Neuroscience 2012
Reviewer, Cognition and Emotion 2012
Reviewer, Journal of Behavioral Decision Making 2012
Reviewer, Psychosomatic Medicine 2012
Reviewer, PLoS One 2012-2013
Reviewer, American Journal of Critical Care 2012
Reviewer, Experimental Psychology 2013
Reviewer, Clinical Interventions in Aging 2013
Reviewer, Frontiers in Psychology 2013
Reviewer, Brain Structure and Function 2013
Reviewer, Appetite 2013
Reviewer, JAMA Psychiatry 2013

Other Editorial Roles
2009-  Editorial Board Member  International Journal of Eating Disorders
2012-  Editor  Datasets in Neuroscience
2012-  Editor  Datasets in Medicine
2012-  Editor  Journal of Sleep Disorders: Treatment and Care

Honors and Prizes
1990  Outstanding Senior Honors Thesis in Psychology, University of New Mexico
1990-1995 Maxey Scholarship in Psychology, Texas Tech University
2001  Rennick Research Award, Co-Authored Paper, International Neuropsychological Society
2002  Honor Graduate, AMEDD Officer Basic Course, U.S. Army Medical Department Center and School
2002  Lynch Leadership Award Nominee, AMEDD Officer Basic Course, U.S. Army Medical Department Center and School
2003  Outstanding Research Presentation Award, 2003 Force Health Protection Conference, U.S. Army Center for Health Promotion and Preventive Medicine
2005  Edward L. Buescher Award for Excellence in Research by a Young Scientist, Walter Reed Army Institute of Research (WRAIR) Association
2009  Merit Poster Award, International Neuropsychological Society
2009  Outstanding Research Presentation Award, 2009 Force Health Protection Conference, U.S. Army Center for Health Promotion and Preventive Medicine
2010  Best Paper Award, Neuroscience, 27th U.S. Army Science Conference
2011  Published paper included in Best of Sleep Medicine 2011
2011  Blue Ribbon Finalist, 2011 Top Poster Award in Clinical and Translational Research, Society of Biological Psychiatry
2012  Defense Advance Research Projects Agency (DARPA) Young Faculty Award in Neuroscience

Report of Funded and Unfunded Projects

Funding Information

Past

            N.I.H., 1R03HD41542-01  
            P.I.: Killgore

            U.S. Army Medical Research and Materiel Command (USAMRMC) Competitive Medical Research Proposal Program (CMRP),  
            P.I.: Killgore

2004-2005  Sleep/wake Schedules in 3ID Aviation Brigade Soldiers.  
            Defense Advanced Research Projects Agency (DARPA)  
            P.I.: Killgore

2005-2006  Functional Neuroimaging Studies of Neural Processing Changes with Sleep and Sleep Deprivation.  
            U.S. Army Medical Research and Materiel Command (USAMRMC) Task Area C (Warfighter Judgment and Decision Making) Program Funding  
            P.I.: Killgore

2006-2007  Establishing Normative Data Sets for a Series of Tasks to Measure the Cognitive Effects of Operationally Relevant Stressors.  
            U.S. Army Medical Research and Materiel Command (USAMRMC) Task Area C (Warfighter Judgment and Decision Making) Program Funding,  
            P.I.: Killgore
2006-2007  Military Operational Medicine Research Program (MOM-RP), Development of the Sleep History and Readiness Predictor (SHARP).
U.S. Army Medical Research and Materiel Command (USAMRMC)
P.I.: Killgore

Current
U.S. Army Medical Research and Materiel Command (USAMRMC),
P.I.: Killgore
Major Goal: To identify the neurobiological basis of cognitive and emotional intelligence using functional and structural magnetic resonance imaging.

2011-2014  Effects of Bright Light Therapy on Sleep, Cognition, and Brain Function following Mild Traumatic Brain Injury.
U.S. Army Medical Research and Materiel Command (USAMRMC),
P.I.: Killgore
Major Goal: To evaluate the effectiveness of morning exposure to bright light as a treatment for improving in sleep patterns among individuals with post-concussive syndrome. Effects of improved sleep on recovery due to this treatment will be evaluated using neurocognitive testing as well as functional and structural neuroimaging.

2012-2015  Internet Based Cognitive Behavioral Therapy Effects on Depressive Cognitions and Brain function.
U.S. Army Medical Research and Materiel Command (USAMRMC),
Co-PI: Killgore
Major Goal: To evaluate the effectiveness of an internet-based cognitive behavioral therapy treatment program on improving depressive symptoms, coping and resilience skills, cognitive processing and functional brain activation patterns within the prefrontal cortex.

2012-2014  Defense Advance Research Projects Agency (DARPA) Young Faculty Award in Neuroscience: Multimodal Neuroimaging to Predict Cognitive Resilience Against Sleep Loss
P.I.: Killgore
Major Goal: To combine several neuroimaging techniques, including functional and structural magnetic resonance imaging, diffusion tensor imaging, and magnetic resonance spectroscopy to predict individual resilience to 24 hours of sleep deprivation.

DoD CDMRP
P.I.: Killgore
Major Goal: To evaluate the relation between axonal damage and neurocognitive performance in patients with traumatic brain injury at multiple points over the recovery trajectory, in order to predict recovery.

2012-2014  Neural Mechanisms of Fear Extinction Across Anxiety Disorders
NIH NIMH
Site Subcontract PI: Killgore
Major Goal: To examine the neurocircuitry involved in fear conditioning, extinction, and extinction recall across several major anxiety disorders.

Report of Local Teaching and Training

Laboratory and Other Research Supervisory and Training Responsibilities

2005-2006 1 Fellow for 250 hrs/year, Neuropsychology Postdoctoral Research Training Program Supervisor, Walter Reed Hospital

2011- 2 Fellows for 2080 hrs/year, Harvard Research Fellow Supervisor, McLean Hospital

Formally Supervised Trainees

1997-1999 David Glahn, Ph.D.  Associate Professor, Yale University School of Medicine

Provided mentorship in clinical neuropsychological assessment and research at the University of Pennsylvania Hospital, which resulted in the development of a new psychometric test, 1 co-authored published conference abstract, and 1 co-authored published journal article.

1997-1999 Daniel Casasanto, Ph.D.  Senior Scientist/Lecturer, Max Plank Institute for Psycholinguistics

Supervised this trainee while at the University of Pennsylvania Hospital, which resulted in the development of a new psychometric test, 9 co-authored published conference abstracts, and 5 co-authored published journal articles.

2002-2005 Alexander Vo, Ph.D.  Associate Professor, UTMB; Vice President, Electronically Mediated Services, Colorado Access

Served as one of his research mentors at the Walter Reed Army Institute of Research, which resulted in 3 co-authored published conference abstracts, and 3 co-authored published journal articles.

2002-2007 Rebecca Reichardt, M.A.  Human Subjects Protection Scientist, USAMRMC

Supervised her research training in my lab at the Walter Reed Army Institute of Research, which resulted in 10 co-authored published conference abstracts, and 2 co-authored published journal articles.

2003-2004 Stan Liu, M.D.  Medical Intern, Johns Hopkins Medical School

Supervised his research training in my lab at the Walter Reed Army Institute of Research, which primarily involved training in neuropsychological assessment and sleep research methods.

2003-2004 Neil Arora, B.A.  Student, Yale University

Supervised his research project in my lab at the Walter Reed Army Institute of Research and NIH, which primarily involved training in brain imaging analysis and led to 2 co-authored published conference abstracts.

2003-2005 Nancy Grugle, Ph.D.  Assistant Professor, Cleveland State University

Supervised her Doctoral Dissertation research project in my lab at the Walter Reed Army Institute of Research, which resulted in 23 co-authored published conference abstracts, and 10 co-authored published journal articles.

2003-2005 Joshua Bailey, B.A.  Seminary Student

Supervised his computer programing development and research in my lab at the Walter
Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract, and 1 co-authored computer analysis package submitted for U.S. patent.

2003-2006  
Athena Kendall, M.A.  
Lab Manager, Walter Reed Army Medical Center
Supervised part of her masters degree research project and other research work in my lab at the Walter Reed Army Institute of Research, which resulted in 4 co-authored published conference abstracts, and 4 co-authored published journal articles.

2003-2006  
Lisa Day, M.S.W.  
Clinical Social Worker, Washington D.C.
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 3 co-authored published conference abstracts, and 1 co-authored published journal article.

2004-2005  
Merica Shepherd, B.A.  
Laboratory Coordinator
Supervised her research training in my lab at the Walter Reed Army Institute of Research, which primarily involved training in neuropsychological assessment and sleep research methods.

2004-2005  
Cynthia Hawes, B.A.  
Research Program Coordinator
Supervised her research training in my lab at the Walter Reed Army Institute of Research, which primarily involved training in neuropsychological assessment and sleep research methods.

2004-2006  
Christopher Li, B.A.  
Graduate Student
Supervised his research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 3 co-authored published conference abstracts, and 1 co-authored published journal article.

2004-2007  
Jessica Richards, M.S.  
Ph.D. Student, University of Maryland College Park
Served as Chair of her Senior Honors Thesis Committee and supervised her research work in my lab at the Walter Reed Army Institute of Research, which resulted in 8 co-authored published conference abstracts, a senior honors thesis, and 2 co-authored published journal articles.

2004-2007  
Erica Lipizzi, M.A.  
Graduate Student, Emory University
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 16 co-authored published conference abstracts, and 12 co-authored published journal articles.

2004-2007  
Brian Leavitt, B.S.  
Research Technician, Walter Reed Army Institute of Research
Supervised his research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 4 co-authored published conference abstracts, and 1 co-authored published journal article.

2004-2007  
Rachel Newman, M.S.  
Senior Laboratory Manager, Walter Reed
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 6 co-authored published conference abstracts, and 1 co-authored published journal article.

2004-2007  
Alexandra Krugler, B.S.  
Medical Student, Louisiana State University
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 5 co-authored published conference abstracts, and 1 co-authored published journal article.

2005  
Amy Conrad, PH.D.  
Clinical Psychologist, Washington D.C.
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 4 co-authored published conference abstracts, and 1 co-authored published journal article.
2005-2006 Nathan Huck, PH.D. Clinical Neuropsychologist, Walter Reed Army Institute of Research
Served as his post-doctoral research training supervisor at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract and 1 co-authored published journal article.

2005-2006 Ellen Kahn-Greene, Ph.D. Post-Doctoral Fellow, Boston VA
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 7 co-authored published conference abstracts and 5 co-authored published journal articles.

2005-2006 Alison Muckle, B.A. Research Technician
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract and 1 co-authored published journal article.

2005-2006 Christina Murray, B.S. Medical Student, Drexel University
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 2 co-authored published conference abstracts.

2005-2007 Gautham Ganesan, M.D. Medical Student, UC Irvine
Supervised his research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract and 1 co-authored published journal article.

2005-2007 Dante Picchioni, Ph.D. Research Psychologist, Walter Reed Army Institute of Research
Supervised part of his post-doctoral brain imaging research training at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract and 1 co-authored published journal article.

2006-2007 Tracy Rupp, Ph.D. Research Psychologist, Walter Reed Army Institute of Research
Supervised part of her post-doctoral sleep research training at the Walter Reed Army Institute of Research, which resulted in 17 co-authored conference abstracts and 2 co-authored published journal articles.

2006-2007 Kacie Smith, B.A. Study Manager, Walter Reed Army Institute of Research
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 7 co-authored published conference abstracts.

2006-2007 Shane Smith, B.S. Medical Student, University of the West Indies
Served as his research mentor at the Walter Reed Army Institute of Research, which primarily involved training in neuropsychological assessment and sleep research methods.

2006-2007 Shanelle McNair Research Technician, Walter Reed Army Institute of Research
Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published article.

2006-2007 George Watlington Research Technician, Walter Reed Army Institute of Research
Supervised his research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published article.

2008 Grady O’Brien Undergraduate Student
Served as his summer volunteer research mentor at McLean Hospital, which resulted in 1 oral research presentation.

2008-2009 Alex Post Undergraduate Student, Carnegie Mellon University
Served as his summer volunteer research mentor at McLean Hospital, which resulted in 2 oral research presentations and 1 co-authored published abstract.

2008-2009 Lauren Price, B.A. Senior Clinical Research Assistant, McLean Hospital

Supervised her research training and work in my lab at the McLean Hospital, which resulted in 11 co-authored published conference abstracts and 4 co-authored published articles.

2009-2013 Zachary Schwab, B.S. Medical Student, University of Kansas

Supervised his research training and work in my lab at the McLean Hospital, which resulted in 52 co-authored published conference abstracts and 4 co-authored published articles.

2009-2011 Melissa Weiner, B.S. Graduate Student, Yale School of Public Health

Supervised her research training and work in my lab at the McLean Hospital, which resulted in 32 co-authored published conference abstracts and 2 co-authored published articles.

2010-2011 Norah Simpson, Ph.D. Post-Doctoral Fellow, Beth Israel Deaconess/Harvard Medical School

Served as a research mentor on her federal K-Award grant application.

2010-2012 Vincent Capaldi, M.D. Medical Resident, Walter Reed Army Medical Ctr.

Served as his post-doctoral research mentor, which resulted in 1 co-authored published conference abstract and 2 co-authored published articles.

2010-2011 Christina Song Undergraduate Student, Smith College

Served as her summer volunteer research mentor at McLean Hospital, which resulted in 1 co-authored published abstract.

2011 Jill Kizielewicz Undergraduate Student, Hamilton College

Served as her summer volunteer research mentor at McLean Hospital, which resulted in 1 co-authored published abstract.

2011-2013 Sophie DelDonno, B.A. Doctoral Student, University of Illinois, Chicago

Supervised her research training and work in my lab at the McLean Hospital, which resulted in 14 co-authored published conference abstracts and 2 co-authored published articles.

2011- Maia Kipman, B.A. Research Assistant, McLean Hospital

Supervised her research training and work in my lab at the McLean Hospital, which resulted in 14 co-authored published conference abstracts and 2 co-authored published articles.

2011 Michael Covell, B.A. Graduate Student, Baruch College

Served as one of his research mentors at McLean Hospital, which resulted in 3 co-authored published conference abstracts.

2011- Mareen Weber, Ph.D. Instructor, Harvard Medical School

Supervised her post-doctoral research training and work in my lab at the McLean Hospital, which has resulted in 9 co-authored published conference abstracts, 1 travel award, 2 co-authored published articles, five federal grant submissions, and 2 successfully funded grants.

2012 Julia Cohen, Ph.D. Post-Doctoral Fellow, Harvard Medical School

Served as one of her research mentors at McLean Hospital, which resulted in 2 co-authored published conference abstracts.

2012 Christian Webb, Ph.D. Post-Doctoral Fellow, Harvard Medical School

Currently supervising his post-doctoral research training and work in my lab at the McLean Hospital.
2012- Hannah Gogel, B.S. Research Assistant, McLean Hospital
Supervised her research training and work in my lab at the McLean Hospital,
2012- Olga Tkachenko, A.B. Research Assistant, McLean Hospital
Supervised her research training and work in my lab at the McLean Hospital,
2012- Lilly Preer, B.A. Research Assistant, McLean Hospital
Supervised her research training and work in my lab at the McLean Hospital,
2012-2013 Elizabeth Mundy, Ph.D Postdoctoral Fellow, Harvard Medical School
Supervised her post-doctoral research training and work in my lab at the McLean Hospital
2013- Elizabeth Olson, Ph.D Postdoctoral Fellow, Harvard Medical School
Supervised her post-doctoral research training and work in my lab at the McLean Hospital
2013- Shreya Divatia, B.S. Research Assistant, McLean Hospital
Supervised her research training and work in my lab at the McLean Hospital
2013- Lauren Demers, B.A. Research Assistant, Harvard Medical School
Supervised her research training and work in my lab at the McLean Hospital
2013- Jiaolong Cui, Ph.D Postdoctoral Fellow, Harvard Medical School
Supervised his post-doctoral research training and work in my lab at the McLean Hospital,

Local Invited Presentations
2000 The Neurobiology of Emotion in Children, McLean Hospital
Lecturer: 30 participants, 2 hours contact time per year, 10 hours prep time per year.
[Invited Lecture]

2001 The Neurobiology of Emotion in Children and Adolescents, McLean Hospital
Lecturer: 60 participants, 2 hours contact time per year, 10 hours prep time per year.
[Invited Lecture]

2001 Using Functional MRI to Study the Developing Brain, Judge Baker Children's Center
Lecturer: 8 participants, 2 hours contact time per year, 10 hours prep time per year [Invited Seminar]

2005 Briefing to the Chairman of the Congressional Committee on Strategies to Protect the
Health of Deployed U.S. Forces, John H. Moxley, on the Optimization of Judgment and
Decision Making Capacities in Soldiers Following Sleep Deprivation, Walter Reed Army
Institute of Research, Washington, DC [Invited Lecture]

2005 Lecture on Functional Neuroimaging, Cognitive Assessment, and the Enhancement of
Soldier Performance, Walter Reed Army Institute of Research, Washington, DC [Invited Lecture]

2006 Lecture on Optimization of Judgment and Decision Making Capacities in Soldiers
Following Sleep Deprivation, Brain Imaging Center, McLean Hospital, Belmont MA
[Invited Lecture]

2006 Briefing to the Chairman of the Cognitive Performance Assessment Program Area
Steering Committee, U.S. Army Military Operational Medicine Research Program,
etitled Optimization of Judgment and Decision Making Capacities in Soldiers
Following Sleep Deprivation, Walter Reed Army Institute of Research [Invited Lecture]
2010 Lecture on Patterns of Cortico-Limbic Activation Across Anxiety Disorders, Center for Anxiety, Depression, and Stress, McLean Hospital, Belmont, MA [Invited Lecture]

2010 Lecture on Cortico-Limbic Activation Among Anxiety Disorders, Neuroimaging Center, McLean Hospital, Belmont, MA [Invited Lecture]

2011 Lecture on Shared and Differential Patterns of Cortico-Limbic Activation Across Anxiety Disorders, McLean Research Day Brief Communications, McLean Hospital, Belmont, MA [Invited Lecture]

2012 Briefing to GEN (Ret) George Casey Jr., former Chief of Staff of the U.S. Army, entitled Research for the Soldier. McLean Hospital, Belmont, MA. [Invited Lecture]

Report of Regional, National and International Invited Teaching and Presentations

Invited Presentations and Courses

Regional

2002 Cortico-Limbic Activation in Adolescence and Adulthood, Youth Advocacy Project, Cape Cod, MA
Lecturer: 45 participants, 2 hours contact time per year, 10 hours prep time per year [Invited Lecture]


2007 Lecture on Cerebral Responses During Visual Processing of Food, U.S. Army Institute of Environmental Medicine, Natick, MA [Invited Lecture]


2008 Lecture on Sleep Deprivation, Executive Function, and Resilience to Sleep Loss; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2008 Lecture on the Role of Research Psychology in the Army; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2008 Lecture on Combat Stress Control: Basic Battlemind Training; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2009 Lecture entitled Evaluate a Casualty, Prevent Shock, and Prevent Cold Weather injuries;
105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2009 Lecture on Combat Exposure and Sleep Deprivation Effects on Risky Decision-Making; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2009 Lecture on the Sleep History and Readiness Predictor (SHARP); 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2009 Lecture on The Use of Actigraphy for Measuring Sleep in Combat and Military Training; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2010 Lecture entitled Casualty Evaluation; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2010 Lecture entitled Combat Stress and Risk-Taking Behavior Following Deployment; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2010 Lecture entitled Historical Perspectives on Combat Medicine at the Battle of Gettysburg; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2010 Lecture entitled Sleep Loss, Stimulants, and Decision-Making; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2010 Lecture entitled PTSD: New Insights from Brain Imaging; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2011 Lecture entitled Effects of bright light therapy on sleep, cognition and brain function after mild traumatic brain injury; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2011 Lecture entitled Laboratory Sciences and Research Psychology in the Army; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2011 Lecture entitled Tools for Assessing Sleep in Military Settings; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2011 Lecture entitled The Brain Basis of Emotional Trauma and Practical Issues in Supporting Victims of Trauma, U.S. Department of Justice, United States Attorneys Office, Serving Victims of Crime Training Program, Holyoke, MA [Invited Lecture]

2011 Lecture entitled The Brain Altering Effects of Traumatic Experiences; 105th Reinforcement Training Unit (RTU), U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2012 Lecture entitled Sleep Loss, Caffeine, and Military Performance; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2012 Lecture entitled Using Light Therapy to Treat Sleep Disturbance Following Concussion;
105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

2013 Lecture entitled Brain Responses to Food: What you See Could Make you Fat; 105th IMA Detachment, U.S. Army Reserve Center, Boston, MA [Invited Lecture]

National

2000 Lecture on the Neurobiology of Emotional Development in Children, 9th Annual Parents as Teachers Born to Learn Conference, St. Louis, MO [Invited Lecture]


2005 Lecture on The Sleep History and Readiness Predictor: Presented to the Medical Research and Materiel Command, Ft. Detrick, MD [Invited Lecture]

2006 Lecture on The Sleep History and Readiness Predictor: Presented at the Bi-Annual 71F Research Psychology Short Course, Ft. Rucker, AL, U.S. Army Medical Research and Materiel Command [Invited Lecture]


2008 Lecture on the Validation of Actigraphy and the SHARP as Methods of Measuring Sleep and Performance in Soldiers, U.S. Army Aeromedical Research Laboratory, Fort Rucker, AL [Seminar]

2009 Lecture on Sleep Deprivation, Executive Function, and Resilience to Sleep Loss: Walter Reed Army Institute of Research AIBS Review, Washington DC [Invited Lecture]

2009 Lecture Entitled: Influences of Combat Exposure and Sleep Deprivation on Risky Decision-Making, Evans U.S. Army Hospital, Fort Carson, CO [Invited Lecture]
2009 Lecture on Making Bad Choices: The Effects of Combat Exposure and Sleep Deprivation on Risky Decision-Making, 4th Army, Division West, Quarterly Safety Briefing to the Commanding General and Staff, Fort Carson, CO [Invited Lecture]

2009 Symposium on Sleep Deprivation, Judgment, and Decision-Making, 23rd Annual Meeting of the Associated Professional Sleep Societies, Seattle, WA [Invited Lecture]

2009 Symposium Session Moderator: Workshop on Components of Cognition and Fatigue: From Laboratory Experiments to Mathematical Modeling and Operational Applications, Washington State University, Spokane, WA [Invited Speaker]

2009 Lecture on Comparative Studies of Stimulant Action as Countermeasures for Higher Order Cognition and Executive Function Impairment that Results from Disrupted Sleep Patterns, Presented at the NIDA-ODS Symposium entitled: Caffeine: Is the Next Problem Already Brewing, Rockville, MD [Invited Lecture]

2010 Oral Platform Presentation: Sleep deprivation selectively impairs emotional aspects of cognitive functioning, 27th Army Science Conference, Orlando, FL.

2010 Oral Platform Presentation: Exaggerated amygdala responses to masked fearful faces are specific to PTSD versus simple phobia, 27th Army Science Conference, Orlando, FL.

2011 Lecture Entitled: The effects of emotional intelligence on judgment and decision making, Military Operational Medicine Research Program Task Area C, R & A Briefing, Walter Reed Army Institute of Research, Silver Spring, MD [Invited Lecture]

2011 Lecture Entitled: Effects of bright light therapy on sleep, cognition, brain function, and neurochemistry following mild traumatic brain injury, Military Operational Medicine Research Program Task Area C, R & A Briefing, Walter Reed Army Institute of Research, Silver Spring, MD [Invited Lecture]

2012 Oral Symposium Presentation: Shared and distinctive patterns of cortico-limbic activation across anxiety disorders, 32nd Annual Conference of the Anxiety Disorders Association of America, Arlington, VA.

2012 Lecture Entitled: Effects of bright light therapy on sleep, cognition, brain function, and neurochemistry following mild traumatic brain injury, Military Operational Medicine Research Program In Progress Review (IPR) Briefing, U.S. Army Medical Research and Materiel Command, Fort Detrick, MD [Invited Lecture]

2013 Lecture entitled Brain responses to visual images of food: Could your eyes be the gateway to excess? Presented to the NIH Nutrition Coordinating Committee and
the Assistant Surgeon General of the United States, Bethesda, MD [Invited Lecture]

2013 Lecture Entitled: Update on the Effects of Bright light therapy on sleep, cognition, brain function, and neurochemistry following mild traumatic brain injury, Military Operational Medicine Research Program In Progress Review (IPR) Briefing, U.S. Army Medical Research and Materiel Command, Fort Detrick, MD [Invited Lecture]

2013 Lecture Entitled: Internet Based Cognitive Behavioral Therapy: Effects on Depressive Cognitions and Brain Function, Military Operational Medicine Research Program In Progress Review (IPR) Briefing, U.S. Army Medical Research and Materiel Command, Fort Detrick, MD [Invited Lecture]

2013 Symposium Entitled: Predicting Resilience Against Sleep Loss, United States Military Academy at West Point, West Point, NY [Invited Symposium].

International

2001 Oral Platform Presentation: Sex differences in functional activation of the amygdala during the perception of happy faces, 29th Annual Meeting of the International Neuropsychological Society, Chicago, IL.

2002 Oral Platform Presentation: Developmental changes in the lateralized activation of the prefrontal cortex and amygdala during the processing of facial affect, 30th Annual Meeting of the International Neuropsychological Society, Toronto, Ontario, Canada.


2008 Lecture on Sleep Deprivation, Executive Function, & Resilience to Sleep Loss, First Franco-American Workshop on War Traumatism, IMNSSA, Toulon, France [Invited Lecture]

2012 Oral Platform Presentation: Shared and unique patterns of cortico-limbic activation across anxiety disorders. 40th Meeting of the International Neuropsychological Society, Montreal, Canada.
Report of Clinical Activities and Innovations

Current Licensure and Certification

2001- Clinical Psychologist, New Hampshire

Practice Activities

1991- Psychology, Clinical, Psychology Clinic, Texas Tech University, Lubbock, TX
1995 Clinical Activity Description: Provided psychotherapy and other supervised psychological services for a broad spectrum of client problems. Duties included regular therapy contacts with four to eight clients per week for approximately four years. Clients ranged in age from preschool through middle age. Clinical responsibilities included intake evaluations, formal testing and assessment, case formulation and treatment plan development, and delivery of a wide range of psychotherapy services including crisis intervention, behavior modification, short-term cognitive restructuring, and long-term psychotherapy.
Patient Load:  6/week

1993- Psychology, Neuropsychology, Methodist Hospital Rehabilitation Institute, Lubbock, TX
1995 Clinical Activity Description: A two year placement consisting of two days per week within a large rehabilitation unit of a major regional medical center. Responsibilities included administration, scoring, and writing of neuropsychological assessments/reports, primarily emphasizing the Halstead-Reitan Neuropsychological Battery. Assessment services were provided on both inpatient and outpatient basis.
Patient Load:  2/week

1995- Psychology, Neuropsychology, Yale University School of Medicine, Connecticut Mental Health Center
1996 Clinical Activity Description: Neuropsychological and psychodiagnostic assessment of chronic and severe mentally ill patients. Duties included patient interviewing, test administration, scoring, interpretation, and report writing. Assessment and consultation services were provided for both the inpatient and outpatient units.
Patient Load:  2/week

1995- Psychology, Clinical, Yale University School of Medicine, West Haven Mental Health Clinic
1996 Clinical Activity Description: Provided short-term, long-term, and group psychotherapy services, consultation, and psychological assessments for adults, children, and families. Duties also included co-leading a regular outpatient group devoted to treatment of moderate to severe personality disorders.
Patient Load:  12/week

1996- Psychology, Neuropsychology, University of Oklahoma Health Sciences Center
1997 Clinical Activity Description: Full-time placement in the Neuropsychological Assessment Laboratory, which meets INS/Division 40 guidelines for post-doctoral training in clinical
neuropsychology. Responsibilities included comprehensive neuropsychological assessment and consultation services, including test administration, scoring, interpretation, and report writing. Regular outpatient psychotherapy was also provided for approximately two patients per week. **Patient Load:** 4/week

1997- 1999  Psychology, Neuropsychology, University of Pennsylvania Medical Center
Clinical Activity Description: Full-time two-year placement in the Department of Neurology, which meets INS/Division 40 guidelines for post-doctoral training in clinical neuropsychology. Responsibilities included neuropsychological assessment, consultation, and psychotherapy services for the Departments of Neurology and Neurosurgery. **Patient Load:** 3/week

**Report of Education of Patients and Service to the Community**

**Recognition**

**Report of Scholarship**

**Publications**

**Peer reviewed publications in print or other media**

A) Research Investigations:


7. **Killgore WD, DellaPietra L, Casasanto DJ.** Hemispheric laterality and self-rated personality...


63. **Killgore WD**, Grugle NL, Killgore DB, Leavitt BP, Watlington GI, McNair S, Balkin TJ. Restoration of risk-propensity during sleep deprivation: caffeine, dextroamphetamine, and


76. Killgore, WD, & Yurgelun-Todd, DA. Sex differences in cerebral responses to images of


82. Rupp, TL, Killgore, WD, & Balkin, TJ. Socializing by day may affect performance by night: Vulnerability to sleep deprivation is differentially mediated by social exposure in extraverts vs. introverts. Sleep, 33: 1475-1485, 2010.


89. Killgore, WD, Capaldi, VF, & Guerrero, ML. Nocturnal polysomnographic correlates of daytime sleepiness. Psychol Rep, 110(10), 63-72, 2012.


104. **Killgore, WD**. Self-reported sleep correlates with prefrontal-amygdala functional connectivity and emotional functioning. Sleep (in press).


**Non-peer reviewed scientific or medical publications/materials in print or other media**

**Reviews/Chapters/Editorials**


**Published U.S. Government Technical Reports**


2. Kelley, AM, **Killgore, WD,** Athy, JR, Dretsch, M. Risk propensity, risk perception, and

**Professional educational materials or reports, in print or other media**

1. **Killgore, WD, & Bailey, JD.** Sleep History And Readiness Predictor (SHARP). Silver Spring, MD: Walter Reed Army Institute of Research; 2006. Computer program for predicting cognitive status based on actigraphically recorded sleep history. Patent Pending.

**Thesis**

1. **Killgore, WD.** Senior Honors Thesis: Perceived intensity of lateral facial asymmetry of spontaneous vs. posed emotional expressions. Albuquerque, NM: University of New Mexico; 1990. *(Outstanding Psychology Senior Honors Thesis, UNM-1990).*


**Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings**


2. **Killgore, WDS, & Locke, B.** A nonverbal instrument for the measurement of transient mood states: The Facial Analogue Mood Scale (FAMS) [Abstract]. Proceedings of the Annual Conference of the Oklahoma Center for Neurosciences 1996, Oklahoma City, OK.


6. **Killgore, WDS.** A new method for assessing subtle cognitive deficits: The Clock Trail


39. **Killgore, WDS, Arora, NS, Braun, AR, Belenky, G, Wesensten, NJ, & Balkin, TJ** An


48. Killgore, WDS, McBride, SA, Killgore, DB, & Balkin, TJ. Stimulant countermeasures and


52. Killgore, WDS, Balkin, TJ, & Wesensten, NJ. Decision-making is impaired following 2-days of sleep deprivation. Poster presented at the 34th Meeting of the International Neuropsychological Society, Boston, MA, February 1-4, 2006.


59. Huck, NO, Kendall, AP, McBride, SA, Killgore, WDS. The perception of facial emotion is enhanced by psychostimulants following two nights of sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A136.


68. Lipizzi, EL, Leavitt, BP, Killgore, DB, Kamimori, GH, & Killgore, WDS. Decision making
capabilities decline with increasing duration of wakefulness [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A131.


72. Killgore, DB, Kahn-Green, E, Balkin, TJ, Kamimori, GH, & Killgore, WDS. 56 hours of wakefulness is associated with a sub-clinical increase in symptoms of psychopathology [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A130.


74. Reichardt, RM, Killgore, DB, Lipizzi, EL, Li, CJ, Krugler, AL, & Killgore, WDS. The effects of stimulants on recovery sleep and post-recovery verbal performance following 61-hours of sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A42.

75. Bailey, JD, Richards, J, & Killgore, WDS. Prediction of mood fluctuations during sleep deprivation with the SAFTE Model [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A60.

76. Kendall, AP, McBride, S. A, & Killgore, WDS. Visuospatial perception of line orientation is resistant to one night of sleep loss [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A369.

77. Kendall, AP, McBride, SA, Kamimori, GH, & Killgore, WDS. The interaction of coping skills and stimulants on sustaining vigilance: Poor coping may keep you up at night
Muckle, A, Killgore, DB, & Killgore, WDS. Gender differences in the effects of stimulant medications on the ability to estimate unknown quantities when sleep deprived [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A369.


Killgore, DB, Kahn-Greene, ET, Kamimori, GH, & Killgore, WD. The effects of acute caffeine withdrawal on short category test performance in sleep deprived individuals
89. Richards, JM, Lipizzi, EL, Kamimori, GH, & Killgore, WD. Extroversion predicts change in attentional lapses during sleep deprivation [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A137.

90. Lipizzi, EL, Richards, JM, Balkin, TJ, Grugle, NL, & Killgore, WD. Morningness-Eveningness and Intelligence [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A345.


98. Rupp, TL, Grugle, NL, Krugler, AL, Balkin, TJ, & Killgore, WD. Caffeine, dextroamphetamine, and modafinil improve PVT performance after sleep deprivation and recovery sleep [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A44.


100. Killgore, WD, Richards, JM, Balkin, TJ, Grugle, NL, & Killgore DB. The effects of sleep deprivation and stimulants on risky behavior [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A41.


102. Richards, JM, Lipizzi, EL, Balkin, TJ, Grugle, NL, & Killgore, WD. Objective alertness predicts mood changes during 44 hours of sleep deprivation [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A56.


104. Estrada, A, Killgore, WD, Rouse, T, Balkin, TJ, & Wildzunas, RM. Total sleep time measured by actigraphy predicts academic performance during military training [abstract]. Abstract presented at the 22nd Meeting of the Associated Professional Sleep Societies, Baltimore, MD, June 7-12, 2008. SLEEP, 31 (Supplement), A134.


107. Reid, CT, Smith, K, Killgore, WD, Rupp, TL, & Balkin, TJ. Higher intelligence is associated with less subjective sleepiness during sleep restriction [abstract]. Abstract


110. Lipizzi, EL, Killgore, WD, Rupp, TL, & Balkin, TJ. Risk-taking behavior is elevated during recovery from sleep restriction [abstract]. Abstract presented at the 22nd Meeting of the Associated Professional Sleep Societies, Baltimore, MD, June 7-12, 2008. SLEEP, 31 (Supplement), A376.


123. Killgore, WD, Killgore, DB, Kamimori, GH, & Balkin, TJ. When being smart is a liability: More intelligent individuals may be less resistant to sleep deprivation. Abstract presented the 37th Annual Meeting of the International Neuropsychological Society, Atlanta, GA, February 11-14, 2009.


of the Anxiety Disorders Association of America, Santa Ana Pueblo, New Mexico, March 12-15, 2009.


133. Killgore, DB, **Killgore WD,** Grugle, NL, & Balkin, TJ. Executive functions predict the ability to sustain psychomotor vigilance during sleep loss. Abstract presented at the 23rd Annual Meeting of the Associated Professional Sleep Societies, Seattle, Washington, June 7-12, 2009.

134. **Killgore, WD,** & Yurgelun-Todd, DA. Trouble falling asleep is associated with reduced activation of dorsolateral prefrontal cortex during a simple attention task. Abstract presented at the 23rd Annual Meeting of the Associated Professional Sleep Societies, Seattle, Washington, June 7-12, 2009.


142. **Killgore, WD & Balkin, TJ.** Vulnerability to sleep loss is affected by baseline executive function capacity. Abstract presented at the 38th Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico, February 3-6, 2010.


146. **Killgore, WD & Yurgelun-Todd, DA.** Self-reported insomnia is associated with increased activation within the default-mode network during a simple attention task. Abstract presented at the 38th Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico, February 3-6, 2010.


169. Schwab, ZJ, Weiner, MR, Rauch, SL, & Killgore, WD. Emotional and cognitive


179. Weiner, MR, Schwab, ZJ, & Rauch, SL, Killgore, WD. Conscientiousness predicts brain responses to images of high-calorie foods. Abstract presented at the 39th Annual Meeting of
the International Neuropsychological Society, Boston, MA, February 2-5, 2011.


212. Killgore, WD, Schwab, ZJ, & Rauch, SL. Daytime sleepiness affects prefrontal inhibition of food consumption. Abstract presented at the 67th Annual Meeting of the Society of Biological...


**Killgore, WD**, Kamimori, GH, & Balkin, TJ. Caffeine improves efficiency of planning and sequencing abilities during sleep deprivation. Abstract presented at the 26th Annual Meeting


234. Preer, LA, Tkachenko, O, Gogel, H, Schwab, ZJ, Kipman, M, DelDonno, SR, Weber, M,


253. Killgore, WDS, Schwab, ZJ, Kipman, M, DelDonno, SR, & Weber, M. Problems with Sleep Initiation and Sleep Maintenance Correlate with Functional Connectivity Among Primary

