Implementation of a Centralized Patient Transfer Center:
Improving the Care Experience of Patients and their Families

The Quadruple Aim: Working Together, Achieving Success
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Naval Medical Center San Diego
**Implementation of a Centralized Patient Transfer Center: Improving the Care Experience of Patients and their Families**

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Objectives

- Identify 2 goals that NMCSD has accomplished with the institution of the Transfer Center
- Identify 2 parallels between our experience and yours that open the potential for change
- Identify 3 areas of the Quadruple Aim that the Transfer Center has addressed
Everyone Has A Past

- The Ugly Truth:
  - Patients receive care in Civilian EDs and are often admitted w/o our visibility
  - Civilian EDs are motivated to clear their beds ASAP
  - Numerous portals of entry
  - Decentralized access
  - Cumbersome process
  - Did nothing to promote collegial relationship with community facilities
Where We Were

- 210 minute average time to transfer decision
- At least 11 different entry points
- Transfers were mostly dependent upon “who you know” hook-ups
- No official Command policy existed
- Transfer process was chaotic and variable.
- Inability for Admissions to track incoming patients and coordinate bed availability
- Lack of coordination resulted in unexpected arrivals who often ended up in MTF ED
Where Did We Want To Be

• Centralized and Streamlined
• Positive patient experience
• Take care of our patients
• Develop collegial relationships
• Increase case mix/complexity for GME

• Continuity of Care
• Rapid decisions and transfers
• Maximize inpatient capacity

Experience of Care
Population Health
Per Capita Cost
Readiness
Leaving the Past Behind

- Establishing an Exciting Future:
  - (619) 532-NAVY
  - 24 Hour access to the Transfer Center agent
  - Directed a 10 Minute response time for on-call physician to respond
  - Facilitation of direct Dr to Dr contact for acceptance
  - Transfers tracked and reported to leadership
Components of Change

- Key NMCSD players included in planning
  - CDR Love (ED Chair), CAPT Finch (MSMO)
  - CAPT Stang (DNS), CDR Shea (UM), LTjg Baumbach (PAD), RN Julie Bishop (DHB), RN Kathy Yetz (UM/UR), Carmen Hoisseny (PAD)
- Attended a Transfer Center Conference
- Visited Naval Medical Center Portsmouth
- Consulted with our community partners in the private sector
- Aggressive internal education and marketing
Forging Forward

- Standard Operating Procedures (SOP) and training established
  - Customer service experience for Transfer Center
  - Efficient confirmation of eligibility of care
  - Efficient evaluation by an on-call resident physician for transfer
  - Required 10 minute response time to the Transfer Center by resident-on-call, and facilitation of Dr to Dr contact between NMCSD and referring ED within 20 minutes
  - Nurse of the Day consulted throughout process
Transfer Center Education

Outside

Now one simple phone call to (619) 532-NAVY as all it takes to facilitate a transfer to NMCSD.

Inside

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Purpose

- Facilitate a centralized, convenient transfer process for referring providers
- One-stop access number always available 24 hours a day, 7 days a week
- Reconnect beneficiaries to their military healthcare and benefits
- Increase NMCSD Graduate Medical Education opportunities
- Customer service is paramount
- Our success will be judged by you!

Process

- Beginning January 4, 2010, all transfers into NMCSD will be coordinated through our new Transfer Center, located in Patient Administration Building 1, 1st Floor.
- Simply Call (619) 532-NAVY
  - A trained Transfer Center technician within minutes will call in order to:
    - Determine patient eligibility
    - Collect patient information
    - Identify bed availability
    - Facilitate contact between transferring and accepting providers
    - Coordinate the transfer with the Nurse of the Day
- Following the decision to transfer, the Transfer Center technician will:
  - Monitor all the necessary processes for the transfer to take place
  - Answer any questions regarding the transfer
  - Confirm patient arrival and location with the referring provider

Benefits

The NMCSD Transfer Center will offer your team the following benefits:

- Ease
  - One phone number available at all times to facilitate transfers
  - Easily navigate NMCSD services
- Time
  - Quick answers and decisions regarding transfers
- Consistency
  - Consistent outcomes
  - Standardized processes
- Peace of Mind
  - Connects TRICARE beneficiaries back into the military support network

Patient Administration Department

Patient Support Division
Bldg 1, 1st Floor
3400 Bob Wilson Drive
San Diego, CA 92134

Comments or Questions?
Patient Administration Officer
(619) 532-8383

Patient Relations Department
(619) 532-6418

A Single Portal for Navigating Transfers
Tracking Success

- Directorate of Healthcare Business developed key metrics compiled weekly and reported to NMCSD Executive Steering Council
  - Total calls in-bound
  - # patients accepted for transfer
  - # patients declined transfer by NMCSD and why
    - Directors are required to be able to address reason for declination
  - # of Active Duty or non-Active Duty
  - Average time from initial contact to transfer decision
Outcomes of Change

• TRICARE beneficiaries/month from civilian EDs
  – Baseline:
    • Patient Admin tracks approximately 8/month
  – 3 week mark:
    • 35 transfers recorded
  – Current:
    • Average # of transfers = 52/month

• Transfer decision time decreased 86%
  – From approximately 4 hours (210 min) to 30 min
Over Time

NMCSD Transfer Center

#Accepted  Monthly Ave. Accept Time (min)

FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC
Summary

- Recapture of TRICARE beneficiaries promoting maximal MTF utilization and financial responsibility for the DOD Healthcare system
- Fast and efficient process for civilian EDs to transfer patients to NMCSD were met
- Cumbersome process streamlined to a single portal and standardized process
- Better experience for our beneficiaries seen in civilian EDs
  - Bringing our beneficiaries back to a hospital system they know and that knows them
Our Challenge to you!

- **Look inward!** With an objective and discerning approach, find the inefficiencies (big and small) in processes at your Command that need improvement.

- **Look outward!** Many enterprises are doing what we do (DoD, VA, Civilian); reach out and learn what methods they use to accomplish similar goals.

- **Think outside the box!** Consider, innovate and ACT on areas in need of help with new ideas that make the outcome better than expected.