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13. ABSTRACT (Maximum 200 Words) Neoadjuvant chemotherapy is currently the standard of care for locally advanced breast cancer (LABC). Monitoring tumor response is advantageous for patients. This project aims at establishing noninvasive monitoring of neo adjuvant chemotherapy in the breast using subharmonic aided pressure estimation (SHAPE) to estimate the interstitial fluid pressure (IFP) in LABC. To date, in vitro experiments with 2 ultrasound contrast agents (Definity and Sonazoid) have showed an inverse linear relationship between the change in subharmonic amplitude and hydrostatic pressure ($r^2 = 0.76 - 0.91$, $p < 0.01$) over the pressure range associated with breast tumors (0 - 47 mmHg). These results indicate that the use of SHAPE for noninvasive evaluation of the IFP in breast lesions is feasible with both Definity and Sonazoid. Moreover, software for analyzing RF data from a Sonix RP scanner to produce SHAPE pressure estimates has been successfully developed. However, difficulty in aligning the in vitro setup has delayed the project by approximately 6 months.				
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4 INTRODUCTION

In the United States, close to 5 – 20 % of newly diagnosed breast cancer and 10 – 30% of all primary breast cancer is diagnosed as locally advanced breast cancer (LABC) [1, 2]. Neoadjuvant chemotherapy (systemic preoperative chemotherapy) is currently the standard of care for LABC [3, 4]. When compared with adjuvant chemotherapy (postoperative therapy), neoadjuvant chemotherapy yields similar results for both overall survival (70% for both) and disease-free survival (53% adjuvant, 55% neoadjuvant) [5]. Thus, the postponement of surgery does not affect the outcome of the treatment [5, 6]. In addition, neoadjuvant chemotherapy offers considerable benefits to the patient as the treatment can shrink the tumor and even in some cases offer complete pathologic response [3, 7]. This reduction in tumor size increases the possibility of breast conservation [3, 5-7]. Maximizing the conservation of breast tissue can be of great personal importance for the self-esteem and quality of living of the patient [6]. Neoadjuvant chemotherapy can also offer an early indication of the patient's response to chemotherapy. Consequently, monitoring tumor response to neoadjuvant therapy gives the possibility of adjusting the treatment if the patient is responding poorly or not at all resulting in substantial advantages for the patient [3, 6]. This project aims at establishing noninvasive monitoring of neoadjuvant chemotherapy in the breast using subharmonic aided pressure estimation (SHAPE; U.S. Patent 6,302,845).

Generally interstitial fluid pressure (IFP) is 10-30 mmHg higher in cancerous tissue than in normal tissue although values of up to 60 mmHg have been recorded [8, 9]. Similarly, IFP in breast cancer tumors has been shown to be higher than that of surrounding breast tissue [9]. This increase is believed to be due to vascularity, fibrosis and difference in the interstitial matrix in tumors and it can result in poor transport of therapeutic drugs to tumors [8]. Taghian et al. used a wick-in-needle technique to monitor the IFP of breast cancer before and after neoadjuvant chemotherapy with two drugs used consecutively [10]. When used as a first drug Paclitaxel decreased the IFP by 36% ($p=0.02$) whereas with Doxorubicin as a first drug there was only 8% reduction ($p=0.41$). As this was a hypothesis-generating study they did not show any outcome related to the relationship between IFP and therapy response [10]. However, the level of IFP has been shown to predict disease free survival for cervix cancer (34% disease free survival (DFS) if $IFP > 19$ mmHg, 68% DFS if $IFP < 19$ mmHg ($p = 0.002$)) [11]. Thus, the level of interstitial fluid pressure (IFP) in breast cancer tumors could potentially be used to monitor the response to neoadjuvant chemotherapy.

Contrast agents have been used for two decades to improve visualization in ultrasound (US) imaging as they enhance the difference in reflectivity between tissues [12]. Because of the difference in compressibility between the medium and the microbubble any changes in pressure induce changes in the size of the microbubble [13]. This in turn affects the reflectivity and resonant frequency of the bubble [13, 14]. In subharmonic imaging (SHI) pulses are transmitted at a frequency f_0 and the echoes are received at half that frequency $f_0/2$. SHI has been showed to be a feasible option for contrast enhanced imaging due to subharmonic generation by contrast agents and limited subharmonic generation in tissues [15]. Our group came up with a novel technique, SHAPE, utilizing

microbubbles and the subharmonic amplitude of the scattered signal [13]. We showed that there is a linear relationship between the hydrostatic pressure and the subharmonic amplitude. We propose the use of SHAPE to monitor treatment response by noninvasively measuring the IFP in breast tumors. This offers several benefits to the patient. As opposed to the wick-in-needle technique SHAPE is noninvasive and does not inflict pain. Furthermore, it allows for an early indication of responders vs. non-responders and thereby makes adjustments to therapy easier. Moreover, SHAPE has been shown to have a favorable signal-to-noise ratio so the subharmonic amplitude is not affected by background noise [13].

The optimal contrast agent and acoustic parameters for SHAPE will be established using *in vitro* pulse-echo measurements. The SHAPE algorithm will then be designed and implemented on a commercial, state-of-the-art US scanner for *in vivo* IFP measurements. A similar algorithm has already been set up for cardiac SHAPE and thus only a few adjustments need to be made to implement SHAPE for breast tumors making this very cost-effective. The *in vivo* experiments will be twofold. First, athymic, nude, female rats will be implanted with SKBR3, MCF-7 or BT474 human breast cancer cells and SHAPE used to measure IFP and calibrated by comparing the SHAPE results to IFP measurements obtained with an invasive, intra-compartmental pressure monitor as the gold standard. After calibration, human xenograft breast tumors in athymic, nude, female rats will be used to evaluate the ability of SHAPE to track changes in IFP by studying before and after administration of a chemotherapy agent (paclitaxel).

Our group has proposed that SHAPE and contrast enhanced US imaging can be used to measure the IFP in LABC tumors, thus, making it possible to noninvasively monitor the tumor response to neoadjuvant chemotherapy. This method would be a considerable improvement from the wick-in-needle technique currently used for IFP measurements in LABC and allow for individualized treatments options.

5 BODY

The hypothesis of this project is that IFP in breast tumors can be measured noninvasively using SHAPE and contrast enhanced US thus improving the monitoring of neoadjuvant chemotherapy. To investigate this prospect, *in vitro* pulse-echo experiments will be conducted to investigate this prospect and find the optimal contrast agent for SHAPE. These results will then be used to implement SHAPE on a commercial scanner. The scanner will be used for *in vivo* studies on 201 rats with tumor xenografts in order to calibrate and evaluate SHAPE's ability to monitor response to neoadjuvant chemotherapy. The specific tasks of the project (as presented in the original Statement of Work) can be found in Appendix I.

First an outline of the methods applied will be given followed by a presentation of the results to date. Finally, the conclusions and future directions of the research will be discussed.

5.1 Methods

In vitro experiments

A pulse-echo system, similar to the one previously developed by our group [13], was constructed to test different types of contrast agents for use with low-frequency SHAPE under support by the NIH and the AHA. Hence, it was possible to use this setup to investigate high frequency SHAPE at very limited expense to this grant. A programmable function generator (8116A; Hewlett Packard, Santa Clara, CA) produced pulses, which were supplied to the transmit transducer after amplification in a broadband 50 dB RF power amplifier (325L A; ENI, Rochester NY). Received microbubble signals were amplified with a low noise RF amplifier (5052 PR; Panametrics, Waltham, MA), digitized and processed (with the built-in FFT function) using a digital oscilloscope (9350AM; LeCroy, Chestnut Ridge, NY). The amplitude of the harmonic and subharmonic signal components was obtained from spectra averaged over 64 sequences. Command delivery and data transfer was controlled by LabView (National Instruments, Austin, TX). The subharmonic amplitude at different static pressures was measured using a sealed water tank capable of withstanding pressure changes over 200 mmHg. Single element transducers with center frequencies of 4 to 12 MHz were used as transmitter and receiver. The tank was immersed in a water bath at room temperature (25°C). The pressure inside the tank was monitored by a pressure gauge (OMEGA Engineering, Stamford, CT). An inlet and an outlet on the tank were constructed for injecting microbubbles and for applying extra hydrostatic pressure.

In order to find the optimal contrast agent for high-frequency SHAPE changes in the amplitudes of the first, second and subharmonic were measured for two different contrast agents; Definity (Lantheus Medical Imaging, N Billerica, MA) and Sonazoid (GE Healthcare, Oslo, Norway) at pressures from 0 to 47 mmHg (to simulate the IFP in breast tumors). Furthermore, the frequency and acoustic pressure were varied from 5.7 to 9.3 MHz and 0.7-1.2 MPa respectively to determine the optimal acoustic parameters. After data retrieval the amplitude of the first, second and subharmonic was extracted using MATLAB 7.0.4 (Mathworks, Natick, MA). Three measurements were acquired at each setting and linear regression analysis used to determine the relationship between hydrostatic pressure and change in amplitude for the first, second and subharmonic. All statistical analysis was conducted using Stat 9.0 (Stata Corporation, College Station, TX).

Moreover, a novel, simulation model of the dynamics of an encapsulated microbubble contrast agent, developed as part of a previous DOD supported project [16], was modified in order to account for ambient pressure variations and different shell parameters to establish the optimal contrast microbubble for SHAPE. A nonlinear extension of the original viscoelastic model was pursued by considering a quadratic elasticity model where the interfacial elasticity vary linearly with area fraction as well as an exponential model (i.e., the elasticity vary exponentially).

In vivo experiments

Our group has worked in partnership with Ultrasonix Medical Corporation to implement SHAPE for cardiac use on a state-of-the-art commercial scanner Sonix RP (Ultrasonix

Medical Corporation, Richmond, BC, Canada) with a phased array (PA4-2). Several experiments have been carried out in canines to investigate cardiac SHAPE supported by funding from the AHA. RF data from these experiments was analyzed off-line using Matlab. The software developed by our group for this analysis is not site-specific and will also be used to analyze the data we will acquire from *in vivo* breast SHAPE in rats as part of this project.

Finally, an opportunity to collaborate with Dr. Gregory Czarnota of Sunnybrook Health Sciences Centre in Toronto, Canada has arisen. Dr. Czarnota is currently conducting *in vivo* research on cell death detection in women with LABC using Definity and he offered to acquire RF data from his patients for SHAPE at no cost to this project. Thus, preliminary tests using the modified Sonix RP scanner were conducted to provide guidance on the optimal frequencies for *in vivo* human studies to Dr. Czarnota. Two different probes, L14-5/38 and L9-4/38, were tested at frequencies ranging from 3 – 10 MHz at a 0 dB power level both with and without pulse inversion (PIHI). For this set of experiments 0.38 ml of Definity were injected into an open water tank and the ultrasound probe suspended into the tank for measurements. The agent was kept in suspension with a magnetic stirrer. Three measurements (5 s scans) of B-mode/RF imaging were taken for each frequency setting. The data was then transferred to a PC for offline analysis (using Matlab).

5.2 Results and Discussion

In vitro experiments

Over the pressure range of 0 – 47 mmHg (simulating the IFP in breast tumors) both Definity and Sonazoid showed an inverse linear relationship between the change in subharmonic amplitude and hydrostatic pressure ($r^2 = 0.76-0.91$, $p < 0.01$). This is consistent with previous results reported by our group [13]. An example of the subharmonic amplitude for Sonazoid at 0 mmHg and 47 mmHg can be seen in Figure 1 (transmitting frequency 7.5 MHz and acoustic pressure 0.7 MPa). This process has been markedly more time-consuming than originally envisaged, due to difficulty in aligning the single element transducers at these higher frequencies (compared to our original efforts e.g., in [13]) and this issue has delayed the project by approximately 6 months.

Definity was the more sensitive agent with a maximum decrease 3.86 dB over 0-47 mmHg at an imaging frequency of 6.6 MHz and acoustic pressure 1.1 MPa (see Figure 2a) whereas Sonazoid showed a maximum decrease of 2.40 dB at 7.5 MHz and 0.7 MPa (see Figure 2b). Table 1 lists the results for Definity at different acoustic pressures and transmitting frequencies. These results indicate that the use of SHAPE for noninvasive evaluation of the IFP in breast lesions is feasible with both Definity and Sonazoid, given *in vitro* correlation coefficients reaching 0.9–1. Initial results were reported at an international conference [17] and the more complete results will be presented at the RSNA in December, 2009 [18]. These efforts represent the partial fulfillment of tasks 1a, 1d and 1f in the original Statement of Work (SOW). Future *in vitro* studies will include further experiments at lower (4.0 - 5.7 MHz) and higher (9.3 – 12.0 MHz) transmitting frequencies as well as a wider acoustic pressure range before moving on to the *in vivo* rat xenograft measurements planned as task 3 in the original SOW.

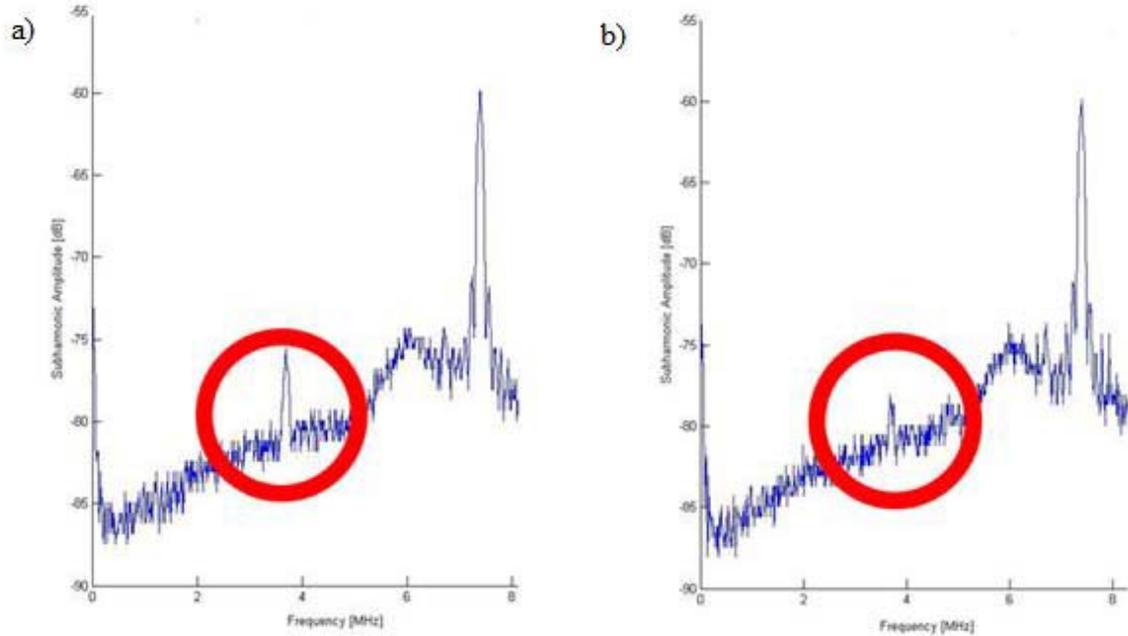


Figure 1. Comparison of the subharmonic amplitude (circle) measured with Sonazoid at a) 0 mmHg and b) 47 mmHg pressures.

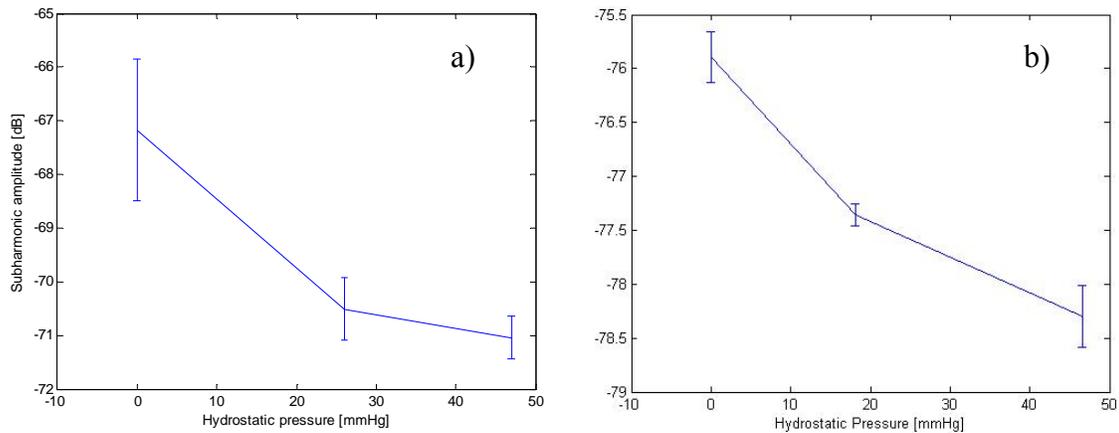


Figure 2. Changes in subharmonic amplitude over the pressure range encountered in LABC with a) Definity showing a decrease of 3.86 dB at an imaging frequency of 6.6 MHz and acoustic pressure 1.1 MPa, and b) Sonazoid showing a decrease of 2.40 dB at an imaging frequency of 7.5 MHz and acoustic pressure 0.7 MPa.

The previously developed simulation model of the dynamics of an encapsulated microbubble contrast agent was modified to include nonlinear extensions of the viscoelasticity. The intent was to better account for the experimentally observed changes in subharmonic signal amplitudes as a function of hydrostatic pressures. However, results to date have not been able to document this behavior adequately [19] and further refinements are being pursued. This is the commencement of tasks 1b, 1c and 1e.

Table 1. Maximum reduction in subharmonic amplitude of Definity at different transmitting frequencies and acoustic pressures.

Transmitting frequency (MHz)	Acoustic pressure (MPa)	Subharmonic decrease (dB)
5.7	0.9	2.73
6.6	1.1	3.86
7.5	1.1	2.7
8.4	0.9	1.38
9.3	1.2	1.19

In vivo experiments

Software has been developed to analyze RF data from the Sonix RP scanner and produce cardiac SHAPE pressure estimates (although this software is equally applicable to RF data from breast tumors) [20]. So far data from 8 canines have been analyzed with excellent results to provide *in vivo* proof-of-concept of the feasibility of SHAPE. An example of the pressure measured with a pressure catheter compared to the noninvasive SHAPE results can be seen in Figure 3 for the left ventricle ($r^2 = 0.78$; $p < 0.001$) and in Figure 4 for the right atrium ($r^2 = 0.66$; $p < 0.001$), respectively.

Further developments are ongoing and currently the main focus is on establishing the best method to extract the subharmonic signal components from the frequency spectrum. Moreover, a patent application has been submitted based on this development effort. Thus, considerable time has been spent on developing this software and this effort represents the commencement of task 2b.

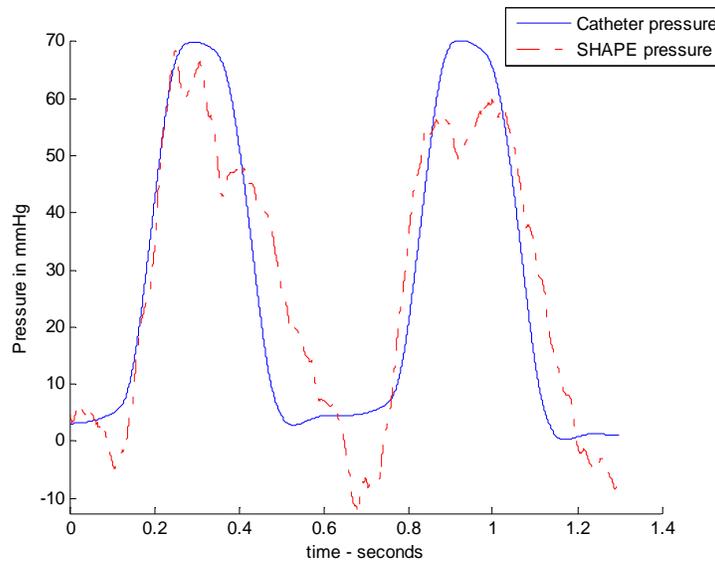


Figure 3. Comparison of the catheter pressure (blue) and SHAPE pressure (red) results obtained in the left ventricle ($r^2 = 0.78$).

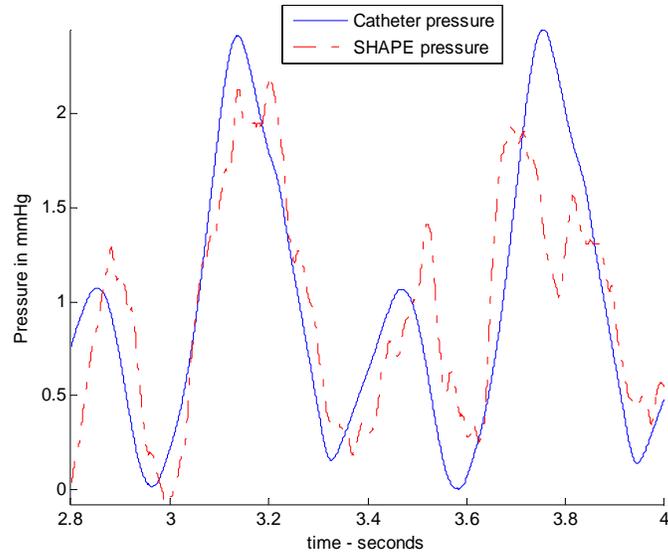


Figure 4. Comparison of the catheter pressure (blue) and SHAPE pressure (red) results obtained in the right atrium ($r^2 = 0.66$).

Initial experiments conducted to test the utility of two probes, L14-5/38 and L9-4/38 (Ultrasonic Medical Corp.), for *in vivo* human studies proved inconclusive as neither probe showed a clear subharmonic peak over the noise level. This was the case for both the PIHI and the non-PIHI (i.e., conventional) mode. Currently further testing to resolve this aspect is ongoing. These experiments represent the commencement of task 2a.

6 KEY RESEARCH ACCOMPLISHMENTS

- SHAPE experiments were conducted with Definity and Sonazoid *in vitro* in a pressurized watertank (range: 0-50 mmHg).
- SHAPE experiments were conducted *in vitro* with Definity using the Sonix RP scanner and two different probes; L14-5/38 and L9-4/38.
- Hydrostatic pressure is inversely related to the change in subharmonic amplitude ($r^2 = 0.76-0.91$, $p < 0.01$).
- A computer model to simulate the behavior of microbubbles as a function of pressure has been developed.
- Software for processing of *in vivo* SHAPE data has been developed.
- The possibility of *in vivo* human studies of SHAPE in patients with LABC using Definity is being explored.

7 REPORTABLE OUTCOMES

Publications

F. Forsberg, A. Katiyar, L. M. Leodore, K. Sarkar. Noninvasive subharmonic pressure estimation: in vitro experiments and modeling. *J Ultrasound Med*, vol 28 (Suppl.), pp. S120 – S121, 2009.

F. Forsberg, V. G. Halldorsdottir, J. Dave, M. McDonald, J. B. Liu, C. Leung, K. Dickie. In vivo noninvasive cardiac subharmonic pressure estimation. *Ultrasonic Imaging*, vol. 31, pp. 45-46, 2009.

V. G. Halldorsdottir, L. Leodore, B. Cavanaugh, F. Forsberg. Pressure estimation for monitoring neoadjuvant chemotherapy of breast cancer: In vitro measurements. *Ultrasonic Imaging*, vol. 31, pp. 46, 2009.

F. Forsberg. Applications of subharmonic contrast imaging. *Ultrasound Med Biol*, vol. 35, pp. S32, 2009.

F. Forsberg, J. Dave, V. G. Halldorsdottir, M. McDonald, J. B. Liu, C. Leung, K. Dickie. Noninvasive subharmonic pressure estimation in vivo and in vitro. Accepted for publication in *Proc ICUS*, 2009.

V. G. Halldorsdottir, L. M. Leodore, B. Cavanaugh, F. Forsberg. Initial in vitro study of US pressure measurements for monitoring neoadjuvant chemotherapy of breast cancer. Accepted for publication in *Prog. RSNA*, 2009.

Presentations

April 2 - 5, 2009

The 54th Annual Convention of the American Institute of Ultrasound in Medicine, New York City, NY, USA.

- Noninvasive subharmonic pressure estimation: in vitro experiments and modeling.

June 10 – 12, 2009

34th International Symposium on Ultrasonic Imaging and Tissue Characterization, Arlington, VA.

- Pressure estimation for monitoring neoadjuvant chemotherapy of breast cancer: in vitro measurements.
- In vivo noninvasive cardiac subharmonic pressure estimation.

August 30 -

September 3, 2009

The 12th Congress of the World Federation for Ultrasound in Medicine and Biology, Sydney, Australia.

- Applications of subharmonic contrast imaging.

8 CONCLUSIONS

Definity as well as Sonazoid showed an inverse linear relationship between the change in subharmonic amplitude and hydrostatic pressure ($r^2 = 0.76-0.91$, $p < 0.01$) over the pressure range associated with breast tumors (0 – 47 mmHg). These results indicate that the use of SHAPE for noninvasive evaluation of the IFP in breast lesions is feasible with both Definity and Sonazoid. However, difficulty in aligning the setup has delayed the project by approximately 6 months.

Our attempts to design a realistic simulation model accounting for the experimental results have been mixed and further work is ongoing. Software for analyzing RF data from the Sonix RP scanner to produce SHAPE pressure estimates has been successfully developed.

In summary, task 1 has been partially completed while tasks 2a and 2b are ongoing, but due to the delay caused by the *in vitro* experiments and the efforts invested in potentially acquiring human data (at no expense to this grant), the project is approximately 6 months behind schedule.

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Appendix I

The Statement of Work from the original proposal:

Objective 1

Task 1: Computer modeling and *in vitro* experiments (months 1 - 6)

- a. Construct an *in vitro* experimental pulse-echo system for investigating the effect of hydrostatic pressure variations on contrast microbubbles and measuring the resulting changes in backscattering (Month 1).
- b. Design and modify numerical codes for a theoretical model describing the dynamics of contrast microbubbles under different pressure conditions (Months 1 - 3).
- c. Calculate the behavior of individual contrast microbubble and the collective behavior of contrast microbubble populations (Months 3 - 6).
- d. Measure changes in backscattered fundamental, second and subharmonic signals for different contrast agents as a function of pressure (Months 2 - 6).
- e. Predict optimal contrast agents for SHI according to the numerical simulations (Month 6).
- f. Select optimal contrast agent(s) for SHI and SHAPE. The selection will mainly be based on experimental measurements (Month 6).

Objectives 2 - 3

Task 2: Design and implementation of SHAPE on a commercial US scanner (months 7 - 12)

- a. Optimize SHI and SHAPE, based on *in vitro* measurements and simulations using the actual parameters of the designated transducers (Months 7 - 8).
- b. Modify a state-of-the-art US imaging system (the Sonix RP) to incorporate the SHI contrast imaging modality and to perform SHAPE (Months 8 - 10).
- c. Evaluate the new imaging modality and SHAPE in an *in vitro* phantom using the modified US scanner (Months 11 - 12).
- d. Prepare regulatory review and obtain approval for animal studies (Months 9 - 12).

Objectives 3 - 5

Task 3: Animal experiments, data collection and analysis (months 13- 36)

- a. Create and grow breast tumors by implanting one of three human breast cancer cell lines (SKBR3, BT474 or MCF-7) into the mammary fat pad of athymic, nude rats (Months 13 - 34).
- b. Calibrate *in vivo* SHAPE results based on IFP measurements obtained with the intra-compartmental pressure monitor in 21 nude rats. Three groups (one per cell line) of 7 rats with breast tumors implanted will be studied (months 14 - 16).

- c. Produce and evaluate the ability of SHI to depict normal vascularity as well as breast tumor angiogenesis in human xenografts implanted in nude rats compared to CD31 stained specimens (Months 17 - 34).
- d. Validate the clinical potential of SHAPE as a therapy monitoring tool by studying 180 human xenograft breast tumors in nude rats (42 normal rats and 138 after administration of a chemotherapy agent paclitaxel) and comparing results to intra-compartmental pressure measurements (months 17 - 34).
- e. Perform statistical analyses and write final report (months 34 - 36).