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14. ABSTRACT Blood from animals with prion disease contain low levels of prion infectivity, which primarily resides in the "buffy coat" fraction that contains lymphocytes and mononuclear cells. We believe that detecting individual infected white blood cells (WBCs) may increase the detection sensitivity by over 100-fold when compared with a method using pooled cells. We have developed a method that combines WBC isolation and cell blotting of PrP ^{sc} to detect individual cells that contain PrP ^{sc} . A sensitivity study shows that as low as 10 to 50 prion-infected cells can be detected, suggesting that it may have the potential to be used for the antemortem detection of prion infection in blood.					
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Introduction

Prion diseases such as bovine spongiform encephalopathy (BSE) are threats to animals such as cattle, to food safety, and to human that use biomedical products developed from animal sources. Prions are also potential biological warfare agents. Current methods for diagnosing prion diseases only work on postmortem material. A proven antemortem diagnostic or screening test is not yet available.

The amyloidogenic PrP^{Sc} is the only proven surrogate marker for the diagnosis of prion diseases. Therefore almost all of the efforts for diagnosing prion diseases are directed at detecting PrP^{Sc}. Since the only difference between the normal cellular PrP^C and the pathological PrP^{Sc} is their conformation, current methods distinguish them by taking advantage of their different physicochemical properties or by using antibodies that recognize PrP^{Sc}. The most common techniques detect PrP^{Sc} by its relative resistance to digestion by proteinase K, followed by amplification of the PrP^{Sc} signal with Western blotting, ELISA, or fluorescence techniques using antibodies that recognize PrP (Bolton, 2001 and Borman, 2002). However, antibodies that only recognize PrP^{Sc} are rare, and their usefulness is limited by species specificity. Currently available methods for prion diseases are sensitive enough for prion-enriched, postmortemly available tissues such as brain, but cannot detect the low levels of prions in body fluids such as blood that are readily available from living animals.

There is a solid foundation for developing an antemortem test with blood because there is strong evidence that blood taken from diseased animals contains prion infectivity (Aguzzi, 2000; Brown et al., 2001, Heikenwalder et al., 2005). Most of the infectivity resides in the "buffy coat" fraction that contains lymphocytes and mononuclear cells. Only a small fraction of the infectivity stays in the plasma that contains no cells. For example, it is reported that the blood infectivity level during the preclinical stage is 6 to 12 infectious units (IU) per ml of buffy coat and only a trace amount of infectivity is in plasma. However, infectivity rises sharply to 100 IU/ml of buffy coat and 20 IU/ml of plasma at the onset of clinical signs (Brown et al., 1999). Despite this evidence, current methods have been unable to detect the small amount of PrP^{Sc} in blood taken from infected animals. It is estimated that one IU contains as few as 10,000 molecules of PrP^{Sc} (10^{-15} g), so a method capable of detecting 0.01 pg to 0.1 pg (10^{-14} g to 10^{-13} g) of PrP^{Sc} is required. Urine collected from infected animals appears to be a better source than blood for antemortem prion detection. Shaked et al. (2001) found that a protease-resistant form of PrP^{Sc} (UPrP^{Sc}) could be detected with Western blotting in the urine of animals and humans suffering from TSE. Unfortunately, the promising discovery of protease-resistant PrP in urine could not be confirmed in later studies (Prusiner, 2004).

The aim of our research is to develop an antemortem test for prion diseases based on a non-immunological, cell-based biological assay for the detection of PrP amyloid species. In addition, we focus on elucidating the infectious entity of prions and the molecular mechanism of generating prion infectivity.

Towards the development of an antemortem prion test, we have previously developed a cell-based assay that can detect the β -sheeted aggregates or fibrils of amyloidogenic proteins. The assay is based on the ability of amyloidogenic proteins to induce a unique form of cellular MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) formazan exocytosis (Liu et al, 1997 a&b; 1998 a&b; 1999 and 2001). During the first year of our research under this grant, individual prion-infected neuroblastoma cells were found to undergo amyloidogenesis that could be detected with the cell-based MTT formazan exocytosis assay. This phenomenon formed the foundation for developing a blood-based antemortem test by detecting prion-infected white blood cells (WBCs) with the cell-based MTT formazan exocytosis assay. The idea is that enrichment of prion-infected WBC subtypes by cell isolation techniques plus the detection of

individual infected cells with the cellular MTT formazan exocytosis assay may give the required sensitivity for antemortem detection of prions in blood. We investigated this idea thoroughly during the passed year, and report the progress below.

Towards the elucidation of the mechanism of prion infectivity and its infectious entity, we initiated a structure-activity relationship of the HET-s prion system of the filamentous fungus *Podospora anserina*. We studied the structure of the amyloid fibrils of the HET-s prion protein and showed by a mutagenesis approach that this conformation is the functional and infectious entity of the HET-s prion. These results correlate for the first time distinct structural elements with prion infectivity (Ritter et al., 2005).

Body

1. Developing a blood-based antemortem test by detecting prion-infected white blood cells (WBCs) with the cell-based MTT formazan exocytosis assay.

The finding that individual neuroblastoma cells infected with prion can undergo amyloidogenesis and be detected with the MTT formazan exocytosis assay formed the foundation for developing a novel antemortem test by detecting prion-infected white blood cells (WBCs) with the cell-based MTT formazan exocytosis assay. Because detecting the small numbers of infected WBCs among millions of blood cells with cell isolation techniques and the MTT formazan exocytosis assay could represent 100-fold of increase in detection sensitivity compared with other types of methods (e.g. Western or ELISA of buffy coat), it is possible that even the low infectivity in blood can be detected. Western blotting methods and ELISA assays typically requires more than 10^4 cells. The current understanding of the prion transmission process through the oral route is that the infectious agent first penetrates the intestinal mucosa through M cells and reaches Peyer's patches, and from there they are transported to lymphoreticular system (e.g. spleen and lymph nodes), possibly through myeloid dendritic cells (Huang et al., 2002). The prion then amplifies and accumulates in follicular dendritic cells and other unidentified cells of the lymphoreticular system. Finally, the prion reaches peripheral nervous system and brain (Weissmann et al., 2002), possibly through transport by CD11c+ dendritic cells (Aucouturier et al, 2001). It is conceivable that some infected cells in the lymphoreticular system will be found in blood circulation during this transmission process, although the number may be few. There also appears to be a reverse propagation of prion infectivity from brain to the lymphoreticular system during the late stage of the disease, because there is a 5 to 10 fold increase in blood prion infectivity during the clinical stage of intracerebrally inoculated mice (Brown et al., 1999). Therefore, prion-infected WBCs should be present in blood circulation during both preclinical and clinical stages of the disease. Exactly what type of WBCs carries prion infectivity is not clear, although dendritic cells which have a higher expression of PrP^c are a primary suspect.

To use cellular MTT formazan exocytosis as a method for detecting prion-infected WBCs, two prerequisites need to be fulfilled. One is that the WBCs should respond to amyloid proteins in the MTT assay like the neuroblastoma cells, and the other is that prion-infected WBCs should have acquired or formed prion amyloid species. It is possible that not all prion-infected cells have formed or acquired prion amyloid species, in this case, a false negative will arise.

To investigate the responsiveness of WBCs to amyloid protein, we isolated T cells, B cells, monocytes and CD11c+ dendritic cells from mouse blood as well as mouse spleen, using cell-specific antibody-coated magnetic beads from Miltenyi Biotec (Auburn, CA). Various types of WBCs reduced MTT like other cells tested and responded to amyloid β peptide (A β) treatment with amyloid-type MTT formazan (Table 1). However, T cells showed a significant

background (~5%) even in the absence of A β treatment and CD11c+ dendritic cells showed a low response to A β (Table 1).

The other concern is the percentage of prion-infected cells that can be detected by the MTT formazan exocytosis assay. By subcloning and subsequent detection of PrP^{Sc} by Western blotting in subclones of prion-infected mouse neuroblastoma cells, Caughey and colleagues at NIH's Rock Mountain Laboratory found that up to 90% of cells in the original cell line are infected (Caughey et al., unpublished results). In contrast, the cellular MTT formazan exocytosis only detected up to 30% of the infected cells from this cell line. These findings suggest that only a certain percentage of prion-infected cells can form amyloid species that can be detected by the MTT formazan exocytosis assay. However, in a model system of prion infectivity, we showed that the amyloid fibrillar conformation of the fungal HET-s prion is the infectious entity in *P. anserina* (see below) and that amyloid fibrils of HET-s can be detected by the MTT formazan exocytosis assay.

In summary, these results suggest that the cellular MTT formazan exocytosis assay is a promising interesting method for basic research, but that it is probably not sensitive enough for detecting prion-infected blood cells because of the background problem with certain WBCs and the apparent high false negative rate of the assay.

Table 1. Effects of A β on Cellular MTT Formazan Exocytosis by Various Types of Mouse WBCs

Cell Type	Percent of cells with amyloid-induced MTT formazan	
	Untreated	Treated with 5 μ M A β ₁₋₄₂
B cells	1 \pm 2	90 \pm 5
T cells	5 \pm 2	93 \pm 4
Monocytes	0	92 \pm 5
CD11c+ dendritic cells	0	33 \pm 56

Various types of WBCs were isolated from mouse spleen with Miltenyi's MACS magnetic beads coated with cell-specific antibody according to the manufacture's procedures. The cell-specific microbeads are CD19 for B cells, CD90 for T cells, CD11b for monocytes, and CD11c for dendritic cells. The cells were treated with 5 μ M A β ₁₋₄₂ or untreated for 5 hr at 37°C, followed by 1 hr of MTT reduction (0.5 mg/ml). Data are the mean \pm S.D. of three experiments.

2. Developing a blood-based antemortem test by detecting prion-infected WBCs with cell isolation and cell blotting of PrP^{Sc}

Because of the background problem and the high false negative rate, the original idea of using the MTT phenomenon to detect prion in blood is now abandoned. However, the idea of increasing detection sensitivity by looking at individual blood cells instead of pooled cells is still a promising one. So far the only proven surrogate marker for the diagnosis of prion diseases is PrP^{Sc}. By detecting PrP^{Sc}, one would be able to avoid the false negative rate and the cell

responsiveness problem associated with the cellular MTT formazan exocytosis assay. A technique that allows the detection of PrP^{Sc} in individual cells is the cell blotting method developed for prion-infected cell lines (Bosque and Prusiner, 2000; Klohn et al., 2003). We therefore tried to adopt this technique to blood cells. Theoretically, trying to detect individual blood cells containing PrP^{Sc} through cell blotting could increase sensitivity by 100 to 1000 times when compared with Western blotting for PrP^{Sc}. It may be possible to identify the small number of prion-infected cells in blood by this technique.

1) *Isolation of WBCs from blood.* We chose mouse as the experimental animal since prion-infected blood is available to us for the development of the method. The total volume of blood obtainable from a mouse is between 0.5 ml to 1 ml per mouse. The total number of WBCs in such volume of blood was found to be 0.5 to 1 million. Although one can isolate specific type of WBCs with magnetic beads (such as dendritic cells), it is better to use the entire WBCs for prion detection since the type(s) of WBCs that carry PrP^{Sc} is not certain at present time. Using the entire WBCs for prion detection will also simplify the procedure and detect PrP^{Sc} in both cells that amplify PrP^{Sc} and cells that acquired PrP^{Sc} without assuming which type of cells are infected. We used a two-step OptiPrep density gradient method to isolate WBCs by first getting rid of the red blood cells (RBCs), and then the platelets.

2) *Cell blotting of WBCs.* We found that a cytocentrifuge (StatSpin Cytofuge 2, MA) is good for spreading and depositing the WBCs onto a microscope slide so that signal from individual cells can be detected. The WBCs deposited on a microscope slide were then blotted to a nitrocellulose membrane as described by Bosque and Prusiner (2000) and Klohn et al. (2003). Briefly, the blot was air-dried for 1 hr at 37°C, rewetted in lysis buffer (50 mM Tris HCl pH 8.0, 150 mM NaCl, 0.5% sodium deoxycholate, and 0.5% Triton X-100), and incubated in lysis buffer with 5 µg/ml proteinase K at 37°C for 90 min with constant shaking. Next, the blot was washed twice with distilled water and incubated with 2 mM AEBSF (Roche Applied Science) for 10 min at room temperature to inactivate proteinase K. The membrane was then incubated in denaturing buffer (3 M guanidinium thiocyanate, 10 mM Tris HCl, pH 8.0) for 10 min, washed 3 times with water and blocked with 5% nonfat dry milk in Tris-buffered saline with 0.1% Tween-20 (TBST) for 1 hr at room temperature. The blot was next incubated with anti-PrP Fab HuM-D18 (1:1000, InPro Biotechnology, San Francisco) in TBST-5% BSA for 1 hr at room temperature or overnight at 4°C, washed 3 times with TBST, then incubated with horseradish peroxidase-conjugated goat anti-human IgG F(ab')₂ (Pierce, 1:20,000, in TBST-5% nonfat dry milk) for 1 hr at room temperature. After washing 4 times, the signal was detected with the Super Signal West Pico ECL kit (Pierce) and x-ray film (Hyperfilm ECL, GE Healthcare). The cell blotting procedure can be carried out in one day and can be automated (Klohn et al., 2003)

3) *The sensitivity of the cell blotting technique.* We first learned the technique of cell blotting by using prion-infected neuroblastoma cell line ScN2A (from Dr. Byron Caughey at NIH's Rock Mountain Lab) and ScGT1-trk (InPro Biotechnology), and then determined the sensitivity of the cell blotting technique. Assuming ScGT1-trk cells are 100% prion-infected, we added sequentially decreasing numbers of ScGT1-trk cells (1000 cells, 500 cells, 100 cells, 50 cells, 10 cells) to 5×10^5 mouse WBCs and then went through the cell blotting procedure. As shown in Fig. 1, as low as 50 prion-infected cells can be reliably detected. It may be possible to detect as low as 10 prion-infected cells through further improvement. These results suggest that it is quite possible that the low number of prion-infected cells in blood can be detected by the WBCs isolation plus the cell blotting approach.

4) *Application of the cell blotting method to WBCs from blood of prion-infected mice.* We are now waiting for prion-infected blood from our collaborators to test whether the procedure is sensitive enough to serve as an antemortem test. A number of mice have been infected with the RML strain of mouse prion but have not researched the clinical stage that is likely to be

detectable by the method.

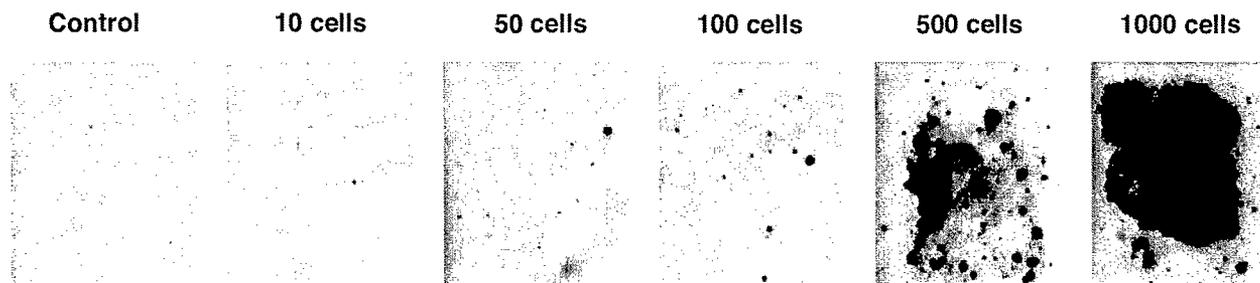


Fig. 1. The sensitivity of the cell blotting technique. Different numbers of ScGT1-trk cells (0 cell=control, 10 cells, 50 cells, 100 cells, 500 cells, and 1000 cells) were added to 5×10^5 mouse WBCs and then processed through the cell blotting procedure as described above.

3. Correlation of structural elements and infectivity of the HET-s prion

The structural basis of prion infectivity and the origin and mechanism of infectivity has been elusive because acquisition of atomic resolution structural properties of amyloid fibrils represents an unsolved technical challenge. We initiated structural studies on HET-s, the prion protein of the fungus, *P. anserina*. The C-terminal prion domain of HET-s comprises residues 218-289. Amyloid fibrils of HET-s(218-289) are necessary and sufficient for the induction and propagation of prion infectivity. We used fluorescence measurements, quenched hydrogen exchange NMR and solid state NMR to determine the sequence specific positions of secondary structure elements of the amyloid fibrils of HET-s(218-289). This information revealed four beta-strands constituted by two pseudo repeat sequences, each forming a beta-strand-turn-beta-strand motif. We showed that this conformation is the functional and infectious entity of the HET-s prion by using a structure-based mutagenesis approach (Ritter et al., 2005). These results correlate for the first time distinct structural elements with prion infectivity.

Key Research Accomplishments

A method for identifying individual prion-infected white blood cells (WBCs) has been developed. The method employs WBCs isolation and cell blotting of PrP^{Sc}. Sensitivity studies suggest that it may have the required sensitivity for the antemortem detection of prion infection in blood.

A structure-activity relationship of the HET-s prion is established. It shows that a unique amyloid fibrillar structure is the infectious entity of the HET-s prion.

Reportable Outcomes

1. A manuscript entitled "Amyloidogenesis in prion-infected cells" has been prepared and attached as Appendix 1.

2. A paper entitled "Correlation of structural elements and infectivity of the HET-s prion" published in Nature (Ritter C, Maddelein M-L, Siemer AB, Luhrs T, Ernst M, Meier BH, Saupe SJ, and Riek R. 435, 844-848, 2005) is attached as Appendix 2.

Conclusions

WBCs isolation plus the cell blotting of PrP^{Sc} may give the required sensitivity for

antemortem detection of prion in blood.

The amyloid conformation is the infectious entity in the HET-s prion.

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Appendices

1. A manuscript entitled "Amyloidogenesis in prion-infected cells."
2. A paper entitled "Correlation of structural elements and infectivity of the HET-s prion" published in *Nature* (Ritter C, Maddelein M-L, Siemer AB, Luhrs T, Ernst M, Meier BH, Saupe SJ, and Riek R. 435, 844-848, 2005).

Amyloidogenesis in Prion-infected Cells

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Abbreviations used:

A β ——— Amyloid β peptide

MTT ——— 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide

PrP ——— Prion protein

PrP-sen ——— Protease-sensitive prion protein

PrP-res ——— Protease-resistant prion protein

ScNB ——— Scrapie-infected neuroblastoma cells

Abstract:

Amyloid proteins are a group of proteins that can polymerize into cross β -sheeted amyloid species. We have found that enhancing cellular 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) formazan exocytosis is a common biological property of all amyloid proteins tested to date. In this report, we determined whether or not the amyloidogenic prion proteins induce the same phenomenon. Indeed, the infectious amyloid species of the prion protein HET-s of the filamentous fungus *Podospora anserina* enhances MTT formazan exocytosis. More strikingly, cellular MTT formazan exocytosis revealed the amyloidogenesis in N2A neuroblastoma cells infected with the RML strain of mouse prion. This appears to be the first visualization of amyloidogenesis in individual living cells. These findings suggest that MTT formazan exocytosis can be useful for the study of prion amyloidogenesis.

Key Words: Prion protein, amyloidogenesis, MTT, prion detection.

Running title: Cellular prion amyloidogenesis

Introduction

The amyloidoses are a group of diseases in which normally soluble proteins polymerize into insoluble amyloid fibrils that then form amyloid deposits. Predominant among these amyloid diseases are Alzheimer's disease, prion diseases and type II diabetes. The corresponding amyloidogenic proteins in these amyloidoses are amyloid β protein ($A\beta$), scrapie prion proteins (PrP), and human amylin (Sipe, 1992). Although amyloid fibrils can be formed from proteins with different amino acid sequences, they all share the characteristic cross- β sheet structure in which the polypeptide backbones are oriented perpendicular to the long axis of the fibril (Glennner et al., 1974). Of about twenty known amyloid proteins, prion proteins are unique in that they are the only known infectious amyloidogenic proteins.

Our previous work with $A\beta$ in Alzheimer's disease and other amyloidogenic proteins (including human amylin, β -synuclein, artificially induced β -sheeted insulin and glucagons fibrils) has led to the development of a cell-based method for the detection of cross- β sheeted amyloid fibrils or subfibrillar species (Liu et al, 1997, 1998, 2004; Liu and Schubert, 1997, 1998; Liu and Piasecki, 2001). The method is based upon the observation that amyloidogenic proteins specifically and dramatically enhance the exocytosis of the intracellular vesicles that are involved in transporting the reduced tetrazolium dye 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT formazan), with the formation of unique formazan crystals on the cell surface (Fig. 1A to C, compare formazan morphology between B and C). The exact form of the amyloidogenic proteins being detected by the MTT formazan phenomenon is not clear, but it is correlated with the formation of amyloid fibrils. The amyloid-binding dye Congo red and certain polysulfated glycosaminoglycans such as dextran sulfate can prevent or inhibit the ability of amyloidogenic proteins to induce MTT formazan exocytosis, suggesting that β -sheeted

amyloid fibrils or subfibrillar structures are responsible for the phenomenon (Liu and Schubert, 1997, 1998; Liu and Piasecki, 2001). What is more striking with this phenomenon is its biological specificity. A β preparations that do not induce the unique MTT formazan crystals do not activate glia and are not toxic to primarily cultured rat hippocampal neurons (Liu and Piasecki, 2001), even though microscopic examination revealed numerous amorphous aggregates. We therefore termed the species causing the unique MTT formazan crystals "bioactive amyloid species" (Liu and Piasecki, 2001; Liu et al., 2004). This cell-based method has proven useful in detecting amyloid species in a protein sample, in searching for anti-amyloid compounds, and in detecting the bioactive amyloid species in brains of animals and man (Liu et al, 2004).

Mammalian prion proteins (Prusiner et al, 1983, Caughey et al., 1991) as well as yeast prion proteins (Ure2p and Sup35p) and a fungal prion protein (HET-s) (Balguerie et al., 2003, Wickner et al., 2001; Serio and Lindquist, 2001; Cousteau et al., 1997, Glover et al., 1997; King et al., 1997) are known to undergo self-seeded polymerization into amyloid-like fibrils. In the present report, we show that the cell-based MTT assay can be used to detect amyloid species formed by the prion protein HET-s of filamentous fungus *Podospora anserina*, confirming again that enhancing cellular MTT formazan exocytosis is a common biological property of amyloidogenic proteins. Strikingly, N2A neuroblastoma cells infected with the RML strain of mouse prion demonstrated spontaneous amyloidogenesis when studied with the cell-based assay. To our knowledge, this appears to be the first visualization of de novo amyloidogenesis in individual living cells. These results suggest that the cell-based MTT assay can be useful in the study of prion amyloidogenesis and in the detection of prion-infected cells.

Materials and Methods

Materials and cell lines

All amyloid peptides were obtained from Bachem California (Torrance, CA). All other reagents were from Sigma or Calbiochem. B12 cells are nerve-gial precursor cells from a collection of cells made from nitrosoethylurea-induced rat brain tumors (Schubert et al., 1974). Normal mouse N2A neuroblastoma cells were purchased from America Type Culture Collection (ATCC, Rockville, MD) and N2A cells infected with the RML strain of mouse prion (ScNB cells) were from NIH's Rocky Mountain Laboratories (Caughey and Race, 1992).

Photomicroscopy and quantitation of MTT formazan exocytosis

Cells growing on 35 mm dishes were incubated with MTT (0.5 mg/ml) for 30 min at 37°C, and then examined and photographed with a Nikon light microscope equipped with water immersible object lens and a digital color imaging system (Spot Insight, Diagnostic Instruments, Inc. MI). The needle-like crystals on the surface of the cells incubated with MTT, which are easily visible under a light microscope, represent exocytosed MTT formazan (Fig. 1, Liu et al., 1997). The distinct MTT formazan crystals induced by amyloid peptides are best viewed with a 40x objective lens under phase. The percentage of cells exocytosing MTT formazan was determined by counting 300 cells in multiple fields using the presence of needle-like formazan crystals on cell surface as the indicator of MTT formazan exocytosis. A cell is counted as exocytosing MTT formazan as long as 3 or more needle-like formazan crystals are clearly visible.

Expression and purification of pHET constructs

The fungal prion protein HET-s was amplified and modified by polymerase chain reaction to contain a C-terminal His₆ tag and subsequently cloned into the *Nde*I and *Hind*III sites of the pET21a vector (Novagen) (Dos Reis et al. 2002). The *E. coli* strain BL21 (DE3) was transformed with the plasmid. 2 liters of LB medium were inoculated with an over-night culture and the bacteria were grown to an OD₆₀₀ of 0.8-1.0 and induced with isopropyl-1-thio-β-D-galactopyranoside (1 mM) for 4 hours at 37°C. The pellet was washed once in the same buffer and then solubilized in 6 M guanidinium hydrochloride, 50 mM Tris pH 8.0, 150 mM NaCl. The protein constructs were purified by His₆ affinity chromatography using Ni-charged chelating agarose (Pharmacia). To refold the protein directly before use, it was incubated with 20 mM dithiothreitol for 20 min and subsequently applied to PD-10 desalting columns (Pharmacia) equilibrated with 50 mM Tris, pH 8.0, 150 mM sodium chloride, 5 mM dithiothreitol. Recombinant HET-s forms amyloid fibrils spontaneously under these conditions.

Congo red birefringence

10 μl of a protein fibril suspension was mixed with 10 μl 1% aqueous Congo red (pH 10) and was then placed on a glass slide. Birefringence was observed with a Nikon light microscope equipped with polarization filter.

Western blotting for protease-resistant prion protein (PrP^{res} or PrP^{sc}) accumulation in ScNB Cells

The immunoblot assay for PrP^{res} accumulation was performed as described previously (Caughey et al., 1998). Briefly, ScNB cells were lysed with detergents, cleared of debris with a

low-speed centrifugation and treated with proteinase K to degrade protease-sensitive prion protein (PrP^{sen} or PrP^c). The PrP^{res} was pelleted by ultracentrifugation, solubilized in SDS/PAGE sample buffer, and run on 14% acrylamide precast Novex gels. Proteins were electroblotted onto Immobilon membranes (Millipore) and PrP was detected by using a polyclonal rabbit antiserum (R30) raised against a synthetic peptide corresponding to residues 89-103 of the mouse PrP amino acid sequence and a peroxidase-conjugated goat anti-rabbit secondary antibody. The blots were developed by using enhanced chemiluminescence reagents (Amersham).

Results and Discussion

The fungal prion protein HET-s of *Podospora anserina* aggregates *in vitro* into infectious amyloid-like fibrils (Dos Reis et al., 2002; Maddelein et al., 2002). We also found that HET-s monomers aggregate to form protein fibrils *in vitro* that show Congo red birefringence, an indication that the protein fibrils are amyloid fibrils (Fig. 1D). To test whether HET-s enhances cellular MTT formazan exocytosis like other amyloid proteins, B12 cells were incubated with HET-s fibrils overnight. As shown in Fig. 1E and Table 1A, HET-s induced unique MTT formazan crystals which are morphologically identical to that induced by other amyloid proteins (Fig. 1C). As a negative control, a HET-s protein sample denatured by trichloroacetic acid precipitation did not induce amyloid-like MTT formazan exocytosis (Fig. 1F and Table 1A). These results are an additional confirmation that enhancing cellular MTT formazan exocytosis is a common biological activity of amyloid proteins.

To test whether amyloidogenesis occurs in prion-infected cells, N2a neuroblastoma cells

infected with the RML strain of mouse prion (ScNB cells, Caughey and Race, 1992) were examined for amyloid-induced cellular MTT formazan exocytosis directly without any other treatment. Fig. 2B (arrows) and Table 1B show that approximately 13% of the cells contained the characteristic amyloid-induced MTT formazan. N2A cells that were not infected with prion did not show this phenomenon (Fig. 2A). Treatment of the ScNB cells with 5 μ M Congo red for 3 days, a known inhibitor of PrP-res accumulation (Caughey and Race, 1992), completely abolished amyloid-induced MTT formazan (Fig. 2C and Table 1B). Western blotting of PrP-res in N2a cells, ScNB cells and ScNB cells treated with 5 μ M Congo red for 3 days shows that amyloid-induced MTT formazan exocytosis is strictly correlated with the presence of PrP-res (Fig. 2D). These results demonstrate for the first time that individual cells infected with prion can undergo amyloidogenesis and be detected by the cellular MTT formazan exocytosis assay.

In summary, the present study shows that amyloid species formed by prion proteins, like other amyloid proteins, enhance cellular MTT formazan exocytosis. Prion amyloidogenesis may play an important role in prion replication and in cellular damage caused by prion infection. Amyloid fibrils formed from recombinant prion proteins *in vitro* have been shown to be infectious (Maddelin et al., 2002, Legname et al., 2004), which supports a correlation between amyloid formation and infectivity but still cannot address the question why prion proteins are the only infectious amyloid protein. The pathways of prion amyloidogenesis are complex (Baskakov et al., 2002). Cellular MTT formazan exocytosis used as a simple assay for detecting cross β -sheeted amyloid species could be a useful tool for studying the relationship between amyloid formation and prion infectivity, replication and toxicity.

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Table 1. Prion protein-induced MTT formazan exocytosis

Treatment	Percentage of cells shows amyloid-induced MTT formazan
A. Fungal prion protein HET-s	
Solvent control	0
1 μ M A β ₁₋₄₂	33 \pm 5*
2 μ M HET-s	21 \pm 4*
2 μ M denatured HET-s	0
B. Prion-infected N2a cells	
Normal N2a cells	0
ScNB cells	13 \pm 5*
ScNB cells + 50 μ M Congo red for 3 days	0 to 1

The effect of HET-s on cellular MTT formazan exocytosis by B12 cells was carried out as described in the legend of Fig. 1. The effect of prion infection on the cellular MTT formazan exocytosis of N2a cells was described in the legend of Fig. 2. All data are mean \pm S.D. of four experiments. *: Significantly different from solvent control or normal N2a cells.

Figure Legends

Fig. 1. The fungal prion protein HET-s aggregates into amyloid fibrils in vitro and induces amyloid-like cellular MTT formazan exocytosis. B12 cells were treated as indicated, followed by 30 min or 3 hr of MTT (0.5 mg/ml) reduction. **(A)** Control, 30 min MTT reduction. **(B)** Control, 3 hr MTT reduction. Note the morphology of the naturally occurring MTT formazan. **(C)** 1 μ M A β_{1-42} overnight incubation followed by 30 min MTT reduction. The MTT formazan crystals are thicker, shorter and purple. **(D)** Congo red birefringence of HET-s amyloid fibrils. **(E)** HET-s was buffer exchanged from 6 M Guanidinium chloride to 50 mM Tris pH 8.0, 1 mM dithiothreitol. B12 cells were incubated with 2 μ M HET-s overnight followed by 30 min MTT reduction. **(F)** The same as in **(E)** except HET-s in 6 M Guanidinium chloride was first precipitated with trichloroacetic acid.

Fig. 2. Detection of amyloidogenesis in prion-infected neuroblastoma cells with cellular MTT formazan exocytosis. Normal N2a cells **(A)**, ScNB cells **(B)** and ScNB cells treated with 5 μ M Congo red for 3 days **(C)** were incubated with MTT (0.5 mg/ml) for 60 min at 37°C and imaged under a light microscope. Arrows indicate cells with amyloid-induced MTT formazan crystals. **(D)** Western blotting of PrP-res: Line 1, normal N2a cells; Line 2, ScNB cells; line 3, ScNB cells treated with 5 μ M Congo red for 3 days.

Fig. 1

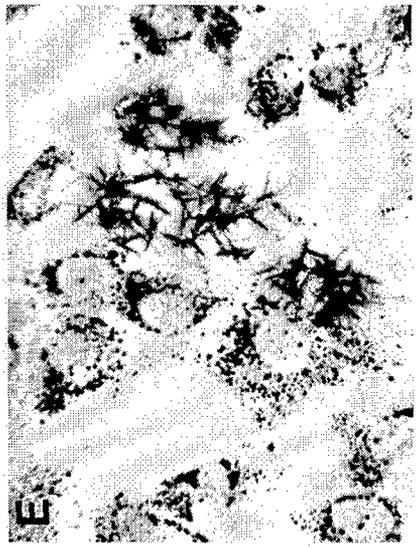
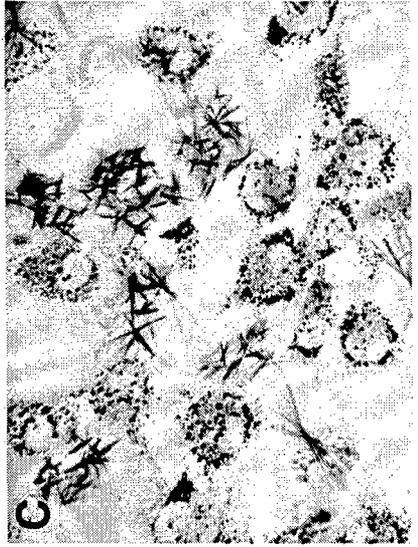
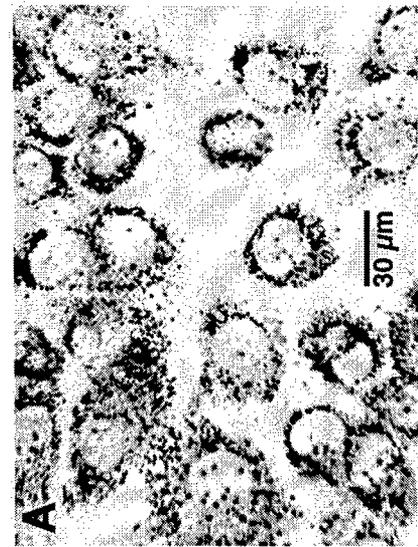
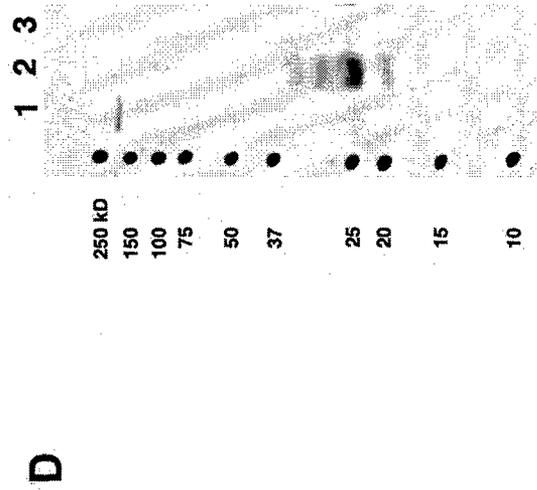
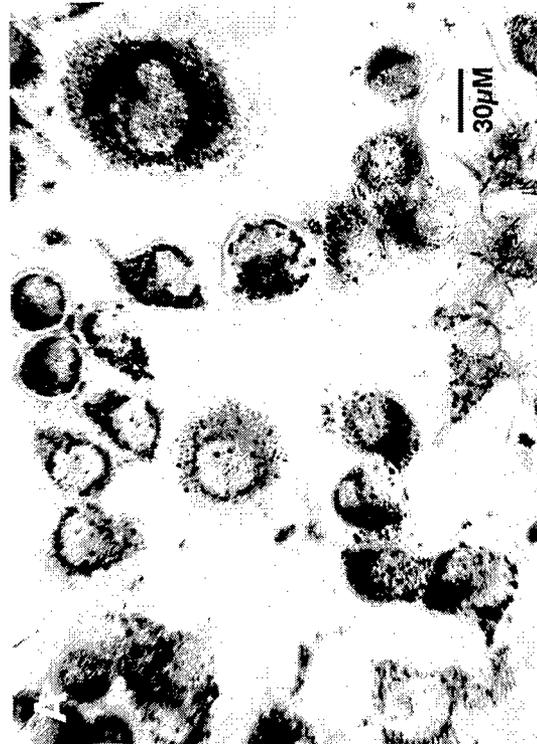
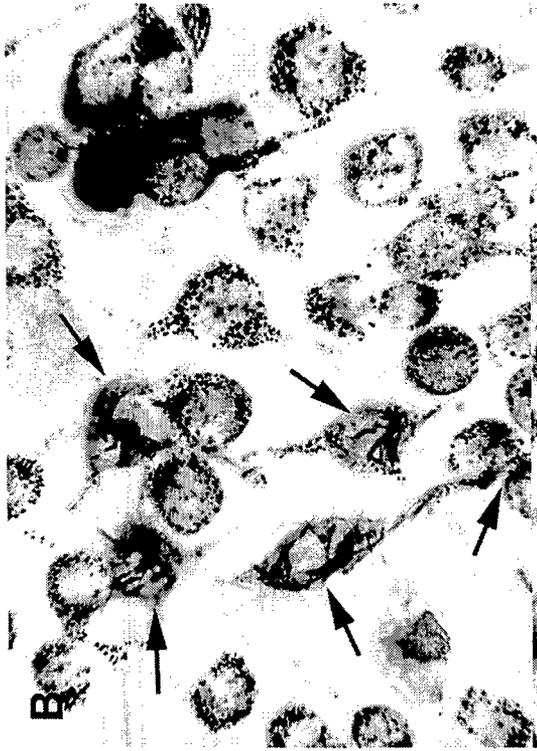


Fig. 2



LETTERS

Correlation of structural elements and infectivity of the HET-s prion

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Prions are believed to be infectious, self-propagating polymers of otherwise soluble, host-encoded proteins^{1,2}. This concept is now strongly supported by the recent findings that amyloid fibrils of recombinant prion proteins from yeast³⁻⁵, *Podospira anserina*⁶ and mammals⁷ can induce prion phenotypes in the corresponding hosts. However, the structural basis of prion infectivity remains largely elusive because acquisition of atomic resolution structural properties of amyloid fibrils represents a largely unsolved technical challenge. HET-s, the prion protein of *P. anserina*, contains a carboxy-terminal prion domain comprising residues 218–289. Amyloid fibrils of HET-s(218–289) are necessary and sufficient for the induction and propagation of prion infectivity⁶. Here, we have used fluorescence studies, quenched hydrogen exchange NMR and solid-state NMR to determine the sequence-specific positions of amyloid fibril secondary structure elements of HET-s(218–289). This approach revealed four β -strands constituted by two pseudo-repeat sequences, each forming a β -strand-turn- β -strand motif. By using a structure-based mutagenesis approach, we show that this conformation is the functional and infectious entity of the HET-s prion. These results correlate distinct structural elements with prion infectivity.

The prion form of the protein HET-s is involved in a programmed cell death phenomenon termed heterokaryon incompatibility^{8,9}. This reaction occurs in filamentous fungi when cells of incompatible genotype fuse and form a mixed cell. In *P. anserina*, two incompatible genotypes, called *het-s* and *het-S*, encode the proteins HET-s and HET-S, respectively. They are both 289 amino acids long and differ in only 13 residues¹⁰. However, only HET-s can form a prion¹¹: *P. anserina* cells expressing the HET-s protein exist either in a prion state called [Het-s], or in a non-prion state called [Het-s*]. Infection of a [Het-s*] cell by a [Het-s] cell occurs by simple contact. The cell death reaction is triggered if a cell in the [Het-s] prion state fuses with a cell expressing HET-S. In contrast, a prion-free [Het-s*] cell can readily fuse with a cell expressing HET-S to form a viable mixed cell. Hence, the formation of the [Het-s] prion can easily be assayed by measuring its function in heterokaryon incompatibility. Both HET-s and the prion domain fragment HET-s(218–289) form amyloid fibrils *in vitro* that are infectious to [Het-s*] cells of *P. anserina*^{6,12,13}. Transition to the prion state *in vivo* can also be detected by following the aggregation of a HET-s–green fluorescent protein (GFP) fusion protein^{14,15}.

To elucidate the fold of the amyloid fibrils of HET-s(218–289), we first identified the sequence-specific positions of regular secondary structural elements using an improved technique of quenched hydrogen exchange measured by solution NMR¹⁶ (see Methods). This technique allows the identification of solvent-protected

backbone amide protons involved in hydrogen bonds. The [¹⁵N,¹H] correlation NMR spectrum (Fig. 1a) contained one assigned cross-peak for each backbone amide of HET-s(218–289), with the exception of 289, enabling a residue-specific determination of the hydrogen exchange rates. Upon exchange in D₂O buffer for 6 weeks, the intensity of about 45% of the resonances was significantly reduced or absent from the spectrum (Fig. 1b). This suggested that the corresponding amides have undergone exchange with solvent deuterons, which are not visible in this experiment.

The hydrogen exchange was followed over a total period of 3 months. All residues displayed a monoexponential decay (Supplementary Fig. S1), indicating that the structure of the fibrils was well defined and homogeneous. The summarized hydrogen exchange data (Fig. 1e) show that owing to exchange rates faster than 5 h⁻¹, the eight amino-terminal residues, the five carboxy-terminal residues and residues 247–261 are only weakly or not protected and may therefore be conformationally disordered. Four segments were observed that displayed slow exchange rates of 10⁻² h⁻¹ to 10⁻⁵ h⁻¹ and were thus considered to be involved in hydrogen bonds. They comprise residues 226–234, 236–246, 262–270 and 272–282. Similarly slow exchange rates have been observed for A β (1–42) fibrils¹⁷ and reflect the extraordinary stability and compactness amyloid fibrils can achieve. Because circular dichroism experiments have established that the HET-s(218–289) fibrils contain mainly β -sheet secondary structure¹³, it is likely that the four protected segments represent four distinct β -strands. Hydrogen exchange data were also accumulated for amyloid fibrils of the full-length HET-s protein. The protection pattern of the peptide segment 218–288 in HET-s was essentially identical to that of HET-s(218–289) (Supplementary Fig. S2). This suggests that the prion domain acts as an independent folding unit.

To determine which residues are actually involved in β -sheet secondary structure, high-resolution solid-state NMR spectra of the HET-s(218–289) fibrils were recorded. The ¹³C–¹³C homonuclear DREAM¹⁸ correlation spectrum of uniformly ¹⁵N and ¹³C isotope-labelled amyloid fibrils is shown in Fig. 1c, d. The resonance lines are strikingly narrow (down to 0.2 p.p.m.) and are comparable to those of micro-crystalline proteins, indicating a highly ordered atomic structure for part of the fibrils. Sequence-specific chemical shift assignment could be obtained for residues 226–248 and 262–282 (with the exception of 274). The missing resonances of the remaining residues are probably a consequence of dynamical or structural heterogeneity¹⁹. Deviations of the combined ¹³C α /¹³C β chemical shifts from random coil values were used to identify the type of secondary structure present in HET-s(218–289) fibrils. Negative deviations (Fig. 1f) indicated β -sheet secondary structure²⁰ for

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residues 226–234, 237–244, 262–271 and 273–282. Exceptions were observed at residues 229 and 265 (see below) and, to a lesser degree, at 277. Chemical shift assignment by solid-state NMR was achieved for all residues that showed slow hydrogen exchange (Fig. 1e). The striking correlation between the exchange data (Fig. 1e) and the chemical shift data (Fig. 1f) allowed for the confident establishment of secondary structure in the HET-s(218–289) amyloid fibrils: four β -strands comprising residues ~226–234 (β 1), ~237–245 (β 2),

~262–270 (β 3) and ~273–282 (β 4) are connected by two short loops between β 1 and β 2, and β 3 and β 4, respectively, and by an unstructured, 15-residue-long segment between β 2 and β 3.

To determine the topology of β -strands in HET-s(218–289) fibrils, we made use of the architecture of β -sheets, in which the side chains of the even-numbered residues face in one direction, and those of the odd-numbered residues face in the opposite direction. Therefore, single cysteine residues were introduced at the odd- and

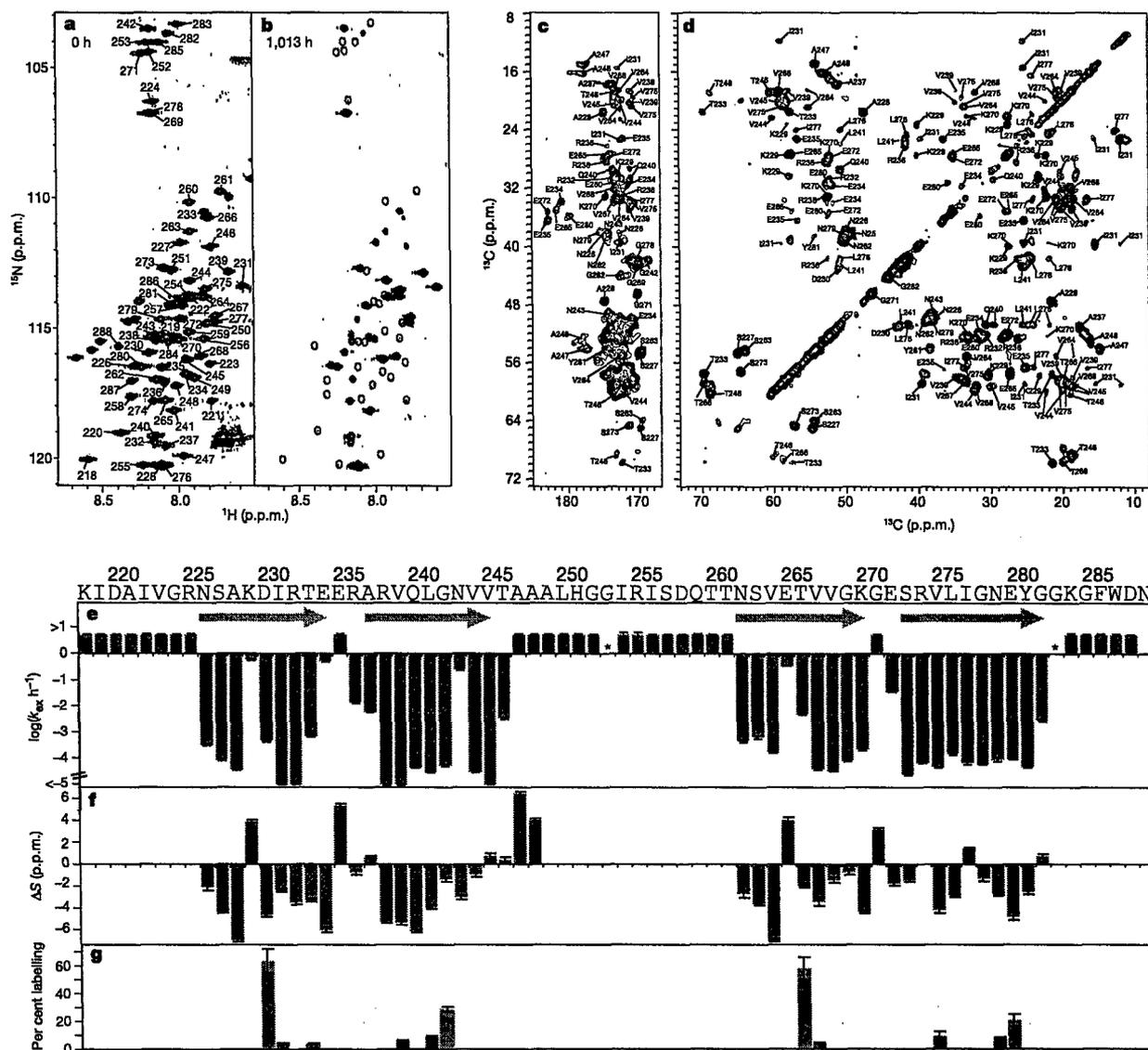


Figure 1 | Sequence-specific determination of regular secondary structure and its topology in HET-s(218–289) fibrils. **a, b**, Fast HMQC spectra of homogeneously ^{15}N -labelled HET-s(218–289) in d_6 -DMSO containing 0.1% d₁-TFA, corresponding to fully protonated (**a**) and partially hydrogen exchanged (**b**) amyloid fibrils. Sequence-specific chemical shift assignments are labelled. Red lines encircle cross-peaks that show a virtually complete loss of intensity after $t_{\text{ex}} = 6$ weeks. **c, d**, Homonuclear ^{13}C - ^{13}C DREAM correlation spectra of ^{13}C , ^{15}N -labelled HET-s(218–289) fibrils. The carbonyl region of the DREAM spectra (**c**) was recorded at 40 kHz MAS. Positive contours (blue) were taken from a spectrum recorded with an up-down tangential DREAM sweep; negative contours (red) were taken from a similar spectrum but with a down-up sweep. Contour levels start at approximately 2.5 times root mean square (r.m.s.) noise level and increase by a factor of 1.4. Representative traces through the two-dimensional spectra are given in Supplementary Fig. S5. The aliphatic region of a DREAM spectrum (**d**) was

recorded at 25 kHz MAS. Sequence-specific chemical shift assignments are labelled. **e**, Plots of the observed quenched hydrogen exchange rates $k_{\text{ex}}/\text{h}^{-1}$. The measurable upper limit was 5 h^{-1} . Error bars indicate deviations from a monoexponential fit. Asterisks denote residues that could not be analysed, blue arrows show the location of β -strands. **f**, Plot of $\Delta S = \Delta(\delta(^{13}\text{C}\alpha)) - \Delta(\delta(^{13}\text{C}\beta))$, $\Delta(\delta(^{13}\text{C}\alpha))$ and $\Delta(\delta(^{13}\text{C}\beta))$ are the difference between experimental $^{13}\text{C}\alpha$ and $^{13}\text{C}\beta$ chemical shifts and the corresponding 'random coil' chemical shifts. The line-width- and peak-overlap-dependent accuracy for each value is indicated. **g**, Solvent accessibility of single cysteine mutants. The fluorescence intensity of Alexa Fluor 488 crosslinked to the cysteine side chains is given relative to a positive control (see Methods) at the position at which the cysteine was introduced. Even-numbered positions are shown in green. Error bars indicate s.d. of at least three independent experiments.

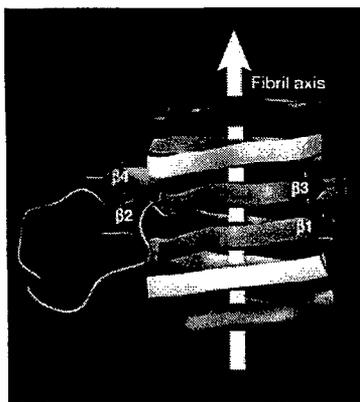


Figure 2 | The proposed fold of the infectious conformation of HET-s(218–289) amyloid fibrils. The extent and position in primary sequence of the β -strands is obtained from NMR data; the relative spatial position of the β -strands is modelled, taking into account the hydrophobicity of the residues, the high sequence identity between β -strands 1 and 3 and 2 and 4, and solvent accessibility data. There are, however, no direct inter-strand distance constraints. A model is shown as an orange ribbon diagram, flanked by neighbouring molecules indicated in white. β -strands are indicated by arrows, non-regular secondary structures by spine curves through the $C\alpha$ atoms of the corresponding residues, and the fibril axis by a white arrow. The β -strands are labelled.

even-numbered sides of each β -strand. Solvent accessibility was then probed by chemical crosslinking²¹ with a fluorescent dye using Alexa Fluor 488 C_5 maleimide. The extent of solvent accessibility of 11 Cys residues is shown in Fig. 1g. The even-numbered residues of each strand displayed high crosslinking rates, whereas all odd numbered

sides remained unlabelled. This indicated that all β -sheets have one solvent-accessible side.

The acquired structural data (Fig. 1) allowed us to propose a likely fold for the HET-s(218–289) fibrils (Fig. 2): the core of the fibrils consists of two β -strand-turn- β -strand motifs comprising β 1 and β 2 and β 3 and β 4, respectively, which are interconnected by a long loop formed by residues 246–261. The two segments interact through hydrogen bonding between β 1 and β 3, and β 2 and β 4, respectively, forming two layers of parallel β -sheets. The β -sheets continue along the fibril axis through intermolecular hydrogen bonding between neighbouring molecules (Fig. 2). The proposed fold is consistent with the NMR data, the observed pattern of solvent accessibility, the distribution of polar and hydrophobic residues on each strand, and the short loops between β 1 and β 2, and β 3 and β 4, respectively. It also takes into account the remarkable sequence identity of 28% between the segments β 1– β 2 and β 3– β 4, which suggests a repetitive arrangement (Supplementary Fig. S3). The only charged residues facing towards the inside of the fibril are K229 in β 1 and E265 in β 3, which are located in adjacent positions in the proposed fold, and therefore able to compensate their opposite charges. The reduced protection against hydrogen exchange of these residues as well as their non- β solid-state chemical shifts (Fig. 1e, f) indicate a structural disturbance of the β -sheets at the positions of the proposed salt bridge.

In order to correlate the proposed fold of the HET-s(218–289) fibrils with [Het-s] function and infectivity, a mutational approach was used. Because the fold is based on β -sheet secondary structure, we introduced proline residues, which are known to act as local β -strand breakers. A series of 13 mutants was generated with a single proline substitution approximately every five residues in the 218–289 region of full-length HET-s (Fig. 3a). A number of short deletion mutants affecting the central loop and the β -strand segments were also generated (Fig. 3b). *P. anserina* transformants expressing the

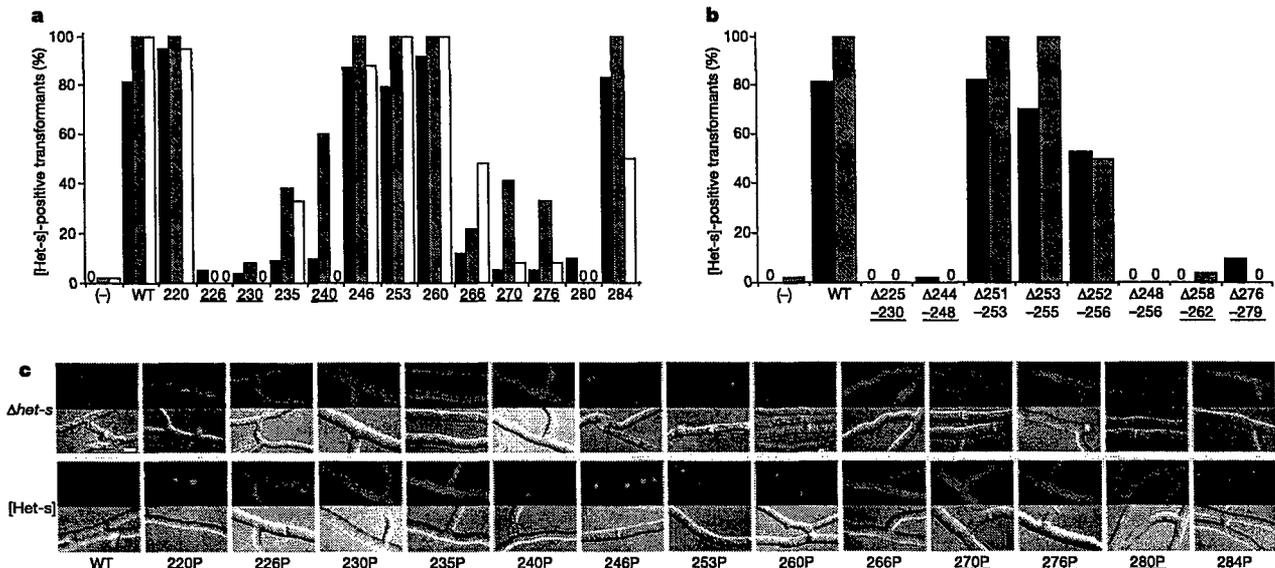


Figure 3 | *In vivo* prion formation of HET-s proline and deletion mutants. **a**, Proline mutants were introduced into a Δ het-s *P. anserina* strain and the transformants prion-infected by confrontation with a [Het-s] colony. Given are the percentage of transformants producing a cell death reaction when confronted with a het-S tester colony (black columns), and the percentage of transformants displaying [Het-s] infectivity immediately after infection (grey columns) and after a 3-day subculture (white columns). The minus sign indicates vector alone, and WT indicates wild-type HET-s; mutants are labelled by the position of the proline. Zero indicates that all transformants were negative. **b**, Deletion mutants of HET-s were expressed in a Δ het-s

strain and the transformants prion-infected as above. Colour code as in **a**. **c**, *In vivo* aggregation of HET-s-GFP fusion proteins with proline substitutions. Wild-type and mutant HET-s-GFP fusion proteins were expressed either in a Δ het-s knockout strain or a wild-type prion-infected [Het-s] strain. Transformants of the Δ het-s background were prion-infected by contact with a wild-type [Het-s] strain before microscopic observation. Scale bar, 4 μ m. Mutants located in β -strand elements are underlined. A complete data set with the numbers of individual transformants tested is given in Supplementary Table 1.

mutant proteins were prion-infected by contact with a wild-type [Het-s] colony. The presence of [Het-s] prions in these transformants was then assayed by monitoring their ability to produce a cell death reaction when fused to a HET-S-expressing colony, and to infect a prion-free [Het-s*] colony. [Het-s] infectivity was assayed immediately after contact of the transformants with the wild-type [Het-s] donor and again after a 3-day subculture (Fig. 3a; see also Supplementary Table 1). In order to monitor the formation of HET-s aggregates *in vivo*, the same mutations were introduced in a HET-s-GFP fusion protein. The mutant fusion proteins were over-expressed both in *P. anserina* Δ het-s knockout strains and in a [Het-s] strain in order to determine whether co-expression with endogenous wild-type prions would lead to aggregation of the mutant fusion proteins (Fig. 3c).

In striking correlation with the structural data, proline substitutions located in the β -strand regions strongly affected [Het-s] function, infectivity (Fig. 3a) and HET-s-GFP foci formation (Fig. 3c). In contrast, proline substitutions in the N- or C-terminal flexible tails or the central loop did not affect [Het-s] activity, infectivity, or HET-s-GFP foci formation. Similarly, the deletions Δ 225–230, Δ 244–248, Δ 258–262 and Δ 276–279, which affected the β -strand elements, abolished [Het-s] infectivity. Short deletions of no more than three amino acids in the central loop did not affect [Het-s], but a larger deletion, Δ 248–256, led to loss of [Het-s] function and infectivity. This indicates that a minimal length in the central loop might be required.

For some mutations in β -strand positions, [Het-s] prion infectivity could be detected transiently, but was lost upon subculturing (for instance, HET-s 240P, Fig. 3a). Concomitantly, GFP foci formation of HET-s 240P was detected only when the mutant protein was co-expressed with wild-type [Het-s] prions (Fig. 3b). This suggests that these mutant proteins retained a certain ability to form [Het-s] prions, but that they are mitotically very unstable. In addition, a number of proline substitutions in β -strand regions and in the short connecting loop did not lead to a total loss of [Het-s] function or infectivity, indicating that they interfered only partially with amyloid formation. Indeed, recombinant HET-s 226P and 266P retained a residual ability to form amyloid fibrils *in vitro* and to infect prion-free [Het-s*] colonies when introduced biologically (Supplementary Fig. S4 and Supplementary Table 2). Interestingly, HET-s 246P retained [Het-s] activity. Residue 246 is still involved in hydrogen bonding, but has an α -helical rather than a β -sheet chemical shift. This suggests that it is specifically the β -sheet secondary structure that is required for HET-s function and infectivity.

Taken together, the local disruption of any of the four β -strands reduced or even abolished the formation and function of the [Het-s] prion, whereas the central loop only required a certain minimal length to sustain prion formation.

Our data correlate strongly the amyloid conformation with infectivity. Hence, the proposed fold of the HET-s(218–289) fibrils shown in Fig. 2 represents an infectious protein conformation. Because the [Het-s] prion has a natural function in heterokaryon incompatibility, it seems plausible that this infectious conformation was evolutionarily optimized for amyloid fibril formation. This view is supported by the extraordinarily well-ordered structure as manifested in the narrow line width observed in the solid-state NMR spectra, and the monoexponential hydrogen exchange rates. In contrast, other amyloid fibrils associated with misfolding diseases appear to be structurally more heterogeneous^{22–25}. Furthermore, the dimer-like double β -strand-turn- β -strand motif formed by the pseudo-repeats β 1– β 2 and β 3– β 4 may have evolved to optimise the polymerization: in the case of a single β -strand-turn- β -strand motif, the initial step of fibril growth requires the diffusion-dependant formation of an oligomeric nucleus²⁶. The covalent nature of the pseudo-repeats is therefore likely to promote this nucleation event by reducing its diffusion dependency.

It is generally believed that most prions will share β -sheet-rich

amyloid fibrils as a common structural feature. Here, we have now shown that a β -sheet structure is indeed the infectious prion conformation of HET-s. This link between structure and infectivity constitutes a significant step towards the elucidation of the mechanism of prion formation and propagation.

METHODS

Mutagenesis. All site-directed mutants were generated with the Quick-change kit (Stratagene) using the pCB1004-het-s, pGPD-het-s-GFP¹⁴ and the pET-21a-het-s vectors as template¹².

Preparation of stable-isotope-labelled HET-s(218–289) fibrils. Stable-isotope-labelled HET-s(218–289) was expressed as described for other HET-s constructs¹³. The bacterial pellet was solubilized in 50 mM TRIS pH 8.0 and 150 mM sodium chloride (TCl) containing 6 M guanidinium hydrochloride. The supernatant was centrifuged for 30 min at 18,000g. The protein was purified from the supernatant by His₆-affinity chromatography and concentrated to approximately 0.5–1 mM. Fast buffer exchange to TCl buffer yielded monomeric HET-s(218–289), which started to aggregate immediately into amyloid fibrils.

Hydrogen exchange. ¹⁵N-labelled HET-s(218–289) was used. To reduce the size of large clumps of fibrils, a suspension of the fibrils in liquid nitrogen was bruised with a mortar. To start the hydrogen exchange, the fibrils were sedimented at 3,600g for 10 min, washed with 50 mM TRIS pH 8.0^{read} containing 150 mM sodium chloride, 5 mM dithiothreitol and D₂O as the solvent, and re-suspended in the same buffer. At suitable intervals, aliquots were sedimented at 24,000g for 2 min, washed with D₂O and frozen in liquid nitrogen to quench hydrogen exchange. For the NMR analysis, the fibrils were dissociated in perdeuterated dimethylsulphoxide (d₆-DMSO) containing 0.1% deuterated trifluoroacetic acid (d₁-TFA). The amount of residual D₂O was about 3%. Immediately after dissolving the fibrils, a series of 80 two-dimensional [¹⁵N,¹H] correlation spectra were measured for 8 h. To distinguish residues that display fast exchange in the fibrils and residues that have high intrinsic exchange rates in DMSO, which would both result in absent peaks in the [¹⁵N,¹H] correlation spectrum¹⁷, a second series of 80 two-dimensional spectra were measured upon addition of 3% H₂O. Using this control measurement, residues 253 and 283 were excluded from the analysis. With the exception of the amide group of N289, a complete sequence-specific assignment of the backbone H^N/N cross-peaks was obtained using the triple-resonance experiments HNCA²⁷ and HNCA(CO)NH²⁸ applied to ¹³C,¹⁵N-labelled HET-s(218–289). The data were analysed using the programs PROSA²⁹ and CARA (<http://www.nmr.ch>), and a specially written Visual basic program in combination with Microsoft Excel¹⁷.

Solid-state NMR. The HET-s(218–289) fibrils were washed in H₂O and centrifuged into MAS rotors sealed with two-component epoxy adhesive to prevent dehydration. Solid-state NMR spectra were recorded on a Bruker AV600 spectrometer at a static field of 14.09 T. A 2.5-mm Chemagnetics probe was used for the experiments at 25 kHz MAS and a 1.8-mm probe constructed by A. Samoson³⁰ for the experiments at 40 kHz MAS. The sample temperature was kept at 5–15 °C. For the ¹³C–¹³C correlation spectra recorded using the DREAM scheme¹⁸, the contact time of the initial adiabatic cross-polarization was 1 ms and the RF-field strengths were 70 kHz and 90 kHz for ¹³C and ¹H at 25 kHz MAS, and 90 kHz and 130 kHz for ¹³C and ¹H at 40 kHz MAS, respectively. Continuous wave decoupling was applied during the DREAM mixing step and XiX decoupling during *t*₁ and *t*₂, both with an RF-field amplitude of 150 kHz. The measurement time was 33 h and 55 h for the experiments at 25 kHz and 40 kHz MAS, respectively. These spectra were used for the identification of spin systems and the ¹³C side-chain assignment. For the backbone assignment we recorded the following heteronuclear two-dimensional correlation spectra: NCA, NCO, N(CA)CO, N(CA)CB and N(CO)CA. The assignment was done using the CARA program (<http://www.nmr.ch>) and confirmed via a CA–CA correlation spectrum.

Side-chain solvent accessibility studies. Proteins were purified as described above. Fibrils were reduced with 20 mM dithiothreitol before the final buffer exchange, and re-natured under nitrogen. To label solvent-accessible Cys residues by chemical crosslinking, 85 μ M fibrils were incubated with a 2.5-fold molar excess of Alexa Fluor 488 C₅ maleimide (Molecular Probes) for 20 min at room temperature. The fibrils were washed extensively with TCl buffer and solubilized with 8 M spectroscopically pure guanidine hydrochloride. For fluorometry, the samples were diluted at least 70-fold into TCl buffer. The Alexa Fluor 488 fluorescence (excitation 493 nm, emission 516 nm) was measured relative to the fluorescence of a single Trp residue in HET-s(218–289) (excitation 295 nm, emission 353 nm). To determine the maximum labelling efficiency, the mutant HET-s(218–289) D288C was used, which is located in the presumably solvent accessible C-terminal region showing fast

hydrogen exchange. Wild-type HET-s(218–389) fibrils were labelled to $1.9 \pm 0.1\%$.

In vivo analysis of HET-s mutants. *het-s* mutant alleles were introduced in the Δ *het-s* and wild-type *het-s* recipient strains¹⁰. [Het-s] incompatibility function, [Het-s] infectivity and HET-s–GFP foci formation were analysed as described previously¹⁵. After their initial contact with the [Het-s] prion donor, the transformants were either subcultured for 3 days or directly confronted with the [Het-s*] recipient in order to be able to detect transient expression of the [Het-s] state. Under the tested conditions, spontaneous emergence of [Het-s] in [Het-s*] colonies is in the range of 2%.

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