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TITLE: Radio-Sensitizing Effects of Novel Histone De-Acetylase Inhibitors in Prostate Cancer

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Radio-Sensitizing Effects of Novel Histone De-Acetylase Inhibitors in Prostate Cancer

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The following tasks were achieved:

Aim 1: The radiosensitizing effects of VAD-18 and VAD-20 were studied in PC-3 cells. Further, due to change in the inhibitors for the remaining part of the grant, effects of SAHA and (S)-HDAC-42 were investigated in PC-3, LN-3 and DU-145 cells. (S)-HDAC-42 could sensitize PC-3 cells to radiation.

Aim 2: Effects of VAD-18 and VAD-20 were mediated through cell cycle arrest, down-regulation of anti-apoptotic proteins, upregulation of pro-apoptotic proteins and abrogation of radiation-induced nuclear translocation of p65, thereby, enhancing cell death. Aim 3: The breeding of TRAMP mice is in process. We are currently increasing the population of true TRAMP mice for further experiments. Ultrasound Imaging protocol will be used for assessing in situ regression of tumors.

Histone deacetylase, radiosensitization, apoptosis, NF-kappaB, prostate cancer, TRAMP

In the proposal, we hypothesized that HDAC inhibitors will sensitize the effects of ionizing radiation (IR) through inhibition of pro-survival events with simultaneous up-regulation of pro-apoptotic events. The following three specific aims were proposed:

Aim 1. To determine the combined effects of HDAC inhibitors and ionizing radiation on prostate cancer cell lines (PC-3, LN-3, LnCAP, DU-145 and 22Rv1).

Aim 2. To understand the signaling pathways induced by combined exposures to HDAC inhibitors and ionizing radiation in both androgen dependent and independent prostate cancer cell lines.

Aim 3. To determine the combined effects of HDAC inhibitors plus ionizing radiation on the regression of (i) prostate cancer xenografts (PC-2) in nude mice and (ii) in-situ prostate tumor in TRAMP mice. The following tasks were achieved

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I INTRODUCTION

Transcriptional control of gene expression is intimately linked to the post-translational modification of chromatin by acetylation, methylation or phosphorylation. Further, acetylation status of the chromatin has been shown to have fundamental importance in the initiation or progression of cancer. Acetylation status of the chromatin, modulated by histone acetylases (HATs) and histone deacetylases (HDACs), is responsible for chromatin remodeling that is required for gene expression (1-3). HATs acetylate histones at the lysine residues thus neutralizing the charge (2, 4). The resulting relaxation of the nucleosomal core particle leads to transcriptional activation (5, 6). HDACs on the other hand, remove acetyl groups from acetylated histones leading to chromatin compaction and transcriptional repression (5-7). HDACs have been shown to target not only histones but several other transcription factors like RB, p53, NFkB, ATM and MEF2 for deacetylation (7).

Since, aberrant activity of HDACs leads to the transcriptional repression of tumor suppressor genes contributing to tumor formation (7), targeting of HDACs with inhibitors would not only disrupt normal transcriptional regulation of specific genes through the relaxation of chromatin conformation but also can be used as a cancer therapy approach. Indeed, several types of HDAC inhibitors have been shown to have anti-tumor activities in both tumor cells and xenografted models (8-13). Due to the success of HDAC inhibitors in preclinical studies, Phase I and II clinical trials of several different inhibitors have been initiated (14-17). In addition to anti-tumor activity, HDAC inhibitors have shown several biologic effects-morphological changes (18), transcriptional changes (19, 20), cell differentiation (21), cell cycle arrest (22, 23), antiangiogenesis (24) and apoptosis (23, 25-27) (reviewed in (6)).

Several distinct classes of HDAC inhibitors have been reported including short chain fatty acids (28, 29), benzamide derivatives (30), trichostatin and analogues (31, 32), hybrid polar compounds (33), cyclic tetrapeptides (34, 35) and the depsipeptide (36). Among these, short chain fatty acids are least potent and their efficacy has been limited by low antiproliferative activity, rapid metabolism and non-specific mode of action (37). Based on the X-ray crystallographic structure of HDAC enzyme, Zn$^{2+}$-chelating, motif-tethered, short chain fatty acids were developed as novel class of HDAC inhibitors (37). Two of these inhibitors (VAD-18 and VAD-20) having phenylacetic acid and butyric acid respectively as the lead compound (Fig. 1) have been used in the present study. Since, these inhibitors have aromatic chain (rather than aliphatic chain present in most other inhibitors) as the linker between the lead compound and Zn$^{2+}$ chelating hydroxamic acid, there is more strong interaction between the hydrophobic pocket of the active site of the enzyme and the inhibitor thus increasing the potency of inhibition (37). Indeed, these inhibitors alone showed upregulation of $p21^{WAF/CIP1}$ expression and hyper-acetylation of histones H-3 and H-4 in DU-145 cells at concentrations significantly lower than the parent molecule phenylbutyrate (37).

Lu et al (unpublished) further embarked on the structure-based optimization of these inhibitors by using the framework generated by the crystal structure of histone deacetylase-like protein (HDLP)-TSA complexes.
Based on the hypothesis that the hydrophobic residues flanking the cap group-binding motif could be exploited for lead optimization, they generated (S)-11 ((S)-HDAC-42), an optically active \(\alpha\)-branched phenylbutyryl derivative, with \(IC_{50}\) of 16 nM in HDAC inhibition (Fig. 2). (S)-HDAC-42 also showed hyper-acetylation of H3 and H4 in DU-145 cells (unpublished). Statement of work for the proposal was therefore modified and VADs were replaced with (S)-HDAC-42, a second generation inhibitor. The effects of this inhibitor in combination with radiation will be compared with SAHA.

One of the most important problems in prostate cancer research is the need to identify a treatment for radiation resistant prostate cancer. Radiation resistance in prostate cancer may be implicated to induction of pro-survival factors by radiation itself. These radiation-induced pro-survival factors may provide anti-apoptotic signal to evade from cell killing effects of radiation. It may be possible to inhibit the functions of radiation-induced pro-survival factors and enhance radiation-induced apoptosis by the use of several drugs. HDAC inhibitors can be used in combination with radiation to augment clinical efficacy and/or to reduce toxicity. The HDAC inhibitors- phenyl butyrate (38), sodium butyrate (39), trichostatin A (40-42), SAHA (42), M344 (42), depsipeptide (42) and a benzamide MS-275 (43) have shown tumor cell radio-sensitivity in various cancer cell lines. However, since sodium butyrate and trichostatin A have limitations as mentioned above and in addition the mechanisms of radio-sensitization by these inhibitors have not been studied, the present study was warranted to investigate the effects of novel HDAC inhibitor, (S)-HDAC-42 in various prostate cancer cell lines in combination with radiation and to compare the effects with SAHA as well as to understand the mechanisms behind radio-sensitization.

II BODY

Specific Aim 1 To determine the combined effects of HDAC inhibitors and ionizing radiation on prostate cancer cell lines (PC-3, LN-3, LnCAP, DU-145 and 22Rv1). This will be assessed by clonogenic inhibition and apoptosis using colony-forming and TUNEL assays respectively. HDAC inhibitors inhibit HDAC enzyme leading to hyper-acetylation of the chromatin and thus affecting the transcription of several genes. Inhibition of the radiation-induced pro-survival genes by these inhibitors and
simultaneous induction of pro-apoptotic genes irrespective of androgen functional status will dominantly lead to enhanced cell death. Thus, we studied the cell death in presence of these inhibitors with and without irradiation in these cells. Clonogenic survival and apoptosis of these cell lines in the presence of HDAC inhibitors alone or in combination with ionizing radiation treatment was determined by colony forming assay and flow cytometry (sub G0/G1 population).

PC-3 cells were treated with various concentrations of VAD-18 and VAD-20 to find the IC50 concentration for each drug. The decrease in surviving fraction with increasing concentration was observed with both the drugs (Fig. 3 a). However, VAD-18 was more cytotoxic than VAD-20 with the corresponding IC50 concentrations of 0.5 μM and 7.5 μM. The effects of VAD-18 (0.5 μM) and VAD-20 (7.5 μM) in combination with radiation (1-6 Gy) on survival of PC-3 cells are presented in Fig. 3b. Colony forming assays showed significant radio-sensitizing effects with both the inhibitors at IC50 concentrations in PC-3 cells (SF2=0.2±0.013; D0=145 cGy for VAD-18 + IR and SF2=0.1±0.02; D0=122 cGy for VAD-20 + IR) compared to IR alone (SF2=0.34±0.09; D0=180 cGy) (Table 1).

Fig. 3 Effects of (a) VAD-18 and VAD-20 alone and (b) VAD-18 (0.5 μM) and VAD-20 (7.5 μM) with radiation (1-6 Gy) on surviving fraction of PC-3 cells studied by colony forming assay.

IC50 concentrations of (S)-HDAC-42 and SAHA were calculated using clonogenic survival assay in PC-3, LN-3 and DU-145 cells. LN-3 cells (p53 wild type; partially androgen-dependent) were most sensitive to both (S)-HDAC-42 and SAHA compared to DU-145 (p53 mutated; androgen-independent) and PC-3 (p53 null; androgen-independent) cells (Fig. 4 a and b; Table 2). Radiosensitizing effects of (S)-HDAC-42 were investigated in PC-3 cells using colony forming assay. (S)-HDAC-42 was able to enhance the radiation effects much more effectively than VAD-18 and VAD-20 (Fig. 4 c; Table 1).
Table 1: Inactivation estimates of various HDAC inhibitors in PC-3 cells with or without radiation.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Inactivation estimates</th>
<th>Radiation enhancement ratios</th>
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<tr>
<td>Radiation (IR)</td>
<td>IC&lt;sub&gt;50&lt;/sub&gt;</td>
<td>SF&lt;sub&gt;2&lt;/sub&gt;</td>
</tr>
<tr>
<td>VAD-18</td>
<td>0.5 μM</td>
<td>-</td>
</tr>
<tr>
<td>VAD-20</td>
<td>7.5 μM</td>
<td>-</td>
</tr>
<tr>
<td>VAD-18+IR</td>
<td>-</td>
<td>0.2±0.013</td>
</tr>
<tr>
<td>VAD-20+IR</td>
<td>-</td>
<td>0.1±0.02</td>
</tr>
<tr>
<td>(S)-HDAC-42</td>
<td>50 nM</td>
<td>-</td>
</tr>
<tr>
<td>(S)-HDAC-42+IR</td>
<td>-</td>
<td>0.02±0</td>
</tr>
</tbody>
</table>

Fig. 4 Effects of (a) (S)-HDAC-42; (b) SAHA alone in LN-3, PC-3 and DU-145 cells and (c) (S)-HDAC-42 (50 nM) with radiation (1-6 Gy) on surviving fraction of PC-3 cells studied by colony forming assay.

Table 2: IC<sub>50</sub> concentrations of (S)-HDAC-42 and SAHA in PC-3, LN-3 and DU-145 cells calculated from clonogenic survival assay.

<table>
<thead>
<tr>
<th>Cell line</th>
<th>IC&lt;sub&gt;50&lt;/sub&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(S)-HDAC-42</td>
</tr>
<tr>
<td>PC-3</td>
<td>50 nM</td>
</tr>
<tr>
<td>LN-3</td>
<td>~25 nM</td>
</tr>
<tr>
<td>DU-145</td>
<td>40-50 nM</td>
</tr>
</tbody>
</table>
Specific Aim 2 To understand the signaling pathways induced by combined exposures of HDAC inhibitors and ionizing radiation in both androgen dependent and independent prostate cancer cell lines. In particular, effects on pro-survival events will be assessed by analyzing androgen receptor-mediated and NFκB-mediated signaling pathways. Further, pro-apoptotic effectors such as Bax induction, cytochrome C release and caspase activity will be assessed in response to this combined treatment.

Cell cycle analysis: Since, HDAC inhibitors are known to influence the cell cycle distribution, effects of these inhibitors on cell cycle distribution were analyzed by flow cytometry in PC-3 cells (Fig. 5). A significant transient block in G2/M phase of the cell cycle was observed with either 2 Gy of radiation or drugs alone up to 12 h post-treatment. Exposure to VAD-18 resulted in an additional delay following irradiation, which was significant, while VAD-20 had a lesser effect. An increase in percent S-phase was also observed following treatment of cells with either of the drugs till 24 h. However, at later time points (after 24-72 h), the block was released. To investigate whether sustained arrest in G2/M phase could be observed, further cell cycle distribution studies were performed with higher concentrations of VAD-18 (0.5 to 1 μM) and VAD-20 (7.5 to 15 μM). However, similar results were obtained as with IC50 concentrations (data not shown). Since, the hypodiploid peak was apparent only at 36 h and later, it appears that only delayed apoptosis was enhanced in combined treatment as cells blocked in G2/M harbor more damage, which could lead either into apoptosis at a later time or manifest enhanced cytogenetic damage after the release of G2/M block and lead to secondary apoptosis. Indeed, analysis of cells by fluorescence microscopy showed enhanced cytogenetic damage with radiation and the combination (data not shown).

![Fig. 5 Effects of VAD-18 (0.5 μM) and VAD-20 (7.5 μM) with radiation (2 Gy) on cell cycle distribution analyzed by flow cytometry following staining of cells with propidium iodide in PC-3 cells.](image-url)
**Western Blot analysis:** HDAC inhibitors inhibit HDAC enzyme leading to hyper-acetylation of the chromatin and thus affecting the transcription of several genes. Inhibition of the radiation-induced pro-survival genes by these inhibitors and simultaneous induction of pro-apoptotic genes irrespective of androgen functional status will dominantly lead to enhanced cell death. Thus, we studied the expression and function of different proteins responsible for either survival or death of cells in presence of these inhibitors with and without irradiation using Western blot analysis in Pc-3 cells.

Expressions of p65 (one of the components of NFkB, a survival protein) and pro-apoptotic protein (Bax) and anti-apoptotic proteins (BclXL and Bcl2) following treatment with HDAC inhibitors and radiation (2 Gy) were analyzed by Western blot analysis in either cytosolic or nuclear fractions. While, p65 protein was present in the nuclear extract till 6 h post-treatment with either drugs or IR alone, it disappeared following the combined treatment implying that the inhibitors sensitize the cells to IR by reducing the levels of IR-induced p65 translocation in the nucleus (Fig. 6a). In addition, levels of anti-apoptotic proteins (BclXL and Bcl2) reduced following combined treatment while levels of pro-apoptotic protein Bax increased (Fig. 6b). Effects of different treatments on the protein levels are summarized in table 3.

**Table 3:** Effects of VAD-18 (0.5 μM) and VAD-20 (7.5 μM) with radiation (2 Gy) on levels of various pro- and anti-apoptotic proteins in PC-3 cells-6 h post-treatment time.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>p65 in nucleus</th>
<th>Bax</th>
<th>Bcl2</th>
<th>BclXL</th>
</tr>
</thead>
<tbody>
<tr>
<td>UT</td>
<td>-</td>
<td>+</td>
<td>++</td>
<td>++</td>
</tr>
<tr>
<td>VAD-18</td>
<td>+</td>
<td>+</td>
<td>++</td>
<td>++</td>
</tr>
<tr>
<td>VAD-20</td>
<td>++</td>
<td>+</td>
<td>++</td>
<td>++</td>
</tr>
<tr>
<td>2 Gy</td>
<td>+</td>
<td>++</td>
<td>++</td>
<td>++</td>
</tr>
<tr>
<td>VAD-18+2 Gy</td>
<td>-</td>
<td>++</td>
<td>+</td>
<td>++</td>
</tr>
<tr>
<td>VAD-20+2 Gy</td>
<td>-</td>
<td>++</td>
<td>+</td>
<td>++</td>
</tr>
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</table>

Fig. 6 Effects of VAD-18 (0.5 μM) and VAD-20 (7.5 μM) with radiation (2 Gy) on levels of (a) p65 protein in cytosolic and nuclear extracts- 6h post-treatment time, (b) BclXL, Bcl2 and Bax-6h post-treatment time in Pc-3 cells analyzed by Western blotting. SDS-PAGE was performed with equal loading of the protein both for cytosolic (Cyt) and nuclear (NE) extracts followed by transfer of proteins to PVDF membranes. Bands were visualized by ECL.
Electrophoretic mobility gel shift assay: To confirm that p65 is able to bind to its target after localization in to the nucleus, electrophoretic mobility gel shift assay (EMSA) was performed in PC-3 cells. An increase in p65 binding was observed with either the drugs alone or radiation alone (Fig. 7). VAD-20 in combination with 2 Gy radiation, however reduced the binding of p65. As shown in Fig. 3 b and Table 1, VAD-20 has more radiosensitizing effects than VAD-18 in PC-3 cells, which could be due to reduced activity of p65.

**Specific Aim 3** To determine the combined effects of HDAC inhibitors plus ionizing radiation on the regression of (i) prostate cancer xenografts (PC-3) in nude mice and (ii) in-situ prostate tumor in TRAMP mice.

To translate the results obtained in cell lines to clinics, it is essential to study the effects of these inhibitors in combination with radiation in tumor bearing animals. We hypothesized that HDAC inhibitors in combination with radiation will inhibit pro-survival gene activity (NfκB and Bcl-2) and upregulate pro-apoptotic events (Bax) and this signaling will enhance the regression of prostate tumor xenografts. In a more basic research setting, the response to treatment can be hard to study because much of the available research material such as cell lines PC-3, LN3 or explants derived from clinical specimens often represent more advanced stage disease. Tumor xenograft model is one of long-standing pre-clinical screening model to set the stage for clinical trials. However, they do not closely mimic to in-situ tumor situation. In-situ tumor model such as “Transgenic Adenocarcinoma of Mouse Prostate (TRAMP)” has been extensively used in understanding the prostate tumor biology. Growth and development of the prostate glands in the TRAMP mice occurs normally until rising
circulating levels of androgen direct the prostate specific probasin regulated transgene to express the SV40 early genes (T/t antigens) thereby initiating the transformation process (44). Currently, numerous investigators around the world are using the TRAMP model to study various chemoprevention strategies, including dietary and hormonal manipulation, on the timing, incidence and nature of spontaneous prostate cancer. Furthermore, because the TRAMP mice were generated in the pure C57BL/6 background, they have an intact immune system and thereby facilitate studies designed to exploit the immune response in vaccine based prevention studies, a clear advantage over other "in vivo" models that require the use of immunodeficient nude mouse hosts.

**Breeding and genotyping:** To perform these experiments, we are currently breeding in house TRAMP (transgenic adenocarcinoma mouse prostate) mouse (C57BL/6 x FVB PB-Tag transgene mouse) colony from heterozygous males and females received from Dr Greenberg, Baylor College, Texas. Genotyping of these mice was performed after extracting DNA from the ear punch samples and performing PCR. The cross-breeding data are given in Table 4. We have obtained 16 true TRAMPs till now; 8 male and 8 females. These are being further bred to generate more TRAMP mice.

**Table 4.** Mouse cross-bread TRAMP population.

<table>
<thead>
<tr>
<th>Date of Birth</th>
<th>Gender</th>
<th>Genotype</th>
<th>Date of Birth</th>
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<tr>
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<td>M</td>
<td>TRAMP+/-</td>
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</table>
Further, to monitor in-situ tumor regression and tumor growth delay after treatment with HDAC inhibitors and ionizing radiation in TRAMP mice, we developed a magnetic resonance imaging technique to acquire prostate images in University of Kentucky. Since, Weis Center for Research (where we have moved) does not have MRI facility, we plan to do the imaging using ultrasound that is available in the animal facility of the Center with the help of urologists. These prostate images will be used for volumetric measurements and treatment planning for radiation.

Ultrasound images will be acquired on day 0 when tumors reach tumor volume of ~5 mm$^3$, day 5, day 10, day 15, day 20, day 25 and day 30. Volumes will be calculated from these images and regression will be analyzed. The following method will be used for imaging:

**Ultrasound imaging methods:** Transabdominal ultrasound using 15.0 MHz UltraBand linear transducer (Agilent SONOS 5500, Andover, Massachusetts) will be performed in TRAMP mice. Before ultrasound, the mice will be anesthetized with isoflurane (3% in room air) and the abdomen will be shaved. The volume of the tumor will be estimated using the following formula: length x width x depth x 0.5. This measure has been shown to correlate well with actual tumor size in mice (Rooks V. et al.). Additional images will be acquired to characterize the tumor’s progression. Contours of the identified tumors/prostate will be identified. Volume information will then be extracted utilizing the Dose Volume Histogram (DVH). Temporal tumor volume studies will be achieved by imaging sessions that precede each irradiation time.

For irradiation of tumors in either xenografts or TRAMP mice we proposed to use Cs-137 gamma irradiator. In Weis Center for Research we have two X-ray superficial units (Bucky X-Ray International, Inc. and Therapax 150T, Oldelft Corporation) located in the animal house itself and we plan to irradiate tumors with X-rays rather than gamma rays as proposed in specific aim 3. This should not affect the aim as X-rays are more close to clinical situation where they are used for treatment more frequently than gamma rays.
Administration of radiation therapy: The tumors will be irradiated locally at room temperature by a X-ray superficial unit. The current dose rate is 3.0 Gy/min at the center of the tumor. A uniform dose (± 2%) can be obtained in the center of an 8 cm length. For in-situ TRAMP tumors, 0.5 cm cons will be placed on the lower abdominal area to irradiate the in-situ prostate tumor by specific target alignment. Determination of tumor growth and survival will be made. Statistical significance of differences in survival will be assessed by the method of Kaplan-Meier.

III. KEY RESEARCH ACCOMPLISHMENTS

- VAD-18, VAD-20 and (S)-HDAC-42 are novel HDAC inhibitors that require low doses to modulate hyper-acetylation mediated effects.
- HDAC inhibitors are potential radio-sensitizers in vitro.
- Effects of these inhibitors are mediated through cell cycle arrest, down-regulation of anti-apoptotic proteins, upregulation of pro-apoptotic proteins and abrogation of radiation-induced nuclear translocation of p65, thereby, enhancing cell death.
- Established EMSA protocol to assess the p65 transactivation function in cells treated with HDAC inhibitors and radiation therapy (method accomplishment).
- MRI based imaging of mouse prostate was established (Imaging Protocol accomplishment). However, in Weis Center of Research, ultrasound imaging will be used instead.
- Established external beam radiation treatment planning protocol to irradiate mouse prostate tumors. In Weis Center for Research, superficial X-ray unit will be used to irradiate tumors.

IV. REPORTABLE OUTCOMES

Since the granting period, we have presented the results in two conferences and we are in progress for completing a manuscript for publication. These reportable outcomes were pertaining to the findings of specific aim 1 and 2. The details of the presentations and manuscript are given below (Abstracts are attached in the appendix):

Presentations


V. CONCLUSIONS

The major conclusion of specific aims 1 and 2 demonstrated that HDAC inhibitors can radiosensitize tumor cells. Studies in PC-3 cells demonstrate that these effects are mediated through cell cycle distribution changes, abrogation of translocation of p65 to the nucleus and inhibition of its binding activity. However, mechanisms of radio-sensitization and differential effects in normal cells remain to be elucidated completely, which will help in synthesizing better inhibitors for improving the radiotherapy of cancer. Studies are in progress:

- To understand the role of NF-κB and IκB in the radiosensitizing effects of novel HDAC inhibitors: expression, binding, activity, translocation etc.
- To investigate radiosensitizing effects of second generation HDAC inhibitor, (S)-HDAC-42 and to compare the results with SAHA.
- To study radiosensitizing effects in other prostate cancer cell lines differing in their p53 status and hormone sensitivity
- To study the radiosensitizing effects of these inhibitors in prostate cancer bearing nude mice and TRAMP mice.

VI. REFERENCES


VII. APPENDIX


Radiosensitization of prostate cancer cells (PC-3) by novel histone deacetylase inhibitors

Seema Gupta, Ching-Shih Chen and Mansoor M. Ahmed

Inhibition of histone deacetylases (HDACs) leads to hyperacetylation of histones which in turn regulates transcriptional activation of specific genes through the relaxation of chromatin conformation. HDAC inhibitors can be used in combination with certain established anti-tumor agents to augment clinical efficacy and/or to reduce toxicity. Since, the studies with these inhibitors in combination with radiation are lacking, the purpose of the present study was to investigate the effects of two novel HDAC inhibitors, VAD-18 and VAD-20 (Zn2+-chelating, short chain fatty acids) in prostate cancer cell line, PC-3 with ionizing radiation (IR). Colony forming assays showed significant radiosensitizing effects with both the inhibitors at IC50 concentrations in PC-3 cells (SF2=0.2±0.013; D0=145 cGy for VAD-18 + IR and SF2=0.097±0.02; D0=122 cGy for VAD-20 + IR) compared to IR alone (SF2=0.48±0.065; D0=180 cGy). A significant transient block in G2/M phase of the cell cycle was observed with either 2 Gy of radiation or drug alone up to 12 h post-treatment. Exposure to VAD-18 resulted in an additional delay following irradiation, which was significant, while VAD-20 had a lesser effect. However, at later time points (after 24-72 h), the block was released. Since, the hypodiploid peak was apparent only at 36 h and later, it appears that only delayed apoptosis was enhanced in combined treatment as cells blocked in G2/M harbor more damage, which could lead either into apoptosis at a later time or manifest enhanced cytogenetic damage after the release of G2/M block and lead to secondary apoptosis. Indeed, analysis of cells by fluorescence microscopy showed enhanced cytogenetic damage with radiation and the combination. While, p65 protein (component of NFκB, a survival protein) was present in the nuclear extract till 6 h post-treatment with either drugs or IR alone (Western blot), it disappeared following the combined treatment implying that the inhibitors sensitize the cells to IR by reducing the levels of IR-induced p65 in the nucleus. Further studies to understand the role of cell cycle disturbances and mechanisms by which levels of active NFκB are altered and leads to radiosensitization by these inhibitors are under progress in PC-3 and other prostate cancer cell lines.


Histone deacetylase inhibitors as radiosensitizers in the treatment of prostate cancer

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Transcriptional control of gene expression is intimately linked to the post-translational modification of chromatin by acetylation, methylation or phosphorylation. Further, acetylation status of the chromatin has been shown to profoundly influence the initiation or progression of cancer. Acetylation status of the chromatin, modulated by histone acetylases (HATs) and histone deacetylases (HDACs), is responsible for chromatin remodeling that is required for gene expression. HATs acetylate histones at the lysine residues thus neutralizing the charge. The resulting relaxation of the nucleosomal core particle leads to transcriptional activation. HDACs on the other hand, remove acetyl groups from acetylated histones.
leading to chromatin compaction and transcriptional repression. HDACs have been shown to target not only histones but also several other transcription factors like RB, p53, NFkB, ATM and MEF2 for deacetylation.

Since, aberrant activity of HDACs leads to the transcriptional repression of tumor suppressor genes contributing to tumor formation, targeting HDACs with inhibitors would not only disrupt normal transcriptional regulation of specific genes through the relaxation of chromatin conformation but can also be used as a target for improving cancer therapy. Indeed, anti-tumor activities of several HDAC inhibitors have been demonstrated in both tumor cells and xenografted models. One of the most important problems in prostate cancer research is the need to develop an effective treatment for radiation resistant tumors. Induction of pro-survival factors by radiation in prostate cancer has been implicated as one of the factors responsible for resistance to therapy. These radiation-induced pro-survival factors may provide anti-apoptotic signal to evade from cell killing effects of radiation. It may be possible to inhibit the functions of radiation-induced pro-survival factors and enhance radiation-induced apoptosis by the use of HDAC inhibitors to augment clinical efficacy and/or to reduce toxicity. The HDAC Inhibitors- phenyl butyrate, sodium butyrate, trichostatin A, SAHA, M344, depsipeptide and a benzamide MS-275 have been shown to enhance radio-sensitivity of some colon, glioma and prostate cancer cell lines. However, their efficacy has been limited by low antiproliferative activity, rapid metabolism and non-specific mode of action. In addition, the mechanisms of radio-sensitization by these inhibitors have not been elucidated.

Based on the X-ray crystallographic structure of HDAC enzyme, Zn$^{2+}$-chelating, motif-tethered, short chain fatty acids were developed as novel class of HDAC inhibitors. We have used two of these inhibitors (VAD-18 and VAD-20) having phenylacetic acid and butyric acid respectively as the lead compounds. These novel HDAC inhibitors were potent radio-sensitizers of human prostate cancer cells (PC-3). Effects of these inhibitors were mediated through cell cycle arrest, down-regulation of anti-apoptotic proteins (Bcl$_2$ and Bcl$_{XL}$), up regulation of pro-apoptotic protein (Bax) and abrogation of radiation-induced nuclear translocation of p65. These novel inhibitors have been shown to hyperacetylate histones H-3 and H-4 in DU-145 prostate cancer cells in a dose dependent manner and at much lower doses as compared to the parent molecule phenylbutyrate indicating that they are potent HDAC inhibitors.

Further studies understanding the role of cell cycle disturbances and mechanisms by which levels of active NFkB are altered, leading to radio-sensitization by these inhibitors in other prostate cancer cell lines as well as investigations in vivo would help in developing alternative effective therapies for the treatment of prostate cancer.