ENERGETICS OF MUSCLE ACTIVITY IN RELATION TO THE
MOLECULAR PHYSIOLOGY OF THE CONTRACTION PROCESS

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The heat measuring techniques progressed to the stage where several significant investigations on the heat production during isometric contractions were carried out.

Activation heat, which is the heat produced in response to a stimulus when no tension or shortening is allowed, was determined by three different methods:

1. The heat is measured at successively shorter muscle lengths until the developed tension is very near zero. An extrapolation to zero tension gives the activation heat.

2. The tension is reduced to zero by uncoupling with deuterium oxide. The heat measured when no tension is developed is the activation heat.

3. The increment in heat is measured in response to a second stimulus given at a time when a new complete activation cycle is initiated while the mechanical effects of the first are still present.

All three methods give essentially the same value of about 40% of the total heat in an isometric twitch which is in good agreement with earlier results of Hille and his colleagues. Equally significant is the fact that methods 2 and 3 have shown the activation heat to be independent of length. These results indicate that activation does not depend on the amount of overlap between the actin and myosin rods.

The first measurements of heat production of isolated papillary muscles have been accomplished due in large part to the development of very short, high sensitivity piles whose geometry have been adapted for this tissue.
Resting heat rate has been found to be ten times that of skeletal muscle. At $20^\circ$C and at resting length its value is $24.8 \text{ mcal/g. muscle} \times \text{min}$. The relation between heat production and actually developed tension is similar to that of skeletal muscle. An extra amount of heat is produced when the muscle is allowed to shorten.

Preliminary results indicate that the rate of heat production in stimulated muscle is much slower than in skeletal muscles. This point is under further investigation.

**Resulting Publications:**


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