This year we finalized testing of the external fixator and instrumented it with a strain gauge. We also initiated sheep surgeries. Three sheep have been operated so far. Two were unsuccessful but the third sheep is doing well in the immediate post-operative period. The surgeries themselves have been unproblematic, but the first sheep had to be euthanized because of hardware failure 4 days post-operatively. The reason for this is unknown, but there appears to have been a discrete, high-impact event. In response to this, we have installed CCTV cameras for constant surveillance and re-designed the sling for post-operative support. The second sheep died during the anesthesia recovery process. Despite thorough necropsy, the cause of death remains unknown. A third sheep was of an unmatched breed and is being kept as a companion animal. A fourth sheep suffered a tendon injury from a sharp shovel while the pen was being cleaned. This was reported to IACUC, OLAW and ACURO. The fifth sheep, the third one to be operated, is recovering well. Data being transmitted wirelessly from the strain gauge is successfully measuring the load being transmitted through the fixator.
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1. Introduction

Large segmental defects in long bones do not heal well and represent a major clinical problem [1]. INFUSE®, comprising recombinant human bone morphogenetic protein-2 (rhBMP-2) delivered on an absorbable collagen sponge, is used by surgeons to assist the healing of large osseous lesions but the clinical results have been disappointing [2]. Moreover, INFUSE® is very expensive.

It is well established that bone healing is influenced by the mechanical environment [3] [4]. Segmental defects may be stabilized mechanically by an external fixator. There has been much interest in the concept of dynamization, whereby the defect is first stabilized rigidly to initiate healing and then subjected to axial motion (dynamization) to promote the subsequent stages of healing and maturation [5]. This axial motion is transmitted as an axial strain or interfragmentary movement (IFM) through the separated bone cortices (fracture gap).

In research funded by a CDMRP Idea Development Award, we used a rat segmental defect model to show that healing in response to rhBMP-2 could be accelerated and improved by “reverse dynamization” in which the fixator is first applied in a loose configuration and then stiffened once bone formation had started [3], [6].

The present research will determine whether reverse dynamization is also effective in sheep, as a stepping stone towards human, clinical trials.

2. Keywords

Bone healing; segmental defect; reverse dynamization; sheep; external fixator

3. Overall Project Summary

The period covered by this annual report was dedicated to animal surgeries (SOW 4) and optimizing the technology for real time monitoring of the strain passing through the fixator. Five sheep have been purchased. Three have been operated; one suffered a cut leg and is recovering; one is of the wrong breed and is being kept as a companion animal. The surgeries have been successful. However, the first operated sheep had to be euthanized after 4 days because of hardware failure. The second died shortly after emerging from anesthesia. The reasons for these events are unknown. In response to the hardware failure, we have redesigned the slings used during the post-operative period, and installed 24-hour remote video surveillance. In response to the post-operative death, we have paid greater attention to post-surgical care. As a result, the third operated animal is doing well in the early post-surgical period. The strain gauge is transmitting data in real time, allowing us to determine the loading through the fixator. Before it could be operated, an additional (fourth) sheep suffered a tendon injury from a sharp shovel while the pen was being cleaned. This was reported to IACUC, OLAW and ACURO. This sheep is being kept as a companion animal while the lesion heals.
4. Key Research Accomplishments

A. Wireless strain gauge technology development

Due to successful mechanical characterization of the external fixator (see last annual report), collaboration with Dr. Keat Ghee Ong and Michigan Technological University was initiated to explore real time monitoring of fracture gap mechanics – new technology that has only just become available. This was adapted for our project through the addition of strain gauges to the fixator and wireless signaling of data through a nearby console. Through mechanical testing and further Finite Element Analysis (FEA) calibration, strain and force through the fracture gap can be approximated. This tool allows extensive monitoring of the healing process.

The system comprises a strain gauge and temperature sensor for calibration of fixator temperature changes (this would affect baseline strain gauge data), transmitter unit, battery unit and USB receiver unit (Figure 1). The transmitter and battery units are housed in custom printed boxes for protection; the gauges are covered by a plastic dip that is resistant to ethylene oxide used for sterilization. See Appendix 2 for the entire system specification details.

![Figure 1](image_url)
*Figure 1; Left:* Strain gauge and temperature sensor attached to fixator surface with transmitter unit. *Right:* Transmitter unit broken down by component layers and USB receiver unit.

i. Strain gauge characterization for in vivo mechanics monitoring

Calibration of the gauge was based on mechanical tests assessing the elastic region of the fixator assembly determined through prior testing (Figure 2). A sensitivity range of 0-250N was determined for most accurate measurements and voltage output was measured against force applied during controlled axial tests. Linear slopes for force and associated inter-fragmentary motion (IFM) were determined for voltage conversion. Appendix 1 shows detailed FEA analysis used for characterizing fixator surface strain to inter-fragmentary strain and fixator stress.
B. Animal Experiments

i. **Animal 1**

Animal 1 suffered hardware failure 4 days post-operatively (PO). Surgery was successful with no complications. Immediate PO x-ray revealed the distal pin to be only half engaged to the secondary cortex (Figure 3, left). This discrepancy was due to following Synthes recommended surgical procedure for insertion of Schanz Screws (Appendix 3), recommending that the screw tip should not fully penetrate outer far cortex. This represents a surgical challenge. PO recovery was successful with the animal bearing weight 6 hours PO (Figure 3, center). One day PO recovery, the animal continued to bear weight with no significant pain identifiers. Strain gauge data showed significant weight-bearing per design of experiment, with no complications (Figure 3, right hand image). Peak strain gauge data showed forces across defect of approximately 450N, which is well below the fixator elastic and testing safety limit. Shifts in baseline were due to temperature fluctuations and associated effect on strain gauge (since rectified).

---

**Figure 2; Left:** Mechanical testing apparatus for strain gauge characterization  
**Right Top:** Force applied through mechanical testing. **Right Bottom:** Associated strain gauge output voltage during mechanical testing.

**Figure 3; Left:** Animal 1 post-operative x-ray. **Center top:** Post-operative image of external fixator and segmental tibial defect, wound closed. **Center bottom:** Animal 1 day 2 post-operative, bearing weight and free from major pain identifiers. **Right:** Fixator strain recorded through wireless strain gauge 6 hours post-surgery.
During the third night PO, the animal suffered a significant incident, which resulted in her ‘pulling out’ her distal pin and significantly deforming the fixator and 2 adjacent pins on the distal bone (4). This animal was immediately euthanized after radiographic confirmation per animal use requirements. Analysis of the tibia and fixator determined that hardware failure would have occurred regardless of distal pin position because of the amount of fixator permanent deformation (Figure 4, right).

Following this incident, animal handling protocols and the facility were modified. CCTV cameras were installed to monitor all sheep, especially during periods when staff were not present. Animals were moved to different pens to allow for longer slinging PO (Figure 5).

**ii. Animal 2**

Following the above refinements, we operated on animal 2. Surgery was a success with no complications and all pins engaging bone bicortically (Figure 6, left). However following PO recovery and subsequent transportation from the surgical suite to the housing pen, animal 2 ceased breathing and did not recover. Below are the attending veterinarian’s notes summarizing the incident and subsequent necropsy (entire discourse in Appendix 4).

‘.....in the short period of time she had been rolled into the west barn, she was in respiratory arrest, with no pulse. This was a very quick event. The necropsy, although worth doing, did not reveal an obvious cause of death, making an acute cardio-pulmonary event the likely cause. The findings were mild erythema of the cranial tracheal mucosa, though no swelling or obstruction. Small amount of mucous exudate in mid-trachea, again no obstruction. Lungs fully aerated, but had a few mottled areas of discoloration consistent with areas of atelectasis with one area of the distal right caudal lobe looking mildly hemorrhagic. The bronchus to that lobe did have some bloody/mucous fluid, but that could have been caused by the CPR compressions. There was no evidence of pneumonia or pulmonary disease. The heart was unremarkable, as were the abdominal organs. She had abundant fat of a well-conditioned animal. Again, it appears she had an acute respiratory/cardiac event which may not have been avoidable…….’
This setback caused us to refine our recovery procedure, develop a new sling and optimize medication administered pre- and post-surgically. The new sling was designed after consulting veterinarians at the AO Research Institute in Davos, Switzerland (*Figure 6, right hand image*). This Institute has considerable experience with large segmental defect models in the tibiae of sheep.

*Figure 6; Left:* Animal 2 PO surgery X-Ray. *Right:* New sling.

### iii. Animal 3

Animal 3 was a mistakenly ordered Rambouillet predominant cross-breed, unsuitable for the current protocol, which uses Polypal sheep. This animal is being used as a companion animal.

### iv. Animal 4

Animal 4 suffered a tendon injury to the experimental leg 1 day prior to surgery (information submitted to IACUC, OLAW, ACURO). Surgery is delayed until this wound heals.

### v. Animal 5

Animal 5 underwent surgery on October 25, 2016. The surgery was successful and the animal is recovering well. The CCTV system is functioning correctly, and the strain gauge is transmitting force measurements unproblematically.

### 5. Conclusion

After two false starts, we have developed a surgical protocol and recovery procedure that seems to work. Animal 5 was operated recently and is recovering well; the strain gauge is transmitting data as expected. This suggests we should be able to complete the remaining sheep surgeries expeditiously.
6. Publications, Abstracts and Presentations


7. Inventions, Patents and Licenses

None

8. Reportable Outcomes

- Implementation of wireless strain gauge technology for real-time assessment of fracture gap biomechanics.
- Wireless CCTV installed to monitor all animals through 6 month period and record footage for corroborating with strain gauge data.
- Modification and refinement of animal handling protocol, including new pens, institutional facility protocols and new sling design.
- Initiation of animal studies. Three sheep have undergone surgery. The first sheep (animal 1) had to be euthanized following hardware failure, and the second (animal 2) died during the anesthesia recovery period. Changes were implemented in response to these adverse events, and the third operated sheep (animal 5) is recovering well.

9. Other Achievements

None
10. References


Appendix 1 FEA Model of Fixator configurations. Entire stress model and strain distribution of fixator surface for strain gauge characterization shown. Graph time scale shown in model ‘steps’. Steps 1-4 correspond to model bolt pre-tension. Steps 4-8 show theoretical mechanical testing (500N vertically applied to tibial plateau, distal tibial condyle constrained in all directions. IFM graph shows mechanical testing deformation results for model validation.
Appendix 2 Strain Gauge system specifications.

Strain gauge

Omega precision strain gauge SGD-3/350-LY13 is used to monitor strain on the external fluid plate. They belong to the family of linear variable differential transformers which are known for its rugged and flexible construction making them suitable for accurate static and dynamic loading measurements. The measuring grid is formed by etching Constantan foil, which is then completely sealed in a polyamide based carrier medium. They are highly flexible and mechanically robust. The nominal resistance of the strain gauge is 350Ω. They are designed to be used in a broad temperature range and they can be affixed to the fluid plate using either hot or cold curing adhesive making them unsuitable during sterilization processes. These miniaturized strain gauges with grid dimensions 13mm X 7.2mm surrounded by 22mm X 14mm carrier. The gauge factor is specified to be between a tolerance level of ±5%.

Signal Conditioning components

The response of the strain gauge is measured in Wheatstone bridge configuration. The output of the bridge corresponds to the output of the strain gauge provided the bridge is balanced. The output of the strain gauge is typically in mV range, so they need to be conditioned properly before feeding to subsequent stages of processing.

An instrumentation amplifier AD8236 is used in the first stage of amplification. They are designed to provide a gain of 100. Other marked advantages of this amplifier are they reduce noise levels and loading effects. High CMRR, high input impedance, low output impedance, high slew rate and low power requirement makes them suitable for our application.

Other Specs:
- VIN = 2.5V
- IN max 40mA
- CMRR=110dB
- Input bias current=100uA
- Gain=100
- VREF=1.25V
- MCP6441 op-amp

The second stage of amplification enhances the gain of the signal to a range suitable for the microcontroller to process. The MCP6441 is a single nano-power operational amplifier with the following specifications:

VIN=2.5V
Quiescent current Iq=450nA

VREF=1.25V
Gain=13.42 (using gain resistors of 54.9kΩ and 4.22kΩ)

Hence the overall gain of signal after the amplification stage is 1342 (13.42 X 100)

Power supply Requirements

In order to get a steady input, two separate voltage regulators are used. MCP-1700T is a PMOS transistor-based voltage regulator that provides a constant voltage of 2.5V from its output pin. This output is used to power the end device microcontroller connected to the circuit board.

Voltage Regulator Specifications

VIN= 2.3V-6V
VOUT=2.5V, IOOUT=250mA

The second voltage regulator is used to provide power for all the components on the board. The TLV711 is series of dual, low dropout (LDO), PMOS transistor-based voltage regulators with excellent line and load transient performance.

Voltage Regulator Specifications

VIN= 2V-5.5V
No of outputs = 2
VOUT=2.05V, VOUT=1.25V, IOOUT=250mA

The regulator can be enabled or disabled using the enable pin.

Wireless Transmission

Signal transmission is done by MSP430 wireless development tool. The eZ430-RF2550 is a complete wireless development tool for the MSP430 and CC2550 that includes all the hardware and software required to develop an entire wireless project with the MSP430 in a convenient USB stick. The tool includes a USB-powered emulator to program and debug your application in-system and two 2.4-GHz wireless target boards featuring the highly integrated MSP430F2274 ultra-low-power MCU.

Appendix 3 Synthes Schanz Screw insertion technique


Basic Technique

Make a stab incision and pass a protection sleeve with trocar to the near cortex. Dimple the cortex and remove the trocar.

Irrigate to minimize heat generation and insert the screw with the power drive. Use the image intensifier to verify screw depth during insertion.

Remove the power drive and protection sleeve.

![Diagram](image-url)
Dr. Evans and crew,

Again let me express how sorry I am for the unexpected death of 02 today. It was clear, from all reports, that she was moving her head around when brought off the truck and in the short period of time she had been rolled into the west barn, she was in respiratory arrest, with no pulse. This was a very quick event. The necropsy, although worth doing, did not reveal an obvious cause of death, making an acute cardio-pulmonary event the likely cause. The findings were mild erythema of the cranial tracheal mucosa, though no swelling or obstruction. Small amount of mucous exudate in mid-trachea, again no obstruction. Lungs fully aerated, but had a few mottled areas of discoloration consistent with areas of atelectasis with one area of the distal right caudal lobe looking mildly hemorrhagic. The bronchus to that lobe did have some bloody/mucous fluid, but that could have been caused by the CPR compressions. There was no evidence of pneumonia or pulmonary disease. The heart was unremarkable, as were the abdominal organs. She had abundant fat of a well-conditioned animal. Again, it appears she had an acute respiratory/cardiac event which may not have been avoidable.

Again, I am happy to try to brainstorm for future refinements, if that would be of any help. In that regard, thoughts of the sling fit and design could be discussed in addition to the timing of determining the “sweet spot” of when to hang the animal in the sling in regards to anesthetic recovery.

Regards,
Improved Healing of Large, Osseous, Segmental Defects by Reverse Dynamization: Evaluation in a Sheep Model
Log number OR120192 / CCCRPR&A – October 2016
Award Number W81XWH-13-1-0324

PI: Evans, Christopher  Org: Mayo Clinic  Award Amount: $855,958

Study/Product Aim(s)
- To design, construct, characterize and evaluate a scalable, adjustable stiffness, external fixator that is appropriate for use in sheep and will allow reverse dynamization in a clinically expeditious manner.
- To evaluate the ability of reverse dynamization to enhance healing of a 3 cm, tibial defect in sheep.

Approach
We will first design and construct an external fixator that can be applied to a fractured sheep tibia, allowing us to alter the stiffness of fixation while it is attached to the bone. The mechanical properties of the fixator will be evaluated and characterized. The final design will be used in a sheep, tibial segmental defect model. Fixation of the defect will be initially loose. Once bone has started to form, stiffness will be increased and healing monitored.

Timeline and Cost

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Estimated Budget ($K): $219,808

Updated: Mayo Clinic 10/2016

Goals/Milestones
CY15/6 Goals – Initiate in vivo studies in which fixators will be used to accelerate the healing of 3 cm defects in sheep tibiae.
CY16/7 Goals – Completion of sheep studies. Preparation of manuscripts for publication.

Comments/Challenges/Issues/Concerns
- We have experienced a number of challenges with the sheep surgeries:
  - Animal 2 did not survive the immediate post-operative period; necropsy failed to identify reason.
  - Animal 3 ordered by facility was wrong breed.
  - Animal 4 suffered tendon injury on experimental leg during routine pen cleaning (copy of IACUC memo explaining incident will be forwarded to ACURO and included with annual report in October 2016).
  - Animal 5 has been operated and is recovering favorably.

Budget Expenditure to Date:
Projected Expenditure: $664,223
Actual Expenditure: $759,577

Accomplishment: CCTV system installed. New sling developed for sheep post-operative care. Further optimization for wireless strain gauge technology to be used. Animal 2 surgery successfully completed but the animal died for unknown reasons during the post-operative recovery period.