MEMORANDUM FOR SGVT
ATTN: MAJ DARRICK BECKMAN

FROM: 59 MDW/SGVU

SUBJECT: Professional Presentation Approval

1. Your paper, entitled Building Diabetes Champions in Primary Care: The Air Force Experience presented at SURF San Antonio, TX 20 May 2016 & ADA New Orleans, LA 8-14 June 2016 with MDWI 41-108, and has been assigned local file #16116.

2. Pertinent biographic information (name of author(s), title, etc.) has been entered into our computer file. Please advise us (by phone or mail) that your presentation was given. At that time, we will need the date (month, day and year) along with the location of your presentation. It is important to update this information so that we can provide quality support for you, your department, and the Medical Center commander. This information is used to document the scholarly activities of our professional staff and students, which is an essential component of Wilford Hall Ambulatory Surgical Center (WHASC) internship and residency programs.

3. Please know that if you are a Graduate Health Sciences Education student and your department has told you they cannot fund your publication, the 59th Clinical Research Division may pay for your basic journal publishing charges (to include costs for tables and black and white photos). We cannot pay for reprints. If you are 59 MDW staff member, we can forward your request for funds to the designated wing POC.

4. Congratulations, and thank you for your efforts and time. Your contributions are vital to the medical mission. We look forward to assisting you in your future publication/presentation efforts.

LINDA STEEL-GOODWIN, Col, USAF, BSC
Director, Clinical Investigations & Research Support

Partners in a high-performance health system, dedicated to excellence in global care
**PROTOCOL TITLE**

Building Diabetes Champions in Primary Care: The Air Force Experience

1. **TITLE OF MATERIAL TO BE PUBLISHED OR PRESENTED**

   Building Diabetes Champions in Primary Care: The Air Force Experience

2. **IS THIS MATERIAL CLASSIFIED?**  
   - [ ] YES  
   - [X] NO

3. **IS THIS MATERIAL SUBJECT TO ANY LEGAL RESTRICTIONS FOR PUBLICATION OR PRESENTATION THROUGH A COLLABORATIVE RESEARCH AND DEVELOPMENT AGREEMENT (CRADA), MATERIAL TRANSFER AGREEMENT (MTA), INTELLECTUAL PROPERTY RIGHTS AGREEMENT, ETC.?**  
   - [ ] YES  
   - [X] NO  
   **(NOTE: If the answer is 'YES' then attach a copy of the Agreement to the Publications/Presentations Request Form)**

4. **MATERIAL IS FOR (Check appropriate box or boxes for approval with this request) (ATTACH COPY OF MATERIAL TO BE PUBLISHED/PRESENTED)**

   - [ ] PUBLICATION/JOURNAL (List intended publication/journal)
   - [X] PUBLISHED ABSTRACT (List intended journal)
   - [X] SURF - San Antonio, TX - 20 May 2016 & ADA - New Orleans, LA - 8-14 June 2016
   - [X] POSTER (To be demonstrated at meeting/Name of Meeting, City, State, and Date of Meeting)
   - [X] SURF - San Antonio, TX - 20 May 2016 & ADA - New Orleans, LA - 8-14 June 2016
   - [ ] PLATFORM PRESENTATION (At civilian institutions/Name of Meeting, State, and Date of Meeting)
   - [ ] OTHER (Describe: Name of Meeting, City, State, and Date of Meeting)

**POINT OF CONTACT**

5. **WHO IS THE PRIMARY WHASC POINT OF CONTACT?**  
   **(Last, First, M.I.)**  
   **(Include email)**  
   darrick.j.beckman.mil@mail.mil

   **DUTY PHONE/PAGER No.**  
   210-916-8589

**AUTHORSHIP AND CO-AUTHOR(S)**  
**(List in the order they will appear in the manuscript)**

<table>
<thead>
<tr>
<th>PRIMARY/CORRESPONDING AUTHOR</th>
<th>GRADE/RANK</th>
<th>SQUADRON/GROUP/OFFICE SYM</th>
<th>INSTITUTION (IF NOT 59 MDW)</th>
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**I CERTIFY ANY HUMAN OR ANIMAL RESEARCH RELATED STUDIES WERE APPROVED AND PERFORMED IN STRICT ACCORDANCE WITH 32 CFR 219, AFMAN 40-401_IP AND 59 MDW 41-108. I HAVE READ THE FINAL VERSION OF THE ATTACHED MATERIAL AND CERTIFY THAT IT IS AN ACCURATE MANUSCRIPT FOR PUBLICATION AND/OR PRESENTATION.**

**AUTHOR’S PRINTED NAME/RANK/GRADE**

Darrick Beckman/Maj/O-4

**AUTHOR’S SIGNATURE**

BECKMAN.DARRICK.J.1260242756  
**DATE**  
22 Jan 2016

**COMMANDER’S PRINTED NAME, RANK**

Mark True/Col/O-6

**COMMANDER’S SIGNATURE**

TRUE.MARK.W.1199949757  
**DATE**  
22 Jan 2016

59 MDW Form 3039, 20131018  
(Supersedes WHMC IMT 3039, 20020301, V1)  
(Page 1 is Instruction Page)  
Page 2 of 3 Pages
# Processing of Professional Medical Research Publications/Presentations

## 1st Indorsement (SGVU Use Only)

<table>
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<tr>
<th>TO: Clinical Research Division 59th CSPG/SGVU (Contact 292-7141 for email instructions)</th>
<th>1. DATE RECEIVED</th>
<th>2. ASSIGNED PROCESSING REQUEST FILE NUMBER</th>
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<th>3. DATE REVIEWED</th>
<th>4. DATE FORWARDED TO PA</th>
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5. AUTHOR CONTACTED FOR RECOMMENDED OR NECESSARY CHANGES: ☑ NO ☐ YES (If yes, give date) ☐ N/A

6. COMMENTS: ☑ APPROVED ☐ DISAPPROVED

The article is approved.

### Printed Name, Rank/Grade, Title of Reviewer: Rocky Calcote, PhD Clinical Research Administrator

**Signature of Reviewer**: CALCOTE.ROCKY.D.1178245844

**Date**: 7 Mar 2016

## 2nd Indorsement (PA Use Only)

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<th>TO: OFFICE OF PUBLIC AFFAIRS (PA)</th>
<th>1. DATE RECEIVED</th>
<th>2. DATE FORWARDED TO 59TH CSPG/SGVU</th>
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<td>10 March 2016</td>
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3. COMMENTS: ☑ APPROVED (in compliance with security and policy review directives) ☐ DISAPPROVED

Exact same material and conference as approved for 16072.

### Printed Name, Rank/Grade, Title of Reviewer: Christopher Carwile, TSgt/E-6, NCOIC, PA

**Signature of Reviewer**: CARWILE.CHARLES.1280477229

**Date**: 10 Mar 2016

## 3rd Indorsement (SGVU Use Only)

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<tr>
<th>TO: 59 CSPG/SGVU</th>
<th>1. DATE RECEIVED</th>
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</table>

2. SENIOR AUTHOR NOTIFIED BY PHONE OF APPROVAL OR DISAPPROVAL: ☑ YES ☐ NO ☐ COULD NOT BE REACHED ☐ LEFT MESSAGE

3. DATE WRITTEN NOTICE OF APPROVAL AND CLEARANCE MAILED TO AUTHOR:  

4. COMMENTS: ☑ APPROVED ☐ DISAPPROVED

### Printed Name, Rank/Grade, Title of Reviewer:  

**Signature of Reviewer**:  

**Date**: 

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59 MDW Form 3039, 20131018 (Supersedes WHMC IMT 3039, 200220301, V1) (Page 1 is Instruction Page) Page 3 of 3 Pages
BUILDING DIABETES CHAMPIONS IN PRIMARY CARE: THE AIR FORCE EXPERIENCE

Maj Darrick Beckman, M.D.¹, Col Mark True, M.D.¹, Jana Wardian, Ph.D., M.S.W.², LtCol (ret) Nina Watson, M.S.N., R.N., C.D.E.², Connolly Morrow, M.A.Ed.-A.E.T., C.R.T.², and LtCol (ret) Tom Sauerwein, M.D.²

¹Department of Endocrinology, San Antonio Military Medical Center; ²Diabetes Center of Excellence, Wilford Hall Ambulatory Surgical Center

The Department of Defense (DoD) provides comprehensive care to over 150K patients with diabetes (active duty, retirees, and dependents) in over 400 clinics worldwide. With only 33 endocrinologists in the DoD, the majority of diabetes care is left to primary care.

The US Air Force Diabetes Center of Excellence designed the Diabetes Champion Course (DCC), a semi-annual, 3-day course, to train primary care teams to become local champions in diabetes standards of care. Didactics and hands-on training are focused on current standards, the latest technologies, and patient flow in a team-based setting. Each team is tasked to identify local deficits and make a Plan of Action (POA) for implementation.

In a process improvement project, we evaluated the impact of this course. We contacted attendees from 43 clinics with POAs from the last 3 courses, and we received 25 responses from 19 clinics. Results were obtained via a semi-structured phone interview to evaluate benefits of and obstacles to POA implementation.

The last 3 courses had 222 participants from 77 clinics: 47 physicians, 23 mid-level providers, 113 nurses, and 39 from other disciplines. Twelve of 19 clinics (63%) were able to implement part or all of their original POAs and 17 of 19 clinics (89%) reported improvements associated with attending the course. Benefits included improving multidisciplinary cooperation, routine screenings (labs, foot exams, ophthalmology), and documentation; setting up a diabetes education class; and increasing collaboration between the 3 military services. Common obstacles to POA implementation were turnover of staff, lack of time and resources, provider resistance, and lack of leadership support.

The DCC provides the expert-driven guidance and tools to primary care clinical teams to increase adherence to diabetes standards and appropriately leverages the limited number of endocrinologists in the DoD. The DCC will continue to be modified to address common barriers to maximize impact.

The views expressed are those of the authors and do not reflect the official views or policy of the Department of Defense, or its Components.
MEMORANDUM FOR 59 CSPG/SGVU

FROM: 502 ISG/ JA

SUBJECT: Ethics Review for Presentation Approval Request

1. A request for a legal review of an abstract titled “Building Diabetes Champions in Primary Care: The Air Force Experience” was submitted by Maj Darrick Beckman. The abstract is legally permissible. Accompanying presentation materials will be legally permissible if the required disclaimer is included.

2. FACTS: An abstract titled “Building Diabetes Champions in Primary Care: The Air Force Experience” was submitted for abstract and poster presentation. The authors plan to present this research at San Antonio Military Health System Universities Research Forum (SURF) 2016 in San Antonio, TX, on 20 May 2016 and at the American Diabetes Association Convention, 10 June 2016, in New Orleans, LA.

3. LAWS AND REGULATIONS: DoD 5500.07-R, Joint Ethics Regulation (JER), section 3-305 lays out rules governing “Teaching, Speaking, and Writing.” A DoD employee who uses his/her military grade as a biographical detail must include a disclaimer if the presentation will "deal in significant part with any ongoing or announced policy, program or operation" of the Air Force. The required disclaimer must state that the "views presented are those of the speaker or author and do not necessarily represent the views of DoD or its Components."

4. ANALYSIS: The co-authors are identified in the abstract by their military grade. Research and information to be discussed in the presentation was obtained as part of their military medical practice. The authors included, in the supplied description, the required disclaimer that the views presented are those of the authors and do not necessarily represent the views of DoD or its Components. Although the disclaimer was verbatim from the JER, it clearly conveyed the intent of the JER. While the disclaimer was included on the abstract, it must also be included on any poster presentation and either given verbally or written on a slide during any platform presentation. A Public Affairs review will be needed if it has not already been obtained. There are no apparent conflicts of interest that would prohibit presentation of this research at this professional conference.
5. CONCLUSION: The abstract presented for review included the disclaimer required by the JER. The disclaimer must be given/included in any resultant poster or platform presentation. If you have any questions, please contact Jesse Bolaños at 671-5782.

JESSE BOLAÑOS
Legal Intern

I concur.

ARLENE R. CHRISTILLES
Chief, Civil Law