

*The*  
**JOINT STAFF**  
SUFFOLK COMPLEX



VISITOR'S GUIDE





WELCOME TO THE JOINT STAFF SUFFOLK COMPLEX. For your convenience, the enclosed information is provided to help ensure that your visit with us is informative, productive and enjoyable. This booklet includes the following information:

General Information .....	2
Telephone & Key Numbers.....	3
Arrival Information .....	4
Facilities .....	5
Running Routes .....	6
Local Area Map.....	7
Military Bases.....	8
Airports.....	9
Lodging (Map & Locations).....	10-13
Restaurants (Map & Locations) .....	14-18
Off The Beaten Path & Movie Theatre (Locations) .....	19
Shopping & Medical (Locations).....	20

# GENERAL INFO

1. The **Joint Staff Suffolk Complex** is accessible either from the Norfolk International Airport, Norfolk, VA; or the Newport News / Williamsburg International Airport, Newport News, VA.
2. The Joint Staff Suffolk Complex is accessible 24 hours a day. Upon your arrival at the facility, please check in with the building security guards in the lobby of each building. During conferences / exercises, you will be directed to check in at the **Suffolk Security In-Processing Center (SSIC)**. Signs will be posted for registration areas and building locations.
3. The Suffolk Complex buildings are non-smoking facilities. Smoking is not permitted in front of the buildings. The designated smoking area are gazebos located near each of the facilities in the parking lot areas.
4. All visitors to the Joint Staff Suffolk Complex building are required to sign in and out at the security desk, and to display the visitor's badge issued to them at the time of sign-in. Visitors issued "*Escort Required*" badges need to remain with their escorts at all times.
5. The Joint Staff Suffolk Complex is a secure facility. Visitors must submit a valid visit request to the Security Management Office prior to arrival. Visitors may enter or exit the building only through the lobby doors. Any questions you may have regarding visitor control or security procedures may be addressed to any member of the security staff. The Security Management Office is located in the SSIC.
6. For arrival by military fixed wing aircraft, **Langley Air Force Base** is recommended. Other options are LP-1 or LP 210 at **Naval Station Norfolk** (Chambers Field). For arrival by helicopter to the JCW helo-pad, please contact the **J7 Protocol / Joint Visitors Bureau** for scheduling at 757.203.6180 (Main Line).

# GENERAL INFO

## Wireless Devices

Only approved wireless devices are allowed in the complex facilities. Leave personal cell phones and blackberries in your vehicle. Only hands-free devices are allowed to be used while driving on the complex.

## Telephone Information

1. For your convenience, a local telephone directory and a telephone listing of JS personnel is available at the Security Desk.
2. Public telephones are available on the first floor in the lobby.
3. For additional fax machine numbers and location of secure phones and faxes, consult your Joint Staff point of contact.

**REMINDER: DO NOT DISCUSS CLASSIFIED INFORMATION ON NONSECURE TELEPHONES.**

## Key Telephone Numbers

### **SUFFOLK SECURITY MANAGEMENT OFFICE**

757.203.7077

FAX: 757.203.7512

**DSN: 668-XXXX**

(last four of extension)

### **J7 PROTOCOL / JOINT VISITORS BUREAU (JVB)**

757.203.6180

FAX: 757.203.7583

**To Place Outgoing Calls:  
9- NUMBER**

### **JSSSO HELP DESK (Facility Issues)**

757.203.7777

**DSN: 88-NUMBER**

### **SECURITY GUARD DESK**

757.203.7900

**OVERSEAS DSN: 8-1-8-Number**

### **J6 SERVICE DESK**

DSN: 88.225.2000

# ARRIVAL INFORMATION

## **Checking In**

A guard at the main gate will check Government Issue Photo IDs. You can park only in “*White Striped*” parking spaces. You are not authorized to park along the curb in accordance with fire lane clearance requirements. Parking is PROHIBITED on Lake View Parkway, adjoining grass areas, and Non-government buildings / lots. Additional parking is authorized in the Burbage Grant Area. All flag and general officer parking must be scheduled through **J7 Protocol / Joint Visitors Bureau (JVB)**.

## **Directions from Joint Staff Campus to Burbage Grant Parking Lot:**

Travel South on Lake View Parkway – Left on College Drive – Left on next traffic light (Burbage Drive) – Follow the road through the round-about – Make a left at large commercial office building – Follow road into the visitors lot.

## **ADP Security**

The proliferation of computers in today’s society requires a strong management plan to ensure that ANY computers and software media brought into the JS is properly accounted for and presents a minimal risk from viruses or other malicious code.

ALL COMPUTERS WILL HAVE AN ANTI-VIRUS SOFTWARE PROGRAM validated before entering the JS and because computer viruses change so often the date of the antivirus DAT files must be within 2 weeks of the date of entry for this computer. If this equipment does not have a valid anti-virus software program installed then it MUST be approved by the JS IA BRANCH BEFORE ENTERING THE FACILITY.

A JOINT STAFF PROPERTY PASS MUST BE FILLED OUT BEFORE the computer will be allowed entry. A copy of this pass will be maintained at the point of entry until the equipment is properly removed from JS.

AT NO TIME will this equipment be connected to any JS network and any information downloaded to or from your computer must be virus scanned. To remove the computer from the JS building, the courier should return to the entry point with the equipment and the original property pass.

# FACILITIES

## **Cafeteria Information**

The *Sunny Side Cafe* is located on the second floor and is open to all personnel and visitors. The hours of operation are 0700-1500 weekdays with the grill closing at 1400.

The *Sunny Side Cafe* serves daily breakfast and lunch specials and has a full menu of other great items such as:

- Hot and Cold Sandwiches
- Snacks such as popcorn, chips, candy and ice cream / frozen treats
- Soft drinks, sports drinks, bottled water, juice, tea, regular & gourmet coffee
- Side items such as french fries, onion rings or a baked potato
- Lite fare, such as soup, chili and a garden-fresh salad bar

For more information call **757.483.9070**.

## **Barber Shop**

- Located on the first floor next to **Test Bay 36**.
- Hours of operation are 0700-1800 on Tuesdays and Thursdays.
- Prices are located within the shop.

## **Automated Teller Machine**

A *Naval Supply Center Federal Credit Union* ATM is located on the first floor, behind the guards' desk for cash withdrawals.

It accepts *The Exchange, Cirrus, Express Cash, Diners Club International, VISA, MasterCard*, and *Discover Cash Network* cards. This ATM charges a fee for usage.

## **24-Hour Fitness Center**

The fitness and weight training equipment is located on the first floor in the high bay next to **Test Bay 31**. The men's and women's shower room are also located in that area.

The basketball court is located in the adjacent ware yard area.

There is no running track or paths but several recommended running routes are on the next page.

# RUNNING ROUTES

## RUNNING ROUTES

-  5.5 Miles
-  4.25 Miles
-  3.5 Miles
-  4 Miles
-  4 Miles

 Turnaround Point

Note: All routes start at the rear of the JS building.

**Safety Note:**  
Do not jog alone.



# LOCAL AREA



# DIRECTIONS TO SUFFOLK... FROM MILITARY BASES

## **NAVAL SUPPORT ACTIVITY (NSA)**

Take Meredith out of the main gate and turn right on Terminal Blvd. Get into the left lane and turn left on Hampton Blvd. (Rt. 337). Stay on Hampton Blvd. through the Midtown Tunnel. Follow sign to 164 West. Continue on 164 to College Drive. Exit right onto College Dr. and follow to Lake View Parkway. Turn right into Lake View Technology park and follow road to the Joint Staff Suffolk Complex's main gate.

## **LANGLEY AIR FORCE BASE**

Take Rt. 143 (County St.) out of the main gate and follow the signs leading to Interstate 64. Take 64 West, towards Newport News. At Interstate 664 interchange, follow I-664 South, towards Suffolk. Upon crossing the Monitor-Merrimac Bridge-Tunnel, continue to College Drive and take exit 8B. Once on College Drive, you will see the JCW on the left. Take the left turn into the Lake View Technology park via Lake View Parkway. The road will terminate at the complex's main gate.

## **NAVAL STATION NORFOLK**

Go out of the main gate (Gate 2) on Hampton Blvd. (Rt. 337). Stay on Hampton Blvd. through the Midtown Tunnel. Continue on 164 to College Drive. Exit right onto College Drive and follow to Lake View Parkway. Turn right into the Lake View Technology park and follow road into the Joint Staff Suffolk Complex, the J7 is straight ahead.

## **JOINT EXPEDITIONARY BASE - LITTLE CREEK - FORT STORY**

Turn right onto Shore Drive (US-60W). Turn left. Turn slight left onto VA166S. Stay straight to go onto Diamond Springs Road. Turn slight right onto US-13 S / VA-166 S / Northampton Blvd. Take the I-64 East / I-64 West ramp towards Chesapeake / Suffolk / Hampton / Richmond. Keep left at the fork in the ramp. Merge onto I-64 East/Hampton Roads Belt. Take the I-264 West exit, (exit number 284A) towards Norfolk / Portsmouth / VA Beach. Take the I-264 West exit towards Norfolk. Merge into traffic. Stay straight to go onto I-264 West. Take the Brambleton Exit. Follow the signs ("*Tunnel to Portsmouth*") that will lead you to the Midtown Tunnel. Continue on 164 to College Drive. Turn right on College Drive to Lake View Parkway. Turn right into the Lake View Technology park and follow road into the Joint Staff Suffolk Complex, the J7 is straight ahead.

## **CRANEY ISLAND COAST GUARD STATION** *(Closest Common Access Card Service Center)*

**From the Joint Staff Suffolk Complex:** Turn left on College Drive. Turn left at second light (164 East) toward Downtown Portsmouth. Drive 2 miles to Cedar Lane exit. Make a left on Cedar Lane, and a right at the first light. Left at W. Norfolk Rd. (first light). Left on Coast Guard Blvd. Straight to Coast Guard Gate.

# FROM AIRPORTS

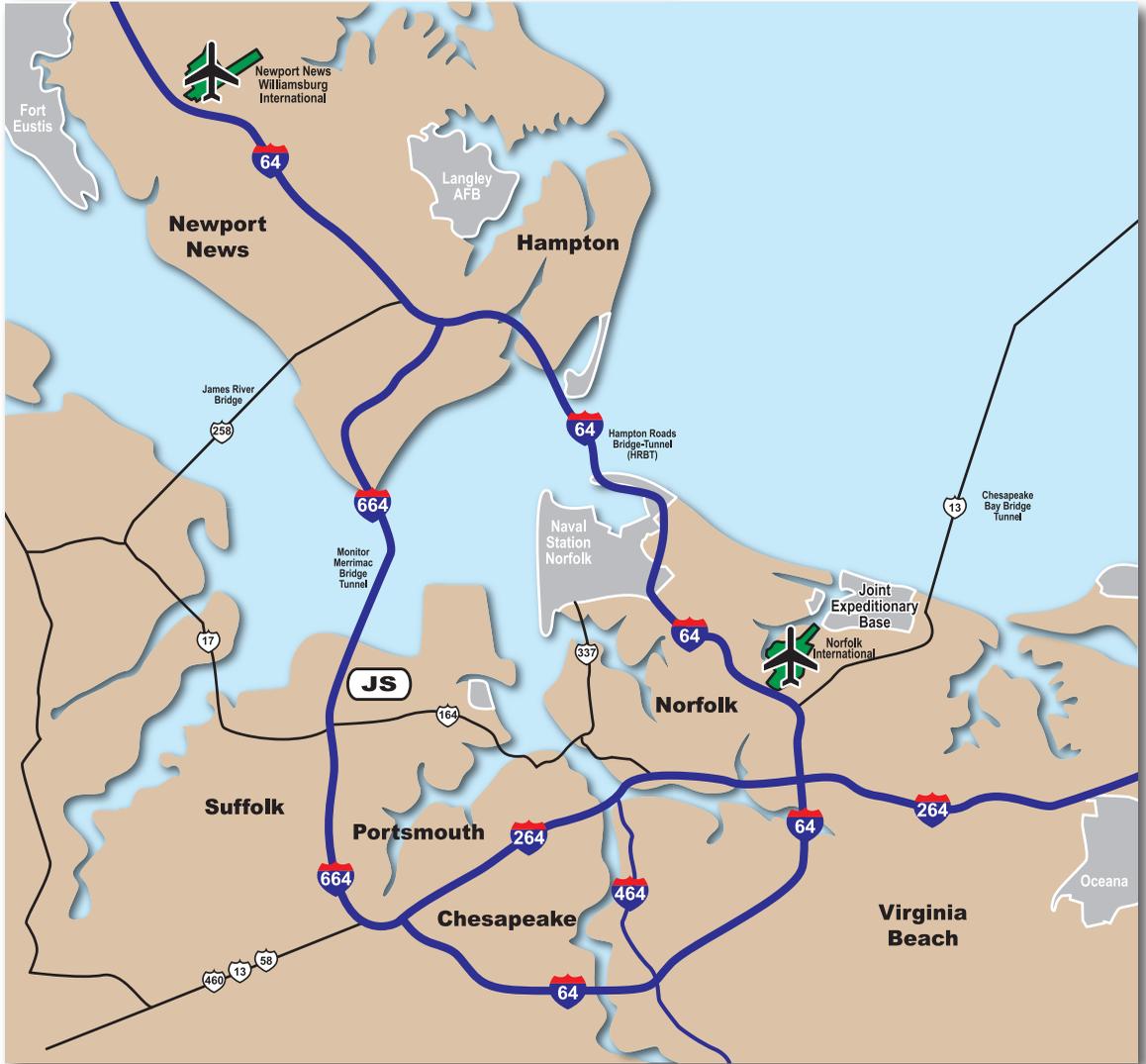
## **NEWPORT NEWS / WILLIAMSBURG INTERNATIONAL AIRPORT**

Follow signs leading to Interstate 64. Take I-64 East, towards Hampton. At Interstate 664 interchange, follow I-664 South, towards Suffolk. Upon crossing the Monitor-Merrimac Bridge-Tunnel, look for College Drive signs and take exit 8B. Once on College Drive, you will see the JS Suffolk Complex on the left. Take the left turn into the industrial park area via Lake View Parkway. This road will terminate at the Joint Staff Suffolk Complex's main gate. (Total miles: 23)

## **NORFOLK INTERNATIONAL AIRPORT**

Follow signs leading to Interstate 64. Take I-64 East, towards Chesapeake. At Interstate 664 interchange (exit 299B; approximately 20 miles), follow I-664 North, towards Newport News, to College Drive (exit 8B). Once on College Drive, you will see the JS Suffolk Complex on the left. Take the left turn into the industrial park area via Lake View Parkway. This road will terminate at the Joint Staff Suffolk Complex's main gate. (Total miles: 30)

# LODGING



# MILITARY LODGING

## **NAVAL STATION NORFOLK – NORFOLK**

Central Reservations – 757.402.7005; DSN 564-\*\*\*\*

## **JOINT EXPEDITIONARY BASE – LITTLE CREEK / FORT STORY, VIRGINIA BEACH**

Central Reservations – 757.462.7522 or 757.433.7523

## **NAVAL AIR STATION OCEANA – VIRGINIA BEACH**

Central Reservations – 1.877.986.9258; 757.417.2930 or 757.433.2574

## **NAVAL MEDICAL CENTER – PORTSMOUTH**

757.953.6221 or 757.953.6083

## **NORFOLK NAVAL SHIPYARD – PORTSMOUTH**

BOQ Chesapeake Hall (All Officers)	Bldg 1530	757.391.1387; FAX 757.391.2655
BEQ The Landing (Sr. Enlisted)	Bldg 1579	757.391.1388; FAX 757.391.8573

## **FORT STORY – VIRGINIA BEACH**

Cape Cod, Henry Inn	757.422.8818
---------------------	--------------

## **NAVY LODGE – NAVAL STATION NORFOLK**

Norfolk	757.489.2656
---------	--------------

## **JOINT BASE LANGLEY – EUSTIS**

Fort Eustis	757.878.2337
	757.878.5807

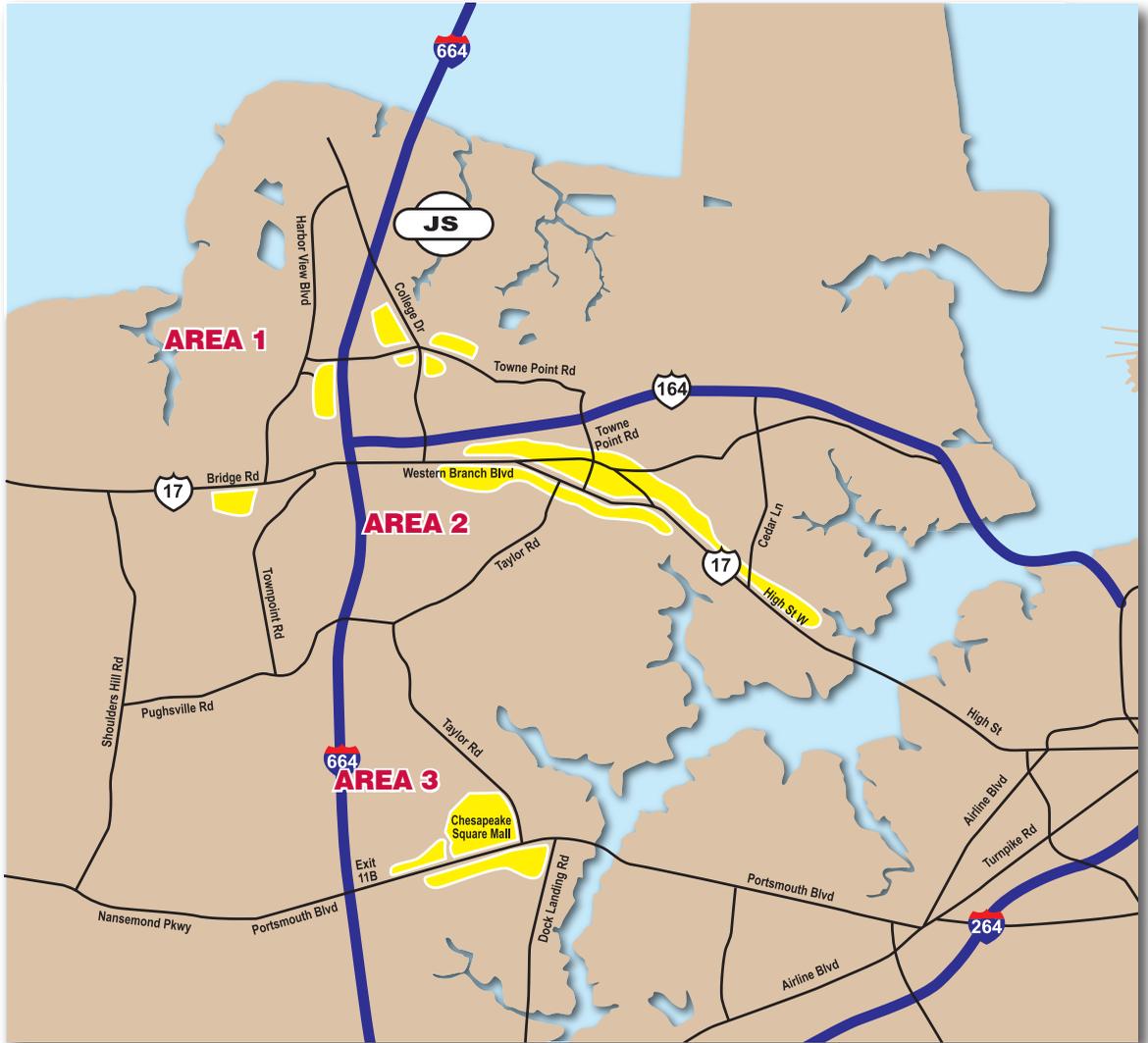
# LODGING

1. **COURTYARD  
by MARRIOTT** – 1.8 mi.  
8060 Harbour View Blvd.  
Suffolk, 23435  
757.483.5177
2. **TOWNPLACE SUITES  
by MARRIOTT** – 1.8 mi.  
8050 Harbour View Blvd.  
Suffolk, 23435  
757.483.5177
3. **HILTON GARDEN INN**  
2 mi.  
35921 Harbour View Blvd.  
Suffolk, 23435  
757.484.9001
4. **SPRINGHILL SUITES  
by MARRIOTT** – 4 mi.  
2424 Gum Road (off Portsmouth Blvd)  
Chesapeake, 23321  
757.405.3100
5. **HAMPTON INN & SUITES  
CHESAPEAKE** – 4.5 mi.  
4449 Peek Trail (Chesapeake Sq. Mall)  
Chesapeake, 23321  
757.465.7000
6. **HOLIDAY INN  
EXPRESS**  
5.5 mi.  
2436 Gum Road  
Chesapeake, 23321  
757.465.2222
7. **CANDLEWOOD SUITE**  
6 mi.  
4809 Market Place  
Chesapeake, 23321  
757.405.3030
8. **HOLIDAY INN  
Waterfront**  
11 mi.  
8 Crawford Parkway  
Portsmouth, 23704  
757.393.2573
9. **MARRIOTT HOTEL  
Waterside** – 8 mi.  
235 E. Main Street  
Norfolk, 23510  
757.627.4200
10. **SHERATON HOTEL**  
10 mi.  
777 Waterside Drive  
Norfolk, 23510  
757.622.6664
11. **COURTYARD  
by MARRIOTT** – 11 mi.  
520 Plume Street  
Norfolk, 23510  
757.963.6000
12. **RENAISSANCE HOTEL**  
12 mi.  
425 Water Street  
Portsmouth, 23704  
757.673.3000

# LODGING

13. **COMFORT INN**  
14 mi.  
1916 Coliseum Drive  
Hampton, 23666  
757.827.5052
14. **COURTYARD  
by MARRIOTT**  
14 mi.  
1917 Coliseum Drive  
Hampton, 23666  
757.838.3300
15. **FAIRFIELD INN  
by MARRIOTT**  
14 mi.  
1905 Coliseum Drive  
Hampton, 23666  
757.827.7400
16. **EMBASSY SUITES  
HAMPTON ROADS**  
17 mi.  
1700 Coliseum Drive  
Hampton, 23666  
757.827.8200
17. **RAMADA INN**  
19 mi.  
950 J. Clyde Morris Boulevard  
Newport News, 23601  
757.599.4460
18. **COMFORT INN**  
22 mi.  
12330 Jefferson Avenue  
Newport News, 23602  
757.249.0200
19. **KILN CREEK  
Golf & Country Club**  
21 mi.  
1003 Brick Kiln Boulevard  
Newport News, 23602  
757.874.2600
20. **HILTON GARDEN INN**  
17 mi.  
100 East Constance Road  
Suffolk, 23434  
757.925.1300
21. **HAMPTON INN**  
21 mi.  
701A Woodlake Drive  
Chesapeake, 23320  
757.420.1550
22. **HOLIDAY INN**  
21 mi.  
725 Woodlake Drive  
Chesapeake, 23320  
757.523.1500
23. **COMFORT SUITES**  
38 mi.  
1550 Crossway Boulevard  
Virginia Beach, 23320  
757.420.1600

# RESTAURANTS



# RESTAURANTS

## AREA 1

### Area 1 – Harbor View

**1A** Turn left onto College Drive, right at Hampton Roads Parkway, and right at Harbour View Parkway (*mini-mall is on your left*)

**1B** Turn left onto College Drive and left onto Hampton Roads Parkway (*mini-mall is on your left*)

#### **Applebee's**

103 Lake View Parkway  
757.686.1159  
*American*

#### **Arby's – 1A**

6468 Hampton Roads Pkwy  
757.484.6434  
*Fast Food*

#### **Bella Napoli Pizza – 1B**

6550 Towne Point Road  
757.483.0720  
*Pizza*

#### **Broken Egg Bistro – 1A**

5860 Harbour View Blvd  
757.967.0103  
*Traditional American*

#### **Buffalo Wild Wings**

**1A**  
7386 Harbour Towne Pkwy  
757.483.8997

#### **Casa Blanca – 1A**

5860 Harbour View Blvd  
757.483.0272  
*Authentic Mexican*

#### **Chick-fil-A**

6212 College Dr  
757.686.4633  
*Fast Food*

#### **Cogan's – 1A**

5860 Harbour View Blvd  
757.686.9500  
*Pizza*

#### **Cold Stone Creamery – 1A**

5860 Harbour View Blvd  
757.686.9010  
*Ice Cream*

#### **Firehouse Subs**

6255 College Drive  
757.638.3473

#### **Gianna's Pizzeria**

7386 Harbour Town Pkwy  
757.394.1255

#### **Java Cafe – 1A**

5860 Harbour View Blvd  
757.483.9659

#### **La Parrilla**

**Mexican Grill – 1A**  
7386 Harbour Towne Pkwy  
#9  
757.394.1400

#### **McDonald's**

6201 College Drive  
757.638.0414  
*(also inside WalMart)*

#### **Nana Sushi**

6255 College Drive  
757.686.1560

#### **Ninja Japanese Steak House – 1A**

7386 Harbour Towne Pkwy  
757.484.6888

#### **Panera Bread**

6255 College Drive, Ste F  
757.483.3670  
*Bakeries / Cafe*

# RESTAURANTS

## **Ruby Tuesday**

6249 College Drive  
757.638.4755  
*American*

## **Starbucks – 1A**

5885 Harbour View Blvd  
757.483.1210

## **SubWay – 1B**

6550 Towne Point Road  
757.483.6355

## **Super China – 1B**

6548 Towne Point Road  
757.638.1133

## **Thai Thai's**

5860 Harbour View Blvd  
757.967.0257

## **Totoy's Filipino – 1B**

6550 Hampton Pkwy  
757.483.1971

## **Tropical Smoothie Cafe – 1A**

5860 Harbour View Blvd  
757.484.7548  
*Smoothies / Sandwiches*

## **Wendy's**

6251 College Drive  
757.483.5071  
*Fast Food*

## **Yo Yo Sushi – 1A**

5889 Harbour View Blvd  
757.483.8859

## AREA 2

### **Area 2 – Western Branch (Route 17) / Churchland**

Turn left onto College Drive and left onto Western Branch Blvd. (Route 17)

#### **Cafe' China**

5603 W. High Street  
757.686.2020  
*Chinese*

#### **Cafe' Mundo**

5700 Churchland Blvd  
757.483.1483  
*Soups / Sandwiches*

#### **Dairy Queen**

3220 Western Branch Blvd  
757.686.4817  
*Fast Food*

#### **Dennis' Spaghetti & Steak**

3256 Western Branch Blvd  
757.483.9038  
*Spaghetti / Steak / Greek*

#### **Domino's**

3369 Western Branch Blvd  
757.686.5280  
*Pizza / Subs*

#### **Dunkin Donuts**

3277 Western Branch Blvd  
757.686.8815  
*Pastries*

#### **Great Wall**

3355 Western Branch Blvd  
757.686.9566  
*Chinese*

#### **Hardees**

5900 High Street  
757.484.6424  
*Fast Food*

#### **Kentucky Fried Chicken**

3148 Western Branch Blvd  
757.484.1429  
*Fast Food*

# RESTAURANTS

## **McDonald's**

3212 Churchland Blvd.  
757.484.1356  
*Fast Food*

## **Pizza Hut**

3108 Western Branch Blvd  
757.484.4877  
*Pizza / Salad*

## **Popeye's Chicken & Biscuits**

5734 Churchland Blvd  
757.638.0981  
*Fast Food*

## **Rally's**

3101 Western Branch Blvd  
757.483.6168  
*Fast Food*

## **Snags**

5746 Churchland Blvd  
757.686.1661  
*Philly Cheesesteaks*

## **Sonic**

3285 Western Branch Blvd  
757.484.4666  
*Fast Food*

## **Taco Bell**

3236 Western Branch Blvd  
757.483.0589  
*Mexican / Fast Food*

## **WaWa's**

3408 Western Branch Blvd  
757.638.6431

## **Wendy's**

3100 Western Branch Blvd  
757.484.7076  
*Fast Food*

## **Zero's**

3116 Western Branch  
757.483.6743  
*Subs*

## AREA 3

### **Area 3 - Chesapeake Square Mall / Portsmouth Blvd & Taylor Road**

Turn right onto College Drive, take I-664 South, exit at Portsmouth Blvd. (11B)

## **AJ Gators Grille & Sports Bar**

4300 Portsmouth Blvd  
757.405.3996

## **Arby's**

2417 Taylor Road  
757.465.4617  
*Fast Food*

## **Chick-fil-A**

4200 Portsmouth Blvd  
757.488.6814  
*Fast Food*

## **Applebee's**

4132 Portsmouth Blvd  
757.465.7024  
*American*

## **Buffet City**

4300 Portsmouth Blvd #118  
757.488.3888  
*Chinese*

## **Dairy Queen**

4200 Portsmouth Blvd  
757.465.3995  
*Fast Food*

# RESTAURANTS

## **Chili's**

2636 Taylor Road  
757.488.1600  
*American*

## **Cracker Barrel**

4700 Portsmouth Blvd  
757.405.3890  
*American*

## **Five Guys Burgers & Fries**

4105 Chesapeake Sq Blvd  
757.405.0450

## **International House of Pancakes**

2501 Taylor Road  
757.465.2355  
*Breakfast*

## **Golden Corral**

Chesapeake Square Ring Rd  
757.465.2021  
*American*

## **Jalapenos**

2413 Taylor Rd  
757.405.9655  
*Mexican*

## **Japan Samurai**

4300 Portsmouth Blvd  
757.405.0035  
*Japanese / Sushi*

## **Kelly's Tavern**

2400 Ring Road  
757.488.0500  
*American*

## **Kentucky Fried Chicken**

2415 Taylor Road  
757.465.7625  
*Fast Food*

## **McDonald's**

3937 Portsmouth Blvd  
757.488.5379  
*Fast Food*

## **Olive Garden**

4115 Chesapeake Sq. Blvd  
757.465.2139  
*Italian*

## **Outback Steak House**

4312 Portsmouth Blvd  
757.465.1047  
*Steaks / Ribs*

## **Piccadilly's Cafeteria**

4200 Portsmouth Blvd #56  
757.465.5661

## **Pizza Hut**

4111 Portsmouth Blvd  
757.488.8100  
*Pizza*

## **Red Lobster**

4115 Chesapeake Sq. Blvd  
757.465.0627  
*Seafood*

## **Red Robin**

2524 Chesapeake Sq  
Ring Rd  
757.488.8477  
Hamburgers / Hot Dogs

## **Ruby Tuesday's**

4200 Portsmouth Blvd #130  
757.465.1054  
*American*

## **Sbarro**

4200 Portsmouth Blvd #488  
757.465.9637  
*Italian*

## **Wendy's**

4308 Portsmouth Blvd  
757.488.4526  
*Fast Food*

# RESTAURANTS

## OFF THE BEATEN PATH

### **Bier Garden**

438 High Street  
Portsmouth  
757.393.6022  
*German*

### **Bennett's Creek Marina & Restaurant**

3305 Ferry Rd  
Suffolk  
Off Rt 17  
757.484.8700  
*Seafood*

### **Ono Hawaiian BBQ**

6071 High St West  
Portsmouth  
757.686.8441

### **River Stone Chophouse**

8032 Harbour View Blvd  
Suffolk  
757.638.7990  
*Fine Dining Steak House*

### **Roger Brown's Restaurant & Sports Bar**

316 High Street  
Portsmouth  
757.399.5377  
*American*

### **Vintage Tavern**

1900 Governors Point Dr  
Suffolk  
757.238.8808

## MOVIE THEATRE

### **Harbor View Grande**

5860 Harbour View Blvd  
Suffolk  
757.638.7111

# SHOPPING

## **Chesapeake Square Mall**

4200 Portsmouth Blvd  
Chesapeake  
757.488.9639

## **Dick's**

6253 College Dr #200  
Suffolk  
757.638-2001

## **Harris Teeter**

7386 Harbour Towne Pkwy  
Suffolk  
757.483.4017

## **Macy's**

4200 Portsmouth Blvd  
Chesapeake  
757.465.9738

## **Target**

4200 Portsmouth Blvd  
Chesapeake  
757.465.8400

## **Wal-Mart**

6259 College Dr  
Suffolk  
757.483.8860

# MEDICAL

## **Sentara Bell Harbour**

3920 A Bridge Rd  
Suffolk  
757.934.4879

## **Harbour View Health Center**

5818 Harbour View Blvd  
Suffolk  
757.673.5800

## **Lake View Medical Center**

4868 Bridge Rd  
Suffolk  
757.483.7900





**Joint Staff Suffolk Complex**

116 Lake View Parkway  
Suffolk, VA 23435-2697